

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
<b>2025 FALL HS Express Monday - ServingDate: 03/02/2026</b>																			
Cheeseburger - TR1897 (1 ea.)	25	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	45	370.00	10.00	1.50	0.00	50.00	830.00	46.00	5.00	4.00	4.00	23.00	2.08	136.00	200.00	0.00	0.00	0.00	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	4	452.00	8.70	4.25	0.00	20.00	381.00	84.50	7.00	52.50	11.00(M)	13.50	2.07	550.00	350.00	37.20	0.00(M)	47.00(M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	5	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	1	308.98	11.00	5.50	0.00	31.80	558.97	32.86	2.60	6.00	2.13	18.80	1.64	465.88	523.97	0.00	0.04	103.79	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	20	420.60	12.59	1.76	0.00	64.70	778.92	50.35	4.35	5.18	4.00(M)	27.35	2.27	139.53	0.00	0.00	0.00(M)	494.11(M)	0.00(M)
Baby Carrots & Ranch - TR1627 (1/2 c.)	25	201.35	19.00	3.00	0.00	0.00	376.98	7.13	1.71	3.56	0.00(M)	1.00	0.61	47.08	8114.57	2.05	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	80	190.47	5.71	0.00	0.00	0.00	323.80	28.57	3.81	0.00	(M)	3.81	0.69	0.00	0.00	6.86	(M)	399.99	0.00
Granny Smith Apple - TR1054 (1 ea.)	20	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Peaches - TR1505 (1/2 c.)	40	65.00	0.00	0.00	0.00	0.00	5.42	15.17	1.08	14.08	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Signature Fruit Cup - TR2043 (1 ea.)	50	0.25	0.00	0.00	0.00	0.00	0.14	0.06	0.00	0.04	0.01(M)	0.01	0.00	0.23	0.17	0.00	0.00(M)	0.26(M)	1.93(M)
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	60	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 Carton)	20	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	15	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
 Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Ash (g)
<b>2025 FALL HS Express Monday - ServingDate: 03/02/2026</b>	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	0.00(M)
Baby Carrots & Ranch - TR1627 (1/2 c.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Peaches - TR1505 (1/2 c.)	0.00(M)
Signature Fruit Cup - TR2043 (1 ea.)	0.00(M)
Lactaid Milk - TR1367 (1 Carton)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	(M)
Texas 1% White Milk - TR1035 (1 Carton)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2025 FALL HS Express Monday - ServingDate: 03/02/2026</b>																				
Ketchup - TR1088 (2 ea.)	25	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2025 FALL HS Express Tuesday - ServingDate: 03/03/2026</b>																				
Chicken Popper Ranch Salad - TR1920 (1 ea.)	4	746.45	36.08	6.77	0.00	51.59	1336.78	80.22	8.78	34.67	0.00(M)	28.74	9.63	207.03	3940.67	14.95	0.00(M)	0.00(M)	0.00(M)	
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	40	246.45	11.60	2.17	0.00	57.99	608.88	15.95	1.45	2.90	1.45	20.30	1.04	0.00	0.00	0.00	0.00	545.09	0.00	
Chicken Mega Mini Bites - TR1462 (10 ea.)	40	259.14	11.96	2.49	0.00	54.82	488.37	13.95	1.99	1.00	(M)	22.92	1.44	0.00	0.00	0.00	(M)	(M)	0.00	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	15	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Toasted Cheese Sandwich - TR1491 (1 ea.)	1	308.98	11.00	5.50	0.00	31.80	558.97	32.86	2.60	6.00	2.13	18.80	1.64	465.88	523.97	0.00	0.04	103.79	0.00	
Breadstick Garlic 1g (24Oct) - TR1655 (1 stick.)	80	100.00	3.50	0.50	0.00	0.00	95.00	15.00	1.00	1.00	1.00	1.00	0.90	0.00	0.00	0.00	0.00	100.11	0.00	
Celery & Bean Dip - TR1605 (1 pkg.)	20	137.45	2.25	0.00	0.00	0.00	354.78	19.75	7.75	1.75	0.00(M)	4.50	1.62	64.89	348.92	2.09	0.00(M)	13.39 (M)	0.00(M)	
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)	
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)	
Wedge Fries - TR1529 (3 oz.)	80	163.40	4.90	0.82	0.00	0.00	277.77	24.51	0.00	0.00	0.00	1.63	0.59	0.00	163.40	5.88	(M)	(M)	(M)	
Banana - TR1056 (1 ea.)	40	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00	
Chilled Pears - TR1508 (1/2 c.)	35	65.00	0.00	0.00	0.00	0.00	5.42	13.00	2.17	13.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00	

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Site: ALL  
Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Ash (g)
<b>2025 FALL HS Express Monday - ServingDate: 03/02/2026</b>	
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
<b>2025 FALL HS Express Tuesday - ServingDate: 03/03/2026</b>	
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	0.00
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	0.00
Celery & Bean Dip - TR1605 (1 pkg.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	(M)
Banana - TR1056 (1 ea.)	0.00
Chilled Pears - TR1508 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 Carton)	0.00

