

UPDATES FROM THE PRINCIPALS



MARCH
EDITION



Dear Seaford Middle School Families,

We hope this finds you well and enduring this long, cold winter well! This past month was filled with meaningful opportunities for learning. Throughout the month, students have had opportunities to work on their interpersonal skills, practice strategies for addressing conflict, and developing deep empathy. Below is an overview of some of the focal points of this work throughout the month of February.

This month in A.S.K., students focused on developing effective conflict resolution skills. Through interactive lessons and real-world scenarios, students explored healthy ways to address disagreements, manage strong emotions, and communicate respectfully. A key theme of the unit was learning to be an “upstander”, someone who speaks up or takes action when witnessing negativity or unkind behavior. Our school counselors designed these lessons to be practical and meaningful, empowering students to apply these strategies immediately in their daily interactions both inside and outside the classroom.

In recognition of Holocaust Remembrance Day, our sixth-grade students participated in a powerful and moving educational experience. They heard testimony from a Holocaust survivor presented by a director from the Holocaust Memorial and Tolerance Center of Nassau County. This program coincided with students’ reading of Jacob’s Rescue, deepening their understanding of the historical context and personal experiences connected to the Holocaust. Students were highly engaged, asking thoughtful questions that extended into rich discussions in their social studies and ELA classes.

The survivor testimony provided students with an opportunity to connect history to lived experience, reinforcing lessons about resilience, courage, and the importance of standing up against injustice. The program encouraged reflection and empathy, helping students better understand the impact of being a bystander and the value of advocating for those in need.

Last month, our school community also participated in P.S. I Love You Day, a special initiative centered on empathy, kindness, and mental health awareness. During an A.S.K. lesson, students explored the importance of compassion and positive communication. They then wrote uplifting messages on purple, heart-shaped sticky notes that were displayed throughout the building. Even weeks later, those messages of encouragement continue to brighten our hallways, serving as daily reminders of the power of kindness and the strength of our supportive school community.

Raphi Morey
Proud Principal of Seaford Middle School

SEAFORD VIKING ROBO REBELS AT FIRST ROBOTICS

This past month, Seaford Middle School's new competitive robotics team, named the Seaford Viking Robo Rebels, competed at its first FIRST Robotics event! The students had a blast and took up the "Rising All-Star Award". This award is presented to a new team that demonstrates promise for greatness in the future. Robotics is one of the most popular clubs at Seaford Middle School and was made possible through the support of our Board of Education and a generous donation from the Seaford Wellness Council.

FIRST Robotics was developed to inspire young people to pursue careers in science, technology, engineering, and math. On Long Island, there are many levels of competition depending on the age range of each Team. Seaford Middle School participates in a large middle school aged bracket that includes dozens of schools across the Island. Each Spring, the new competition for the following school year is announced and teams gain access to the various challenges they will face during the competition. The teams then have time to build their robots, write code, develop presentations, and have fun before the Fall and Winter competitions take place.

The competitions pit school versus school in a competitive atmosphere. At the heart of these competitions though are collaboration, team work, knowledge, and fun. Awards are handed out based upon a rubric that takes into account the participation and deep knowledge of each team member. It is a true team effort and it has been great to see the development of the Viking Robo Rebels. The future is bright and we look forward to seeing the team grow!

Q4 – Kings Park High School
2/21/26

FIRST AGE

Rising All-Star Award

This award celebrates a team that the judges notice and expect great things from in the future.

Winner: Team 74784 – Viking Robo Rebels

