WELCOME TO LYNNWOOD HIGH SCHOOL



Your LHS Counseling Team



Mrs. Becca Williams
Last names A-Co



Mrs. Andrea Hormuth
Last names Cr-He



Mr. Dylan Kochta
Last names Hi-Ma



Mr. Bobby Hinnenkamp
Last names Mb-Ra



Mrs. Jess Deang
Last names Rb-S



Ms. Angelia Nivens
Last names T-Z

Visit our Counseling website via the LHS website

You are in control of your success!
6 Basic Guidelines

1. Go to class everyday and arrive on time, ready to work with charged chromebook.
2. Do all assigned homework and turn it in, even if it is not complete.
3. When in doubt, ask questions.
4. Build relationships with your teachers. Email them.
5. Check Skyward weekly for any missing work.
6. Make sure you are keeping track of your graduation requirements by looking at Skyward.



LHS Normal Bell Schedule

MONDAY-THURSDAY REGULAR SCHEDULE

PERIOD	START TIME	END TIME	LENGTH
TUTORIAL	7:05 AM	7:15 AM	10 MINUTES
PERIOD 1	7:20 AM	8:11 AM	51 MINUTES
PERIOD 2	8:16 AM	9:07 AM	51 MINUTES
ADVISORY	9:12 AM	9:37 AM	25 MINUTES
PERIOD 3	9:42 AM	10:33 AM	51 MINUTES
FIRST LUNCH	10:33 AM	11:03 AM	30 MINUTES
PERIOD 4 – 1L	11:08 AM	11:59 AM	51 MINUTES
PERIOD 4 – 2L	10:38 AM	11:29 AM	51 MINUTES
SECOND LUNCH	11:29 AM	11:59 AM	30 MINUTES
PERIOD 5	12:04 PM	12:55 PM	51 MINUTES
PERIOD 6	1:00 PM	1:52 PM	52 MINUTES

FRIDAY EARLY RELEASE REGULAR SCHEDULE

PERIOD	START TIME	END TIME	LENGTH
TUTORIAL	7:05 AM	7:15 AM	10 MINUTES
PERIOD 1	7:20 AM	8:03 AM	43 MINUTES
PERIOD 2	8:08 AM	8:51 AM	43 MINUTES
PERIOD 3	8:56 AM	9:39 AM	43 MINUTES
PERIOD 4	9:44 AM	10:27 AM	43 MINUTES
FIRST LUNCH	10:27 AM	10:57 AM	30 MINUTES
PERIOD 5 – 1L	11:02 AM	11:46 AM	44 MINUTES
PERIOD 5 – 2L	10:32 AM	11:16 AM	44 MINUTES
SECOND LUNCH	11:16 AM	11:46 AM	30 MINUTES
PERIOD 6	11:51 AM	12:35 PM	44 MINUTES



It all starts in 9th Grade

Here's what a transcript looks like. . .



MIDDLE) [And Other/Former Names Used]

[redacted]

[redacted]

NUMBER BIRTH DATE
10/06/1995

[redacted]

REPORT DATE
08/28/2011

Grade Point Table

A	= 4.0
A-	= 3.7
B+	= 3.3
B	= 3.0
B-	= 2.7
C+	= 2.3
C	= 2.0
C-	= 1.7
D+	= 1.3
D	= 1.0
E OR F	= 0.0

SSID
3946

*** SCHOOLS ATTEND

Entry	Exit	School
09/2010		LYNNWOOD HIGH SCHOOL

********** COURSE DESIGNATION KEY **********

I = Intl Baccalaureate	A = Advanced Placement
C = College in the HS	R = Running Start
T = Tech Prep	B = CADR/HECB Core
H = Honors	K = Cambridge Program