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2025 FALL HS Express Tuesday - ServingDate: 03/03/2026</b>																			
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	60	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 Carton)	20	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	50	60.10	4.51	0.50	0.00	5.01	140.25	5.01	0.00	2.00	2.00	0.00	0.00	10.02	0.00	1.20	0.00	110.17	0.00
<b>2025 FALL HS Express Wednesday - ServingDate: 03/04/2026</b>																			
Cheeseburger - TR1897 (1 ea.)	20	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)
Chicken Popper Ranch Salad - TR1920 (1 ea.)	4	746.45	36.08	6.77	0.00	51.59	1336.78	80.22	8.78	34.67	0.00(M)	28.74	9.63	207.03	3940.67	14.95	0.00(M)	0.00(M)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	30	370.00	10.00	1.50	0.00	50.00	830.00	46.00	5.00	4.00	4.00	23.00	2.08	136.00	200.00	0.00	0.00	0.00	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	15	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	1	308.98	11.00	5.50	0.00	31.80	558.97	32.86	2.60	6.00	2.13	18.80	1.64	465.88	523.97	0.00	0.04	103.79	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	30	420.60	12.59	1.76	0.00	64.70	778.92	50.35	4.35	5.18	4.00(M)	27.35	2.27	139.53	0.00	0.00	0.00(M)	494.11(M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Fresh Broccoli & Ranch - TR1629 (1/2 c.)	20	195.50	19.00	3.00	0.00	0.00	345.00	5.00	1.00	1.75	0.00(M)	2.25	0.35	51.50	283.50	40.50	0.00(M)	0.00(M)	0.00(M)
Sweet Potato Fries - TR1740 (3 oz.)	75	207.12	9.71	1.29	0.00	0.00	271.84	29.77	5.18	3.88	0.00	3.88	0.47	51.78	5825.15	0.00	0.00	0.00	0.00
Red Delicious Apple - TR1055 (1 ea.)	30	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
 Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Ash (g)
<b>2025 FALL HS Express Tuesday - ServingDate: 03/03/2026</b>	
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	(M)
Texas 1% White Milk - TR1035 (1 Carton)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	0.00
<b>2025 FALL HS Express WednesdaY - ServingDate: 03/04/2026</b>	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Fresh Broccoli & Ranch - TR1629 (1/2 c.)	0.00(M)
Sweet Potato Fries - TR1740 (3 oz.)	0.00
Red Delicious Apple - TR1055 (1 ea.)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2025 FALL HS Express Wednesday - ServingDate: 03/04/2026</b>																				
Chilled Applesauce - TR1503 (1/2 c.)	35	57.65	0.00	0.00	0.00	0.00	2.26	15.83	1.13	12.44	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	25	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00	
Signature Fruit Cup - TR2043 (1 ea.)	30	0.25	0.00	0.00	0.00	0.00	0.14	0.06	0.00	0.04	0.01(M)	0.01	0.00	0.23	0.17	0.00	0.00(M)	0.26(M)	1.93(M)	
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00	
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	60	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Texas 1% White Milk - TR1035 (1 Carton)	20	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	25	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)	
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2025 FALL HS Express Thursday - ServingDate: 03/05/2026</b>																				
Cheeseburger - TR1897 (1 ea.)	20	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)	
Chicken Popper Ranch Salad - TR1920 (1 ea.)	4	746.45	36.08	6.77	0.00	51.59	1336.78	80.22	8.78	34.67	0.00(M)	28.74	9.63	207.03	3940.67	14.95	0.00(M)	0.00(M)	0.00(M)	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	15	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Toasted Cheese Sandwich - TR1491 (1 ea.)	1	308.98	11.00	5.50	0.00	31.80	558.97	32.86	2.60	6.00	2.13	18.80	1.64	465.88	523.97	0.00	0.04	103.79	0.00	
Spicy Chicken Wings (Premium Plus) - TR1455 (1 Basket)	30	691.90	48.25	12.18	0.00	236.10	991.31	27.48	2.00	2.00	1.00(M)	36.79	1.40	32.37	0.00	0.00	0.10(M)	840.61(M)	0.00(M)	
Chicken Wings (Premium Plus) - TR1454 (1 Basket)	30	691.90	48.25	12.18	0.00	236.10	791.31	27.48	2.00	2.00	1.00	36.79	1.40	32.37	0.00	0.00	0.10	840.61	0.00	

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
 Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Ash (g)
<b>2025 FALL HS Express Wednesday - ServingDate: 03/04/2026</b>	
Chilled Applesauce - TR1503 (1/2 c.)	0.00(M)
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Signature Fruit Cup - TR2043 (1 ea.)	0.00(M)
Lactaid Milk - TR1367 (1 Carton)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	(M)
Texas 1% White Milk - TR1035 (1 Carton)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
<b>2025 FALL HS Express Thursday - ServingDate: 03/05/2026</b>	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	0.00
Spicy Chicken Wings (Premium Plus) - TR1455 (1 Basket)	0.00(M)
Chicken Wings (Premium Plus) - TR1454 (1 Basket)	0.00

