

CALIFORNIA HEALTHY KIDS SURVEY



San Mateo-Foster City Elementary 2023-2024 Main Report

This report was prepared by WestEd, a research, development, and service agency, in collaboration with Duerr Evaluation Resources, under contract from the California Department of Education School Health Office. For contract information, contact:

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Recommended citation:

San Mateo-Foster City School District. *California Healthy Kids Survey, 2023-2024: Main Report*. San Francisco: WestEd for the California Department of Education.

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PREFACE

HYPERLINK FEATURE

The digital version of this report has been hyperlinked. Click on the title of a section or a table in the List of Tables and you will be automatically directed to the actual content section or table in the report.

This report provides the detailed results for each question from the 2023-24 *California Healthy Kids Survey* (CHKS) for schools within this school district. The CHKS, along with its two companion surveys—the *California School Staff Survey* (CSSS) and the *California School Parent Survey* (CSPS)—form the California Department of Education’s *California School Climate, Health, and Learning Survey* (CalSCHLS) System. CalSCHLS is the largest, most comprehensive state effort in the nation to regularly assess students, staff, and parents to provide key data on school climate and safety, learning supports and barriers, stakeholder engagement, and youth development, health, and well-being. Exhibit 1, at the end of the Preface, presents the major domains and constructs assessed by CalSCHLS. The Appendix lists the schools that administered the survey in the district and their response rates.

These surveys grew out of the California Department of Education’s (CDE) commitment to helping schools create more positive, safe, supportive, and engaging environments and to promoting the successful cognitive, social, emotional, and physical development of all students. They provide a wealth of information to guide school improvement and **Local Control and Accountability Plan** (LCAP) efforts, particularly in regard to the state priorities of enhancing school climate, pupil engagement, parent involvement, and addressing the needs of vulnerable groups.

Factsheets, guidebooks, and other resources to help in understanding and using CHKS results are available for downloading from the CalSCHLS website (calschls.org). The California Safe and Supportive Schools website (ca-safe-supportive-schools.wested.org) provides information and tools helpful in implementing effective strategies to address the needs identified by the survey.

The CalSCHLS technical advisor team offers data workshops and coaching to help identify local needs and develop action plans to meet those needs.

THE SURVEY

CDE has funded the CHKS since 1997 to provide data to assist schools in: (1) fostering safe and supportive school climates, social-emotional competencies, and engagement in learning; (2) preventing youth health-risk behaviors and other barriers to academic achievement; and (3) promoting positive youth development, resilience, and well-being. A thorough understanding of the scope and nature of student behaviors, attitudes, experiences, and supports is essential for guiding school improvement and academic, prevention, and health programs.

The CHKS is not just a standalone instrument but a data collection system that districts can customize to meet local needs and interests. The elementary school CHKS consists of a required general Core Module and a series of optional, supplementary topic-focused modules, including a Social Emotional Health Module (SEHM) and Mental Health Supports Module, that districts can elect to administer. Districts may also add their own questions of local interest in a custom module. Table 1 indicates the modules administered by the district/school.

Core Module

As outlined in Exhibit 1, the Core Module consists of key questions that are considered most important for schools to guide improvement of academic, health, and prevention programs and promote student achievement, positive development, and well-being. The primary focus of the survey is assessing student perceptions and experiences related to:

- school climate, connectedness, and learning engagement;
- perceived school safety and frequency of, and reasons for, harassment and bullying at school;
- developmental supports (protective factors) that promote positive academic, social, and emotional outcomes: experiences of caring adult relationships, high expectations, and opportunities for meaningful participation at school;
- mental health, supports for social-emotional learning, and positive behavior; and
- health-related and behavioral learning barriers (e.g., substance use, violence at school, physical health, mental health).

Social Emotional Health Module (Supplementary)

The Social Emotional Health Module (SEHM) greatly enhances the value of the CHKS as a strength-based assessment of positive emotions, engagement, ability to build and maintain relationships, and other social-emotional competencies linked to student mental health and well-being, academic success, and life satisfaction. It includes 39 items that capture core adolescent psychological assets. The combination of the SEHM and Core Module yields a comprehensive set of data to inform decisions about mental health and social-emotional learning programs.

Mental Health Supports Module (Supplementary)

The Mental Health Supports Module (MHSM) assesses students' mental health, openness to utilizing mental health supports and services, and access to mental health services at school and elsewhere. This 12-item module was developed by the University of California, San Francisco Institute for Health Policy Studies.

SURVEY ADMINISTRATION AND SAMPLE

School staff administered the survey, following detailed instructions provided by CDE that were designed to assure the protection of all student and parental rights to privacy and to maintain confidentiality. Students were surveyed only with the consent of parents or guardians. Student participation was voluntary, anonymous, and confidential.

- Table A1.1 gives the target sample of students and the final number and percent of students who completed the survey (the participation response rate).
- The Appendix lists all the elementary schools in the district that were eligible to participate in the survey and the percentage of students enrolled in each of them that completed the survey.

THE REPORT

The report tables, organized by topic, provide the percentage of students that responded to each question response option. Percentages are rounded to the nearest whole number.

Race/Ethnic and Gender Results

Summary tables provide key findings (e.g., safety, harassment, developmental supports, school connectedness) disaggregated by race/ethnic categories and gender. Districts can subscribe to the District CalSCHLS data dashboard to disaggregate their CHKS results by the race/ethnicity or gender of students or by other demographic categories.

ONLINE DATA DASHBOARDS

Public Dashboard. Anyone can examine online key state, county, and district CHKS results on the public CalSCHLS Data Dashboard (calschls.org/my-surveys). The dashboard can be used to graphically display statewide, county, and district key indicators and item-level results, trends over time, and differences in survey outcomes by race/ethnicity, gender, afterschool program participation, and other characteristics. In addition to displaying results interactively on the web, dashboard results can be exported as Image and PDF files for dissemination. District data are publicly posted on the dashboard by the end of November of the year following survey administration.

The District Dashboard Option. Districts may also purchase a two-year subscription to a password-protected, private data dashboard that displays up to 11 years of CalSCHLS data at not only the district level but also the individual school level. The dashboard provides designated staff with graphical data displays for the district as a whole, for all schools in the district on the same page to enable comparisons across schools, and for a single, individual school. At both the district and school level, viewers can:

- compare their data with district and state averages;
- make comparisons by gender, race/ethnicity, afterschool participation, and other characteristics; and
- examine data trends over time overall and by different demographic groups.

Viewers at both the district level and the school level have the option to download data displays as a PDF document which can be shared with stakeholders.

UNDERSTANDING AND USING THE DATA

Care must be taken to understand the factors that can impact the quality, validity, and generalizability of the results. These include changes that occur in survey content, administration, and/or sample characteristics between administrations. The following are a few of the key issues that should be kept in mind.

Representativeness

Among the most important factors affecting the quality of survey results is the level of student participation. The validity and representativeness of the results will be adversely affected if the student response rate is lower than 70 percent (see Table A1.1 and Appendix I for student response rates). Even if the response rate is low, the results provide an indication of what those students who did respond felt about the school and their experiences and behavior.

Changes Between Survey Administrations

Many factors besides real changes in behavior, attitudes, or experiences among students may account for changes in results from administration to administration. Changes may be due to differences over time in the characteristics or size of the sample of students who completed the survey, changes in the

questions themselves, or differences between time periods in which the survey was administered (e.g., some risk behaviors tend to increase as students age, or may increase during holidays or social events).

RESOURCES

[CalSCHLS.org](https://calschls.org) contains numerous guidebooks and other resources for using and understanding survey results.

- CHKS **factsheets** analyze key topics at the state level, show how data variables are related, and offer suggestions for how data can be analyzed at the local level (calschls.org/resources/factsheets).
- ***Making Sense of School Climate*** provides a discussion of CalSCHLS survey items that relate to school climate (data.calschls.org/resources/S3_schoolclimateguidebook_final.pdf).
- The **California Center for School Climate** (ca-safe-supportive-schools.wested.org/california-center-for-school-climate/) provides free support and trainings on school climate and data use to LEAs in California. The website provides archived virtual events and other school climate improvement resources.
- The ***California Safe and Supportive Schools Newsletter*** provides monthly announcements of resources, tools, webinars and workshops, and research. Sign up on ca-safe-supportive-schools.wested.org/subscribe/.
- CDE's **California Safe and Supportive Schools** website (ca-safe-supportive-schools.wested.org) contains a wealth of information and tools related to school climate improvement and social-emotional learning. It includes factsheets analyzing CalSCHLS data and *What Works Briefs* that provide guidance on strategies to implement.
- The **CalSCHLS Item Crosswalk** (calschls.org/resources/#resources_and_tools) is a handy table listing all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found, to assist in the comparison of findings among students, staff, and parents.

NEXT STEPS

Receiving this report is just a beginning step in a data-driven decision-making process of continuous improvement. The following describes some additional steps you should take and some custom services (additional fees apply) available from the CalSCHLS technical advisor team. These will help in fostering effective use of the results and provide additional information to support school and program improvement efforts and the LCAP process.

Engage Students, Staff, and Parents in Reviewing the Results and Action Planning

Engage students, parents, and school/community stakeholders in reviewing and exploring the meaning of the results. Obtain their input into how the school might better meet the identified school and student needs and into developing a detailed action plan to guide school/community collaborative efforts. This communicates to stakeholders that you value their input into how to improve the school/community and gives them an opportunity for meaningful participation. By enlisting their collaboration, you also increase the prospect that the identified needs will be successfully addressed.

As part of this process, WestEd staff can facilitate a *Data Workshop* designed to identify local needs based on the survey results and engage adult stakeholders in developing a detailed plan and timetable

for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS technical advisor (calschls.org/contact) or email calschls@wested.org.

Compare Results with Other Data

The value of your CHKS results will be greatly enhanced if examined in the context of the following sources of related data.

- **Staff and Parent Surveys.** If your school district has administered the CalSCHLS school staff and parent surveys, obtain these results and compare them to those provided by students. It is important to determine how consistent are student, staff, and parent perceptions and experiences. To facilitate these comparisons, the CalSCHLS Survey Item Crosswalk (calschls.org/resources/#resources_and_tools) lists all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found. If your district did not administer these companion surveys, urge them to do so next time.
- **Secondary CHKS Results.** Examine how the results for 5th graders compare with those for 7th, 9th, and 11th graders if your district also administered the CHKS at these school levels. The elementary, middle, and high school surveys contain common indicators that will enable you to gain a sense of the developmental trajectory in these indicators and explore what programs at the elementary and middle school levels might help mitigate problems that are evident among older students.
- **Other Data.** Examine how the results compare with other youth data collected within the district that relate to the variables assessed. Other relevant school-related data include discipline referrals, school demographic information, school vandalism costs, and behavioral observations in classrooms.
- **Similar District and Statewide Results.** The aggregated results from the 2019-2021 statewide CHKS elementary survey administration can be downloaded from the CalSCHLS website (calschls.org/docs/statewide_1921_elem_chks.pdf) to help interpret your results. If there is a school district that you consider similar to your own, you can also check to see if they have administered the survey and download the results for comparison (calschls.org/reports-data/search-lea-reports). How you compare to state and district results can provide some context for your results, but the most important consideration is what your own results say about the students in your school/community.

