



Resources

Lake County, Indiana

- Suicide & Crisis Lifeline (Dial 988)
 - [Mental Health](#)
 - [Addiction](#)
 - [Sexual Assault](#)
 - [Human Trafficking](#)
 - [Veteran Services](#)
- [Child Abuse and Neglect](#)
- [Elder Abuse & Services](#)
 - [Food Resources](#)
 - [Housing/Shelter](#)
- [Local/National Hotlines](#)
- [Additional Resources](#)

Griffith Police Department
Erica Rios-Corbin, MSW, LCSW
erica.rios@griffith.in.gov

Highland Police Department
Halie Gonlag, MSW, LSW
hgonlag@highland.in.gov

Mental Health

Suicide & Crisis Lifeline:

Dial (call or text) 988 to reach this hotline. This hotline is a suicide and crisis lifeline in the United States that networks with over 200+ crisis centers that provide 24/7 service at their toll-free number (9-8-8). This hotline is for anyone in suicidal crisis or emotional distress. You can also access their website and utilize chat or video phone services by [accessing their website with this link](#).

Regional Health Systems:

Dial (219)-769-4005. Regional Health Systems (RHS), formally known as Regional Mental Health, has locations in East Chicago, Hammond, Highland, Hobart, and Merrillville. You can reach their website by [using this link!](#)

- [Psychiatry services](#) include emergency, inpatient, general, and youth.
- [Counseling](#) includes counseling and therapy services to individuals, couples, and families of all ages.
- Emergency Mental Health Services locations/hours:
 - Strawn Center is open 24 hours a day, 7 days a week
8555 Taft St, Merrillville, IN 46410
 - Stark Center, open Monday through Friday from 8:00 AM to 9:00 PM
3903 Indianapolis Blvd, East Chicago, IN 46312

Edgewater Health:

Dial (219) 885-4264. Edgewater is located at 1100 West 6th Avenue Gary, IN 46402. Services include primary care services, mental health & addiction services, and pharmacy. You can reach their website by [using this link!](#) Edgewater's mental health services include

- [Adult Services](#)
- [Children, Youth, and Family Services](#)
- [Day Treatment Program for Children & Families](#)
- [Community Residential Support Services](#)
- [Crisis Stabilization Center](#)

There is also now a second location of Edgewater located at 9855 Lincoln Plz Wy (Unit 5A), Cedar Lake, IN 46303. Their phone number is (219)390-7838. They do not have mental health services at this location; however, they did share that they will work with you to connect you with their agency in North County if you go to the Cedar Lake location for help!

Heartland Wellness Center:

Dial (219) 690-7025 to reach their team! Their website can be reached by [using this link](#).

- [Behavioral Health](#): Mental and emotional well-being when life becomes overwhelming.

Franciscan Saint Margaret Health-Dyer:

Dial (219) 322-5747 or visit their website by [using this link](#). This facility is located at 24 Joliet Street, Dyer, IN 46311. Their emergency room (ER) is open 24/7.

Treatments and procedures listed are:

- [Adolescent Residential Treatment](#)
- [Counseling & Therapy](#)
- [EmPATH Emergency Psychiatry](#)
- [Inpatient Psychiatric Hospitalization](#)
- [Intensive Outpatient Treatment](#)
- [Outpatient Psychiatry](#)
- [Psychiatric Partial Hospitalization Program](#)

HealthLinc:

Dial (888) 580-1060 to reach their team. HealthLinc's website, which you can access [by using this link](#), states that coping with the stress of our hectic, demanding lives can sometimes be difficult. Our mental frame of mind impacts our physical health just as physical conditions impact our emotions. HealthLinc's behavioral health consultants (BHCs) work alongside the medical providers as part of our care team.

They are here to help with:

- Depression
- Anxiety
- Mental Illness
- Medication-assisted treatment of opioid use disorder
- Making healthy lifestyle choices, including the management of chronic conditions such as high blood pressure
- Setting goals and working toward wellness
- And more!