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2025 FALL HS Express Thursday - ServingDate: 03/05/2026</b>																			
Celery & Bean Dip - TR1605 (1 pkg.)	10	137.45	2.25	0.00	0.00	0.00	354.78	19.75	7.75	1.75	0.00(M)	4.50	1.62	64.89	348.92	2.09	0.00(M)	13.39 (M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	75	190.47	5.71	0.00	0.00	0.00	323.80	28.57	3.81	0.00	(M)	3.81	0.69	0.00	0.00	6.86	(M)	399.99	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	35	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	60	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 Carton)	20	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	20	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	70	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	50	60.10	4.51	0.50	0.00	5.01	140.25	5.01	0.00	2.00	2.00	0.00	0.00	10.02	0.00	1.20	0.00	110.17	0.00
<b>2025 FALL HS Express Friday - ServingDate: 03/06/2026</b>																			
Cheeseburger - TR1897 (1 ea.)	30	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)
Chicken Popper Ranch Salad - TR1920 (1 ea.)	4	746.45	36.08	6.77	0.00	51.59	1336.78	80.22	8.78	34.67	0.00(M)	28.74	9.63	207.03	3940.67	14.95	0.00(M)	0.00(M)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	25	370.00	10.00	1.50	0.00	50.00	830.00	46.00	5.00	4.00	4.00	23.00	2.08	136.00	200.00	0.00	0.00	0.00	0.00

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
 Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Ash (g)
<b>2025 FALL HS Express Thursday - ServingDate: 03/05/2026</b>	
Celery & Bean Dip - TR1605 (1 pkg.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 Carton)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	(M)
Texas 1% White Milk - TR1035 (1 Carton)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	0.00
<b>2025 FALL HS Express Friday - ServingDate: 03/06/2026</b>	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	0.00

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2025 FALL HS Express Friday - ServingDate: 03/06/2026</b>																			
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	15	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	1	308.98	11.00	5.50	0.00	31.80	558.97	32.86	2.60	6.00	2.13	18.80	1.64	465.88	523.97	0.00	0.04	103.79	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	25	420.60	12.59	1.76	0.00	64.70	778.92	50.35	4.35	5.18	4.00(M)	27.35	2.27	139.53	0.00	0.00	0.00(M)	494.11 (M)	0.00(M)
Baby Carrots & Ranch - TR1627 (1/2 c.)	20	201.35	19.00	3.00	0.00	0.00	376.98	7.13	1.71	3.56	0.00(M)	1.00	0.61	47.08	8114.57	2.05	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	75	163.40	4.90	0.82	0.00	0.00	277.77	24.51	0.00	0.00	0.00	1.63	0.59	0.00	163.40	5.88	(M)	(M)	(M)
Granny Smith Apple - TR1054 (1 ea.)	20	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Peaches - TR1504 (1/2 c.)	35	67.83	0.00	0.00	0.00	0.00	11.30	15.83	0.00	12.44	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	60	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 Carton)	20	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	25	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	70	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
 Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Ash (g)
<b>2025 FALL HS Express Friday - ServingDate: 03/06/2026</b>	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	0.00(M)
Baby Carrots & Ranch - TR1627 (1/2 c.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Peaches - TR1504 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 Carton)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	(M)
Texas 1% White Milk - TR1035 (1 Carton)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2025 FALL HS Express Tuesday - ServingDate: 03/17/2026</b>																			
Chicken Popper Ranch Salad - TR1920 (1 ea.)	4	746.45	36.08	6.77	0.00	51.59	1336.78	80.22	8.78	34.67	0.00(M)	28.74	9.63	207.03	3940.67	14.95	0.00(M)	0.00(M)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	40	246.45	11.60	2.17	0.00	57.99	608.88	15.95	1.45	2.90	1.45	20.30	1.04	0.00	0.00	0.00	0.00	545.09	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	40	259.14	11.96	2.49	0.00	54.82	488.37	13.95	1.99	1.00	(M)	22.92	1.44	0.00	0.00	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	15	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	1	308.98	11.00	5.50	0.00	31.80	558.97	32.86	2.60	6.00	2.13	18.80	1.64	465.88	523.97	0.00	0.04	103.79	0.00
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	80	100.00	3.50	0.50	0.00	0.00	95.00	15.00	1.00	1.00	1.00	1.00	0.90	0.00	0.00	0.00	0.00	100.11	0.00
Celery & Bean Dip - TR1605 (1 pkg.)	20	137.45	2.25	0.00	0.00	0.00	354.78	19.75	7.75	1.75	0.00(M)	4.50	1.62	64.89	348.92	2.09	0.00(M)	13.39(M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	80	163.40	4.90	0.82	0.00	0.00	277.77	24.51	0.00	0.00	0.00	1.63	0.59	0.00	163.40	5.88	(M)	(M)	(M)
Banana - TR1056 (1 ea.)	40	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
Chilled Pears - TR1508 (1/2 c.)	35	65.00	0.00	0.00	0.00	0.00	5.42	13.00	2.17	13.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	60	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 Carton)	20	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	50	60.10	4.51	0.50	0.00	5.01	140.25	5.01	0.00	2.00	2.00	0.00	0.00	10.02	0.00	1.20	0.00	110.17	0.00

## Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL

Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Ash (g)
<b>2025 FALL HS Express Tuesday - ServingDate: 03/17/2026</b>	
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	0.00
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	0.00
Celery & Bean Dip - TR1605 (1 pkg.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	(M)
Banana - TR1056 (1 ea.)	0.00
Chilled Pears - TR1508 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 Carton)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	(M)
Texas 1% White Milk - TR1035 (1 Carton)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	0.00