Data Workshop

To assist in your review of the survey results, you can request your CalSCHLS technical advisor to conduct a structured, customized *Data Workshop*. In this workshop, a survey specialist works with district stakeholders to promote better understanding of the results and to identify local needs that need to be addressed. The workshops can also include engaging stakeholders in developing a detailed Action Plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS technical advisor (calschls.org/contact) or email calschls@wested.org.

Request Additional Reports and Data

As you review your data with stakeholders, you may find that additional data needs emerge. The following custom services are available to help delve more deeply into your survey results and foster

more effective use of the results in support of school and program improvement efforts and the LCAP process.

School Reports and School Climate Report Cards

If the schools in the district vary significantly in demographics, programs, or other characteristics, consider requesting individual reports for each school. Two types of reports are available:

- A full report with all the survey results
- A short, user-friendly, graphic **School Climate Report Card** that provides trends across key indicators of school climate and provides two-year state averages on those indicators (calschls.org/reports-data/#slcr).

Disaggregated Reports

CalSCHLS staff can produce reports that show how results vary by subgroups. For example, what are the characteristics of youth who are low in perceived safety, school connectedness, or academic motivation compared to those who are high? This is particularly important given the LCAP requirements to address these needs. This helps in understanding the meaning of the results and developing interventions that target groups most in need.

Additional Analysis of Data

The complete dataset is available electronically for additional analysis (calschls.org/reports-data). The dataset enables analyses of patterns in the results, how they are interrelated, and how they vary by different subgroups of students and across schools within a district. You can also request an analysis by WestEd staff of any topic of interest.

Add Questions to Your Next Surveys

Determine what additional information is needed to guide school improvement efforts and add questions to your next CHKS, staff, or parent surveys. All three surveys are designed so that schools can add additional questions to help them conduct a more individualized and comprehensive assessment.

For more information about survey planning or technical assistance in understanding survey results and developing effective action plans to address identified needs, call the CalSCHLS helpline (562.799.5164) or email calschls@wested.org.

Exhibit 1***Major School-Related Domains and Constructs Assessed by CalSCHLS in Elementary Schools***

	Student Core	Student Social Emotional Health	Staff Survey	Parent Survey
Student Learning Engagement				
Academic mindset		✓		
Academic motivation	✓		✓	✓
Academic performance	✓			
Attendance	✓		✓	
School boredom	✓			
School connectedness	✓			
Student Social-Emotional and Physical Well-being				
Alcohol, tobacco, and drug use	✓		✓	✓
Bedtime	✓			
Collaboration		✓		
Empathy		✓		
Gratitude		✓		
Life satisfaction		✓		
Optimism		✓		
Perceived safety	✓		✓	✓
Persistence		✓		
Problem solving		✓		
Self-efficacy		✓		
Social-emotional competencies and health		✓	✓	
Social-emotional distress		✓		
Violence and victimization (bullying)	✓		✓	✓
Zest		✓		
School Climate Conditions				
Academic rigor and norms			✓	✓
High expectations	✓		✓	✓
Meaningful participation and decision-making	✓		✓	✓
Parent involvement	✓		✓	✓
Physical environment	✓		✓	✓
Relationships among staff			✓	
Relationships among students		✓	✓	✓
Relationships between students and staff	✓		✓	✓
Respect for diversity and cultural sensitivity			✓	✓
Teacher and other supports for learning	✓		✓	✓
School Climate Improvement Practices				
Bullying prevention	✓		✓	✓
Discipline and order (policies, enforcement)	✓		✓	✓
Services and policies to address student needs			✓	
Social-emotional/behavioral supports	✓		✓	✓
Staff supports			✓	

ACKNOWLEDGMENTS

The CHKS and this report were developed by WestEd, in collaboration with Duerr Evaluation Resources, under contract from the California Department of Education, School Health and Safety Office. Special recognition to Cindy Zheng, at WestEd, who oversees the generation of CalSCHLS reports and data quality assurance.

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Survey Module Administration

Table 1

CHKS Survey Modules Administered

Survey Module	Administered
A. Core (Required)	X
B. District Afterschool Module (DASM)	
C. Gang Risk Awareness Module (GRAM)	
D. Mental Health Supports Module	
E. Military-Connected School Module	
F. Social Emotional Health Module (SEHM)	X
G. Supplemental Health Module	
H. Tobacco-Use Prevention Education (TUPE) Module	X
Z. Custom Questions	

Core Module Results

1. Survey Sample

Table A1.1

Student Sample Characteristics

	Grade 3	Grade 4	Grade 5	Grade 6
<i>Student Sample Size</i>				
Target sample	1,075	1,069	1,139	–
Final number	610	684	702	–
Response Rate	57%	64%	62%	–

Table A1.2

Number of Respondents by Instructional Model

	Grade 3	Grade 4	Grade 5	Grade 6
In-school learning only	610	684	702	–
Remote learning only	0	0	0	–

2. Summary of Key Indicators

Table A2.1

Key Indicators of School Climate

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %	Table
School Engagement and Supports					
School connectedness ^{†#} (<i>In-School Only</i>)	75	76	76	–	A6.3
School connectedness ^{†ψ} (<i>Remote Only</i>)				–	A6.3
Academic motivation [†]	84	86	84	–	A6.3
School boredom [†]	27	32	34	–	A6.9
Caring adults in school [†]	74	70	72	–	A6.3
High expectations-adults in school [†]	84	84	86	–	A6.3
Meaningful participation [†]	43	40	42	–	A6.3
Facilities upkeep ^{†Φ}	69	70	67	–	A6.10
Parent involvement in schooling [†]	72	72	73	–	A10.2
Social and emotional learning supports [†]	76	77	77	–	A7.1
Antibullying climate [†]	73	73	72	–	A9.6
School Safety and Cyberbullying					
Feel safe at school ^{†Φ}	83	81	83	–	A9.1
Feel safe on way to and from school ^{†Φ}	85	86	88	–	A9.1
Been hit or pushed ^Φ	52	43	32	–	A9.2
Mean rumors spread about you	43	35	39	–	A9.2
Called bad names or target of mean jokes	51	48	51	–	A9.2
Saw a weapon at school ^{§Φ}	8	9	7	–	A9.5
Cyberbullying [¶]	23	21	21	–	A9.3
School Disciplinary Environment					
Rule clarity [†]	83	81	81	–	A8.2
Students well behaved [†]	55	49	46	–	A8.4
Students treated fairly when break rules [†]	51	53	64	–	A8.1
Students treated with respect [†]	88	86	87	–	A8.1

Notes: Cells are empty if there are less than 10 respondents.

[†] Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

[#] The scale was based on five survey questions for in-school respondents.

^ψ The scale was based on four questions for remote respondents.

^Φ In-school only.

[§] Past year.

[¶] Past 30 days.

Table A2.2**Key Indicators of Substance Use, Routines, Remote Schooling, and Student Well-Being**

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %	Table
Substance Use					
Alcohol or drug use ^φ			14	–	A11.1
Marijuana use ^φ			1	–	A11.1
Cigarette use ^φ			1	–	A12.1
Vaping ^φ			1	–	A12.1
Routines					
Eating of breakfast [‡]	86	86	81	–	A4.1
Late bedtime (at 10 pm or later) [±]	18	17	23	–	A4.2
Remote Schooling					
Remote learning frequency (5 days per week) ^{¶δ}				–	A5.1
Synchronous instruction (4 days or more) ^{‖δ}				–	A5.1
Meaningful opportunities ^{†δ}				–	A5.2
Mental Health					
Frequent sadness [†]	14	13	13	–	A13.1
Wellness [†]	82	80	77	–	A13.2

Notes: Cells are empty if there are less than 10 respondents.

^φLifetime.

[‡]This morning.

[±]Last night.

[¶]Past 30 days.

[‖]Past 7 days.

[¶]Past 30 days.

^δRemote only.

[†]Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

3. Demographics

Table A3.1

School Schedule, Past 30 Days

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
In-School Model	100	100	100	–
Remote Learning Model	0	0	0	–

Question ES A.1: Which of the following best describes your school schedule during the past 30 days?

Notes: Cells are empty if there are less than 10 respondents.

In-School Model - Respondents selecting “I went to school in person at my school building for the entire day, Monday through Friday.”

Remote Learning Model - Respondents selecting “I participated in school from home for the entire day on most or all weekdays and did not go to school in person.”

Table A3.2

Gender of Sample

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Female	51	49	51	–
Male	49	51	49	–

Question ES A.2: Are you female or male?

Note: Cells are empty if there are less than 10 respondents.

Table A3.3***Race or Ethnicity***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
American Indian or Alaska Native, non-Hispanic	4	3	2	–
Asian or Asian American, non-Hispanic	30	29	31	–
Black or African American, non-Hispanic	1	1	1	–
Hispanic or Latinx	23	22	23	–
Native Hawaiian or Pacific Islander, non-Hispanic	1	1	1	–
White, non-Hispanic	15	15	18	–
Multiracial, non-Hispanic	9	11	12	–
Something else, non-Hispanic	15	17	12	–

Question ES A.4: What is your race or ethnicity? (Mark All That Apply.)... American Indian or Alaska Native... Asian or Asian American... Black or African American... Hispanic or Latinx... Native Hawaiian or Pacific Islander... White... Something else.

Note: Cells are empty if there are less than 10 respondents.

Table A3.4***Number of Days Attending Afterschool Program (In-School Only)***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
0 days	57	58	69	–
1 day	6	8	5	–
2 days	2	5	3	–
3 days	1	3	3	–
4 days	5	4	4	–
5 days	29	22	16	–

Question ES A.6: How many days a week do you usually go to your school's afterschool program?

Note: Cells are empty if there are less than 10 respondents.

4. Routines

Table A4.1

Eating of Breakfast

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
No	14	14	19	–
Yes	86	86	81	–

Question ES A.5: Did you eat breakfast this morning?

Note: Cells are empty if there are less than 10 respondents.

Table A4.2

Bedtime

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Before 9:00 pm	44	35	23	–
Between 9:00 pm and 10:00 pm	38	47	54	–
Between 10:00 pm and 11:00 pm	11	13	16	–
Between 11:00 pm and midnight	5	4	5	–
After 12:00 am	3	1	2	–
<i>Late bedtime (at 10 pm or later)</i>	18	17	23	–

Question ES A.7: What time did you go to bed last night?

