

Pursuant to Chapter 30A of the Massachusetts General Laws, you are hereby notified of the following meeting:

**Old Rochester Regional School Committee
District Wellness Committee
Superintendent's Conference Room
135 Marion Road, Mattapoisett, MA 02739**

**March 25, 2026
1:00 pm**

ZOOM LINK:

<https://oldrochester-org.zoom.us/j/93373812694?pwd=pISzg4wa3LcOkZkbtia0t3EqjGADxa.1>

Meeting ID: 933 7381 2694

Passcode: 162359

This meeting will be conducted in a hybrid format. School Committee, Administrators, and the public will have the option of meeting in person in the Superintendent's Conference Room at 135 Marion Road, Mattapoisett, MA 02739, or via Zoom.

School Committee Members:

Cristin Cowles, Mattapoisett School Committee; Betsy Stewart, ORR School Committee; Nichole Nye McGaffey, Marion School Committee; and Robin Rounseville, Rochester School Committee.

School Administrators, Faculty, and Staff:

Dr. Shari Fedorowicz, Assistant Superintendent of Teaching and Learning, Jaime Curley, Assistant Superintendent of Student Services, Jill Henesey, Food Service Director, Nicole Reedy, ORR High School Nurse, Linda Ashley, Principal - Center School, Heidi Letendre, Principal - Rochester Memorial School, Lauren Millette, Assistant Principal - ORR High School, Christina Cioffi, Director of Guidance, Kelly Chouinard, Assistant Principal – ORR Junior High School, Linda Deveau – ORR Junior High School Nurse Chad Cabeceiras - Physical Education Teacher, Mattapoisett, Chris Cabe - Physical Education Teacher, ORR High School, Chris Carrig - Athletic Director, ORR High School.

Community Stakeholders: Shannon Cabral, Eileen Bastarache Pereira, Jeremy Hutton, Kelsey Forcier, Kelly Marques, Susan Hunter Revell, Rhonda Reints and Alison Doak School Wellness Coach through DESE.

- I. MEETING TO ORDER**
- II. Welcome**
Review findings from MA LWP Implementation Assessment.
- III. Prioritizing Wellness Initiatives**
- IV. Preparing for Detailed Action Planning**
Review SMART goals and additional steps in action planning.
- V. Closing Remarks**
Future meeting: May 13, 2026
- VI. ADJOURNMENT**

Massachusetts Local Wellness Policy Implementation Assessment Report for Old Rochester Regional SD

Report showing responses your team has made on your district's massachusetts local wellness policy implementation assessment.






Last updated 12/10/2025 by Alison Doak

Implementation & Communication



QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
MA-LWPI-IC-1 ♦	Creation of a wellness committee	 Fully in place	-	12/10/2025	Alison D.
MA-LWPI-IC-2 ♦	Wellness committee meeting frequency and public notice	 Fully in place	-	12/10/2025	Alison D.
MA-LWPI-IC-3 ♦	Responsible district-level official	 Mostly in place	To work on	12/10/2025	Alison D.
MA-LWPI-IC-4	Responsible school-level official	 Mostly in place	To work on	12/10/2025	Alison D.
MA-LWPI-IC-5 ♦	Triennial Assessment	 Fully in place	-	12/10/2025	Alison D.
MA-LWPI-IC-6 ♦	Updating and communicating goals	 Mostly in place	To work on	12/10/2025	Alison D.




School Meal Programming

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
MA-LWPI-SM-1 ♦	Compliance with USDA nutrition standards for school meals	 Fully in place	-	12/10/2025	Alison D.
MA-LWPI-SM-2 ♦	Student privacy	 Fully in place	-	12/10/2025	Alison D.
MA-LWPI-SM-3 ♦	Access to potable water	 Fully in place	-	12/10/2025	Alison D.
MA-LWPI-SM-4	Monitoring water quality	 Fully in place	-	12/10/2025	Alison D.
MA-LWPI-SM-5 ♦	Professional learning for school nutrition professionals	 Fully in place	-	12/10/2025	Alison D.
MA-LWPI-SM-6	Incorporating student and family/caregiver voice	 Mostly in place	-	12/10/2025	Alison D.
MA-LWPI-SM-7	Seat time	 Mostly in place	To work on	12/10/2025	Alison D.
MA-LWPI-SM-8	School Meal Menu Strategies: Know Your Students	 Fully in place	-	12/10/2025	Alison D.
MA-LWPI-SM-9	School Meal Menu Strategies: Minimally Processed	 Mostly in place	-	12/10/2025	Alison D.





QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
MA-LWPI-SM-10	School Meal Menu Strategies: Fruits and Vegetables	 Fully in place	-	12/10/2025	Alison D.
MA-LWPI-SM-11	School Meal Menu Strategies: Leaning into Local	 Fully in place	-	12/10/2025	Alison D.
MA-LWPI-SM-12	School Meal Menu Strategies: Plant-Based Proteins	 Mostly in place	-	12/10/2025	Alison D.
MA-LWPI-SM-13	School Meal Menu Strategies: Meal Modifications	 Fully in place	-	12/10/2025	Alison D.
MA-LWPI-SM-14	Implementing Farm-to-School programming	 Fully in place	-	12/10/2025	Alison D.

Competitive Foods & Beverage Standards




QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
MA-LWPI-CF-1 ♦	Food and beverages sold to students	 Mostly in place	To work on	12/10/2025	Alison D.
MA-LWPI-CF-2 ♦	Foods and beverages provided for school and classroom events	 Mostly in place	To work on	12/10/2025	Alison D.

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
MA-LWPI-CF-3 ♦	Smart Snacks standards for marketed food and beverages	 Fully in place	-	12/10/2025	Alison D.
MA-LWPI-CF-4 ♦	Smart Snacks standards for fundraising activities	 Mostly in place	To work on	12/10/2025	Alison D.
MA-LWPI-CF-5	Prohibition on using food as a reward	 Fully in place	-	12/10/2025	Alison D.



Nutrition & Food System Education

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
MA-LWPI-FL-1 ♦	Nutrition education standards	 Fully in place	-	12/10/2025	Alison D.
MA-LWPI-FL-2	Integrated food system education	 Fully in place	-	12/10/2025	Alison D.
MA-LWPI-FL-3	Programs promoting food system education	 Fully in place	-	12/10/2025	Alison D.
MA-LWPI-FL-4	Accessing local foods	 Partially in place	To work on	12/10/2025	Alison D.


Physical Activity & Education



QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
MA-LWPI-PA-1 ♦	Goals related to physical activity	 Fully in place	-	12/10/2025	Alison D.
MA-LWPI-PA-2	Goals related to physical education	 Fully in place	-	12/10/2025	Alison D.
MA-LWPI-PA-3	Recess before lunch	 Fully in place	-	12/10/2025	Alison D.

Staff Wellness

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
MA-LWPI-SW-1	Physical activity opportunities for staff	 Partially in place	To work on	12/10/2025	Alison D.
MA-LWPI-SW-2	Healthy staff meeting and celebration standards	 Not in place	-	12/10/2025	Alison D.

Social-Emotional Climate and Caregiver Engagement

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
MA-LWPI-SE-1	Communication about community-based support	 Fully in place	-	12/10/2025	Alison D.

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
MA-LWPI-SE-2	Implementation of social-emotional learning curriculum	 Fully in place	-	12/10/2025	Alison D.
MA-LWPI-SE-3	Collaboration to support social-emotional health	 Fully in place	-	12/10/2025	Alison D.

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