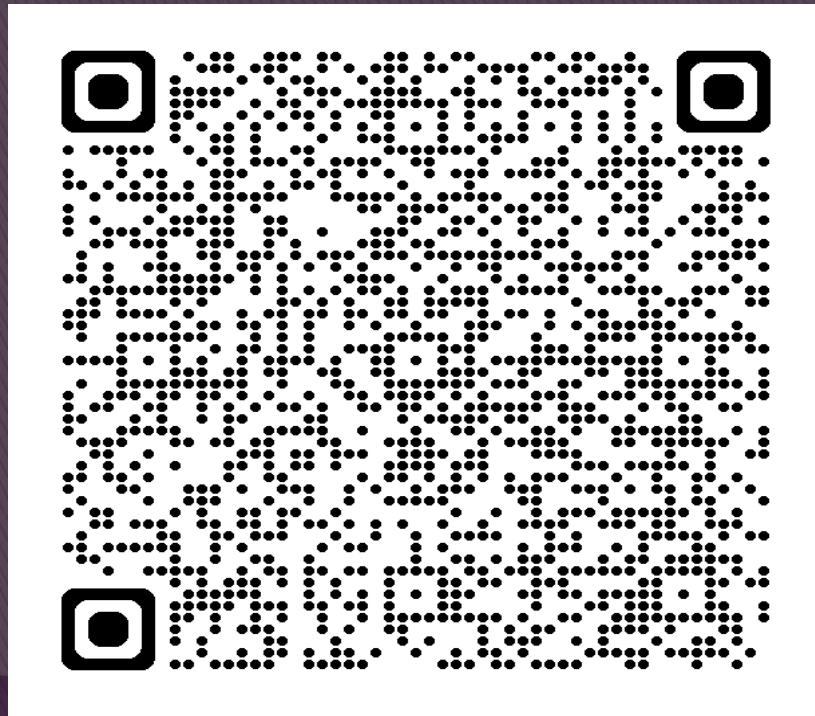


Class of 2030

Freshmen Parent Orientation



To access the SSHS counseling department's Class of 2030 Course Selection Page and this PowerPoint from your phone, please take out your camera phone and focus it on the QR code above

Incoming Freshmen (current 8th graders) Course Selection

[8th grade Parent Night Flyer](#)

[Class of 2030 Parent Night PowerPoint](#)

[Class of 2030 Student PowerPoint Presentation- with Voiceover](#)

[Class of 2030 Student PowerPoint Presentation- without Voiceover](#)

[SSHS 2026-2027 Course Catalog](#)

[Class of 2030 Course Selection and Elective Options Form](#)

[WCSD Graduation Guide \(Diploma Options\)](#)

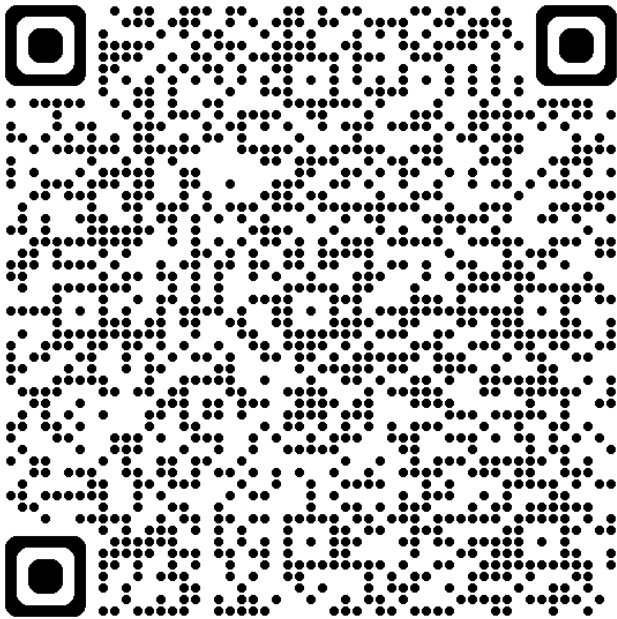
[WCSD Family Guide to Attendance](#)