Note: Cells are empty if there are less than 10 respondents.

5. Remote Schooling

Table A5.1

Remote Schooling Schedule and Instructional Time (Remote Only)

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Time spent on learning and completing schoolwork from home on the average weekday				
Less than 1 hour				—
Between 1 and 2 hours				—
Between 2 and 3 hours				—
Between 3 and 4 hours				—
Between 4 and 5 hours				—
More than 5 hours				—
Number of days in the past week participating in an online class from home where your teacher talked to students				
0 days				—
1 day				—
2 days				—
3 days				—
4 days				—
5 days				—
Number of weekdays participating in school from home for the entire school day				
0 days				—
1 day				—
2 days				—
3 days				—
4 days				—
5 days				—

Question ES A.9-11: In the past 30 days, how many weekdays in an average week did you participate in school from home for the entire school day?... On the average weekday, how much of your day did you spend learning and completing schoolwork from home?... How many days in the past week did you participate in an online class from home where your teacher talked to students from a computer, phone, or tablet (iPad)?

Note: Cells are empty if there are less than 10 respondents.

Table A5.2***Interesting Activities Provided for Student in Remote Schooling (Remote Only)***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
No, never				—
Yes, some of the time				—
Yes, most of the time				—
Yes, all of the time				—

Question ES A.14: Do the teachers and other grown-ups from your school provide you with interesting activities to do while you are learning from home?

Note: Cells are empty if there are less than 10 respondents.

6. School Performance, Supports, and Engagements

Table A6.1

Perceived School Performance

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
One of the best students	21	22	19	–
Better than most students	30	26	33	–
About the same as others	40	43	39	–
Don't do as well as most others	9	10	9	–

Question ES A.37: How well do you do in your schoolwork?

Note: Cells are empty if there are less than 10 respondents.

Table A6.2

Truancy, Past 30 Days

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
I did not miss any days of school in the past 30 days	55	59	56	–
1 day	17	16	22	–
2 days	12	12	12	–
3 or more days	16	14	10	–

Question ES A.8, 12: In the past 30 days, how often did you miss an entire day of school for any reason? [In-school only]... In the past 30 days, how often did you miss an entire day of school from home for any reason? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

Table A6.3***School Environment, School Connectedness, and Academic Motivation Scales***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %	Table
Total school supports	67	65	67	—	
Caring adults in school	74	70	72	—	A6.4
High expectations-adults in school	84	84	86	—	A6.5
Meaningful participation at school	43	40	42	—	A6.6
School connectedness [#] <i>(In-School Only)</i>	75	76	76	—	A6.7
School connectedness ^ψ <i>(Remote Only)</i>				—	A6.7
Academic motivation	84	86	84	—	A6.8

Notes: Cells are empty if there are less than 10 respondents.

Table numbers refer to tables with item-level results for the survey questions that comprise each scale.

Scales are based on average of students reporting “Yes, most of the time” or “Yes, all of the time.”

[#]*The scale was based on five survey questions for in-school respondents.*

^ψ*The scale was based on four questions for remote respondents.*

Table A6.4
Caring Adults in School Scale Questions

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Caring adults in school				
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	74	70	72	–
<i>Do the teachers and other grown-ups at school... care about you?</i>				
No, never	2	2	3	–
Yes, some of the time	13	18	16	–
Yes, most of the time	28	30	31	–
Yes, all of the time	58	49	50	–
<i>listen when you have something to say?</i>				
No, never	2	3	3	–
Yes, some of the time	22	22	21	–
Yes, most of the time	36	41	43	–
Yes, all of the time	40	34	33	–
<i>make an effort to get to know you?</i>				
No, never	7	9	5	–
Yes, some of the time	30	35	36	–
Yes, most of the time	34	36	36	–
Yes, all of the time	29	21	23	–

Question ES A.28, 38, 42: Do the teachers and other grown-ups at school care about you?... Do the teachers and other grown-ups at school listen when you have something to say?... Do the teachers and other grown-ups at school make an effort to get to know you?

Note: Cells are empty if there are less than 10 respondents.

Table A6.5***High Expectations-Adults in School Scale Questions***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
High expectations-adults in school				
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	84	84	86	–
<i>Do the teachers and other grown-ups at school... tell you when you do a good job?</i>				
No, never	4	4	3	–
Yes, some of the time	23	23	22	–
Yes, most of the time	37	42	41	–
Yes, all of the time	36	31	34	–
<i>believe that you can do a good job?</i>				
No, never	2	1	1	–
Yes, some of the time	11	13	11	–
Yes, most of the time	30	28	31	–
Yes, all of the time	57	57	57	–
<i>want you to do your best?</i>				
No, never	2	1	1	–
Yes, some of the time	5	5	4	–
Yes, most of the time	12	16	15	–
Yes, all of the time	81	78	79	–

Question ES A.29, 39, 43: Do the teachers and other grown-ups at school tell you when you do a good job?... Do the teachers and other grown-ups at school believe that you can do a good job?... Do the teachers and other grown-ups at school want you to do your best?

Note: Cells are empty if there are less than 10 respondents.

Table A6.6***Meaningful Participation at School Scale Questions***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Meaningful participation at school				
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	43	40	42	–
Are you given a chance to help decide school activities or rules?				
No, never	36	38	25	–
Yes, some of the time	43	42	47	–
Yes, most of the time	12	13	20	–
Yes, all of the time	9	7	8	–
Do the teachers and other grown-ups at school ask you about your ideas?				
No, never	14	13	9	–
Yes, some of the time	44	44	40	–
Yes, most of the time	28	32	37	–
Yes, all of the time	14	11	14	–
Do the teachers and other grown-ups give you a chance to solve school problems?				
No, never	14	13	13	–
Yes, some of the time	32	34	33	–
Yes, most of the time	27	30	31	–
Yes, all of the time	26	23	23	–
Do you get to do interesting activities at/when you participate in school?				
No, never	3	4	5	–
Yes, some of the time	29	35	40	–
Yes, most of the time	41	40	37	–
Yes, all of the time	27	22	19	–

Question ES A.26, 27, 30-33: Are you given a chance to help decide school activities or rules? [In-school only]... Are you given a chance to help decide school activities or rules when you participate in school? [Remote only]... Do the teachers and other grown-ups at school ask you about your ideas?... Do the teachers and other grown-ups give you a chance to solve school problems?... Do you get to do interesting activities at school? [In-school only]... Do you get to do interesting activities when you participate in school? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

Table A6.6***Meaningful Participation at School Scale Questions – Continued***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Are you given a chance to help decide class activities or rules?				
No, never	27	30	22	–
Yes, some of the time	47	46	45	–
Yes, most of the time	18	17	23	–
Yes, all of the time	8	6	10	–
Do your teachers ask you what you want to learn about?				
No, never	46	55	49	–
Yes, some of the time	33	34	39	–
Yes, most of the time	12	8	9	–
Yes, all of the time	9	3	2	–
Do you do things to be helpful at/in school?				
No, never	1	2	3	–
Yes, some of the time	28	29	35	–
Yes, most of the time	42	45	43	–
Yes, all of the time	29	25	19	–

Question ES A.34-36, 40, 41: Are you given a chance to help decide class activities or rules? [In-school only]... Are you given a chance to help decide class activities or rules when you participate in school? [Remote only]... Do your teachers ask you what you want to learn about?... Do you do things to be helpful at school? [In-school only]... Do you do things to be helpful when you participate in school? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

Table A6.7***School Connectedness Scale Questions***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
School connectedness[#] (<i>In-School Only</i>)				
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	75	76	76	–
School connectedness^ψ (<i>Remote Only</i>)				
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>				–
Do you feel close to people at/from this school?				
No, never	9	9	4	–
Yes, some of the time	36	34	32	–
Yes, most of the time	34	40	42	–
Yes, all of the time	21	17	22	–
Are you happy to be at/with this school?				
No, never	2	3	2	–
Yes, some of the time	17	19	24	–
Yes, most of the time	36	43	43	–
Yes, all of the time	45	36	31	–
Do you feel like you are part of this school?				
No, never	6	6	5	–
Yes, some of the time	20	19	20	–
Yes, most of the time	28	31	34	–
Yes, all of the time	46	45	41	–
Do teachers treat students fairly?				
No, never	4	3	4	–
Yes, some of the time	14	12	15	–
Yes, most of the time	28	33	37	–
Yes, all of the time	54	52	44	–

Question ES A.15-19, 22, 23: Do you feel close to people at school? [In-school only]... Do you feel close to people from this school? [Remote only]... Are you happy to be at this school? [In-school only]... Are you happy with this school? [Remote only]... Do you feel like you are part of this school?... Do teachers treat students fairly at school? [In-school only]... Do teachers treat students fairly? [Remote only]

Notes: Cells are empty if there are less than 10 respondents.

[#]*The scale was based on five survey questions for in-school respondents.*

^ψ*The scale was based on four questions for remote respondents.*

Table A6.7***School Connectedness Scale Questions – Continued***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Do you feel safe at school? <i>(In-School Only)</i>				
No, never	3	3	4	–
Yes, some of the time	14	15	13	–
Yes, most of the time	36	40	43	–
Yes, all of the time	47	41	40	–

Question ES A.75: Do you feel safe at school? [In-school only]

Note: Cells are empty if there are less than 10 respondents.

Table A6.8***Academic Motivation Scale Questions***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Academic motivation				
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	84	86	84	–
Do you finish all your school assignments?				
No, never	2	1	1	–
Yes, some of the time	16	14	11	–
Yes, most of the time	43	42	46	–
Yes, all of the time	39	43	42	–
When you get a bad grade, do you try even harder the next time?				
No, never	3	3	2	–
Yes, some of the time	10	9	10	–
Yes, most of the time	21	24	29	–
Yes, all of the time	66	64	59	–
Do you keep working and working on your schoolwork until you get it right?				
No, never	2	3	4	–
Yes, some of the time	16	13	20	–
Yes, most of the time	35	39	44	–
Yes, all of the time	47	45	32	–
Do you keep doing your schoolwork even when it’s really hard for you?				
No, never	2	2	3	–
Yes, some of the time	11	11	13	–
Yes, most of the time	30	33	35	–
Yes, all of the time	57	54	49	–

Question ES A.59-62: Do you finish all your school assignments?... When you get a bad grade, do you try even harder the next time?... Do you keep working and working on your schoolwork until you get it right?... Do you keep doing your schoolwork even when it’s really hard for you?

Note: Cells are empty if there are less than 10 respondents.

Table A6.9***School Boredom***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
No, never	25	19	14	–
Yes, some of the time	48	49	52	–
Yes, most of the time	14	16	20	–
Yes, all of the time	13	16	14	–

Question ES A.13, 58: Do you get really bored participating in school from home? [Remote only]... Do you get really bored at school? [In-school only]

Note: Cells are empty if there are less than 10 respondents.

