



2026 SPRING DEVELOPMENT PROGRAM

Train, Play & Compete (TPaC) Volleyball is perfect program for girls and boys to elevate their volleyball skills!

★ ★ KEARNEY ★ ★ SPORTSPLEX

TUESDAYS - 6:15-7:30PM

MARCH 31 - APRIL 28

1ST-6TH GRADE GIRLS AND BOYS

(players will be divided by grades on each court)

\$75.00
REGISTRATION FEE

(includes TPaC Shirt)

PROGRAM HIGHLIGHTS

- **NEW THIS SPRING!** Each practice will conclude with game play, contests and competitions.
- **NEW THIS SPRING!** Players will be introduced to the basics of officiating.
- Expert-designed training tailored for youth.
- Certified Go-Kids Youth Sports™ Skills Trainers leading every session.
- A focus on FUN, skill-development, and game readiness.
- Players will be divided by grade across multiple courts, ensuring an ideal player-to-coach ratio.
- Age-appropriate equipment and adjusted net heights to match the players' ages and abilities.

WHAT SETS TPaC VOLLEYBALL APART?

A Proven Training Method:

The program is grounded in a well-established teaching approach developed by Ruth N. Nelson, a Hall of Fame collegiate coach and creator of the GoKids Youth Sports™ Skills Trainer Certification. Her curriculum helps young athletes build strong volleyball fundamentals through fun, dynamic drills that translate directly to real game play, all while nurturing a genuine love for the sport.

A Strong, Supportive Partnership:

TPaC Volleyball benefits from the collaboration between Train, Play & Compete staff and the Kearney Park and Recreation Department. Together, they create an encouraging learning environment staffed by trained, certified, and experienced coaches.

Leadership by Accomplished Coaches:

The program is directed by Amherst High School Head Volleyball Coach Jonie Fader, who led the Broncos to a State Championship this past fall. Supporting her is JoHanna Burkey, KPR's lead instructor and Recreation Coordinator, who is also a certified GoKids Sports™ Skills Trainer. Additionally, there will be certified GoKids™ Skill Coaches present.

PARENT MENTOR COACHES

We would love to have some parent mentor coaches to work alongside our certified coaches. Mentor coaches will be asked to attend a short training session. If interested, contact Jonie Fader at jonief@trainplayandcompete.com by March 17.



REGISTRATION DEADLINE: TUESDAY, MARCH 17

Registration is limited, so register soon!

Register online at www.trainplayandcompete.com

FOR ADDITIONAL INFORMATION, CONTACT:

Jonie Fader at jonief@trainplayandcompete.com or

JoHanna Burkey at jburkey@kearneygov.org

Want to know more about Founder Ruth N. Nelson:

<https://rnnsportsgym.com/who-is-runn/>