

Lincoln High School
2026–2027 Course Selection Instructions – 10th Grade

Important Information

The LHS Course Catalog describes all of the course offerings and educational programs at Lincoln High School. It also outlines the graduation requirements, UC/CSU College Entrance Requirements and guidance on creating a 4 year plan. Students and parents/guardians should review this catalog together to make informed choices about educational programs that both interest and challenge students. Enrollment in academically rigorous programs is encouraged to help students reach their full potential. All students must complete the Course Selection Worksheet at the end of this packet.

What You Will Need

- 2026–27 LHS Course Catalog (online at lincolnstudentportal.lusd.net or www.lincolnhigh.org)
- Your 4-Year Plan & Graduation Requirements / 4-Year College Entrance Requirements
- Course Selection Worksheet (pg. 7)
- Student Aeries Account - All students must have a student Aeries account to make course selections.
- Updated Transcript

Course Selection Instructions

Please follow the steps below carefully:

1. Review the Graduation Requirements and 4-Year College Entrance Requirements. Complete or update your 4-Year Plan. These items can be found in the LHS Course Catalog and are included in this packet.
2. Make sure to refer to the LHS Catalog for information about available courses, prerequisites, and grade-level eligibility.
3. Discuss possible course options and alternates with your parent/guardian and teachers.
4. 10th grade students enroll in six class periods, but have the option to enroll in seven classes..
5. Complete the Course Selection Worksheet (pg. 7) using your 4-Year Plan as a guide.
6. Select courses that fulfill graduation requirements/college entrance requirements, and personal goals and interests. LHS offers a robust Visual & Performing Arts program and several CTE pathways.
7. Course Selection

Subject Area	Course Options
English Language Arts	English 10
Math	Math II or higher
Physical Education	PE 10
Science	Biology NGSS
Social Science	World History or AP World History
World Language	ASL, French, Italian or Spanish
Electives	CTE courses Visual & Performing Arts courses Leadership

8. **Select alternates for electives and any required courses with multiple options. This is important because some classes may fill. Students who do not list alternates may be placed in any available class.**
9. Advanced Placement (AP) courses: Students enrolling in an AP class must complete the AP Acknowledgement Form (pg. 5). The form must be signed by both the student and a parent and turned in to LHS counselors during individual meetings.
10. Course registration in Aeries will happen on February 25th during Trojan Time.

For additional information and to review prerequisites, please refer to the LHS Course Catalog on www.lincolnhigh.org
STUDENTS MUST SUBMIT THEIR COURSE SELECTION WORKSHEET (PAGE 7) TO THEIR TROJAN TIME TEACHER BY FEBRUARY 18TH.

4 YEAR PLAN WORKSHEET

Fill out this worksheet with courses you plan to take while at LHS

9 TH GRADE 60-70 Credits	10 TH GRADE 60-70 Credits	11 TH GRADE 60-70 Credits	12 TH GRADE 50-70 credits
English	English	English	English
English 9 <i>(Required)</i>	English 10 <i>(Required)</i>	American Literature or Integrated Studies - American Lit <i>(Required)</i>	British/World Literature, Ethnic Literature or Integrated Studies - Brit/World Lit <i>(Required)</i>
Math	Math	Math	Math
Math I or higher <i>(Required - Choose One)</i>	Math II or higher <i>(Required - Choose One)</i>	Math III/Financial Algebra or higher <i>(Required - Choose One)</i>	
Science	Science	(Science)	(Science)
Physics <i>(Required)</i>	Biology <i>(Required)</i>		
PE	PE	Elective	Elective
PE 9 <i>(Required)</i>	PE 10, Weight Training, Fitness & Wellness <i>(Required)</i>		
Social Science	Social Science	Social Science	Social Science
1 sem of Ethnic Studies or World Geography & 1 sem of Health <i>(Required - Choose One)</i>	World History AP World History <i>(Required - Choose One)</i>	US History, Integrated Studies - US History or AP US History <i>(Required - Choose One)</i>	1 sem of Economics/ 1 sem of Amer Gov or AP US Government or Integrated Studies Gov/Econ <i>(Required - Choose One)</i>
World Language	World Language	World Language/VAPA/ CTE/Elective	World Language/VAPA/ CTE/Elective
ASL, Italian, Spanish, French, Sp/Sp <i>(Required - Choose One)</i>	ASL, Italian, Spanish, French, Sp/Sp <i>(Required - Choose One)</i>		
VAPA/CTE/Elective	7th Class (optional)	7th Class (optional)	7th Class (optional)