Table A6.10***Quality of School Physical Environment (In-School Only)***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Is your school building neat and clean?				
No, never	4	4	5	–
Yes, some of the time	27	26	29	–
Yes, most of the time	47	50	48	–
Yes, all of the time	22	20	18	–

Question ES A.24: Is your school building neat and clean?

Note: Cells are empty if there are less than 10 respondents.

7. Supports for Learning at School

Table A7.1

Social and Emotional Learning Supports Scale Questions

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Social and emotional learning supports				
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	76	77	77	–
<i>Does your school...</i>				
help students resolve conflicts with one another?				
No, never	5	3	3	–
Yes, some of the time	23	22	23	–
Yes, most of the time	41	39	40	–
Yes, all of the time	32	36	34	–
teach students to understand how other students think and feel?				
No, never	6	5	3	–
Yes, some of the time	23	23	25	–
Yes, most of the time	36	39	37	–
Yes, all of the time	36	33	34	–
teach students to feel responsible for how they act?				
No, never	4	3	3	–
Yes, some of the time	21	19	19	–
Yes, most of the time	38	40	36	–
Yes, all of the time	37	38	42	–
teach students to care about each other and treat each other with respect?				
No, never	2	3	2	–
Yes, some of the time	10	13	13	–
Yes, most of the time	31	29	29	–
Yes, all of the time	57	55	56	–

Question ES A.50-53: Does your school help students resolve conflicts with one another?... Does your school teach students to understand how other students think and feel?... Does your school teach students to feel responsible for how they act?... Does your school teach students to care about each other and treat each other with respect?

Note: Cells are empty if there are less than 10 respondents.

Table A7.2***Teachers Checking on how Students are Feeling***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
No, never	11	11	11	–
Yes, some of the time	39	42	43	–
Yes, most of the time	25	29	26	–
Yes, all of the time	25	18	19	–

Question ES A.25: Do the teachers and other grown-ups from your school check on how you are feeling?

Note: Cells are empty if there are less than 10 respondents.

Table A7.3***Students at School Motivated to Learn***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
No, never	4	3	4	–
Yes, some of the time	33	37	45	–
Yes, most of the time	47	50	43	–
Yes, all of the time	16	9	8	–

Question ES A.20, 21: Are the students at your school motivated to learn? [In-school only]... Are the students from your school motivated to learn? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

8. Fairness, Rule Clarity, and Positive Student Behavior

Table A8.1

Fairness Scale Questions

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Fairness				
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	76	74	75	–
Do teachers treat students fairly?				
No, never	4	3	4	–
Yes, some of the time	14	12	15	–
Yes, most of the time	28	33	37	–
Yes, all of the time	54	52	44	–
Are the school rules fair?				
No, never	4	7	8	–
Yes, some of the time	16	21	26	–
Yes, most of the time	35	39	42	–
Yes, all of the time	46	33	24	–
Do teachers and other grown-ups at school treat students with respect?				
No, never	3	2	2	–
Yes, some of the time	9	12	11	–
Yes, most of the time	33	35	35	–
Yes, all of the time	55	51	52	–
Are students treated fairly when they break school rules?				
No, never	18	14	9	–
Yes, some of the time	31	33	28	–
Yes, most of the time	29	32	39	–
Yes, all of the time	22	21	24	–

Question ES A.22, 23, 44-46: Do teachers treat students fairly at school? [In-school only]... Do teachers treat students fairly? [Remote only]... Are the school rules fair?... Do teachers and other grown-ups at school treat students with respect?... Are students treated fairly when they break school rules?

Note: Cells are empty if there are less than 10 respondents.

Table A8.2***Clarity of Rules***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Do students know what the rules are?				
No, never	2	2	1	–
Yes, some of the time	15	17	18	–
Yes, most of the time	37	45	45	–
Yes, all of the time	45	36	35	–

Question ES A.49: Do students know what the rules are?

Note: Cells are empty if there are less than 10 respondents.

Table A8.3**Positive Behavior Scale Questions**

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Positive behavior[^] (<i>In-School Only</i>)				
Average reporting “Yes, most of the time” or “Yes, all of the time”	92	92	91	–
Positive behavior[^] (<i>Remote Only</i>)				
Average reporting “Yes, most of the time” or “Yes, all of the time”				–
Do you follow the classroom rules?				
No, never	2	1	0	–
Yes, some of the time	6	6	7	–
Yes, most of the time	36	38	44	–
Yes, all of the time	56	55	49	–
Do you follow the playground rules at recess and lunch times? (<i>In-School Only</i>)				
No, never	1	1	2	–
Yes, some of the time	9	8	9	–
Yes, most of the time	30	35	34	–
Yes, all of the time	60	56	55	–
Do you listen when your teacher is talking?				
No, never	1	1	0	–
Yes, some of the time	7	9	8	–
Yes, most of the time	37	41	45	–
Yes, all of the time	55	49	46	–
Are you nice to other students?				
No, never	1	1	1	–
Yes, some of the time	6	6	7	–
Yes, most of the time	32	36	41	–
Yes, all of the time	60	58	51	–

Question ES A.63-66: Do you follow the classroom rules?... Do you follow the playground rules at recess and lunch times?... Do you listen when your teacher is talking?... Are you nice to other students?

Notes: Cells are empty if there are less than 10 respondents.

[^]The scale was based on four survey questions for in-school respondents.

[^]The scale was based on three questions for remote respondents.

Table A8.4***Students at School Well Behaved***

	Grade 3	Grade 4	Grade 5	Grade 6
	%	%	%	%
No, never	4	4	4	–
Yes, some of the time	41	46	50	–
Yes, most of the time	46	45	43	–
Yes, all of the time	9	4	4	–

Question ES A.47, 48: Are students at this school well behaved? [In-school only]... Are students from this school well behaved? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

9. School Violence, Victimization, and Safety

Table A9.1

Perceived Safety at or Outside of School (In-School Only)

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Do you feel safe at school?				
No, never	3	3	4	–
Yes, some of the time	14	15	13	–
Yes, most of the time	36	40	43	–
Yes, all of the time	47	41	40	–
Do you feel safe on your way to and from school?				
No, never	4	4	3	–
Yes, some of the time	11	10	10	–
Yes, most of the time	27	25	30	–
Yes, all of the time	58	61	58	–

Question ES A.75, 76: Do you feel safe at school?... Do you feel safe on your way to and from school?

Note: Cells are empty if there are less than 10 respondents.

Table A9.2***Violence Victimization Scale Questions***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Violence victimization <i>(In-School Only)</i>				
<i>Average reporting “Yes”</i>	49	42	41	–
Do other kids hit or push you at school when they are not just playing around? <i>(In-School Only)</i>				
No, never	48	57	68	–
Yes, some of the time	35	31	25	–
Yes, most of the time	10	7	5	–
Yes, all of the time	6	6	3	–
Do other kids at/from school spread mean rumors or lies about you?				
No, never	57	65	61	–
Yes, some of the time	31	25	30	–
Yes, most of the time	5	4	5	–
Yes, all of the time	7	6	4	–
Do other kids at/from school call you bad names or make mean jokes about you?				
No, never	49	52	49	–
Yes, some of the time	39	35	38	–
Yes, most of the time	6	6	7	–
Yes, all of the time	5	6	6	–

Question ES A.68-70, 72, 73: Do other kids hit or push you at school when they are not just playing around? [In-school only]... Do other kids at school spread mean rumors or lies about you? [In-school only]... Do other kids from your school spread mean rumors or lies about you? [Remote only]... Do other kids at school call you bad names or make mean jokes about you? [In-school only]... Do other kids from your school call you bad names or make mean jokes about you? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

Table A9.3
Cyberbullying, Past 30 Days

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
No, never	77	79	79	–
Yes, some of the time	15	13	12	–
Yes, most of the time	3	4	4	–
Yes, all of the time	4	4	4	–

Question ES A.67: During the past 30 days, did kids spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone?

Note: Cells are empty if there are less than 10 respondents.

Table A9.4
Been Teased About Body Image

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
No	74	73	69	–
Yes	26	27	31	–

Question ES A.77, 78: Have other kids at school ever teased you about what your body looks like? [In-school only]... Have other kids from your school ever teased you about what your body looks like? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

Table A9.5
Weapons (Gun or Knife) on School Property, Past Year (In-School Only)

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Brought a gun or knife to school				
No	98	99	99	–
Yes	2	1	1	–
Saw another kid with a gun or knife at school				
No	92	91	93	–
Yes	8	9	7	–

Question ES A.71, 74: During the past year, did you ever bring a gun or knife to school?... During the past year, have you ever seen another kid with a gun or knife at school?

Note: Cells are empty if there are less than 10 respondents.

Table A9.6
Antibullying Climate Scale Questions

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Antibullying climate				
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	73	73	72	–
Teachers and other grown-ups make it clear that bullying is not allowed.				
No, never	5	4	2	–
Yes, some of the time	6	8	9	–
Yes, most of the time	14	15	15	–
Yes, all of the time	74	73	74	–
If you tell a teacher that you’ve been bullied, the teacher will do something to help.				
No, never	5	5	3	–
Yes, some of the time	13	14	13	–
Yes, most of the time	29	27	29	–
Yes, all of the time	54	55	54	–
Students at/from your school try to stop bullying when they see it happening.				
No, never	14	16	19	–
Yes, some of the time	37	35	40	–
Yes, most of the time	28	33	28	–
Yes, all of the time	21	17	14	–

Question ES A.54-57: Do the teachers and other grown-ups make it clear that bullying is not allowed?... If you tell a teacher that you’ve been bullied, will the teacher do something to help?... Do students at your school try to stop bullying when they see it happening? [In-school only]... Do students from your school try to stop bullying when they see it happening? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

10. Home Supports and Involvement in Schooling

Table A10.1

High Expectations-Adults at Home Scale Questions

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
High expectations-adults at home				
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	95	95	96	–
<i>Does a parent or some other grown-up at home... believe that you can do a good job?</i>				
No, never	2	2	1	–
Yes, some of the time	5	5	5	–
Yes, most of the time	18	15	16	–
Yes, all of the time	76	78	77	–
<i>want you to do your best?</i>				
No, never	2	1	0	–
Yes, some of the time	2	3	2	–
Yes, most of the time	11	9	10	–
Yes, all of the time	85	87	88	–

Question ES A.91, 92: Does a parent or some other grown-up at home believe that you can do a good job?... Does a parent or some other grown-up at home want you to do your best?

Note: Cells are empty if there are less than 10 respondents.

