

PoolPact

Employee Assistance Program (EAP)

Free | Confidential | 24/7



Counseling Support for stress, marital and family problems, job-related concerns, life transitions, work-life challenges, emotional issues, and other concerns.

- **TalkNow**® provides immediate access to counselors for in-the-moment support.
- Up to **6 EAP counseling** sessions to help build coping skills and solutions.
- Telephonic, video, and in-person options available.



Tess is a supportive AI chatbot that's available 24/7, for unlimited conversations to help manage stress, increase self-awareness, build resilience, and discover helpful resources.



Legal assistance for issues such as divorce, family law, wills, adoption, identity theft, and more. Get a free 30-minute consultation and 25% discount off the mediator or attorney fees for services rendered beyond the EAP.



Financial consultation regarding debt matters, investment options, money management, taxes, and retirement planning. Financial personnel services are discounted at 25% as are CPA tax preparation fees.



Work-life specialists provide consultation, information, resources, and verified referrals for most all personal and family needs such as:

- Childcare & Eldercare
- Adoption
- Academic
- Health & Wellness
- Relocation
- Concierge
- Pet Care

PoolPact has partnered with Acentra Health to provide you and your eligible family members with immediate support to help improve your well-being.

Website: EAPHelplink.com

Company Code: POOLPACTEAP

Call: (833) 430-6028

TSR: 711

Visit our website to view monthly online seminars, take assessments, watch well-being videos, access legal and financial resources, and more.

Download the mobile app to access digital resources at your fingertips.



Download Now



Tess: Chat with Tess by texting "Hi" to (442) 245-8065 or via the *Acentra Connect* app.



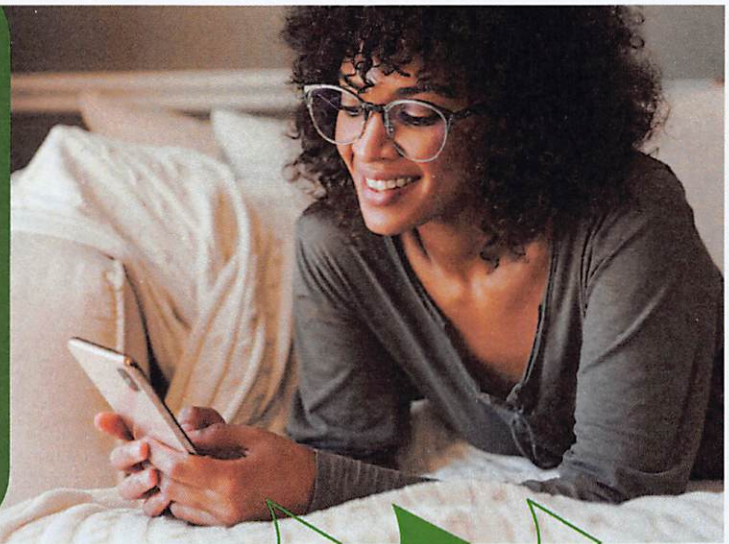
POOL/PACT



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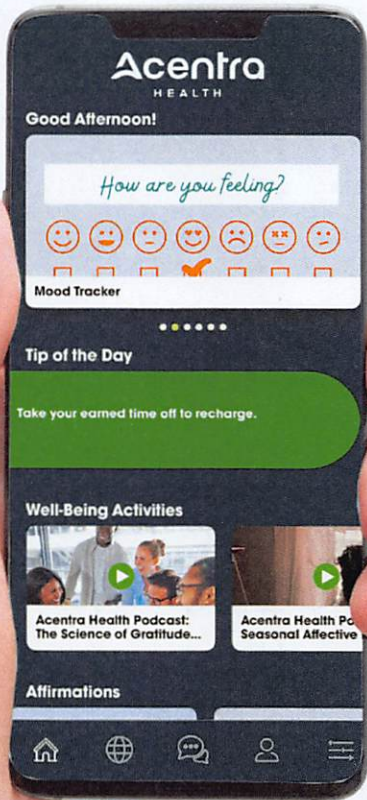
Acentra Connect

An on-demand app providing instant access to mental health and well-being resources.



Connect to Resources That Support Your Well-Being

Acentra Connect delivers on-demand resources to help you manage your well-being with useful tips, relevant articles, assessments, and motivational exercises. Accessing your EAP services are easier than ever. Acentra Connect is secure, confidential, and available 24/7.



Quickly Access Helpful Resources

Check out the content library by topic to locate the resources you need instantly.

Get Inspired and Stay Motivated

Receive motivational tips to help maintain your focus and shift your mindset. Save your favorite articles, too!

Chat or Text TESS for Immediate Support

Easily contact TESS, your digital chatbot, for unlimited conversations and emotional support through the app or by texting "Hi" to (442) 245-8065.

Talk to a Counselor

Connect with a mental health professional right away. No referrals or waiting for appointments.

USE CODE POOLPACTEAP TO REGISTER.



Scan the QR code to download the Acentra Connect mobile app.