****************** ACADEMIC RECORD ******************

Course Code	Description	Ltr Grd	Cred Earn	Cred Attp	Crs Dsg
MO/YR: 01/2011	GRD LVL: 09				
COM119	DIGITAL COMM	C+	0.500	0.500	
ENG101	ENGLISH 9 S1	B+	0.500	0.500	B
HEC450	CHEF SCHOOL 1	B	0.500	0.500	
MAT201	ALGEBRA 1 S1	A-	0.500	0.500	B
MIS094	ADVISORY S1	P	0.125	0.125	
SCI201	BIOLOGY S1	A	0.500	0.500	B
SOC101	WORLD HIST 9	A	0.500	0.500	B
MO/YR: 06/2011	GRD LVL: 09				
ART461	DRAW & PAINT 1A	A	0.500	0.500	B
ENG102	ENGLISH 9 S2	A-	0.500	0.500	B
MAT202	ALGEBRA 1 S2	A	0.500	0.500	B
MIS095	ADVISORY S2	P	0.125	0.125	
PHE301	HEALTH VOC	A-	0.500	0.500	
PHE445	WEIGHT TRAIN	A	0.500	0.500	
SCI202	BIOLOGY S2	A	0.500	0.500	B

******** REPORT PERIOD AND CUMULATIVE SUMMARY *******

It's so important to get a good start to your high school experience!

GRADUATION REQUIREMENT WORKSHEET – CLASS OF 2021 and Beyond

Graduation Requirement	Credits	Notes and Details *Use this space to check off semesters completed. 1 semester = 0.5 credits*
Art (See note below)	2.0	❑ ❑ ❑ ❑ 1.0 credits of Art may be substituted with other courses based on students High School and Beyond Plan (See note below)*
English	4.0	English 9 ❑ ❑ English 10 ❑ ❑ English 11 ❑ ❑ English 12 ❑ ❑
Social Studies	3.5	World History 9 ❑ World History 10 ❑ ❑ US/WA State History ❑ ❑ Civics/Econ/Current World Problems ❑ ❑
Mathematics (See note below)	3.0	❑ ❑ ❑ ❑ ❑ ❑
Science (See note below)	3.0	❑ ❑ ❑ ❑ ❑ ❑
Career and Technical	1.5	❑ ❑ ❑
Personal Finance	.5	❑
Physical Education	1.5	❑ ❑ ❑
Health	.5	❑
World Language* (See note below)	2.0	❑ ❑ ❑ ❑ 2.0 credits of World Language may be substituted with other courses based on students High School and Beyond Plan*
Electives	2.5	❑ ❑ ❑ ❑ ❑
High School and Beyond Plan		❑ ❑ ❑ ❑ *(check one box for each year of required Naviance Tasks completed)*
Total Credits Required:	24.0	_____ Total credits remaining for graduation

What else do you need to do?

- Earn 24 credits as described on the previous slide
- Meet State testing requirements (subject to change)
  - Attempt WCAS Science Test
  - Pass SBA ELA and Math Tests (or alternatives listed below)

    - or -
  - Pass AP, College in High School classes in English and Math

    - or-
  - Pass 2.0 credits in a CTE Pathway
- Develop a High School and Beyond Plan

Your High School Beyond Plan

The High School and Beyond Plan is a personal pathway developed by the student to reach their post-high school goals. It includes all the courses they plan to take throughout high school which support their interests and prepare them for their goals after high school. For examples of career focused pathways and plans, see the CTE website at: CTE Pathways

Science (See note below)	3.0	❑❑❑❑❑❑
Career and Technical	1.5	❑❑❑
Personal Finance	.5	❑
Physical Education	1.5	❑❑❑
Health	.5	❑
World Language* (See note below)	2.0	❑❑❑❑ 2.0 credits of World Language may be substituted with other courses based on students High School and Beyond Plan*
Electives	2.5	❑❑❑❑❑
High School and Beyond Plan		❑❑❑❑ *(check one box for each year of required Naviance Tasks completed)*
Total Credits Required:	24.0	_____ Total credits remaining for graduation

