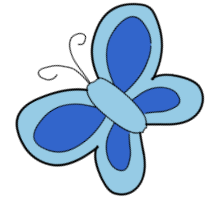


March Elementary Lunch



One lunch is **NO COST** for all students
Lunch includes an entrée, one trip to the garden bar and milk

Key Code:
Beef (B)
Chicken (C)
Fish (F)
Halal (H)
Pork (P)
Turkey (T)

Monday	Tuesday	Wednesday	Thursday	Friday
2 Corn Dog (C) Black Bean Burger on a Bun	3 BBQ Chicken Sandwich (C) Baked Mozzarella Cheese Sticks w/ Marinara Cup	4 Orange Chicken (C) over Rice Grilled Cheese Sandwich	5 Teriyaki Boneless Wings (C) Teriyaki Vegan Wings Cornbread Stars	6 Pepperoni Pizza (B,T) Cheese Pizza
9 Popcorn Chicken (C) with Crackers Bean and Veggie Taco	10 BREAKFAST FOR LUNCH! French Toast, Egg, Sausage and Hash Browns (P) Yogurt, Muffin and String Cheese	11 Pretzel Dog (C,H) Penne Alfredo with Broccoli	12 Hamburger on a Bun (B) Teriyaki Noodle Bowl	13 Sea Shapes (F) with French Fries Lasagna Roll-Up
16 Corn Dog (C) Black Bean Burger on a Bun	17 BBQ Chicken Sandwich (C) Baked Mozzarella Cheese Sticks w/ Marinara Cup	18 Orange Chicken (C) over Rice Grilled Cheese Sandwich	19 Teriyaki Boneless Wings (C) Teriyaki Vegan Wings Cornbread Stars	20 Pepperoni Pizza (B,T) Cheese Pizza
23 Popcorn Chicken (C) with Crackers Bean and Veggie Taco	24 BREAKFAST FOR LUNCH! French Toast, Egg, Sausage (P) and Hash Browns Yogurt, Muffin and String Cheese	25 Pretzel Dog (C,H) Penne Alfredo with Broccoli	26 Hamburger on a Bun (B) Teriyaki Noodle Bowl	27 Sea Shapes (F) with French Fries Lasagna Roll-Up
30 Corn Dog (C) Black Bean Burger on a Bun	31 BBQ Chicken Sandwich (C) Baked Mozzarella Cheese Sticks w/ Marinara Cup	OFFERED DAILY: Sunbutter Sandwich Meal (Sunflower Seed Butter and Jelly)		

Menu Subject to Change Based on Product Availability

Students must take 3 of the 5 components offered and a minimum of a half cup of fruit and/or vegetable.
All meals are served with 1% white milk or non-fat chocolate milk.

PLEASE NOTE: FCUSD Food Services requests that eligible families complete a school meals application on-line. Please visit the Food Services Dept website via the FCUSD home page for the online application, federal income eligibility guidelines, application instructions and Frequently Asked Questions: www.fcusd.org (On the FCUSD home page, click on Food & Nutrition)

This institution is an equal opportunity provider.
FOLSOM CORDOVA UNIFIED SCHOOL DISTRICT