

CEDARWOOD

CAMPS & AQUATICS

Romayne Mayne

LIFEGUARD TRAINER

Romayne Mayne serves as the Aquatics Director and Head Coach at North Cypress Fitness, bringing a lifelong passion for swimming and athlete development to his role. He has been involved in the sport since age six, beginning his competitive journey with the Cut Off Hurricanes and continuing with the South Lafourche Swim Team, South Fork Swim Team, and Treasure Coast Aquatics.

Throughout his competitive career, Romayne has competed at the state level in Louisiana, earned invitations to multiple Florida invitational meets, and participated in regional competitions in both Miami, Florida, and Thibodaux, Louisiana. His broad competitive background informs his coaching philosophy and commitment to swimmer growth at every level.

In addition to his work at North Cypress, Romayne serves as Aquatics Director and Assistant Swim Coach at The Country Club of Louisiana. He is also the owner of Mayne Aquatics LLC, where he provides American Red Cross training and comprehensive aquatics programming. Beyond the pool, he shares his musical talents as Music Director at Covington Presbyterian Church.

Romayne holds multiple professional certifications, including American Red Cross Water Safety Instructor (WSI), Lifeguard Instructor, and First Aid/CPR/AED Instructor. He is also a Certified Pool Operator (CPO) through the Pool & Hot Tub Alliance.

Outside of aquatics, Romayne enjoys singing opera and riding motorcycles.