



## Required Medical Forms for 2026-2027 School Year

### INCOMING FRESHMEN REQUIRED FORMS DUE BY AUGUST 1, 2026

**CERTIFICATE OF HEALTH EXAMINATION FORM**

The State of Illinois requires students entering 9th grade, or transfer students, present proof of the required Certificate of Health Examination signed and dated on or after 8/17/2025 by physician and Health History (top of form) completed and signed by parent. If this is not completed, the student will be excluded from school starting October 15, 2026. Form is considered current if the exam was completed no more than 1 year from the date of the first day of school.

- DENTAL HEALTH EXAMINATION FORM** - The State of Illinois requires a dental examination for all students entering 9th grade. Form must be completed between 11/15/2025-5/15/2027.

### **PARTICIPATING IN SUMMER SESSIONS? All forms are due by the first day of the Summer Session.**

#### **POSSIBLE ADDITIONAL FORMS**

- Self Medication Forms** (Inhaler, Epipen, Medications) - see below
- Sports Physical** - see below

**STUDENTS WITH ALLERGIES:** If your daughter will be carrying an epipen, benadryl or other medications for an allergy, submit a current Allergy Action Plan signed by the prescribing physician as well as the [Self Medication Policy Statement](#), [Parent Agreement for Medications and Self Medicate](#), and [Physician Authorization of Self Administered Epinephrine Injectors](#). **Return all forms to the Registrar by August 1, 2026.**

**STUDENTS WITH ASTHMA:** If your daughter will be carrying an inhaler, submit an Asthma Action Plan generated and signed by the prescribing physician as well as the [Self Medication Policy Statement](#) and [Parent Agreement for Medications and Self Medicate](#). Return all forms to the Registrar by August 1, 2026.

**STUDENTS WITH DIABETES:** If your daughter has diabetes, an updated Diabetes Care Plan signed by the managing physician is required to be turned in as well as the [Self Medication Policy Statement](#) and [Parent Agreement for Medications and Self Medicate](#).

**MEDICATIONS:** In the event your daughter will be carrying prescribed medications during the school day, complete the [Self Medication Policy Statement](#) and [Parent Agreement for Medications and Self Medicate](#). Return both forms to the Registrar by August 1, 2026.

**SPORTS PHYSICAL:** If your daughter is participating in Bandit Athletics, a Certificate of Health may be checked for sports participation by your daughter's primary physician. If the Certificate of Health will expire during a sports season, please provide an IHSA Sports Physical. These can be completed by your physician, local pharmacies and clinics. *Please note, that a Sports Physical does not replace the requirement to turn in a current Certificate of Health.*

**ALL HEALTH FORMS ARE DUE BY AUGUST 1, 2026.**

**TURN INTO THE REGISTRAR AT THE MAIN OFFICE OR BY THE FOLLOWING METHODS**

**Email - [cwarren@reshs.org](mailto:cwarren@reshs.org)**

**Mail - ATTN: REGISTRAR, 7500 W Talcott Ave, Chicago, IL 60631**

All forms are available on our website <https://www.reshs.org/parents>