[Athletic Clearance through Aktivite](#)

[Athletic Clearance Physical Form](#)

[NCAA Guide for the College-Bound Student Athlete 25-26](#)

[SSHS Club Options 25-26](#)



Important Dates

Counselors visit middle schools to discuss course selection:

PINECREST: Wednesday, 3/4/26 8:30-9:30am-Presentation and distribution of Course Selection Sheets

PINECREST: Wednesday, 3/11/26 8:30-9:30am-8th graders meet with SSHS Counselors to turn in course selection sheets

SHAW: Friday, 2/27/26 & Monday, 3/2/26 Video presentation and distribution of course selection sheets during Advisory

SHAW: Tuesday, 3/3/26 11:18-11:48 am-Zoom Q & A with SSHS Counselor

SHAW: Thursday, 3/12/26 7:30-9:30 am-8th graders meet with SSHS Counselors to turn in course selection sheets

SKY RANCH: Tuesday 3/3/26 &/or Wednesday, 3/4/26-Video presentation and distribution of course selection sheets during enrichment

SKY RANCH: Thursday, 3/5/26 11:08-11:39am-Zoom Q & A with SSHS Counselor

SKY RANCH: Tuesday, 3/10/26 8:00-10:30am-8th graders meet with SSHS Counselors to turn in course selection sheets

Just so you know:

Course Selection is the process students go through each year to select their classes for the next school year.

Registration is done on-line by the parent or guardian through the Infinite Campus Parent Portal each year. This is when contact information, health information, etc. is updated for your student(s).

<https://washoenv.infinitecampus.org/campus/portal/parents/washoe.jsp>

Your Online Registration Link for the 2026-27 school year

is in your **Parent Portal** (Primary Household), **Inbox**

<https://washoenv.infinitecampus.org/campus/portal/parents/washoe.jsp>

It is very important to do this now, as early as possible, for WCSD data analysis.

Please keep your child's information current: student's demographic information (addresses and phone numbers), as well as Emergency contacts and Health information.

If you would like assistance, please contact the Office: (775) 425-7733

For assistance in Spanish, please ask to speak with: Cristina Avalos

Thank you for helping make Spanish Springs High School 100% in OLR (Online Registration)



Message Center

Today

Calendar

Assignments

Grades

Grade Book Updates

Attendance

Schedule

Responsive Schedule

Reports

More

More

Assessments



Health



Important Dates



Lockers



Online Registration



WCSD ATTENDANCE POLICY

- ▶ Parents/Guardians are still required to notify the school as to the reason for each absence.
- ▶ Please visit the following website for the most up to date information about the WCSD attendance policy:
<https://www.washoeschools.net/Page/17303>
- ▶ WCSD Family Guide To Attendance:
<https://www.washoeschools.net/fs/resource-manager/view/d0b9abe1-3851-46e2-9360-c10643c393b0>

News from the Clinic

- ▶ Students may carry and self-administer OTC and prescription medications (that are not narcotics and/or controlled substances) provided that the student is responsible enough to do so. Medications carried on the student's person must be in the original container with name and DOB. Only a single dose may be carried by the student at any time. If your student needs to take medications in the clinic, please call and speak with one of our clinic staff.
- ▶ The clinic does not carry any stock medications and cannot dispense any medication (OTC or prescription) to students without a written prescription from a physician.
- ▶ If your student is sick at school, he/she must come to the clinic so they can be signed out appropriately and their attendance documented. If your student doesn't go to the clinic first, you may have to wait while we locate your child.