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2025 FALL HS Express Wednesday - ServingDate: 03/18/2026</b>																			
Cheeseburger - TR1897 (1 ea.)	20	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)
Chicken Popper Ranch Salad - TR1920 (1 ea.)	4	746.45	36.08	6.77	0.00	51.59	1336.78	80.22	8.78	34.67	0.00(M)	28.74	9.63	207.03	3940.67	14.95	0.00(M)	0.00(M)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	30	370.00	10.00	1.50	0.00	50.00	830.00	46.00	5.00	4.00	4.00	23.00	2.08	136.00	200.00	0.00	0.00	0.00	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	15	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	1	308.98	11.00	5.50	0.00	31.80	558.97	32.86	2.60	6.00	2.13	18.80	1.64	465.88	523.97	0.00	0.04	103.79	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	30	420.60	12.59	1.76	0.00	64.70	778.92	50.35	4.35	5.18	4.00(M)	27.35	2.27	139.53	0.00	0.00	0.00(M)	494.11(M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Fresh Broccoli & Ranch - TR1629 (1/2 c.)	20	195.50	19.00	3.00	0.00	0.00	345.00	5.00	1.00	1.75	0.00(M)	2.25	0.35	51.50	283.50	40.50	0.00(M)	0.00(M)	0.00(M)
Sweet Potato Fries - TR1740 (3 oz.)	75	207.12	9.71	1.29	0.00	0.00	271.84	29.77	5.18	3.88	0.00	3.88	0.47	51.78	5825.15	0.00	0.00	0.00	0.00
Red Delicious Apple - TR1055 (1 ea.)	30	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	35	57.65	0.00	0.00	0.00	0.00	2.26	15.83	1.13	12.44	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	25	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00
Signature Fruit Cup - TR2043 (1 ea.)	30	0.25	0.00	0.00	0.00	0.00	0.14	0.06	0.00	0.04	0.01(M)	0.01	0.00	0.23	0.17	0.00	0.00(M)	0.26(M)	1.93(M)
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	60	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 Carton)	20	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
 Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Ash (g)
<b>2025 FALL HS Express WednesdaY - ServingDate: 03/18/2026</b>	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Fresh Broccoli & Ranch - TR1629 (1/2 c.)	0.00(M)
Sweet Potato Fries - TR1740 (3 oz.)	0.00
Red Delicious Apple - TR1055 (1 ea.)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00(M)
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Signature Fruit Cup - TR2043 (1 ea.)	0.00(M)
Lactaid Milk - TR1367 (1 Carton)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	(M)
Texas 1% White Milk - TR1035 (1 Carton)	(M)

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2025 FALL HS Express Wednesday - ServingDate: 03/18/2026</b>																			
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	25	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
<b>2025 FALL HS Express Thursday - ServingDate: 03/19/2026</b>																			
Cheeseburger - TR1897 (1 ea.)	20	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)
Chicken Popper Ranch Salad - TR1920 (1 ea.)	4	746.45	36.08	6.77	0.00	51.59	1336.78	80.22	8.78	34.67	0.00(M)	28.74	9.63	207.03	3940.67	14.95	0.00(M)	0.00(M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	15	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	1	308.98	11.00	5.50	0.00	31.80	558.97	32.86	2.60	6.00	2.13	18.80	1.64	465.88	523.97	0.00	0.04	103.79	0.00
Spicy Chicken Wings (Premium Plus) - TR1455 (1 Basket)	30	691.90	48.25	12.18	0.00	236.10	991.31	27.48	2.00	2.00	1.00(M)	36.79	1.40	32.37	0.00	0.00	0.10(M)	840.61(M)	0.00(M)
Chicken Wings (Premium Plus) - TR1454 (1 Basket)	30	691.90	48.25	12.18	0.00	236.10	791.31	27.48	2.00	2.00	1.00	36.79	1.40	32.37	0.00	0.00	0.10	840.61	0.00
Celery & Bean Dip - TR1605 (1 pkg.)	10	137.45	2.25	0.00	0.00	0.00	354.78	19.75	7.75	1.75	0.00(M)	4.50	1.62	64.89	348.92	2.09	0.00(M)	13.39(M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	75	190.47	5.71	0.00	0.00	0.00	323.80	28.57	3.81	0.00	(M)	3.81	0.69	0.00	0.00	6.86	(M)	399.99	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	35	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)

## Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL

Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Ash (g)
<b>2025 FALL HS Express Wednesday - ServingDate: 03/18/2026</b>	
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
<b>2025 FALL HS Express Thursday - ServingDate: 03/19/2026</b>	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	0.00
Spicy Chicken Wings (Premium Plus) - TR1455 (1 Basket)	0.00(M)
Chicken Wings (Premium Plus) - TR1454 (1 Basket)	0.00
Celery & Bean Dip - TR1605 (1 pkg.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	(M)