Table A10.2***Parent Involvement in Schooling Scale Questions***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Parent involvement in schooling				
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	72	72	73	–
<i>Does a parent or some other grown-up at home... care about your schoolwork?</i>				
No, never	4	2	2	–
Yes, some of the time	11	9	7	–
Yes, most of the time	22	24	27	–
Yes, all of the time	63	65	64	–
<i>ask if you did your homework/schoolwork?</i>				
No, never	7	6	4	–
Yes, some of the time	14	12	14	–
Yes, most of the time	24	28	27	–
Yes, all of the time	55	55	55	–
<i>check your homework/schoolwork?</i>				
No, never	14	16	24	–
Yes, some of the time	23	29	32	–
Yes, most of the time	22	25	25	–
Yes, all of the time	41	31	20	–
<i>ask you about school?</i>				
No, never	3	3	3	–
Yes, some of the time	14	16	12	–
Yes, most of the time	29	26	27	–
Yes, all of the time	54	56	58	–
<i>ask you about your grades?</i>				
No, never	25	19	14	–
Yes, some of the time	24	28	26	–
Yes, most of the time	24	22	25	–
Yes, all of the time	27	30	36	–

Question ES A.90, 93-98: Does a parent or some other grown-up at home care about your schoolwork?... Does a parent or some other grown-up at home ask if you did your homework? [In-school only]... Does a parent or some other grown-up at home check your homework? [In-school only]... Does a parent or some other grown-up at home ask if you did your schoolwork? [Remote only]... Does a parent or some other grown-up at home check your schoolwork? [Remote only]... Does a parent or some other grown-up at home ask you about school?... Does a parent or some other grown-up at home ask you about your grades?

Note: Cells are empty if there are less than 10 respondents.

11. Alcohol and Other Drug (AOD) Use

Table A11.1

Use of Alcohol or Other Drugs, Lifetime

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Alcohol, one or two sips			12	–
Alcohol, a full glass			0	–
Inhalants (to get high)			2	–
Marijuana (smoke, vape, eat, or drink)			1	–
<i>None of the above</i>			86	–
<i>Any of the above</i>			14	–

Question ES A.83-85: Have you ever drunk beer, wine, or other alcohol?... Have you ever sniffed something through your nose to get “high”?... Have you ever used any marijuana (smoke, vape, eat, or drink)?

Note: Cells are empty if there are less than 10 respondents.

Table A11.2

Perception of Health Risk of Alcohol and Marijuana Use

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Alcohol				
No, not bad			3	–
Yes, a little bad			45	–
Yes, very bad			53	–
Marijuana (smoke, vape, eat, or drink)				
No, not bad			0	–
Yes, a little bad			6	–
Yes, very bad			58	–
I don’t know what marijuana is			35	–

Question ES A.88, 89: Do you think drinking alcohol (beer, wine, liquor) is bad for a person’s health?... Do you think using marijuana (smoke, vape, eat, or drink) is bad for a person’s health?

Note: Cells are empty if there are less than 10 respondents.

12. Tobacco Use and Vaping

Table A12.1

Cigarette Use and Vaping, Lifetime

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Ever smoked a cigarette			1	–
Part of a cigarette, like one or two puffs			1	–
A whole cigarette			0	–
Ever vaped			1	–

Question ES A.81, 82: Have you ever smoked a cigarette?... Have you ever vaped?

Note: Cells are empty if there are less than 10 respondents.

Table A12.2

Perception of Health Risk of Cigarette Use and Vaping

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Do you think smoking cigarettes is bad for a person's health?				
No, not bad			1	–
Yes, a little bad			5	–
Yes, very bad			94	–
Do you think vaping is bad for a person's health?				
No, not bad			1	–
Yes, a little bad			7	–
Yes, very bad			93	–

Question ES A.86, 87: Do you think smoking cigarettes is bad for a person's health?... Do you think vaping is bad for a person's health?

Note: Cells are empty if there are less than 10 respondents.

13. Other Physical and Mental Health Risks

Table A13.1

Frequent Sadness

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
No, never	24	26	23	–
Yes, some of the time	62	62	64	–
Yes, most of the time	9	9	10	–
Yes, all of the time	5	4	4	–

Question ES A.80: Do you feel sad?

Note: Cells are empty if there are less than 10 respondents.

Table A13.2

Wellness

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Do you feel good and happy?				
No, never	2	2	4	–
Yes, some of the time	15	18	19	–
Yes, most of the time	52	54	57	–
Yes, all of the time	31	26	20	–

Question ES A.79: Do you feel good and happy?

Note: Cells are empty if there are less than 10 respondents.

14. Race/Ethnic Breakdowns

Table A14.1

School Engagement and Supports by Race/Ethnicity

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
School Connectedness^{†#} (<i>In-School Only</i>)				
American Indian or Alaska Native	65	66	80	—
Asian or Asian American	76	83	81	—
Black or African American				—
Hispanic or Latinx	70	68	70	—
Native Hawaiian or Pacific Islander				—
White	77	84	77	—
Mixed (two or more) ethnics	81	72	78	—
Something else	79	70	70	—
School Connectedness^{†ψ} (<i>Remote Only</i>)				
American Indian or Alaska Native				—
Asian or Asian American				—
Black or African American				—
Hispanic or Latinx				—
Native Hawaiian or Pacific Islander				—
White				—
Mixed (two or more) ethnics				—
Something else				—
Academic motivation[†]				
American Indian or Alaska Native	77	88	89	—
Asian or Asian American	86	92	87	—
Black or African American				—
Hispanic or Latinx	77	81	76	—
Native Hawaiian or Pacific Islander				—
White	88	83	87	—
Mixed (two or more) ethnics	85	91	88	—
Something else	89	80	80	—

Notes: Cells are empty if there are less than 10 respondents.

[†]*Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”*

[#]*The scale was based on five survey questions for in-school respondents.*

^ψ*The scale was based on four questions for remote respondents.*

Table A14.1***School Engagement and Supports by Race/Ethnicity – Continued***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
School boredom[†]				
American Indian or Alaska Native	36	30	38	–
Asian or Asian American	23	27	24	–
Black or African American				–
Hispanic or Latinx	31	35	46	–
Native Hawaiian or Pacific Islander				–
White	20	32	30	–
Mixed (two or more) ethnics	33	35	38	–
Something else	27	33	39	–
Caring adults in school[†]				
American Indian or Alaska Native	68	51	72	–
Asian or Asian American	73	75	74	–
Black or African American				–
Hispanic or Latinx	74	69	67	–
Native Hawaiian or Pacific Islander				–
White	75	76	76	–
Mixed (two or more) ethnics	79	65	76	–
Something else	78	67	67	–
High expectations-adults in school[†]				
American Indian or Alaska Native	77	77	83	–
Asian or Asian American	88	88	88	–
Black or African American				–
Hispanic or Latinx	80	82	82	–
Native Hawaiian or Pacific Islander				–
White	84	89	86	–
Mixed (two or more) ethnics	88	82	88	–
Something else	83	78	87	–

Notes: Cells are empty if there are less than 10 respondents.

[†] Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

Table A14.1***School Engagement and Supports by Race/Ethnicity – Continued***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Meaningful participation[†]				
American Indian or Alaska Native	40	35	35	–
Asian or Asian American	39	42	43	–
Black or African American				–
Hispanic or Latinx	53	42	45	–
Native Hawaiian or Pacific Islander				–
White	39	41	43	–
Mixed (two or more) ethnics	39	37	38	–
Something else	45	37	39	–
Facilities upkeep[†] (<i>In-School Only</i>)				
American Indian or Alaska Native	73	73	69	–
Asian or Asian American	62	69	62	–
Black or African American				–
Hispanic or Latinx	64	68	66	–
Native Hawaiian or Pacific Islander				–
White	78	74	75	–
Mixed (two or more) ethnics	63	68	68	–
Something else	77	71	64	–
Parent involvement in schooling[†]				
American Indian or Alaska Native	64	72	69	–
Asian or Asian American	71	71	72	–
Black or African American				–
Hispanic or Latinx	73	70	75	–
Native Hawaiian or Pacific Islander				–
White	71	77	73	–
Mixed (two or more) ethnics	74	72	68	–
Something else	75	72	74	–

Notes: Cells are empty if there are less than 10 respondents.

[†] Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

Table A14.1***School Engagement and Supports by Race/Ethnicity – Continued***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Social and emotional learning supports[†]				
American Indian or Alaska Native	70	79	80	–
Asian or Asian American	75	80	79	–
Black or African American				–
Hispanic or Latinx	76	79	79	–
Native Hawaiian or Pacific Islander				–
White	82	79	79	–
Mixed (two or more) ethnics	75	72	75	–
Something else	79	73	72	–
Antibullying climate[†]				
American Indian or Alaska Native	64	67	58	–
Asian or Asian American	73	74	73	–
Black or African American				–
Hispanic or Latinx	70	72	72	–
Native Hawaiian or Pacific Islander				–
White	74	78	71	–
Mixed (two or more) ethnics	79	72	72	–
Something else	78	70	70	–

Notes: Cells are empty if there are less than 10 respondents.

[†] Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

Table A14.2***School Safety by Race/Ethnicity (In-School Only)***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Feel safe at school[†]				
American Indian or Alaska Native	82	79	93	—
Asian or Asian American	80	88	90	—
Black or African American				—
Hispanic or Latinx	79	68	72	—
Native Hawaiian or Pacific Islander				—
White	79	94	84	—
Mixed (two or more) ethnics	89	79	85	—
Something else	92	80	83	—
Feel safe on way to and from school[†]				
American Indian or Alaska Native	73	89	87	—
Asian or Asian American	85	91	93	—
Black or African American				—
Hispanic or Latinx	79	81	81	—
Native Hawaiian or Pacific Islander				—
White	87	94	89	—
Mixed (two or more) ethnics	91	84	91	—
Something else	90	78	83	—
Been hit or pushed				
American Indian or Alaska Native	64	55	27	—
Asian or Asian American	50	30	27	—
Black or African American				—
Hispanic or Latinx	61	50	37	—
Native Hawaiian or Pacific Islander				—
White	52	46	37	—
Mixed (two or more) ethnics	43	44	30	—
Something else	44	47	33	—

Notes: Cells are empty if there are less than 10 respondents.

[†] Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

Table A14.2***School Safety by Race/Ethnicity – Continued***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Mean rumors spread about you				
American Indian or Alaska Native	32	45	40	–
Asian or Asian American	38	27	29	–
Black or African American				–
Hispanic or Latinx	58	37	51	–
Native Hawaiian or Pacific Islander				–
White	44	34	40	–
Mixed (two or more) ethnics	30	45	44	–
Something else	44	38	40	–
Called bad names or target of mean jokes				
American Indian or Alaska Native	50	47	53	–
Asian or Asian American	45	42	44	–
Black or African American				–
Hispanic or Latinx	54	44	57	–
Native Hawaiian or Pacific Islander				–
White	54	59	52	–
Mixed (two or more) ethnics	52	52	56	–
Something else	56	46	50	–
Saw a weapon at school[§] (<i>In-School Only</i>)				
American Indian or Alaska Native	5	5	13	–
Asian or Asian American	6	5	5	–
Black or African American				–
Hispanic or Latinx	18	17	9	–
Native Hawaiian or Pacific Islander				–
White	5	4	7	–
Mixed (two or more) ethnics	2	10	8	–
Something else	9	11	6	–

Notes: Cells are empty if there are less than 10 respondents.