Rm# _____

DELIVER Yellow copy: 1* / 4* 2* / 5* 3* / 6* 7*

SSHS OFF-CAMPUS PASS

☐

Call in

☐

Walk in

☐

Note

Today's Date

Student Name:

Time Leaving:

Office pickup: Mom Dad Other / Comments:

Drive self/Approved: Mom Dad _Caller ID

Returning: NO YES / Time:

Reason:

☐

Health

☐

Dental

☐

Legal

☐

Other

Comments:

Name of message taker and time taken:

WCSD DIPLOMA TYPES

(The complete chart is on the Class of 2030 website)

Course Title	WCSD Standard (2029-beyond)	State Advanced	College and Career Ready with Endorsement	WCSD Honors	WCSD Honors/ College & Career Ready
English	4.0	4.0	4.0	4.0	4.0
Math (Must include Algebra 1, Geometry & Algebra 2 or equivalent)	3.0	4.0	4.0	4.0 ^A	4.0 ^A
Science	2.0	3.0	3.0	3.0 [†]	3.0 [†]
American Government	0.5	0.5	0.5	0.5	0.5
Economics and Personal Finance	0.5	0.5	0.5	0.5	0.5
U.S. History	1.0	1.0	1.0	1.0	1.0
World History/World Geography	1.0	1.0	1.0	1.0	1.0
PE	2.0	2.0	2.0	2.0	2.0
Arts/Humanities/CTE	1.0	1.0	1.0	1.0	1.0
Computer Literacy	0.5	0.5	0.5	0.5	0.5
Health	0.5	0.5	0.5	0.5	0.5
World Language	-0-	-0-	-0-	2.0*	2.0*
Electives	5.0	6.0	6.0	4.0	4.0
Flex Credit	2.0**	0	0	0	0
TOTALS	23.0	24.0	24.0	24.0	24.0
# of Honors Credits				8	8
Required Cumulative GPA		3.25 on a 4.0 scale (no rounding)	3.25 on a 4.0 scale (no rounding)	3.40 on a 4.0 scale (no rounding)	3.40 on a 4.0 scale (no rounding)

Freshman Course Requirements

- ▶ English

 - English 1-2

 - English 1-2 (Honors)

- ▶ Math

 - Algebra 1

 - Geometry 1-2

 - Formal Geometry 1-2 (Honors)

- ▶ Science

 - Biology 1-2

 - Biology 1-2 (Honors)

Math Placement

If your student is currently taking Algebra 1, doing well, and receives a middle school Algebra teacher recommendation – **Formal Geometry**

If your student is currently taking Algebra 1 and is struggling, we recommend – **Algebra 1**

If your student is taking Math 8 – **Algebra 1**

If your student is on an IEP, their case manager will recommend the appropriate math course

Our Math Recommendations:

Traditional

Freshmen (Grade 9):
Algebra 1

Sophomore (Grade 10):
Geometry 1-2 or
Formal Geometry*

Junior (Grade 11):
Algebra 2 or Algebra 2 STEM*

Senior (Grade 12):
Trig./Pre-Calc.*,
Pre-College Math or
Prob/Stats

Honors

▶ Freshmen (Grade 9):
Geometry 1-2 or
Formal Geometry*

▶ Sophomore (Grade 10):
Algebra 2 or Algebra 2 STEM*

▶ Junior (Grade 11):
Trig/Pre-Calc.*

▶ Senior (Grade 12):
Math 126/127 (dual credit),
AP Calculus* or
Stats 152 (Dual Credit)*

Our English Recommendations:

Traditional

Freshmen (Grade 9):
English 1-2

Sophomore (Grade 10):
English 3-4

Junior (Grade 11):
English 5-6

Senior (Grade 12):
English 7-8

Honors

Freshmen (Grade 9):
Honors English 1-2*

Sophomore (Grade 10):
Honors English 3-4*

Junior (Grade 11):
Honors English 5-6*
English 101
(year long dual credit course)*

Senior (Grade 12):
Psychology in Literature (H)*
English 102
(year long dual credit course)*

Recommended Freshman Courses

- ▶ PE: 4 semesters of PE are required
 - 9th grade options: 9th grade PE; Lifetime Fitness; Power Walking; Athletic Weights