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2025 FALL HS Express Thursday - ServingDate: 03/19/2026</b>																			
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	60	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 Carton)	20	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	20	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	70	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	50	60.10	4.51	0.50	0.00	5.01	140.25	5.01	0.00	2.00	2.00	0.00	0.00	10.02	0.00	1.20	0.00	110.17	0.00
<b>2025 FALL HS Express Friday - ServingDate: 03/20/2026</b>																			
Cheeseburger - TR1897 (1 ea.)	30	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)
Chicken Popper Ranch Salad - TR1920 (1 ea.)	4	746.45	36.08	6.77	0.00	51.59	1336.78	80.22	8.78	34.67	0.00(M)	28.74	9.63	207.03	3940.67	14.95	0.00(M)	0.00(M)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	25	370.00	10.00	1.50	0.00	50.00	830.00	46.00	5.00	4.00	4.00	23.00	2.08	136.00	200.00	0.00	0.00	0.00	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	15	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	1	308.98	11.00	5.50	0.00	31.80	558.97	32.86	2.60	6.00	2.13	18.80	1.64	465.88	523.97	0.00	0.04	103.79	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	25	420.60	12.59	1.76	0.00	64.70	778.92	50.35	4.35	5.18	4.00(M)	27.35	2.27	139.53	0.00	0.00	0.00(M)	494.11 (M)	0.00(M)
Baby Carrots & Ranch - TR1627 (1/2 c.)	20	201.35	19.00	3.00	0.00	0.00	376.98	7.13	1.71	3.56	0.00(M)	1.00	0.61	47.08	8114.57	2.05	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Ash (g)
<b>2025 FALL HS Express Thursday - ServingDate: 03/19/2026</b>	
Lactaid Milk - TR1367 (1 Carton)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	(M)
Texas 1% White Milk - TR1035 (1 Carton)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	0.00
<b>2025 FALL HS Express Friday - ServingDate: 03/20/2026</b>	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	0.00(M)
Baby Carrots & Ranch - TR1627 (1/2 c.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2025 FALL HS Express Friday - ServingDate: 03/20/2026</b>																			
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	75	163.40	4.90	0.82	0.00	0.00	277.77	24.51	0.00	0.00	0.00	1.63	0.59	0.00	163.40	5.88	(M)	(M)	(M)
Granny Smith Apple - TR1054 (1 ea.)	20	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Peaches - TR1504 (1/2 c.)	35	67.83	0.00	0.00	0.00	0.00	11.30	15.83	0.00	12.44	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	60	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 Carton)	20	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	25	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	70	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
<b>2025 FALL HS Express Monday - ServingDate: 03/23/2026</b>																			
Cheeseburger - TR1897 (1 ea.)	25	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	45	370.00	10.00	1.50	0.00	50.00	830.00	46.00	5.00	4.00	4.00	23.00	2.08	136.00	200.00	0.00	0.00	0.00	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	4	452.00	8.70	4.25	0.00	20.00	381.00	84.50	7.00	52.50	11.00(M)	13.50	2.07	550.00	350.00	37.20	0.00(M)	47.00(M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	5	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	1	308.98	11.00	5.50	0.00	31.80	558.97	32.86	2.60	6.00	2.13	18.80	1.64	465.88	523.97	0.00	0.04	103.79	0.00

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
 Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Ash (g)
<b>2025 FALL HS Express Friday - ServingDate: 03/20/2026</b>	
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Peaches - TR1504 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 Carton)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	(M)
Texas 1% White Milk - TR1035 (1 Carton)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
<b>2025 FALL HS Express Monday - ServingDate: 03/23/2026</b>	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	0.00

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2025 FALL HS Express Monday - ServingDate: 03/23/2026</b>																				
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	20	420.60	12.59	1.76	0.00	64.70	778.92	50.35	4.35	5.18	4.00(M)	27.35	2.27	139.53	0.00	0.00	0.00(M)	494.11 (M)	0.00(M)	
Baby Carrots & Ranch - TR1627 (1/2 c.)	25	201.35	19.00	3.00	0.00	0.00	376.98	7.13	1.71	3.56	0.00(M)	1.00	0.61	47.08	8114.57	2.05	0.00(M)	0.00(M)	0.00(M)	
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)	
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)	
Crinkle Cut Fries - TR1527 (3 oz.)	80	190.47	5.71	0.00	0.00	0.00	323.80	28.57	3.81	0.00	(M)	3.81	0.69	0.00	0.00	6.86	(M)	399.99	0.00	
Granny Smith Apple - TR1054 (1 ea.)	20	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Chilled Peaches - TR1505 (1/2 c.)	40	65.00	0.00	0.00	0.00	0.00	5.42	15.17	1.08	14.08	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Signature Fruit Cup - TR2043 (1 ea.)	50	0.25	0.00	0.00	0.00	0.00	0.14	0.06	0.00	0.04	0.01(M)	0.01	0.00	0.23	0.17	0.00	0.00(M)	0.26(M)	1.93(M)	
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00	
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	60	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Texas 1% White Milk - TR1035 (1 Carton)	20	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	15	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)	
Ketchup - TR1088 (2 ea.)	25	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2025 FALL HS Express Tuesday - ServingDate: 03/24/2026</b>																				
Chicken Popper Ranch Salad - TR1920 (1 ea.)	4	746.45	36.08	6.77	0.00	51.59	1336.78	80.22	8.78	34.67	0.00(M)	28.74	9.63	207.03	3940.67	14.95	0.00(M)	0.00(M)	0.00(M)	
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	40	246.45	11.60	2.17	0.00	57.99	608.88	15.95	1.45	2.90	1.45	20.30	1.04	0.00	0.00	0.00	0.00	545.09	0.00	

