



Let's face it, raising children is hard work.

Our Triple P parent program gives families positive and practical strategies to work with and better understand their children. The program can be adapted to suit any situation and is individualized to meet the needs of your family.

Courses cover topics like:

- » Creating routines, sharing, and getting along with others
- » Making good decisions
- » Developing problem solving skills for children and parents
- » Learning to talk about strong emotions
- » How to handle emotions in healthy ways

Services can be done in person, over the phone, or as a combination of both.

See the other side for details about our current programs.



Call to Schedule

Call between **8:30 a.m. and 5:30 p.m.** to schedule an appointment.

We offer flexible scheduling to accommodate our clients and their families, including evenings and weekends.



Locations

📍 CHARDON

521 Fifth Avenue, Suite A
📞 440-286-1553
🕒 8:30am-6:00pm

📍 ASHTABULA

1110 Lake Avenue
📞 440-536-5680
🕒 8:30am-4:30pm



FAMILYPRIDEONLINE.ORG

✉ fpadmin@familyprideonline.org

THESE PROGRAMS ARE MADE POSSIBLE THROUGH SUPPORT FROM THE OHIO CHILDREN'S TRUST FUND



**Department of
Job & Family
Services**

Ohio Children's Trust Fund

Triple P offerings

Primary Care Triple P

A brief targeted intervention in a one-to-one format that assists parents to develop parenting plans to manage behavioral issues (e.g. tantrums, fighting, going shopping) and skill development issues (e.g. eating independently, toilet training, staying in bed at night). Practitioners provide 3-4 sessions (15-30 minutes each) over a period of 4-6 weeks.

? WHO IS IT FOR

Parents or caregivers with a specific concern about their child's behavior and prefer one-to-one consultations. They are likely to benefit when their child's behavior problems are mild and uncomplicated by high level of family stress.

 **AGES**
0-12 and 13-18

 **COST**
Free

Standard Triple P

Standard Triple P provides parents with broadly focused parenting support and intervention on a one-to-one basis. The program supports parents who have concerns about their child's behavior or development (e.g. Disobedience in the community, fighting, refusing to get out of bed). Parents identify the cause of child behavior problems and set their own goals for change.

? WHO IS IT FOR

Parents or caregivers who are concerned about their child's behavior. The program is appropriate for children with moderate to severe levels of behavioral problems.

 **AGES**
0-12 and 13-18

 **COST**
Free

Stepping Stones Triple P

Stepping Stones Triple P has been developed for parents of children with a disability (e.g. intellectual disability, autism spectrum disorders, cerebral palsy) and elevated levels of disruptive behavior. Stepping Stones Triple P begins with a comprehensive assessment of parent-child interaction and family issues. The intervention provides parents with comprehensive support in managing their child's behavior across various settings (e.g. disobedience, fighting and aggression, temper tantrums). The focus is on understanding the function of problem behavior and teaching the child skills that can be used to replace misbehavior.

? WHO IS IT FOR

Parents or caregivers of a child with a disability (up to 12 years) who benefit from this program have concerns about their child's moderate to severe behavioral problems and are able to commit to up to 10 regular individual consultations, either in a clinic or in the family home.

 **AGES**
0-12

 **COST**
Free

Pathways Triple P

Pathways Triple P has is an intensive intervention program for parents who have difficulty regulating their own emotions and struggle with positive parenting. Pathways Triple P requires parents to have taken the Standard Triple P prior to this program. There are three core modules that support parents to learn new parenting styles and anger management techniques that will help them to build or improve their positive parenting skills.

? WHO IS IT FOR

Parents who benefit are those who have difficulty regulating their emotions or persistently make misattributions about reasons for their child's behavior. As a result, the parent is considered at risk of physically or emotionally harming their children.

 **AGES**
0-12 and 13-18

 **COST**
Free