[§]Past year.

Table A14.3
Cyberbullying by Race/Ethnicity

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Cyberbullying[¶]				
American Indian or Alaska Native	18	30	47	–
Asian or Asian American	15	19	15	–
Black or African American				–
Hispanic or Latinx	34	23	27	–
Native Hawaiian or Pacific Islander				–
White	29	18	21	–
Mixed (two or more) ethnics	17	26	17	–
Something else	20	15	20	–

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A14.4
School Disciplinary Environment by Race/Ethnicity

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Rule clarity[†]				
American Indian or Alaska Native	73	76	75	—
Asian or Asian American	85	86	83	—
Black or African American				—
Hispanic or Latinx	76	81	76	—
Native Hawaiian or Pacific Islander				—
White	87	84	83	—
Mixed (two or more) ethnics	83	73	74	—
Something else	84	77	85	—
Students well behaved[†]				
American Indian or Alaska Native	32	43	31	—
Asian or Asian American	49	54	49	—
Black or African American				—
Hispanic or Latinx	52	40	36	—
Native Hawaiian or Pacific Islander				—
White	62	61	58	—
Mixed (two or more) ethnics	69	45	53	—
Something else	62	48	38	—
Students treated fairly when break rules[†]				
American Indian or Alaska Native	50	43	56	—
Asian or Asian American	53	59	67	—
Black or African American				—
Hispanic or Latinx	50	51	59	—
Native Hawaiian or Pacific Islander				—
White	51	56	72	—
Mixed (two or more) ethnics	52	62	62	—
Something else	48	47	57	—

Notes: Cells are empty if there are less than 10 respondents.

[†] Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

Table A14.4***School Disciplinary Environment by Race/Ethnicity – Continued***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Students treated with respect[†]				
American Indian or Alaska Native	77	71	88	–
Asian or Asian American	92	88	91	–
Black or African American				–
Hispanic or Latinx	82	84	85	–
Native Hawaiian or Pacific Islander				–
White	92	90	86	–
Mixed (two or more) ethnics	79	86	88	–
Something else	98	84	83	–

Notes: Cells are empty if there are less than 10 respondents.

[†]Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

Table A14.5***Substance Use by Race/Ethnicity***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Alcohol or drug use^φ				
American Indian or Alaska Native			7	–
Asian or Asian American			12	–
Black or African American				–
Hispanic or Latinx			17	–
Native Hawaiian or Pacific Islander				–
White			16	–
Mixed (two or more) ethnics			14	–
Something else			17	–
Marijuana use^φ				
American Indian or Alaska Native			0	–
Asian or Asian American			0	–
Black or African American				–
Hispanic or Latinx			2	–
Native Hawaiian or Pacific Islander				–
White			2	–
Mixed (two or more) ethnics			0	–
Something else			0	–
Cigarette use^φ				
American Indian or Alaska Native			0	–
Asian or Asian American			0	–
Black or African American				–
Hispanic or Latinx			1	–
Native Hawaiian or Pacific Islander				–
White			2	–
Mixed (two or more) ethnics			1	–
Something else			0	–

Notes: Cells are empty if there are less than 10 respondents.

^φLifetime.

Table A14.5***Substance Use by Race/Ethnicity – Continued***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Vaping^φ				
American Indian or Alaska Native			0	–
Asian or Asian American			0	–
Black or African American				–
Hispanic or Latinx			2	–
Native Hawaiian or Pacific Islander				–
White			2	–
Mixed (two or more) ethnics			0	–
Something else			0	–

Notes: Cells are empty if there are less than 10 respondents.

^φLifetime.

Table A14.6***Routines by Race/Ethnicity***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Eating of breakfast				
American Indian or Alaska Native	86	78	79	–
Asian or Asian American	90	91	83	–
Black or African American				–
Hispanic or Latinx	72	77	77	–
Native Hawaiian or Pacific Islander				–
White	94	92	86	–
Mixed (two or more) ethnics	94	80	86	–
Something else	87	87	75	–
Late bedtime (at 10 pm or later)[±]				
American Indian or Alaska Native	17	13	31	–
Asian or Asian American	16	19	22	–
Black or African American				–
Hispanic or Latinx	30	24	29	–
Native Hawaiian or Pacific Islander				–
White	15	10	15	–
Mixed (two or more) ethnics	6	16	23	–
Something else	16	17	25	–

Notes: Cells are empty if there are less than 10 respondents.

[|]This morning.

[±]Last night.

Table A14.7**Remote Schooling by Race/Ethnicity (*Remote Only*)**

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Remote learning frequency (5 days per week)[¶]				
American Indian or Alaska Native				—
Asian or Asian American				—
Black or African American				—
Hispanic or Latinx				—
Native Hawaiian or Pacific Islander				—
White				—
Mixed (two or more) ethnics				—
Something else				—
Synchronous instruction (4 days or more)[¶]				
American Indian or Alaska Native				—
Asian or Asian American				—
Black or African American				—
Hispanic or Latinx				—
Native Hawaiian or Pacific Islander				—
White				—
Mixed (two or more) ethnics				—
Something else				—
Meaningful opportunities[†]				
American Indian or Alaska Native				—
Asian or Asian American				—
Black or African American				—
Hispanic or Latinx				—
Native Hawaiian or Pacific Islander				—
White				—
Mixed (two or more) ethnics				—
Something else				—

Notes: Cells are empty if there are less than 10 respondents.

[¶] Past 7 days.

[¶] Past 30 days.

[†] Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

Table A14.8***Mental Health by Race/Ethnicity***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Frequent sadness[†]				
American Indian or Alaska Native	14	16	20	–
Asian or Asian American	9	10	9	–
Black or African American				–
Hispanic or Latinx	24	16	20	–
Native Hawaiian or Pacific Islander				–
White	16	6	11	–
Mixed (two or more) ethnics	7	22	17	–
Something else	11	10	11	–
Wellness[†]				
American Indian or Alaska Native	82	79	73	–
Asian or Asian American	78	84	83	–
Black or African American				–
Hispanic or Latinx	84	77	68	–
Native Hawaiian or Pacific Islander				–
White	83	84	79	–
Mixed (two or more) ethnics	86	82	75	–
Something else	89	72	77	–

Notes: Cells are empty if there are less than 10 respondents.

[†] Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

15. Gender Breakdowns

Table A15.1

Key Indicators of School Climate and Substance Use by Gender

	Grade 3		Grade 4		Grade 5		Grade 6	
	Female %	Male %	Female %	Male %	Female %	Male %	Female %	Male %
School Engagement and Supports								
School connectedness ^{†#} <i>(In-School Only)</i>	79	71	78	73	77	75	—	—
School connectedness ^{†ψ} <i>(Remote Only)</i>							—	—
Academic motivation [†]	84	85	87	85	81	86	—	—
School boredom [†]	24	30	28	36	30	38	—	—
Caring adults in school [†]	78	71	71	69	73	72	—	—
High expectations-adults in school [†]	85	84	86	82	87	85	—	—
Meaningful participation at school [†]	45	41	42	38	45	39	—	—
Facilities upkeep ^{†Φ}	70	67	74	66	68	67	—	—
Parent involvement in schooling [†]	74	71	73	72	73	73	—	—
Social and emotional learning supports [†]	77	76	79	76	78	77	—	—
Antibullying climate [†]	75	71	75	71	73	71	—	—

Notes: Cells are empty if there are less than 10 respondents.

[†]Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

[#]The scale was based on five survey questions for in-school respondents.

^ψThe scale was based on four questions for remote respondents.

^ΦIn-school only.

Table A15.1

Key Indicators of School Climate and Substance Use by Gender – Continued

	Grade 3		Grade 4		Grade 5		Grade 6	
	Female	Male	Female	Male	Female	Male	Female	Male
	%	%	%	%	%	%	%	%
School Safety and Cyberbullying								
Feel safe at school ^{†Φ}	85	81	79	83	82	85	—	—
Feel safe on way to and from school ^{†Φ}	86	84	87	85	88	87	—	—
Been hit or pushed ^Φ	49	55	38	48	26	38	—	—
Mean rumors spread about you	42	44	34	36	40	37	—	—
Called bad names or target of mean jokes	44	57	41	53	49	52	—	—
Saw a weapon at school ^{§Φ}	7	10	8	11	6	8	—	—
Cyberbullying [¶]	22	24	22	19	20	20	—	—
School Disciplinary Environment								
Rule clarity [†]	83	82	84	78	79	82	—	—
Students well behaved [†]	55	55	46	52	40	54	—	—
Students treated fairly when break rules [†]	55	47	60	47	67	61	—	—
Students treated with respect [†]	90	86	89	82	90	85	—	—
Substance Use								
Alcohol or drug use ^φ					12	16	—	—
Marijuana use ^φ					1	1	—	—
Cigarette use ^φ					1	0	—	—
Vaping ^φ					1	1	—	—

Notes: Cells are empty if there are less than 10 respondents.

[†]*Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”*

^Φ*In-school only.*

[§]*Past year.*

[¶]*Past 30 days.*

^φ*Lifetime.*

Table A15.2

Key Indicators of Routines, Remote Schooling, and Mental Health by Gender

	Grade 3		Grade 4		Grade 5		Grade 6	
	Female	Male	Female	Male	Female	Male	Female	Male
	%	%	%	%	%	%	%	%
Routines								
Eating of breakfast	85	87	87	84	80	83	—	—
Late bedtime (after 10 pm) [±]	20	17	18	17	21	25	—	—
Remote Schooling								
Remote learning frequency (5 days per week) [¶] ^δ							—	—
Synchronous instruction (4 days or more) ^δ							—	—
Meaningful opportunities [†] ^δ							—	—
Mental Health								
Frequent sadness [†]	11	17	14	11	16	10	—	—
Wellness [†]	85	80	83	77	74	80	—	—

Notes: Cells are empty if there are less than 10 respondents.

