

Sports Medicine Internship

Interested in sports medicine, physical therapy, nursing, or health careers?

Volunteer as an Athletic Training Student Aide to job shadow a Licensed Athletic Trainer (LAT)!



Important to Know

- Space is limited - seniors receive priority registration
- This is a volunteer-based credit opportunity
- Students must be responsible and dependable
- Students must provide their own transportation to volunteer sites

Interested?

No application required, simply register during MHS course registration.

Looking for Employment?

Scan for MHS Job Board + reach out to Mrs. Fredrick for job search / interview help



What You'll Do

As a Student Aide, you'll gain real-world experience by:

- ✓ Assisting in the athletic training room
 - ✓ Helping care for injured student-athletes
 - ✓ Monitoring rehabilitation exercises (as directed by the LAT)
 - ✓ Preparing medical kits for practices and games
 - ✓ Observing injury evaluations and treatment processes
 - ✓ Maintaining and reviewing medical documentation
- This is hands-on exposure to sports medicine — not just watching from the sidelines.

How the Course Works

- No traditional daily class meeting
- Coursework and assignments completed in Canvas
- Volunteer during 2 sporting events during your assigned sports season
- Earn .5 credit during this Semester 2 MHS course
- Seasons are assigned by LAT at the beginning of school

Why Students Love This Opportunity

- ✓ Explore sports medicine before college
- ✓ Build your resume with real athletic training experience
- ✓ Network with health professionals
- ✓ Strengthen college, pre-med, or health program applications
- ✓ Learn injury prevention and rehabilitation basics
- ✓ Be part of the MHS athletic program in a new way

For more information, contact your school counselor / Mrs. Fredrick, CTE Teacher, at fredrickj@marshfieldschools.org

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