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
 Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Ash (g)
<b>2025 FALL HS Express Monday - ServingDate: 03/23/2026</b>	
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	0.00(M)
Baby Carrots & Ranch - TR1627 (1/2 c.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Peaches - TR1505 (1/2 c.)	0.00(M)
Signature Fruit Cup - TR2043 (1 ea.)	0.00(M)
Lactaid Milk - TR1367 (1 Carton)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	(M)
Texas 1% White Milk - TR1035 (1 Carton)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
<b>2025 FALL HS Express Tuesday - ServingDate: 03/24/2026</b>	
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2025 FALL HS Express Tuesday - ServingDate: 03/24/2026</b>																			
Chicken Mega Mini Bites - TR1462 (10 ea.)	40	259.14	11.96	2.49	0.00	54.82	488.37	13.95	1.99	1.00	(M)	22.92	1.44	0.00	0.00	0.00	(M)	(M)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	15	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	1	308.98	11.00	5.50	0.00	31.80	558.97	32.86	2.60	6.00	2.13	18.80	1.64	465.88	523.97	0.00	0.04	103.79	0.00
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	80	100.00	3.50	0.50	0.00	0.00	95.00	15.00	1.00	1.00	1.00	1.00	0.90	0.00	0.00	0.00	0.00	100.11	0.00
Celery & Bean Dip - TR1605 (1 pkg.)	20	137.45	2.25	0.00	0.00	0.00	354.78	19.75	7.75	1.75	0.00(M)	4.50	1.62	64.89	348.92	2.09	0.00(M)	13.39(M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	80	163.40	4.90	0.82	0.00	0.00	277.77	24.51	0.00	0.00	0.00	1.63	0.59	0.00	163.40	5.88	(M)	(M)	(M)
Banana - TR1056 (1 ea.)	40	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
Chilled Pears - TR1508 (1/2 c.)	35	65.00	0.00	0.00	0.00	0.00	5.42	13.00	2.17	13.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	60	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 Carton)	20	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	50	60.10	4.51	0.50	0.00	5.01	140.25	5.01	0.00	2.00	2.00	0.00	0.00	10.02	0.00	1.20	0.00	110.17	0.00
<b>2025 FALL HS Express Wednesday - ServingDate: 03/25/2026</b>																			
Cheeseburger - TR1897 (1 ea.)	20	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Ash (g)
<b>2025 FALL HS Express Tuesday - ServingDate: 03/24/2026</b>	
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	0.00
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	0.00
Celery & Bean Dip - TR1605 (1 pkg.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	(M)
Banana - TR1056 (1 ea.)	0.00
Chilled Pears - TR1508 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 Carton)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	(M)
Texas 1% White Milk - TR1035 (1 Carton)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	0.00
<b>2025 FALL HS Express WednesdaY - ServingDate: 03/25/2026</b>	
Cheeseburger - TR1897 (1 ea.)	0.00(M)

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2025 FALL HS Express Wednesday - ServingDate: 03/25/2026</b>																			
Chicken Popper Ranch Salad - TR1920 (1 ea.)	4	746.45	36.08	6.77	0.00	51.59	1336.78	80.22	8.78	34.67	0.00(M)	28.74	9.63	207.03	3940.67	14.95	0.00(M)	0.00(M)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	30	370.00	10.00	1.50	0.00	50.00	830.00	46.00	5.00	4.00	4.00	23.00	2.08	136.00	200.00	0.00	0.00	0.00	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	15	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	1	308.98	11.00	5.50	0.00	31.80	558.97	32.86	2.60	6.00	2.13	18.80	1.64	465.88	523.97	0.00	0.04	103.79	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	30	420.60	12.59	1.76	0.00	64.70	778.92	50.35	4.35	5.18	4.00(M)	27.35	2.27	139.53	0.00	0.00	0.00(M)	494.11 (M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Fresh Broccoli & Ranch - TR1629 (1/2 c.)	20	195.50	19.00	3.00	0.00	0.00	345.00	5.00	1.00	1.75	0.00(M)	2.25	0.35	51.50	283.50	40.50	0.00(M)	0.00(M)	0.00(M)
Sweet Potato Fries - TR1740 (3 oz.)	75	207.12	9.71	1.29	0.00	0.00	271.84	29.77	5.18	3.88	0.00	3.88	0.47	51.78	5825.15	0.00	0.00	0.00	0.00
Red Delicious Apple - TR1055 (1 ea.)	30	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	35	57.65	0.00	0.00	0.00	0.00	2.26	15.83	1.13	12.44	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	25	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00
Signature Fruit Cup - TR2043 (1 ea.)	30	0.25	0.00	0.00	0.00	0.00	0.14	0.06	0.00	0.04	0.01(M)	0.01	0.00	0.23	0.17	0.00	0.00(M)	0.26(M)	1.93(M)
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	60	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 Carton)	20	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	25	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)

## Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL

Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Ash (g)
<b>2025 FALL HS Express Wednesday - ServingDate: 03/25/2026</b>	
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Fresh Broccoli & Ranch - TR1629 (1/2 c.)	0.00(M)
Sweet Potato Fries - TR1740 (3 oz.)	0.00
Red Delicious Apple - TR1055 (1 ea.)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00(M)
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Signature Fruit Cup - TR2043 (1 ea.)	0.00(M)
Lactaid Milk - TR1367 (1 Carton)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	(M)
Texas 1% White Milk - TR1035 (1 Carton)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2025 FALL HS Express Wednesday - ServingDate: 03/25/2026</b>																				
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2025 FALL HS Express Thursday - ServingDate: 03/26/2026</b>																				
Cheeseburger - TR1897 (1 ea.)	20	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)	
Chicken Popper Ranch Salad - TR1920 (1 ea.)	4	746.45	36.08	6.77	0.00	51.59	1336.78	80.22	8.78	34.67	0.00(M)	28.74	9.63	207.03	3940.67	14.95	0.00(M)	0.00(M)	0.00(M)	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	15	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Toasted Cheese Sandwich - TR1491 (1 ea.)	1	308.98	11.00	5.50	0.00	31.80	558.97	32.86	2.60	6.00	2.13	18.80	1.64	465.88	523.97	0.00	0.04	103.79	0.00	
Spicy Chicken Wings (Premium Plus) - TR1455 (1 Basket)	30	691.90	48.25	12.18	0.00	236.10	991.31	27.48	2.00	2.00	1.00(M)	36.79	1.40	32.37	0.00	0.00	0.10(M)	840.61(M)	0.00(M)	
Chicken Wings (Premium Plus) - TR1454 (1 Basket)	30	691.90	48.25	12.18	0.00	236.10	791.31	27.48	2.00	2.00	1.00	36.79	1.40	32.37	0.00	0.00	0.10	840.61	0.00	
Celery & Bean Dip - TR1605 (1 pkg.)	10	137.45	2.25	0.00	0.00	0.00	354.78	19.75	7.75	1.75	0.00(M)	4.50	1.62	64.89	348.92	2.09	0.00(M)	13.39(M)	0.00(M)	
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)	
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)	
Crinkle Cut Fries - TR1527 (3 oz.)	75	190.47	5.71	0.00	0.00	0.00	323.80	28.57	3.81	0.00	(M)	3.81	0.69	0.00	0.00	6.86	(M)	399.99	0.00	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	35	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Orange Wedges - TR1057 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00	