PE Exemptions can be earned for:

Military Science (up to four pe exemptions)

Marching band (up to four pe exemptions-fall semester only)

Completing a season of a school sport (up to four exemptions total for athletics)

Computer Literacy & Health Graduation Requirements

The following courses will satisfy the computer literacy requirement:

8344 Computer Science and Applications (one semester)

36101/36102 Adv. Computer Science I (must pass both semesters)

The following courses will satisfy the health requirement:

5311 Health (one semester)

34201/34202 Principles of Health Science
(must pass both semesters)

Students who take three years of Military Science will earn Health credit after successfully completing the third year (fall & spring semesters).

Student Name (please print) _____ Due Date _____

Freshman Course Request 2026-2027

Required Courses

English (full year class) - you must choose one

- ☐ (1201-1202) English 1 - 2
☐ (1203-1204) Honors English 1 - 2* _____
☐ Other _____

Current English teacher signature: _____

MATH PLACEMENT: *Admission into Formal Geometry

is based on student's previous performance in addition to teacher recommendation, student's desire to learn, and work ethic.

Successful completion of all semesters of Algebra 1 is required.

*If student is in Algebra 1 now and struggling we recommend repeating Algebra 1.

*Students currently taking 8th grade Math will be enrolled in Algebra 1.

*If your student is taking a course not listed above, case manager will suggest appropriate course.

Math (full year class) - you must choose one

- ☐ (2201-2202) Algebra 1 S1-S2
☐ (2211-2212) Geometry 1 - 2*
☐ (2215-2216) Formal Geometry 1 - 2* _____
☐ Other _____

Current math teacher signature: _____

Science (full year class) - you must choose one

- ☐ (3141-3142) Biology 1 - 2
☐ (3143-3144) Biology 1-2 (H) _____

Current science teacher signature: _____

Recommended Courses

For more information please go to the SSHS website:

<https://spanishspringshs.washoeschools.net/>

Click on "Academics" then "Counseling/College & Careers"

then "Counseling" then "2026-2027 Course Selection Information"

CLASS OF 2030 CS WEBPAGE

26-27 COURSE CATALOG



Computer Literacy/Health

- ☐ (8344) Computer Science and Apps
☐ (5311) Health

Physical Education

- ☐ 1st semester (_____) _____
☐ 2nd semester (_____) _____

*See reverse for information on band and Mil. Sci. PE exemptions

Arts, Humanities, CTE (Career & Technical Education)

- ☐ 1st semester (_____) _____
☐ 2nd semester (_____) _____

Elective Courses

Freshmen must be enrolled in a minimum of seven (7) classes. The courses listed below will be used to complete your schedule in the order you place them. Every effort will be made to give you your first choices.

Elective/Arts/Humanities/CTE Courses (1st semester)

Elective/Arts/Humanities/CTE Courses (2nd semester)

1st Choice: Fall (_____) _____ Spring (_____) _____

2nd Choice: Fall (_____) _____ Spring (_____) _____

3rd Choice: Fall (_____) _____ Spring (_____) _____

4th Choice: Fall (_____) _____ Spring (_____) _____

*You must choose 4 elective classes for each semester as some of your choices may not be available.

*All CTE (Career & Technical Education) courses are open to all incoming 9th graders. WCHS High School no longer have "Signature Academies".

Parent/Guardian Contact Information

Parent/Guardian Name: _____ Cell/Contact Phone #: _____

Email Address (please print legibly) _____

Parent/Guardian Signature _____

The courses listed above will be used to create your class schedule.

Consider your choices carefully as changes will NOT be made unless placement level is incorrect.