CTE Pathways

PATHWAYS AT LHS

ASL/Sign Language Interpreter

Biotechnology

Business, Marketing and IT

Comp. Science and Engineering

Culinary Arts

Education and Human Services

Horticulture

Sports Medicine

Visual Communications

PATHWAYS AVAILABLE THROUGH INTRADISTRICT CLASSES (Grades 10-12)

Aerospace Manufacturing

Automotive Technology

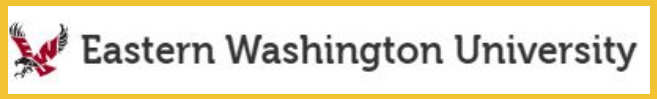
Carpentry and Construction

Healthcare Professions

Language Interpretation and Translation

ALL SNO-ISLE PROGRAMS (Grades 11-12)

Requirements for 4 year universities/colleges





- Minimally 2 years/credits of one world language, or ASL
- World Language test credits also accepted
- Take math or math based science class in senior year





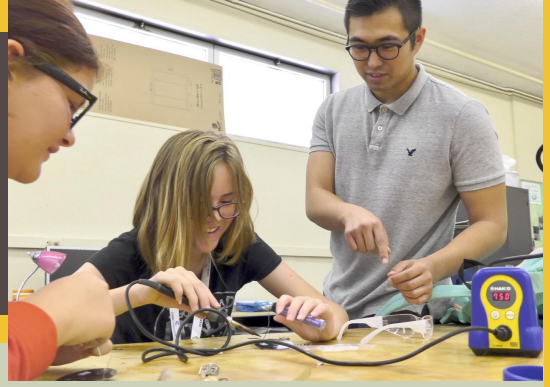








LHS STEAM Program



STEAM integrates traditional STEM (Science, Technology, Engineering and Math) skills with the arts.

Learn to: Solve novel problems of the future.

Design, investigate, reason, think and collaborate.

**Check the box on your registration form if you're interested in the STEAM program!*

Pathways in (links provided below):

Advanced Manufacturing

Computer Science and Engineering

Health Sciences

Environmental Sciences

REGISTRATION - THE FIRST STEP INTO HIGH SCHOOL

Complete Your Course Registration Form

- Filling out your HSBP My Plan Survey completely in Naviance. This will guide your choices on the registration form.
- Required courses are listed on the registration form.
- Talk to your current teachers about your choices, **particularly for Honors and math and science.**
- Student and parent should sign where needed.
- Questions? Ask your middle school counselors- they know a lot!

ELECTIVE OPTIONS

- All 9th grade classes are listed on your 9th Grade Registration Form. Consult your HSBP My Plan Survey. The tool is in your Naviance tasks to complete.

- Pick your core and elective choices and provide alternates.

