



**FREE**  
**Virtual Discussion & Resource Groups**  
*For Parents & Caregivers*



An Early Childhood Specialist from 211 Child Care will be facilitating discussions and providing resources for families.



**Toilet Learning**  
**Tuesday April 21, 2026**

Do you know how to spot the signs of readiness for toilet learning? Learn effective strategies that are easy to use at home to support your child's needs.



**Talking About Screen Time**  
**Thursday, May 14, 2026**

Technology and screen use are part of a child's world today. It is here and not going away. Through a series of questions we will explore our own attitudes, share some research and talk about how to use screen time wisely.



**Social Emotional Learning**  
**Wednesday, June 17, 2026**

There are a whole bunch of big feelings in little bodies! Managing emotions and behavioral responses can be challenging. The strategies you use with your child can last a lifetime and strengthen parent to child bonds! Join us for a discussion about how you can help your child navigate their feelings and behaviors!

**Register for one, two or all three of these virtual learning & discussion sessions.**

**Register:**  
[www.surveymonkey.com/r/VirtualDiscussions](http://www.surveymonkey.com/r/VirtualDiscussions)

or scan QR code



**Max 30 Attendees: Register Early!**



**All Virtual Sessions are held via Zoom from 6:00-7:00 p.m.**

For questions:, contact Christine  
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