2026-2027 Freshman Recommended & Elective Course Options

Physical Education Options:

(5101-5102) PE-9th grade only
(5253-5254) Lifetime Fitness
(5141-5142) Power Walking
(5215-5216) Athletic Weights
(must try out for a Spanish Springs HS sports team)

Arts, Humanities, CTE Options:

(Can also be taken for elective credit)

(6107 or 6108) Foundations in Art (Semester)
(6718) Beginning Guitar (Semester)
(6105) Intro Interior Design (Semester)
(8019) Intro Digital Photography (Semester)
(6223) Video Game Design (Semester)
(1409-1410) Journalism (Year)
(6411-6412) Speech and Debate (Year)
(6111-6112) Art 1-2 (Year)
(6131-6132) Ceramics (Year)
(6501-6502) Theater 1-2 (Year)
(6506-6513) Musical Theatre Workshop (Year)
(6467-6468) Technical Theater (Year)
(6801-6802) Concert Choir (Year)
(6641-6642) Concert Orchestra (Year)
(6705-6706) Marching Band (Year)*
(6647-6648) Symphonic Band (Year)
(6715-6716) Percussion (Year)
(6707-6708) Jazz Band (Year)
(6751-6752) Color Guard (Year)
(33901-33902) Military Science I (Year)**
(35201-35202) Family Consumer Science I (Year)
(33701-33702) Teaching & Training I (Year)
(34201-34202) Principles of Health Science (Year)***
(39101-39102) Auto I (Year)
(33101-33102) Principles of Business Marketing (Year)
(36201-36202) Cybersecurity I (Year)
(32301-32302) Multimedia Comm I (Year)
(32101-32102) Graphic Design I (Year)
(32601-32602) Video Production I (Year)
(36501-36502) Web Design I (Year)
(36101-36102) Adv. Computer Science I (Year)****

*Students will receive a PE exemption for each Fall Semester of Marching Band they successfully complete.

**Students will receive a PE exemption for each semester of Military Science they successfully complete.

***Successful completion of both semesters will satisfy the health requirement for graduation.

****Successful completion of both semesters will satisfy the computer literacy requirement for graduation.

Elective Options:

(4611-4612) Spanish 1-2 (Year)
(4613-4614) Spanish 3-4 (Year)
(4771-4772) Paiute 1-2 (Year)
(2029-2030) Algebra 1 Support (Year)

CTE (Career & Technical Education) For All

Important Update from WCSD:

Zone High Schools have transitioned from "Signature Academies" to "CTE for All". Beginning with the 2025-26 school year, Washoe County School District sunset the Signature Academy model and has transitioned to a "CTE for All" approach.

This shift makes more high-quality Career & Technical Education (CTE) programs accessible to all students across our traditional high schools, without the need for a Signature designation or application process.

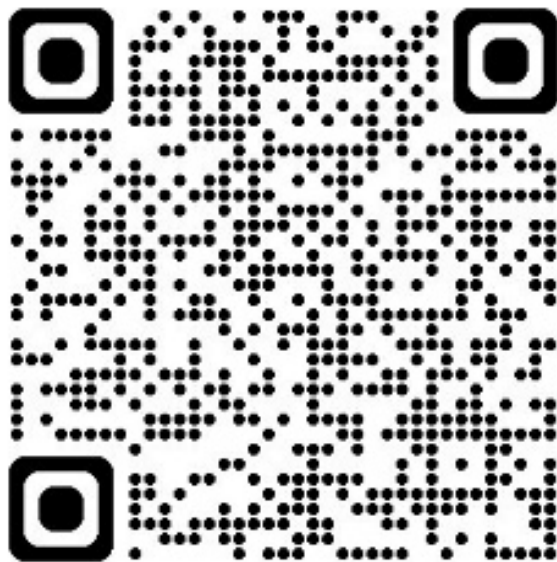
What's Changing?

The terms "Signature Academy" and/or "Signature Programs" will no longer be used.

Our two Career Academies—Academy of Arts, Careers & Technology (AACT) and Debbie Smith Career & Technical Academy—will continue to have an application process for incoming 9th graders.