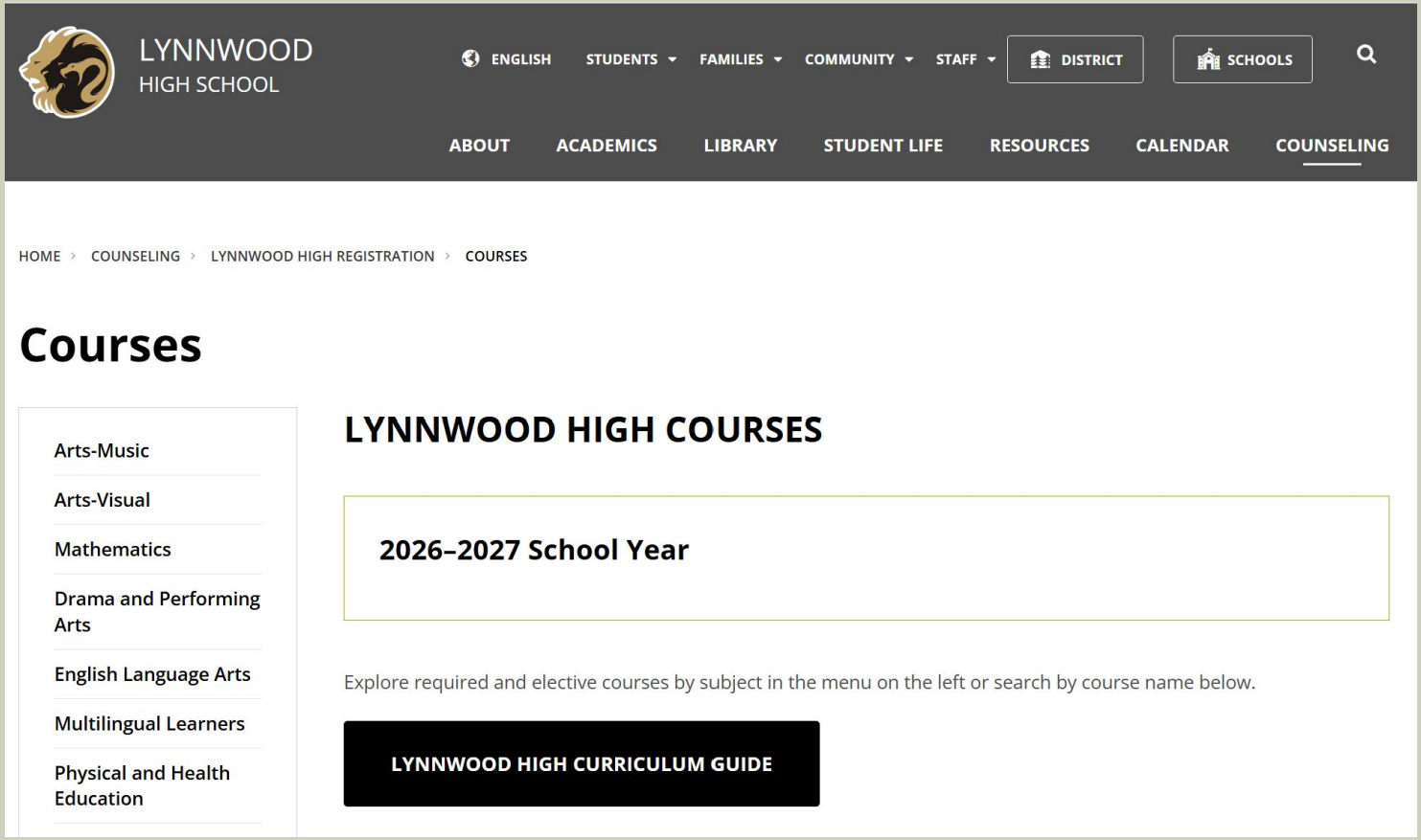
- More information in the LHS Course Catalog and the Electives Fair slideshow.

SAMPLE FRESHMAN SCHEDULE

	SEMESTER	SEMESTER
1	ENGLISH 9 Honors	ENGLISH 9 Honors
2	BIOLOGY	BIOLOGY
3	MATH	MATH
4	WORLD HISTORY 9	HEALTH
5	PE (YOU CHOOSE)	CTE PATHWAY (YOU CHOOSE)
6	ELECTIVE (YOU CHOOSE)	ELECTIVE (YOU CHOOSE)

Using the LHS Course Catalog

From the LHS website go to to find other helpful links such as the new, friendlier Course Catalog.



LHS COURSE CATALOG

What can I find in the LHS Course Catalog?

- Information on planning your high school experience.
- Graduation requirements.
- Options for after high school.
- Course descriptions, pre-requisite information, fees, and grade levels appropriate to a course.

