



Why 24:7 Dad®?

What is it?

An engaging, effective program that equips fathers with the skills, knowledge, and attitudes to be active, responsible and connected to their kids.

Who can join?

All fathers are welcome! Including expecting, new, experienced, step-dads, and father figures.

Why Join?

- » To gain real parenting skills that work in everyday life
- » Build stronger bonds with your children and family
- » Learn how to manage work, stress, and family time better
- » Connect with other dads who understand your challenges
- » Become a more confident, involved father!

Scan the QR code to learn more!



Getting started is easy!

CALL US TODAY

📞 440-286-1553
Chardon

📞 440-536-5680
Ashtabula

EMAIL

✉️ fpadmin@familyprideonline.org

LEARN MORE

💻 familyprideonline.org/247Dad

For details on this and our other parenting programs.



Locations

📍 **CHARDON**
521 Fifth Avenue, Suite A
📞 440-286-1553
🕒 8:30am-6:00pm

📍 **ASHTABULA**
1110 Lake Avenue
📞 440-536-5680
🕒 8:30am-4:30pm



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THESE PROGRAMS MADE POSSIBLE THROUGH SUPPORT FROM



Department of Children & Youth

Ohio Children's Trust Fund



Geauga County Board of Mental Health and Recovery Services



24:7 Dad®

America's #1 evidence-based fatherhood program

Empowering Fathers • Strengthening Families





About 24:7 Dad®

America's #1 evidence-based fatherhood program that helps men develop the skills, self-awareness, and confidence to be the best fathers they can be.

"24/7 Dad helped me become the father my son can count on."

- Marcus, graduate

"I felt heard, equipped, and excited to be a dad every day."

- 24:7 Dad® graduate

Program Highlights

- » 12 weekly interactive and hands-on sessions
- » Connect and share with other dads
- » Discuss real-life strategies & practical tips you can use everyday
- » Learn new parenting skills

We make the program fit your schedule.

- » In-person at our welcoming offices
- » Live virtual sessions you can join from home
- » One-on-one coaching or supportive groups
- » Daytime & evening schedules



What's inside the 24:7 Dad® journey?



BASIC FATHERING SKILLS

24:7 Dad® A.M.

- » Understand Fatherhood & Impact on Your Child's Life
- » Build Communication Skills
- » Positive Discipline and Guidance
- » Child Development Basics
- » Manage Stress and Emotions
- » Balance your Health, Work, & Family



ADVANCED FATHERING SKILLS

24:7 Dad® P.M.

- » Build self-awareness and set goals
- » Improve family & relationships with others
- » Manage stress, anger and emotions effectively
- » Plan for financial stability
- » Solve problems with confidence
- » Grow parenting & leadership skills