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Ash (g)
<b>2025 FALL HS Express Wednesday - ServingDate: 03/25/2026</b>	
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
<b>2025 FALL HS Express Thursday - ServingDate: 03/26/2026</b>	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	0.00
Spicy Chicken Wings (Premium Plus) - TR1455 (1 Basket)	0.00(M)
Chicken Wings (Premium Plus) - TR1454 (1 Basket)	0.00
Celery & Bean Dip - TR1605 (1 pkg.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 Carton)	0.00

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2025 FALL HS Express Thursday - ServingDate: 03/26/2026</b>																			
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	60	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 Carton)	20	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	20	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	70	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	50	60.10	4.51	0.50	0.00	5.01	140.25	5.01	0.00	2.00	2.00	0.00	0.00	10.02	0.00	1.20	0.00	110.17	0.00
<b>2025 FALL HS Express Friday - ServingDate: 03/27/2026</b>																			
Cheeseburger - TR1897 (1 ea.)	30	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)
Chicken Popper Ranch Salad - TR1920 (1 ea.)	4	746.45	36.08	6.77	0.00	51.59	1336.78	80.22	8.78	34.67	0.00(M)	28.74	9.63	207.03	3940.67	14.95	0.00(M)	0.00(M)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	25	370.00	10.00	1.50	0.00	50.00	830.00	46.00	5.00	4.00	4.00	23.00	2.08	136.00	200.00	0.00	0.00	0.00	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	15	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	1	308.98	11.00	5.50	0.00	31.80	558.97	32.86	2.60	6.00	2.13	18.80	1.64	465.88	523.97	0.00	0.04	103.79	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	25	420.60	12.59	1.76	0.00	64.70	778.92	50.35	4.35	5.18	4.00(M)	27.35	2.27	139.53	0.00	0.00	0.00(M)	494.11(M)	0.00(M)
Baby Carrots & Ranch - TR1627 (1/2 c.)	20	201.35	19.00	3.00	0.00	0.00	376.98	7.13	1.71	3.56	0.00(M)	1.00	0.61	47.08	8114.57	2.05	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)

## Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL

Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Ash (g)
<b>2025 FALL HS Express Thursday - ServingDate: 03/26/2026</b>	
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	(M)
Texas 1% White Milk - TR1035 (1 Carton)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	0.00
<b>2025 FALL HS Express Friday - ServingDate: 03/27/2026</b>	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	0.00(M)
Baby Carrots & Ranch - TR1627 (1/2 c.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2025 FALL HS Express Friday - ServingDate: 03/27/2026</b>																				
Wedge Fries - TR1529 (3 oz.)	75	163.40	4.90	0.82	0.00	0.00	277.77	24.51	0.00	0.00	0.00	1.63	0.59	0.00	163.40	5.88	(M)	(M)	(M)	
Granny Smith Apple - TR1054 (1 ea.)	20	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Chilled Peaches - TR1504 (1/2 c.)	35	67.83	0.00	0.00	0.00	0.00	11.30	15.83	0.00	12.44	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00	
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	60	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Texas 1% White Milk - TR1035 (1 Carton)	20	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	25	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)	
Ketchup - TR1088 (2 ea.)	70	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2025 FALL HS Express Monday - ServingDate: 03/30/2026</b>																				
Cheeseburger - TR1897 (1 ea.)	25	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)	
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	45	370.00	10.00	1.50	0.00	50.00	830.00	46.00	5.00	4.00	4.00	23.00	2.08	136.00	200.00	0.00	0.00	0.00	0.00	
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	4	452.00	8.70	4.25	0.00	20.00	381.00	84.50	7.00	52.50	11.00(M)	13.50	2.07	550.00	350.00	37.20	0.00(M)	47.00(M)	0.00(M)	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	5	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00	
Toasted Cheese Sandwich - TR1491 (1 ea.)	1	308.98	11.00	5.50	0.00	31.80	558.97	32.86	2.60	6.00	2.13	18.80	1.64	465.88	523.97	0.00	0.04	103.79	0.00	
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	20	420.60	12.59	1.76	0.00	64.70	778.92	50.35	4.35	5.18	4.00(M)	27.35	2.27	139.53	0.00	0.00	0.00(M)	494.11(M)	0.00(M)	