Class of 2028, 2029 & 2030
LHS GRADUATION REQUIREMENTS &
4-YEAR COLLEGE ENTRANCE REQUIREMENTS

Subject Area	Graduation Requirements	UC/CSU Minimum for Freshmen Admission
English	4 years	4 years
Math	3 years	3 years Must include Math III or higher 4 years recommended
Social Science	3 years 1 year of World History AND 1 year of U.S. History AND 1 semester of American Government AND 1 semester of Economics	2 years Must Include: 1 year of U.S. History or one-half year of U.S. History and one-half year of Civics or American Government; AND 1 year of World History
Health	1 semester of Health	-----
Science	2 years Must Include: 1 year of Physical Science AND 1 year of Biological Science	2 years Three years recommended
Physical Education	2 years**	-----
World Language	2 years Must be in the same language	2 years Must be in the same language Three years recommended
Visual & Performing Arts	1 year	1 year
CTE	Some CTE courses fulfill the Visual & Performing Arts requirement if UC approved "†"	-----

NOTES ON GRADUATION & COLLEGE REQUIREMENTS:

- Students must earn a grade of **D** or above in each semester of a course to receive credit towards graduation. A grade of **C** or above is required for A-G Eligibility.
- A grade of A in a regular class is a 4.0 GPA, a grade of A in an Honors or AP class is a 5.0 GPA.
- LHS recommends a **maximum** of two Honors or AP classes per year.
- In order to graduate from Lincoln High School, a student must have successfully completed a total of 230 credit

ADVANCED PLACEMENT (AP)

General Information

Advanced Placement Courses

AP Courses are rigorous college level courses. Students should expect to be challenged with the topics and discussion. In addition, there will be an increased workload as compared to other classes. Students will need to devote additional time to studying and preparation for an AP course. Students should discuss course selections with their families prior to meeting with their counselors during the spring registration meetings. AP courses are open enrollment and can be self-selected by students as long as the course prerequisites are met. Please check the LHS 2026-27 Course Catalog for more information. All students who enroll in AP courses are expected to complete the full year's course of study and take the course AP exam in May 2027.

Confidence

AP helps you develop better study habits, improve your writing skills and sharpen your problem-solving abilities. It will give you the confidence to tackle the academic challenges that you can expect in college.

An Edge in College

- **College Acceptance** - "AP" on your high school transcript shows colleges you're motivated to succeed, and taking the exam demonstrates your commitment to tackle and complete college-level work.
- **College Credit** - With qualifying AP Exam scores, you can earn credit, advanced placement or both at the majority of colleges and universities in the United States and Canada. Entering college with AP credits gives you time to move into upper-level courses in your field of interest, pursue a double major, or study/travel abroad.
- **Save Money and Time** - Earning credit and placement can open up time on your schedule or even let you graduate early.
- **Keep Options Open** - Earning college credit with AP can give you the flexibility to change majors, pursue a second degree, study abroad, or seek internships.

College Scholarships

AP helps students qualify for scholarships. Over 30 percent of colleges and universities look at AP experience when determining scholarships

College Success

Research consistently shows that students who are successful in AP typically experience greater academic success in college.

Tips for doing well in an AP class

Have a positive mindset

Create and maintain a study schedule

Organize your materials for each of your classes

Take good notes in class daily and review your notes regularly

Get help from your teacher when needed during class and during office hours

Consider creating study groups

2026-27 Advanced Placement (AP) Courses

ACKNOWLEDGEMENT OF UNDERSTANDING

Lincoln High School

Course Description and Expectations: AP Courses are rigorous college level courses. Students should expect to be challenged with the topics and discussion. In addition, there will be an increased workload as compared to other classes. Students will need to devote additional time to studying and preparation for an AP course. Students should discuss courses with their families prior to meeting with their counselors during the spring scheduling meetings. AP courses are open enrollment and can be self-selected by students as long as the course prerequisites are met. Please check the LHS 2026-27 Course Catalog for more information. ***All students who enroll in AP courses are expected to complete the full year's course of study and take the course AP exam in May 2027.***

AP Course Informational Meetings: Students should attend the general AP informational session and AP course specific informational meetings. The meeting dates and times will be published in the Student Bulletin and the LHS website.