All CTE programs at traditional zone high schools will follow each school's standard course registration process in the spring.

(1101-1102) English Support (Year)
(8301) Personal Finance (Semester)
(1502) Sports Literature (Semester)
(4257) History Through Film (Semester)



Course Catalog

[26-27 SSHS Information and Academic Policies](#)

[25-26 WCSD District Policies and Procedures](#)

[26-27 WCSD District Policies and Procedures](#)

[Career and Technical Education](#)

[English](#)

[Fine Arts](#)

[Mathematics](#)

[Military Science](#)

[Physical Education and Health](#)

[Science](#)

[Social Studies](#)

[Special Education](#)

[World Languages](#)

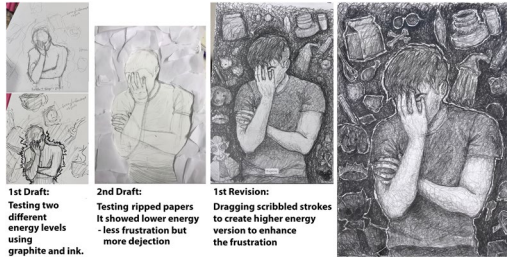
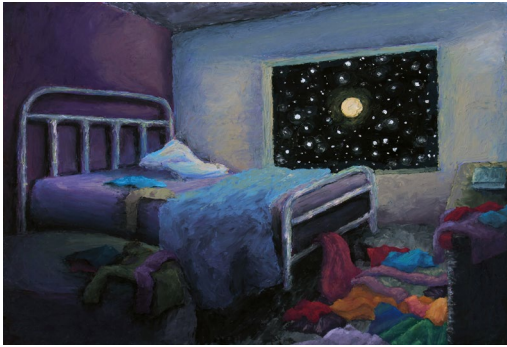
[English Learners \(EL\)](#)

[Miscellaneous Courses](#)

[Zero Period Options](#)

AP DRAWING PORTFOLIO

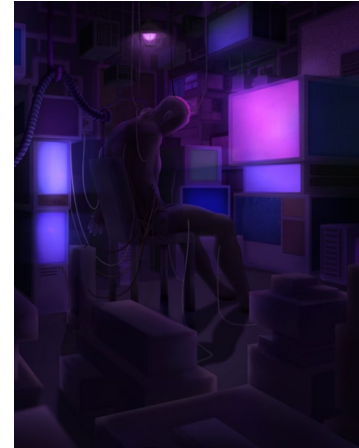
- SSHS 2023-2024 Student Work



1st Draft:
Testing two
different
energy levels
using
graphite and ink.

2nd Draft:
Testing ripped papers
It showed lower energy
- less frustration but
more dejection

1st Revision:
Dragging scribbled strokes
to create higher energy
version to enhance the
frustration





Join Choir

Sign up for Concert Choir
No Audition

Sign up for Advanced Choir
AND audition by March 13

60 second solo with background track

Talk to choir students at the choir table to get more info





Join Orchestra



Sign up for
Concert Orchestra

--

No audition needed



Family and Consumer Sciences:

*The PEOPLE-CENTERED
Science
focused on the art of living and
working well in our complex
world.*

Empowering Individuals

Enhancing Families

Engaging Communities

➤ Through research, experiential education, and technology, we help students develop the essential knowledge and skills to:

Lead better lives • Be work and career ready • Build strong families
• Make meaningful contributions to our communities.

➤ Our primary areas of focus include:

• Culinary arts, hospitality, and tourism • Food science and nutrition • Health management and wellness • Housing and interior design • Human/child development and family relations • Personal and family finance • Textiles, apparel, and retailing.

➤ Sustainable practices, consumerism, and leadership principles are woven throughout the content areas.