[|]*This morning.*

[±]*Last night.*

[¶]*Past 30 days.*

^δ*Remote only.*

^{||}*Past 7 days.*

[†]*Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”*

Social Emotional Health Module

1. Module Sample

Table F1.1

Student Sample for Social Emotional Health Module

	Grade 3	Grade 4	Grade 5	Grade 6
<i>Student Sample Size</i>				
Target sample	1,075	1,069	1,139	–
Final number	523	642	665	–
Response Rate	49%	60%	58%	–

2. Summary of Key Indicators

Table F2.1

Key Indicators of Social Emotional Health

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %	Table
Covitality^{†‡}	77	75	74	–	
Belief in self [†]	83	83	82	–	F2.2
Belief in others ^{†‡}	76	77	78	–	F2.2
Empathy [†]	75	76	75	–	F5.1
Engaged living [†]	71	64	59	–	F2.2
Growth mindset^Γ	77	82	81	–	F7.1
Collaboration[†]	78	78	78	–	F8.1
Problem solving[†]	68	63	60	–	F9.1
Social emotional distress[⌘]	20	18	18	–	F10.1
Life satisfaction[⌘]	69	72	69	–	F10.2

Notes: Cells are empty if there are less than 10 respondents.

Table numbers refer to tables for domains or subdomains, or item-level results for the survey questions that comprise each scale.

[†]Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

[‡]Average percent of respondents reporting “Pretty much true” or “Very much true.”

^ΓAll survey questions that comprise the scale were reverse-coded in computing the scale score.

[⌘]Average percent of respondents reporting “Often” or “Always.”

[⌘]Average percent of respondents reporting “Satisfied” or “Very satisfied.”

Table F2.2***Covitality Domain and Subdomains***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %	Table
Belief in self[†]	83	83	82	–	
Self-efficacy [†]	82	80	80	–	F3.1
Persistence [†]	85	86	84	–	F3.2
Belief in others^{†‡}	76	77	78	–	
School supports [†]	79	78	80	–	F4.1
Peer supports [‡]	73	76	76	–	F4.2
Emotional competence					
Empathy [†]	75	76	75	–	F5.1
Engaged living[†]	71	64	59	–	
Optimism [†]	74	68	65	–	F6.1
Gratitude [†]	87	83	79	–	F6.2
Zest [†]	51	42	33	–	F6.3

Notes: Cells are empty if there are less than 10 respondents.

Table numbers refer to tables for domains or subdomains, or item-level results for the survey questions that comprise each scale.

[†]Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

[‡]Average percent of respondents reporting “Pretty much true” or “Very much true.”

3. Belief in Self

Table F3.1

Self-Efficacy Scale Questions

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Self-efficacy				
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	82	80	80	–
Can you do most things if you try?				
No, never	3	2	1	–
Yes, some of the time	14	16	15	–
Yes, most of the time	46	49	53	–
Yes, all of the time	37	33	30	–
Can you work out your problems?				
No, never	3	4	2	–
Yes, some of the time	18	21	22	–
Yes, most of the time	47	48	49	–
Yes, all of the time	32	27	26	–
Are there many things you do well?				
No, never	1	1	1	–
Yes, some of the time	17	16	19	–
Yes, most of the time	45	49	48	–
Yes, all of the time	38	34	31	–

Question F.8-10: Can you do most things if you try?... Can you work out your problems?... Are there many things you do well?

Note: Cells are empty if there are less than 10 respondents.

Table F3.2***Persistence Scale Questions***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Persistence				
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	85	86	84	–
Do you finish all your school assignments?				
No, never	2	1	1	–
Yes, some of the time	16	14	11	–
Yes, most of the time	44	42	46	–
Yes, all of the time	38	43	42	–
When you get a bad grade, do you try even harder the next time?				
No, never	3	3	2	–
Yes, some of the time	10	9	10	–
Yes, most of the time	21	24	29	–
Yes, all of the time	67	64	59	–
Do you keep working and working on your schoolwork until you get it right?				
No, never	2	3	4	–
Yes, some of the time	17	13	20	–
Yes, most of the time	35	39	44	–
Yes, all of the time	47	46	32	–
Do you keep doing your schoolwork even when it’s really hard for you?				
No, never	2	2	2	–
Yes, some of the time	11	11	13	–
Yes, most of the time	30	33	35	–
Yes, all of the time	57	54	50	–

Question ES A.60-63: Do you finish all your school assignments?... When you get a bad grade, do you try even harder the next time?... Do you keep working and working on your schoolwork until you get it right?... Do you keep doing your schoolwork even when it’s really hard for you?

Note: Cells are empty if there are less than 10 respondents.

4. Belief in Others

Table F4.1

School Supports Scale Questions

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
School supports				
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	79	78	80	–
<i>Do the teachers and other grown-ups at school... tell you when you do a good job?</i>				
No, never	4	4	3	–
Yes, some of the time	23	23	22	–
Yes, most of the time	38	42	41	–
Yes, all of the time	35	31	34	–
<i>listen when you have something to say?</i>				
No, never	2	3	3	–
Yes, some of the time	22	22	21	–
Yes, most of the time	37	41	43	–
Yes, all of the time	39	35	33	–
<i>believe that you can do a good job?</i>				
No, never	1	1	1	–
Yes, some of the time	11	13	11	–
Yes, most of the time	31	28	31	–
Yes, all of the time	57	58	58	–

Question ES A.30, 39, 40: Do the teachers and other grown-ups at school tell you when you do a good job?... Do the teachers and other grown-ups at school listen when you have something to say?... Do the teachers and other grown-ups at school believe that you can do a good job?

Note: Cells are empty if there are less than 10 respondents.

Table F4.2***Peer Supports Scale Questions***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Peer supports				
<i>Average reporting “Pretty much true” or “Very much true”</i>	73	76	76	–
I have a friend my age who really cares about me.				
Not at all true	3	3	3	–
A little true	13	12	9	–
Pretty much true	31	31	33	–
Very much true	52	55	54	–
I have a friend my age who helps me when I am having a hard time.				
Not at all true	6	5	5	–
A little true	16	15	15	–
Pretty much true	34	29	33	–
Very much true	44	51	47	–
I have a friend my age who talks with me about my problems.				
Not at all true	16	16	16	–
A little true	27	23	24	–
Pretty much true	31	30	29	–
Very much true	27	32	31	–

Question F.23-25: I have a friend my age who really cares about me... I have a friend my age who helps me when I am having a hard time... I have a friend my age who talks with me about my problems.

Note: Cells are empty if there are less than 10 respondents.

5. Emotional Competence

Table F5.1

Empathy Scale Questions

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Empathy				
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	75	76	75	–
Do you try to understand how other people feel?				
No, never	3	4	4	–
Yes, some of the time	20	20	22	–
Yes, most of the time	36	37	42	–
Yes, all of the time	41	38	32	–
Do you feel bad when someone else gets their feelings hurt?				
No, never	3	3	4	–
Yes, some of the time	14	15	15	–
Yes, most of the time	26	30	33	–
Yes, all of the time	56	51	49	–
Do you try to understand what other people go through?				
No, never	5	6	6	–
Yes, some of the time	28	24	24	–
Yes, most of the time	33	38	36	–
Yes, all of the time	34	32	33	–

Question ES F.3-5: Do you try to understand how other people feel?... Do you feel bad when someone else gets their feelings hurt?... Do you try to understand what other people go through?

Note: Cells are empty if there are less than 10 respondents.

6. Engaged Living

Table F6.1

Optimism Scale Questions

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Optimism				
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	74	68	65	—
When you have a problem at school, do you think it will get better in the future?				
No, never	7	10	9	—
Yes, some of the time	23	28	29	—
Yes, most of the time	40	37	40	—
Yes, all of the time	30	25	21	—
Do you expect that you will feel happy during class time?				
No, never	4	9	10	—
Yes, some of the time	21	24	30	—
Yes, most of the time	41	42	43	—
Yes, all of the time	34	25	17	—
Do you feel positive that good things will happen to you at school?				
No, never	7	10	11	—
Yes, some of the time	26	30	33	—
Yes, most of the time	40	35	35	—
Yes, all of the time	27	26	21	—
Do you feel positive that you will have fun with your friends at school?				
No, never	2	3	2	—
Yes, some of the time	12	13	15	—
Yes, most of the time	26	31	33	—
Yes, all of the time	60	53	50	—

Question ES F.16, 18, 20, 22: When you have a problem at school, do you think it will get better in the future?... Do you expect that you will feel happy during class time?... Do you feel positive that good things will happen to you at school?... Do you feel positive that you will have fun with your friends at school?

Note: Cells are empty if there are less than 10 respondents.

Table F6.2***Gratitude Scale Questions***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Gratitude				
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	87	83	79	–
Do you feel thankful to go to your school?				
No, never	3	4	5	–
Yes, some of the time	13	16	21	–
Yes, most of the time	25	30	32	–
Yes, all of the time	59	50	42	–
Are you thankful when you get to learn new things at school?				
No, never	2	4	5	–
Yes, some of the time	15	20	23	–
Yes, most of the time	31	32	35	–
Yes, all of the time	52	44	37	–
Are you thankful to have nice teachers at your school?				
No, never	1	1	1	–
Yes, some of the time	5	7	8	–
Yes, most of the time	15	19	25	–
Yes, all of the time	79	73	66	–

Question ES F.6, 14, 17: Do you feel thankful to go to your school?... Are you thankful when you get to learn new things at school?... Are you thankful to have nice teachers at your school?

Note: Cells are empty if there are less than 10 respondents.

Table F6.3***Zest Scale Questions***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Zest				
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	51	42	33	–
Do you get really excited when you learn something new at school?				
No, never	8	12	13	–
Yes, some of the time	30	37	42	–
Yes, most of the time	33	30	30	–
Yes, all of the time	29	22	14	–
Do you wake up in the morning excited to go to school?				
No, never	13	19	22	–
Yes, some of the time	35	39	46	–
Yes, most of the time	34	28	25	–
Yes, all of the time	18	15	8	–
Do you get excited about your schoolwork?				
No, never	23	28	34	–
Yes, some of the time	39	39	45	–
Yes, most of the time	25	22	15	–
Yes, all of the time	13	10	6	–

Question ES F.15, 19, 21: Do you get really excited when you learn something new at school?... Do you wake up in the morning excited to go to school?... Do you get excited about your schoolwork?

Note: Cells are empty if there are less than 10 respondents.

7. Growth Mindset

Table F7.1

Growth Mindset Scale Questions

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Growth mindset[†]				
<i>Average reporting “A little true” or “Not at all true”</i>	77	82	81	–
Challenging myself won’t make me any smarter.				
Not at all true	52	55	53	–
A little true	19	23	24	–
Pretty much true	17	12	12	–
Very much true	12	11	11	–
There are some things I am not capable of learning.				
Not at all true	36	40	40	–
A little true	40	39	38	–
Pretty much true	15	12	13	–
Very much true	9	9	9	–
If I am not naturally smart in a subject, I will never do well in it.				
Not at all true	59	67	68	–
A little true	25	23	21	–
Pretty much true	10	6	6	–
Very much true	6	5	5	–

Question ES F.26-28: Challenging myself won’t make me any smarter... There are some things I am not capable of learning... If I am not naturally smart in a subject, I will never do well in it.