Summer Homework: Summer homework is at the discretion of the teacher. Attending informational sessions will provide you with additional information about specific summer homework.

AP Exam: Students enrolled in this class are required to take the AP Exam given in May 2027. The approximate cost of the exam is \$100. Fee waivers are available through the College Board to students who qualify for free or reduced lunch. Students will be asked to make a donation to cover the cost of the exam during the fall of 2026, but a donation is not required.

Instructions for Students and Parents/Guardians

Students – Please attend the course information meetings that will be advertised in the Student Bulletin and on the LHS website. Carefully select the AP course(s) at registration and circle your selection(s) below. Sign this form and submit it to your counselor during registration.

Parents/Guardians – Please sign below after discussing AP course options with your students.

Circle the AP Course(s) you will be taking during the 2026-2027 school year:

2026-27 Course Offerings: LHS offers the following Advanced Placement Courses: Art, Biology, Chemistry, Computer Science A, Computer Science Principles, English Language & Composition, English Literature, Calculus AB, Calculus BC, Environmental Science, US History, US Government & Politics, Physics 1, Physics 2, Physics C, Statistics, Human Geography, World History, Spanish Language & Culture, Spanish Literature & Culture, Music Theory

We have read and understand the information provided above regarding the requirements for this course. We agree to abide by all expectations set forth.

Student Name

Student Signature

Parent/Guardian Signature

Date

10th GRADE COURSE SELECTION WORKSHEET

Last Name: _____ First Name: _____

Student ID #: _____ Student Cell Phone #: _____

SCHEDULE PREFERENCE: Mark your choice below with an "X" for your desired schedule. Please note there is no guarantee on your schedule choice due to class space.

- 1st period - 7th period (8:30-3:40)
- 1st period - 6th period (8:30-2:43) (Course # 8550, no 7th period)
- 2nd period - 7th period (9:27-3:40) (Course # 8545, no 1st period)

NCAA ELIGIBILITY

- Mark with an "X" if you want to play sports in college. If so, you must meet NCAA eligibility standards. Counselors will provide more information on requirements.

DUAL ENROLLMENT

- I would like to take a Dual Enrollment course (Course # N10003)

Graduation Requirements	Primary Choice		Alternate Choice	
	Course Name	Course #	Course Name	Course #
English <i>(4 years required)</i>	English 10	B00050	None	
Math <i>(3 years required)</i>			None	
Physical Education <i>(2 years required)</i>	<input type="checkbox"/> PE 10 (P20050) <input type="checkbox"/> Fitness and Wellness (P22080) <input type="checkbox"/> PE for Athletes (2609) *must sign up for an additional elective course <input type="checkbox"/> Weight Training (P21080)		None	
Science <i>(2 years required)</i>	Biology NGSS	D20050	None	
Social Science <i>(3 years required)</i>	<input type="checkbox"/> World History (A10050) <input type="checkbox"/> AP World History: Modern (A10680)		None	
World Language <i>(2 yrs same language required)</i>				
Visual & Performing Arts, Career & Technical Education or other Elective Options				

Parent Signature _____ Student Signature _____

ENGLISH (Required)

B00050 (P) English 10

SCIENCE (Required)

D20050 (P) Biology NGSS

PE (Required - Choose one)

P20050 PE 10

P22080 Fitness & Wellness

2609 PE for Athletes ▲

P21080 Weight Training

SOCIAL SCIENCE (Required - Choose one)

A10050 (P) World History

A10680 (P) AP World History: Modern

MATH (Required - Choose one)

C70680 (P) AP Computer Science A

C10390 (P) Financial Algebra

C00140 (P) Math I

C00540 (P) Math I Integrated, Honors

C00250 (P) Math II

C00550 (P) Math II Integrated, Honors

C00360 (P) Math III

C00560 (P) Math III, Honors

C20080 (P) Pre-Calculus

C20580 (P) Analysis, Honors

C50080 (P) Statistics

C50680 (P) AP Statistics

WORLD LANGUAGE (Required - Choose one)