The Course of study includes
Levels 1, 2 and Advanced
Studies



Automotive Technology Spanish Springs HS



1. Nationally Ranked Rifle Team (Air Rifles)
2. Nationally Ranked Fitness Team (Raider Team)
3. Nationally Ranked Drill Team (Marching)
4. New Drone Team
5. PE and Health Credit
6. Honors Credit
7. Counts as the required flex credit

It is fun and challenging. Sign up for MIL SCI I

SSHS JROTC Cougar Battalion



Spanish Springs Girls' Soccer

Preseason: 7/20, 7/21, 7/22, 7/27, 7/28, 7/29

Time: 8-10 AM

Location: Shaw Middle School

Tryouts: 8/3-8/4

Time: 8:00-10:30 AM

Location: Shaw Middle School

Contacto Info:
Coach Joshi
raul889@gmail.com





No Cuts

**No competitive
swim experience
needed**

Swim and Dive Team

**California
Trip**



Varsity Spring Sport



SPANISH SPRINGS LACROSSE

Girls Head Coach: Paul Axley (paulaxley@yahoo.com)

Boys Head Coach: Ray Alano (bvrjns55@aol.com)





SPANISH SPRINGS TENNIS



2025 GIRLS PROGRAM



- 1st in league and region (2nd year in a row)
- State runner up (2024 state champs)
- Everyone makes the team! There are no cuts



SPANISH SPRINGS TENNIS



2025 BOYS PROGRAM



- 2nd in league and region (1st in league/region in 2024)
- Top 4 in team in the state (Out of 38 teams)
- Everyone makes the team! There are no cuts

Contact Mr. or Mrs. Louton
for more details!

Strike Up Some Fun and Bowl



- Join the BOWLING TEAM!!!!
- Make new friends
- Good competition
- Matches Verse all High Schools
- High School Lettering
- Scholarships
- Medals at the end of the year
- Pizza Parties



SSHS Sports Clearance

- ❖ If your student plans to play a sport for SSHS in 9th grade, please register them on the “Aktivate” website and list all sports they plan to participate in: www.registermyathlete.com. Registration for the 26/27 school year begins May 1st.
- ❖ Once the online sports registration with “Aktivate” has been done, complete the “Preparticipation Physical Evaluation” with your healthcare provider and upload the LAST PAGE to “Aktivate”.
- ❖ Please contact the SSHS athletic secretary, Kelly Deen, if you have any questions at: 775-321-3945 or Kelly.Deen@washoeschools.net

DO NOT SHARE this form with schools or sports organizations. It should be placed into the athlete's medical file.

The Medical Eligibility Form (PAGE 7) is the only form that should be submitted to a school or sports organization.

Disclaimer: Athletes who have a current Preparticipation Physical Evaluation (per state and local guidance) on file should not need to complete another history form.

■ PREPARTICIPATION PHYSICAL EVALUATION (Interim Guidance)

HISTORY FORM

Note: Complete and sign this form (with your parents if younger than 18) before your appointment.

Name: _____ Date of birth: _____

Date of examination: _____ Sport(s): _____

Birth Sex (M/F): _____ Differences of Sex Development (DSD) Y/N: _____ Comment: _____

List past and current medical conditions. _____

Have you ever had surgery? If yes, list all past surgical procedures. _____

Medicines and supplements: List all current prescriptions, over-the-counter medicines, and supplements (herbal and nutritional). _____

Do you have any allergies? If yes, please list all your allergies (ie, medicines, pollens, food, stinging insects). _____

Patient Health Questionnaire Version 4 (PHQ-4)

Over the last 2 weeks, how often have you been bothered by any of the following problems? (Circle response.)

	Not at all	Several days	Over half the days	Nearly every day
Feeling nervous, anxious, or on edge	0	1	2	3
Not being able to stop or control worrying	0	1	2	3
Little interest or pleasure in doing things	0	1	2	3
Feeling down, depressed, or hopeless	0	1	2	3

[A sum of >3 is considered positive on either subscale [questions 1 and 2, or questions 3 and 4] for screening purposes.]

