

# March Elementary Breakfast

**National  
School  
Breakfast  
Week!  
March 2 - 6**



**the quest for  
school breakfast**

NATIONAL SCHOOL BREAKFAST WEEK  
MARCH 2-6, 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 <b>Hero Breakfast Wrap (T)</b>	3 <i>Enchanted Yogurt Parfait</i>	4 <i>Adventurer's Breakfast Bowl (T)</i>	5 <b>Royal Mini Cinni Rolls</b>	6 <b>Wizard Chicken Waffle (C)</b>
9 Sausage (P) Egg and Cheese Tornado	10 Concha Pan Dulce	11 Egg and Cheese Tamale	12 Whole Grain Lemon Bread	13 Breakfast Pizza (T)
16 Breakfast Wrap (T)	17 Berry Yogurt Parfait	18 Sausage (T) Egg and Cheese Breakfast Bowl	19 Mini Cinnamon Rolls	20 Breaded Chicken Waffle (C)
23 Sausage (P) Egg and Cheese Tornado	24 Concha Pan Dulce	25 Egg and Cheese Tamale	26 Whole Grain Lemon Bread	27 Breakfast Pizza (T)
30 Breakfast Wrap (T)	31 Berry Yogurt Parfait	A selection of fresh fruit served with breakfast every day. Orange juice offered every Wednesday.		

**Menu subject to  
change based  
on product  
availability.**

One breakfast is  
**NO COST**  
for all enrolled  
students

Contains:  
Beef (B)  
Chicken (C)  
Pork (P)  
Turkey (T)

Cold cereal and fresh apple slices offered daily. Students must take a minimum of a half cup of fruit. All meals are served with 1% white milk or non-fat chocolate milk.

**PLEASE NOTE:** FCUSD Food Services requests that eligible families complete a school meals application on-line. Please visit the Food Services Dept website via the FCUSD home page for the online application, federal income eligibility guidelines, application instructions and Frequently Asked Questions: [www.fcusd.org](http://www.fcusd.org) (On the FCUSD home page, click on Food & Nutrition)

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FOLSOM CORDOVA UNIFIED SCHOOL DISTRICT