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
 Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Ash (g)
<b>2025 FALL HS Express Friday - ServingDate: 03/27/2026</b>	
Wedge Fries - TR1529 (3 oz.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Peaches - TR1504 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 Carton)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	(M)
Texas 1% White Milk - TR1035 (1 Carton)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
<b>2025 FALL HS Express Monday - ServingDate: 03/30/2026</b>	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	0.00
HS Fruit & Yogurt Plate - TR1983 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	0.00(M)

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2025 FALL HS Express Monday - ServingDate: 03/30/2026</b>																			
Baby Carrots & Ranch - TR1627 (1/2 c.)	25	201.35	19.00	3.00	0.00	0.00	376.98	7.13	1.71	3.56	0.00(M)	1.00	0.61	47.08	8114.57	2.05	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	80	190.47	5.71	0.00	0.00	0.00	323.80	28.57	3.81	0.00	(M)	3.81	0.69	0.00	0.00	6.86	(M)	399.99	0.00
Granny Smith Apple - TR1054 (1 ea.)	20	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Peaches - TR1505 (1/2 c.)	40	65.00	0.00	0.00	0.00	0.00	5.42	15.17	1.08	14.08	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Signature Fruit Cup - TR2043 (1 ea.)	50	0.25	0.00	0.00	0.00	0.00	0.14	0.06	0.00	0.04	0.01(M)	0.01	0.00	0.23	0.17	0.00	0.00(M)	0.26(M)	1.93(M)
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	60	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 Carton)	20	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	15	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	25	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
<b>2025 FALL HS Express Tuesday - ServingDate: 03/31/2026</b>																			
Chicken Popper Ranch Salad - TR1920 (1 ea.)	4	746.45	36.08	6.77	0.00	51.59	1336.78	80.22	8.78	34.67	0.00(M)	28.74	9.63	207.03	3940.67	14.95	0.00(M)	0.00(M)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	40	246.45	11.60	2.17	0.00	57.99	608.88	15.95	1.45	2.90	1.45	20.30	1.04	0.00	0.00	0.00	0.00	545.09	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	40	259.14	11.96	2.49	0.00	54.82	488.37	13.95	1.99	1.00	(M)	22.92	1.44	0.00	0.00	0.00	(M)	(M)	0.00

## Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL

Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Ash (g)
<b>2025 FALL HS Express Monday - ServingDate: 03/30/2026</b>	
Baby Carrots & Ranch - TR1627 (1/2 c.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Peaches - TR1505 (1/2 c.)	0.00(M)
Signature Fruit Cup - TR2043 (1 ea.)	0.00(M)
Lactaid Milk - TR1367 (1 Carton)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	(M)
Texas 1% White Milk - TR1035 (1 Carton)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
<b>2025 FALL HS Express Tuesday - ServingDate: 03/31/2026</b>	
Chicken Popper Ranch Salad - TR1920 (1 ea.)	0.00(M)
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Chicken Mega Mini Bites - TR1462 (10 ea.)	0.00

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2025 FALL HS Express Tuesday - ServingDate: 03/31/2026</b>																			
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	15	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	1	308.98	11.00	5.50	0.00	31.80	558.97	32.86	2.60	6.00	2.13	18.80	1.64	465.88	523.97	0.00	0.04	103.79	0.00
Breadstick Garlic 1g (24Oct) - TR1655 (1 stick.)	80	100.00	3.50	0.50	0.00	0.00	95.00	15.00	1.00	1.00	1.00	1.00	0.90	0.00	0.00	0.00	0.00	100.11	0.00
Celery & Bean Dip - TR1605 (1 pkg.)	20	137.45	2.25	0.00	0.00	0.00	354.78	19.75	7.75	1.75	0.00(M)	4.50	1.62	64.89	348.92	2.09	0.00(M)	13.39 (M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	80	163.40	4.90	0.82	0.00	0.00	277.77	24.51	0.00	0.00	0.00	1.63	0.59	0.00	163.40	5.88	(M)	(M)	(M)
Banana - TR1056 (1 ea.)	40	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
Chilled Pears - TR1508 (1/2 c.)	35	65.00	0.00	0.00	0.00	0.00	5.42	13.00	2.17	13.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	60	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 Carton)	20	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	50	60.10	4.51	0.50	0.00	5.01	140.25	5.01	0.00	2.00	2.00	0.00	0.00	10.02	0.00	1.20	0.00	110.17	0.00

**Legend**  
(M) - Missing Nutrient Values

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
 Date: 03/01/2026 - 03/31/2026

Item Name (Serving Size)	Ash (g)
<b>2025 FALL HS Express Tuesday - ServingDate: 03/31/2026</b>	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Toasted Cheese Sandwich - TR1491 (1 ea.)	0.00
Breadstick Garlic 1g (24Oct) - TR1655 (1 stick.)	0.00
Celery & Bean Dip - TR1605 (1 pkg.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	(M)
Banana - TR1056 (1 ea.)	0.00
Chilled Pears - TR1508 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 Carton)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 Carton)	(M)
Texas 1% White Milk - TR1035 (1 Carton)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	0.00

# Menu Calendar Nutrient Analysis Report - March, 2026

Site: ALL  
Date: 03/01/2026 - 03/31/2026

**Report Selections**

Meal Type: Lunch  
Site Group: High School  
Menu Line: Express Line  
Serving Group: 9-12  
Nutrients Option: All