GENERAL QUESTIONS

(Explain "Yes" answers at the end of this form.)

Circle questions if you don't know the answer.)

	Yes	No
1. Do you have any concerns that you would like to discuss with your provider?		
2. Has a provider ever denied or restricted your participation in sports for any reason?		
3. Do you have any ongoing medical issues or recent illness?		
HEART HEALTH QUESTIONS ABOUT YOU	Yes	No
4. Have you ever passed out or nearly passed out during or after exercise?		
5. Have you ever had discomfort, pain, tightness, or pressure in your chest during exercise?		
6. Does your heart ever race, flutter in your chest, or skip beats (irregular beats) during exercise?		
7. Has a doctor ever told you that you have any heart problems?		
8. Has a doctor ever requested a test for your heart? For example, electrocardiography (ECG) or echocardiography.		

HEART HEALTH QUESTIONS ABOUT YOU (CONTINUED)

	Yes	No
9. Do you get light-headed or feel shorter of breath than your friends during exercise?		
10. Have you ever had a seizure?		
HEART HEALTH QUESTIONS ABOUT YOUR FAMILY	Yes	No
11. Has any family member or relative died of heart problems or had an unexpected or unexplained sudden death before age 35 years (including drowning or unexplained car crash)?		
12. Does anyone in your family have a genetic heart problem such as hypertrophic cardiomyopathy (HCM), Marfan syndrome, arrhythmogenic right ventricular cardiomyopathy (ARVC), long QT syndrome (LQTS), short QT syndrome (SQTs), Brugada syndrome, or catecholaminergic polymorphic ventricular tachycardia (CPVT)?		
13. Has anyone in your family had a pacemaker or an implanted defibrillator before age 35?		

SSHS Sports - Boys

Fall

- **Cross-Country, Football, Soccer, Tennis**

Winter

- **Basketball, Rifle, Ski, Wrestling**

Spring

- **Baseball, Golf, Swimming, Track & Field,
Lacrosse**

SSHS Sports - Girls

Fall

- **Cheer, Cross-Country, Golf, Tennis, Soccer, Volleyball**

Winter

- **Cheer, Basketball, Rifle, Ski, Wrestling**

Spring

- **Softball, Swimming, Track and Field, Lacrosse**

NCAA ELIGIBILITY

(National Collegiate Athletic Association)

IMPORTANT NOTES for future Division I or Division II intercollegiate athletes:

- **It is the responsibility of the student and his/her family to assure any dual credit classes, correspondence courses or independent study classes meet NCAA core requirements**
- Grade point average (GPA) of at least 2.3 in a core curriculum of 16 designated academic subjects for Division I or Division II
- **Courses taken in eighth grade may not be used to satisfy the core curriculum requirements, regardless of the course content or level.** All core course requirements must be completed prior to high school graduation

The Eligibility Center web address: NCAA Eligibility Center

NCAA website: NCAA.org - Official Athletics Website

MILLENNIUM SCHOLARSHIP

http://www.nevadatreasurer.gov/GGMS/GGMS_Home/

1. Graduate with a diploma from a Nevada public or private high school
2. Weighted GPA of at least 3.25. (GPA is calculated using all high school credit granting courses and is not rounded)
3. Nevada resident for at least two years of high school
4. Successfully complete the following curriculum in high school to be eligible for the Millennium Scholarship:

English - 4 Units

Math (including Algebra II) - 4 Units

Science - 3 Units

History - 3 Units

TOTAL 14 Units

SSHS Counselors

Jill Anderson

Last Name A - Chq

Angie Goss

Last Name Chr - Gol

Devan Bartmus

Last Name Gom - Lal

Niki Harris

Last Name Lam - Orn

Shelby Gonzales

Last Name Orm - Smh

Tarin Myers

Last Name Smi - Z

Thank you and have a great evening!

If you haven't already done so, please visit the various
booths in the hallways and the commons area.

Course Catalog



Class of 2030
Counseling Page