How to read a course description

Course Title

Semester or year course

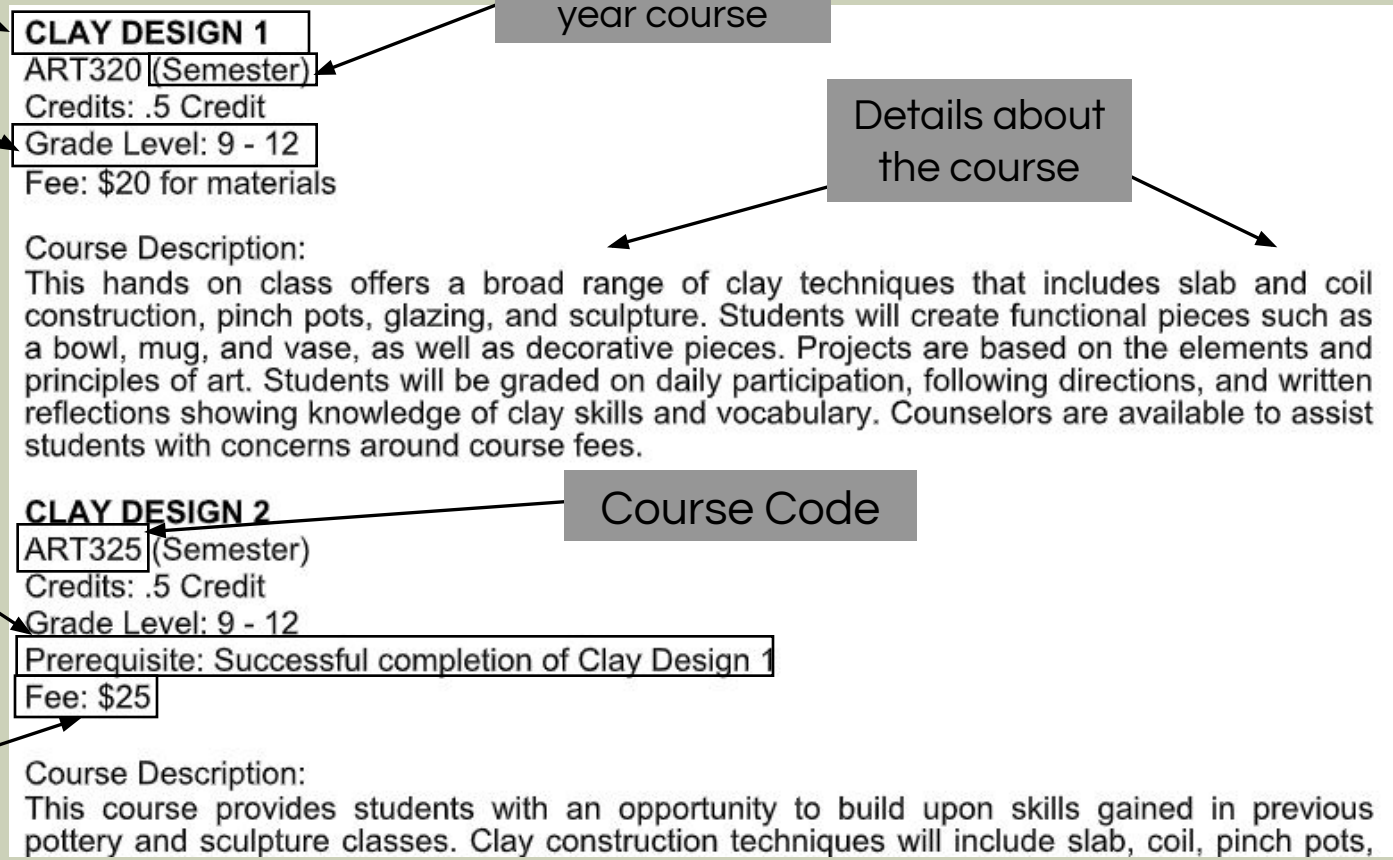
Grade level that may take

Details about the course

PREREQUISITE: Course or other requirement you must have met to take this course!

