



2475 JEFFERSON STREET NAPA, CALIFORNIA 94558

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Website: [napahigh.nvusd.org](http://napahigh.nvusd.org)

### Track & Field Schedule / Spring 2026

Date	Meet	Location	Student Release	Bus Roll Call	Departure	Meet Time
<b>Friday, March 6th</b>	<b>Blue &amp; Gold Open</b>	<b>Napa</b>	<b>1:45pm</b>	<b>N/A</b>	<b>N/A</b>	<b>3:45pm</b>
Saturday, March 14th	Napa Valley T&F Championships	Napa	N/A	6:25am	6:30am	8:45am
<b>Wednesday, March 18th</b>	<b>Casa Grande, Sonoma</b>	<b>Napa</b>	<b>1:45pm</b>	<b>N/A</b>	<b>N/A</b>	<b>3:45pm</b>
Saturday, March 21st	Lancer Invite	Rancho Cordova	N/A	5:45am	5:50am	8:45am
Fri/Sat, March 20th-21st	Dublin Distance Fiesta (Distance Only)	Dublin	N/A	TBA	TBA	TBA
<b>Thursday, March 26th</b>	<b>Petaluma, Vintage</b>	<b>Vintage</b>	<b>1:35pm</b>	<b>1:50pm</b>	<b>2:00pm</b>	<b>3:45pm</b>
March 30th - April 3rd	Spring Break	N/A	N/A	N/A	N/A	N/A
<b>Thursday, April 9th</b>	<b>Vintage</b>	<b>Napa</b>	<b>1:45pm</b>	<b>N/A</b>	<b>N/A</b>	<b>3:45pm</b>
Wednesday, April 15th	American Canyon	American Canyon	1:20pm	1:35pm	1:45pm	3:45pm
Saturday, April 18th	Twilight (NHS Prom)	Santa Rosa JC	N/A	6:55am	7:00am	10:00am
Saturday, April 25th	Viking Classic	Montgomery	N/A	5:40am	5:50am	8:00am
<b>Thursday, April 30th</b>	<b>Justin, Sonoma</b>	<b>Sonoma Valley</b>	<b>1:20pm</b>	<b>1:35pm</b>	<b>1:45pm</b>	<b>3:45pm</b>
<b>Weds/Fri, May 6th &amp; 8th</b>	<b>VVAL Championship Meet</b>	<b>Casa Grande</b>	<b>TBD</b>	<b>TBD</b>	<b>TBD</b>	<b>TBD</b>
Saturday, May 16th	NCS Redwood Empire Area Meet	Santa Rosa JC	N/A	TBD	TBD	TBD
Fri/Sat, May 22nd-23rd	NCS Meet Of Champions	TBD	TBD	TBD	TBD	TBD
Fri/Sat, May 29th-30th	CIF State Track & Field Championships	Buchanan HS	N/A	N/A	N/A	TBD

Head Coach: Kamron Jones  
Principal: Dr. Ean Ainsworth  
Athletic Director: Darci Ward

Jumps Coach: Steve Gonsolin  
Distance Coach: Derek Moore  
Pole Vault Coach: Bill Haubold

Throws Coach: Danielle Jones  
Throws Coach: Tony Montelli  
Sprints Coach: Jason Holland

**COMMUNICATION**  
[kjones.nhstrack@gail.com](mailto:kjones.nhstrack@gail.com)

**WEBSITES**  
[Athletic.net](http://Athletic.net)  
[Redwood Empire Running](http://Redwood Empire Running)  
[North Coast Section - CIF](http://North Coast Section - CIF)