E40100 (P) ASL *Alternate choice required- crs pending

E20100 (P) French 1

E20280 (P) French 2

E30100 (P) Italian 1

E30280 (P) Italian 2

E00100 (P) Spanish 1

E00280 (P) Spanish 2

E00680 (P) AP Spanish Language

E10100 (P) Spanish/Spanish Speakers 1

E10280 (P) Spanish/Spanish Speakers 2

CAREER & TECHNICAL EDUCATION (CTE)

F51280 (P) Architectural Design, Intermediate (F)

G37100 (P) Building & Construction, Intro

F52100 (P) Cabinetry, Millwork & Woodworking, Intro (F)

F52280 (P) Cabinetry, Millwork & Woodworking, Inter (F)

G34180 (P) Child Development, Intro (G)

G31100 (P) Computer Survey (G)

F54100 (P) Culinary 1 (F)

F54280 (P) Culinary 2 (F)

F55100 (P) Engineering & Arch, Intro (F)

F55280 (P) Engineering Design, Intermediate (F)

F53100 (P) Fashion Design & Entrepreneurship, Intro (F)

F53280 (P) Fashion Design & Entrepreneurship, Intermediate (F)

G35100 (P) Games & Simulations 1 (G)

G35280 (P) Games & Simulations 2 (G)

G31390 (P) Internet Engineering I (G)

G36180 (P) Health Career Exploration (G)

G31280 (P) IT Essentials (G)

F56280 (P) Mechanical Systems Install & Repair, Inter (F)

G37280 (P) Residential & Commercial Construction, Inter (G)

VISUAL & PERFORMING ARTS (VAPA)

F40100 (P) Art 1

F40280 (P) Art 2

F40690 (P) AP Art Studio

F10280 (P) Chamber Choir

F10580 (P) Chamber Choir, Honors

F00140 (P) Concert Band & N30003 Marching Band

F10100 (P) Concert Choir

F20100 (P) Dance 1

F63000 (P) Digital Art

F60100 (P) Digital Video Production

G12380 (P) Digital Video Prod, Advanced

F30100 (P) Drama, Beginning

F30280 (P) Drama, Intermediate

F61100 (P) Electronic Music

G11280 (P) Electronic Music, Intermediate

F04100 (P) Guitar 1

F04280 (P) Guitar 2

F01280 (P) Jazz Band A

F01100 (P) Jazz Band B

F12080 (P) Jazz Choir

F05000 (P) Lincoln Orchestra

F05580 (P) Lincoln Orchestra, Honors

F42100 (P) Mixed Media

F42280 (P) Mixed Media 2

F11680 (P) AP Music Theory

F31000 (P) Musical Theater

F03100 (P) Piano, Beginning

F03280 (P) Piano, Intermediate

F41100 (P) Sculpture/Ceramics 1

F41280 (P) Sculpture 2, Advanced

F32100 (P) Stagecraft/Theater Production 1

G13280 (P) Stagecraft/Theater Production 2

F00280 (P) Symphonic Winds & N30003 Marching Band

F02300 (P) Wind Ensemble & N30003 Marching Band

F02580 (P) Wind Ensemble, Honors & N30003 Marching Band

ELECTIVES

G00080 (P) Criminal Justice (G)

N80043 Health (1 sem)

G02000 (P) Journalism (G)

G04080 (P) Native American, Africana, Latino & Asian Studies (NALA)

G05080 (P) Newspaper Production

F70000 (P) Oral Interpretation (F)

G01080 (P) Rhetoric/Speech & Debate (G)

G21000 (P) Student Government USB (G)

F71080 (P) Yearbook

OTHER COURSE OPTIONS

D40080 (P) Anatomy & Physiology

D20680 (P) AP Biology

D70600 (P) AP Computer Science Principals

D30080 (P) Chemistry NGSS

D30580 (P) Chemistry NGSS, Honors

D30680 (P) AP Chemistry

D50680 (P) AP Environmental Science

D10040 (P) Physics NGSS

D10600 (P) AP Physics 1

D10690 (P) AP Physics 2

Legend: ▲ : Must select an additional elective course