Course Code

Fees required



CLAY DESIGN 1
ART320 (Semester)
Credits: .5 Credit
Grade Level: 9 - 12
Fee: $20 for materials

Course Description:
This hands on class offers a broad range of clay techniques that includes slab and coil construction, pinch pots, glazing, and sculpture. Students will create functional pieces such as a bowl, mug, and vase, as well as decorative pieces. Projects are based on the elements and principles of art. Students will be graded on daily participation, following directions, and written reflections showing knowledge of clay skills and vocabulary. Counselors are available to assist students with concerns around course fees.

CLAY DESIGN 2
ART325 (Semester)
Credits: .5 Credit
Grade Level: 9 - 12
Prerequisite: Successful completion of Clay Design 1
Fee: $25

Course Description:
This course provides students with an opportunity to build upon skills gained in previous pottery and sculpture classes. Clay construction techniques will include slab, coil, pinch pots,

Using the Course Registration Form for 9th Graders

- Quick reference to course offerings
- A list of courses–read the full course descriptions in the catalog before you choose!

Lynnwood High School 2026-27 Course Registration Form – 9th grade - Class of 2030

Student Name (Last):_____ (First):_____

Student Phone: _____Student Email: _____

DEADLINE: Form must be completed, signed and returned to your teacher by **02/27/2026**

REQUIRED SUBJECT CLASSES

*Choose **one class** from **each box, unless otherwise stated**.*

____ **SOC 101** World History 9 (Semester) **OR** ____ **SOC 108** World History 9 Honors (Semester)	____ **PHE 301** Health CTE (Semester)
____ **ENG 161/162 English 9 Honors** ____ **ZEN** _____ (IEP) ____ **YEN** _____ (MLL)	____ **SCI 201/202** Biology **OR** ____ **SCI 221/222** Biology Honors
Check with your current math teacher for placement ____ **MAT 201/202** Algebra 1 ____ **MAT 301/302** Geometry ____ **MAT 321/322** Geometry Honors ____ **MAT 251/2** Algebra 2 ____ **MAT 253/4** Algebra 2 Honors ____ **ZMA** _____ (IEP)	*(One semester) Rank your top 4 choices from 1-4, in case 1st choice isn't available* ___ **PHE 251** Team Sports ___ **PHE 480** Walking/Conditioning ___ **PHE 445** Weight Training ___ **PHE 425** Yogilates ___ **PHE 257** Lifetime Sports ___ **PHE 256** Principles of Coaching/Officiating

ONLINE REGISTRATION IN SKYWARD

- On **FEBRUARY 27** you will input your course requests for 9th grade on your Chromebook in your English class. Have your fully-charged computer ready that day.



GET INVOLVED!

Anime Club	Drama	I – 6:8	NHS	Sports Medicine
Band	Environmentalist Club	Interact	Orchestra	Hi-Q
Black Student Union	FBLA	Key Club	Photo Club	Tri-M
Choir	FCCLA	Lettering Club	Robotics	Breakdancing Club
Colores Unidos	FFA	Liberty in North Korea	Royals Chess Club	GSA
DECA	Hangout Club	Link Crew	Technology Student Assoc.	

GET INVOLVED!

FALL SPORTS	WINTER SPORTS	SPRING SPORTS
Cross Country	Basketball – Boys	Baseball
Football	Basketball – Girls	Golf- Boys
Soccer – Girls	Swim – Boys	Golf – Girls
Swim – Girls	Wrestling	Soccer – Boys
Tennis – Boys		Softball - Girls
Volleyball – Girls		Tennis - Girls
		Track and Field

YEAR ROUND	
Cheerleading	Dance Team

REMEMBER….

- Make class choices carefully and thoughtfully. Read the materials provided. We build classes based on what you request and are unable to make most changes if you change your mind.
- Fill out your form HSBP My Plan Survey **completely** in Naviance.
- Have fully-charged Chromebook and course planning form ready on **Friday, February 27** so you can enter your 9th Grade requests in Skyward.

GO ROYALS!

