

MCAT Prep - Chelsea

Audio	Video
[Upbeat energetic music]	Purple and gold L S U Health Shreveport logo full screen over a white background
<p>[Chelsea] Hello. My name is Chelsea Fuller, and I'm truly grateful for the opportunity to share my experience with you today. I was recently accepted into medical school, and I can confidently say that LSU Health Shreveport's Office of Student and Community Engagement played a pivotal role in that achievement. I attended Xavier University of Louisiana for my undergraduate education, where I began building the academic foundation and sense of purpose that guided me toward a career in medicine.</p> <p>My journey has not been linear, but it has been deeply transformative, strengthening my resilience and teaching me lessons about persistence, growth, and self-belief that I did not fully anticipate at the start of this process. I sat for the M-CAT more than once, and it challenged me to critically evaluate my study strategies, ultimately strengthening my discipline, resilience, and adaptability. Through LSU Health Shreveport's M-CAT program, I strengthened my test taking strategy and built the confidence I needed to approach the exam differently. Over time, I raised my score by 11 points from my initial attempt, which reinforced to me that growth happens when you are willing to reflect and improve. So far this admission cycle, I've had the privilege of interviewing at several institutions. I'm grateful that I have already received an acceptance, and I'm still waiting to hear back from other schools as this process continues.</p>	<p>Young woman with medium complexion in front of a purple background with gold and white L S U Health Shreveport logos alternating across. She is wearing a brownish gray blouse and her long, straight dark hair is pulled over one shoulder</p> <p>Text: Chelsea Fuller M-CAT Prep Participant</p>

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<p>If I could offer one piece of advice to students preparing to apply, it would be this: Be strategic. Seek guidance and don't allow setbacks to discourage you. Reapplying does not mean you are incapable. It often means you are committed. Take the time to evaluate your application with honesty and attention. Fully utilize the resources available to you and apply to schools that align, not only with your academic profile, but also with your values and long term goals.</p> <p>The journey to medical school is demanding, but also transformative. The programs, mentorship, and support I received through LSU Health Shreveport played a meaningful role in strengthening my application and confidence. I hope that my story encourages other students to stay persistent, seek guidance, and trust that their preparation will position them well for success.</p>	<p>Chelsea still on camera</p>
<p>[Music up]</p>	<p>Purple and gold L S U Health Shreveport logo on a white background Text: Medical College Admissions Test (M CAT) Workshop</p>