Notes: Cells are empty if there are less than 10 respondents.

[†]*All survey questions that comprise the scale were reverse-coded in computing the scale score.*

8. Collaboration

Table F8.1

Collaboration Scale Questions

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Collaboration				
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	78	78	78	–
Do you get along or work well with students who are different from you?				
No, never	4	3	3	–
Yes, some of the time	20	20	19	–
Yes, most of the time	42	47	51	–
Yes, all of the time	34	29	27	–
Do you enjoy working with other students?				
No, never	4	6	3	–
Yes, some of the time	21	22	25	–
Yes, most of the time	37	41	40	–
Yes, all of the time	38	31	32	–
Do you listen to other students’ ideas?				
No, never	2	3	2	–
Yes, some of the time	14	11	14	–
Yes, most of the time	41	43	51	–
Yes, all of the time	43	43	34	–

Question ES F.1, 2, 7: Do you get along or work well with students who are different from you?... Do you enjoy working with other students?... Do you listen to other students’ ideas?

Note: Cells are empty if there are less than 10 respondents.

9. Problem Solving

Table F9.1

Problem Solving Scale Questions

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Problem solving				
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	68	63	60	–
Do you know where to go for help with a problem?				
No, never	4	3	4	–
Yes, some of the time	10	13	14	–
Yes, most of the time	32	30	33	–
Yes, all of the time	55	53	50	–
Do you try to work out your problems by talking or writing about them?				
No, never	16	21	20	–
Yes, some of the time	32	32	33	–
Yes, most of the time	30	28	30	–
Yes, all of the time	22	19	17	–
When you need help, do you find someone to talk with about it?				
No, never	9	10	16	–
Yes, some of the time	27	32	34	–
Yes, most of the time	35	32	30	–
Yes, all of the time	29	26	21	–

Question ES F.11-13: Do you know where to go for help with a problem?... Do you try to work out your problems by talking or writing about them?... When you need help, do you find someone to talk with about it?

Note: Cells are empty if there are less than 10 respondents.

10. Social and Emotional Health

Table F10.1

Social Emotional Distress Scale Questions

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Social emotional distress				
<i>Average reporting “Often” or “Always”</i>	20	18	18	–
I feel lonely.				
Never	25	32	32	–
Sometimes	57	52	51	–
Often	14	12	12	–
Always	5	4	4	–
I am unhappy.				
Never	19	21	19	–
Sometimes	66	64	64	–
Often	11	11	12	–
Always	5	3	4	–
Nobody likes me.				
Never	55	57	52	–
Sometimes	31	32	33	–
Often	9	6	9	–
Always	6	4	6	–
I worry a lot.				
Never	21	20	20	–
Sometimes	51	50	45	–
Often	18	19	22	–
Always	10	11	14	–
I have problems sleeping.				
Never	32	39	37	–
Sometimes	36	37	41	–
Often	15	16	10	–
Always	17	9	11	–

Question ES F.33-37: I feel lonely... I am unhappy... Nobody likes me... I worry a lot... I have problems sleeping.

Note: Cells are empty if there are less than 10 respondents.

Table F10.1***Social Emotional Distress Scale Questions – Continued***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
I feel scared.				
Never	29	38	39	–
Sometimes	52	47	48	–
Often	13	10	9	–
Always	6	5	4	–
I worry when I am at school.				
Never	52	52	50	–
Sometimes	35	35	38	–
Often	7	7	7	–
Always	6	6	5	–

Question ES F.38, 39: I feel scared... I worry when I am at school.

Note: Cells are empty if there are less than 10 respondents.

Table F10.2***Life Satisfaction Scale Questions***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Life satisfaction				
<i>Average reporting “Satisfied” or “Very satisfied”</i>	69	72	69	–
<i>I would describe my satisfaction with...</i>				
my family life as...				
Very dissatisfied	4	1	2	–
Dissatisfied	3	1	3	–
A little dissatisfied	8	6	7	–
A little satisfied	11	10	8	–
Satisfied	29	31	35	–
Very satisfied	46	50	44	–
my friendships as...				
Very dissatisfied	4	2	2	–
Dissatisfied	3	1	5	–
A little dissatisfied	6	7	6	–
A little satisfied	16	13	12	–
Satisfied	31	37	39	–
Very satisfied	40	40	37	–
my school experience as...				
Very dissatisfied	4	4	3	–
Dissatisfied	4	3	5	–
A little dissatisfied	11	8	10	–
A little satisfied	20	24	27	–
Satisfied	38	41	43	–
Very satisfied	22	20	12	–

Question ES F.29-31: I would describe my satisfaction with my family life as... I would describe my satisfaction with my friendships as... I would describe my satisfaction with my school experiences as...

Note: Cells are empty if there are less than 10 respondents.

Table F10.2***Life Satisfaction Scale Questions – Continued***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<i>I would describe my satisfaction with...</i>				
my myself as...				
Very dissatisfied	3	4	4	–
Dissatisfied	3	2	5	–
A little dissatisfied	7	8	10	–
A little satisfied	15	17	18	–
Satisfied	31	31	33	–
Very satisfied	41	37	31	–

Question ES F.32: I would describe my satisfaction with myself as.

Note: Cells are empty if there are less than 10 respondents.

Tobacco-Use Prevention Education Module

1. Module Sample

Table H1.1

Student Sample for Tobacco-Use Prevention Education Module

	Grade 3	Grade 4	Grade 5	Grade 6
<i>Student Sample Size</i>				
Target sample	1,075	1,069	1,139	–
Final number	0	0	657	–
Response Rate	0%	0%	58%	–

2. Tobacco Use and Vaping

Table H2.1

Use of Cigarettes and Vape Products, Past 30 Days

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<i>In the last 30 days, have you...</i>				
smoked a cigarette?				
No			100	–
Yes			0	–
vaped?				
No			99	–
Yes			1	–

Question ES H.1, 2: Have you smoked a cigarette in the last 30 days?... Have you vaped in the last 30 days?

Note: Cells are empty if there are less than 10 respondents.

3. Peer Smoking/Vaping Behavior and Attitudes

Table H3.1

Peer Smoking and Vaping Behavior

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Do any of your friends smoke cigarettes?				
No			99	–
Yes			1	–
Do any of your friends vape?				
No			97	–
Yes			3	–
<i>In the last 30 days, have you seen any students... smoke cigarettes at school? (In-School Only)</i>				
No			99	–
Yes			1	–
<i>vape at school? (In-School Only)</i>				
No			98	–
Yes			2	–

Question ES H.5-8: Do any of your friends smoke cigarettes?... Do any of your friends vape?... In the last 30 days, have you seen any students smoke cigarettes at school?... In the last 30 days, have you seen any students vape at school?

Note: Cells are empty if there are less than 10 respondents.

Table H3.2***Peer Disapproval of Tobacco Use and Vaping***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<i>How wrong would your close friends feel it would be if you...</i>				
smoked cigarettes?				
Very wrong			77	–
Wrong			19	–
A little wrong			4	–
Not at all wrong			0	–
vaped?				
Very wrong			77	–
Wrong			18	–
A little wrong			5	–
Not at all wrong			0	–

Question ES H.9, 10: How wrong would your close friends feel it would be if you smoked cigarettes?... How wrong would your close friends feel it would be if you vaped?

Note: Cells are empty if there are less than 10 respondents.

4. Household Smoking and Vaping Rules

Table H4.1

Rules About Cigarette Smoking and Vaping in the Home

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
Is smoking cigarettes allowed inside your home?				
No			91	–
Yes			2	–
Don't know			8	–
Is vaping allowed inside your home?				
No			91	–
Yes			2	–
Don't know			8	–

Question ES H.3, 4: Is smoking cigarettes allowed inside your home?... Is vaping allowed inside your home?

Note: Cells are empty if there are less than 10 respondents.

5. Perceived Accessibility and Intention to Use

Table H5.1

Perceived Difficulty of Obtaining Cigarettes and Vape Products

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<i>How easy or difficult would it be if you wanted to...</i>				
get a cigarette?				
Very easy			3	–
Fairly easy			7	–
Fairly difficult			18	–
Very difficult			72	–
get a vape?				
Very easy			2	–
Fairly easy			6	–
Fairly difficult			15	–
Very difficult			77	–

Question ES H.13, 14: If you wanted to get a cigarette, how easy or difficult would it be?... If you wanted to get a vape, how easy or difficult would it be?

Note: Cells are empty if there are less than 10 respondents.

Table H5.2***Intentions to Smoke and Vape***

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<i>Do you think you will...</i>				
smoke a cigarette at any time during the next year?				
Definitely not			94	–
Probably not			6	–
Probably yes			0	–
Definitely yes			0	–
vape at any time during the next year?				
Definitely not			94	–
Probably not			5	–
Probably yes			1	–
Definitely yes			0	–

Question ES H.11, 12: Do you think you will smoke a cigarette at any time during the next year?... Do you think you will vape at any time during the next year?

Note: Cells are empty if there are less than 10 respondents.

6. Tobacco-Use Prevention Education Activities

Table H6.1

Dangers of Smoking and Vaping Discussed

	Grade 3 %	Grade 4 %	Grade 5 %	Grade 6 %
<i>In the last 12 months, did any of your classes or school activities talk about...</i>				
how smoking cigarettes is bad for a person's health?				
No			48	—
Yes			52	—
how vaping is bad for a person's health?				
No			53	—
Yes			47	—

Question ES H.15, 16: In the last 12 months, did any of your classes or school activities talk about how smoking cigarettes is bad for a person's health?... In the last 12 months, did any of your classes or school activities talk about how vaping is bad for a person's health?

Note: Cells are empty if there are less than 10 respondents.

Appendix

2023-24 CHKS Elementary Survey Response Rates

Eligible Schools	3rd %	4th %	5th %	6th %
Audubon Elementary	66	69	56	
Bayside Academy	76	32	42	
Baywood Elementary	38	71	59	
Beach Park Elementary	71	96	83	
Beresford Elementary	57	44	70	
Brewer Island Elementary	47	77	82	
College Park Elementary	71	76	91	
Fiesta Gardens International Elementary	37	46	40	
Foster City Elementary	52	67	72	
George Hall Elementary	56	71	58	
Highlands Elementary	40	69	62	
LEAD Elementary	74	78	63	
Laurel Elementary	46	53	40	
Meadow Heights Elementary	85	95	72	
North Shoreview Montessori	68	94	90	
Parkside Montessori	59	41	51	
San Mateo Park Elementary	91	65	68	
Sunnybrae Elementary	20	35	42	

Notes: Response rates are presented by grade level. Eligible schools listed are based on CBEDS 2023-24 public school and 2022-23 enrollment data files. Directly funded charter schools have been excluded from the list.