National Alliance on Mental Illness (NAMI)

Dial 219-513-9457 to reach their agency, Monday through Friday, 9 AM to 5 PM, and their website can be accessed at <https://www.namiindiana.org/> for more information! NAMI Lake County can be reached at nami@namilakecountyin.org if you want to reach out via email. NAMI Indiana is the state organization of the National Alliance on Mental Illness. NAMI states they are a grassroots public charity helping people living with serious mental illnesses, their families and friends! We support local NAMI Affiliates, train volunteer leaders, provide continuing education for professionals, and partner for systems change at the state level.

NAMI provides:

- Support Groups
 - NAMI Connections Recovery Support Group
 - NAMI Family Support Group
- Education & Presentations
 - NAMI Basics
 - NAMI Family-to-Family
 - NAMI Peer-to-Peer
 - NAMI Family & Friends
 - NAMI Sharing Hope
 - NAMI Homefront
- Training
 - NAMI Indiana Mental Health & Criminal Justice Summit
 - NAMI Indiana State Conference
 - Youth Mental Health First Aid
 - QPR- Question. Persuade. Refer.
 - Mental Illness 101
 - NAMI 101
 - NAMI Indiana Lived Experience Presentations

Self-Injury Support Group:

Information on their group can be accessed at <http://www.selfinjurynwi.com/> or by reaching out to the coordinator of their three different groups. Self-Injury Support Groups of Northwest Indiana is a non-profit organization that offers free and confidential support groups for those who have been using self-injury to cope. Currently, the self-injury support group is located in Highland, Indiana. For their youth group, contact Kay Hennelly at (219)298-9297. For their adult group, contact Chris Singel at (219) 718-5025. For their friends and family group, contact Ruth Ogden Halstead at (219) 201-8994.

Addiction

P.A.A.R.I. Program:

Police Assisted Addiction Recovery Initiative (P.A.A.R.I.) is a non-profit organization that the Griffith Police Department (GPD) is partnered with to aid in assisting individuals who are battling addiction. Through our association with this program, GPD provides risk-free assistance to anyone committed to overcoming their addiction. For help or immediate information on the program, please contact any of our on-duty officers or staff 24 hours a day, 7 days a week. This program will assist you with getting into treatment without the fear of prosecution for criminal reasons.

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Lake Area Recovery Club (LARC):

Dial (219) 595-0068 to reach their team, or visit their website [by utilizing this link!](#) LARC is a 501-C3 non-profit organization dedicated to supporting individuals and their families in recovery. They are located in Griffith, Indiana, and host meetings for Alcoholics Anonymous (AA), Al-Anon, Adult Children of Alcoholics and Dysfunctional Families (ACA), and Narcotics Anonymous (NA). Visit their website to see their schedule!

Heartland Wellness Center:

Dial (219) 690-7025 to reach their team! Their website can be reached by [using this link.](#)

- [Recovery Center](#), which includes a partial hospitalization program, an intensive outpatient program, and an outpatient program.

Recovery Works:

Dial (219)472-0066 to reach their team. Phone assessment hours are 24/7. Their location is 201 W 89th Ave, Merrillville, IN 46410. Their agency provides medically supervised detox, residential treatment, intensive outpatient services, and PHP with housing for men and women struggling with substance use disorders. You can reach their website [by using this link](#). At this link, there are detailed descriptions of the services they can provide.

HealthLinc:

Dial (888) 580-1060 to reach their team. HealthLinc partners with community resources such as law enforcement and emergency medical services to create a safe and supportive environment for successful addiction recovery. Our Mobile Integrated Response Teams (MIRT) work with our medical providers and behavioral health consultants (BHC) to set goals, create a plan, and advocate for those experiencing opioid use disorders (OUD). You can reach their website [by using this link](#).

Medication-assisted treatment services include:

- Collaborative Care
- Counseling
- Behavioral Therapy
- Medication Planning and Management
- And more!

Celebrate Recovery:

Celebrate Recovery is a Christ-centered recovery program. There are groups in Munster and Dyer! Their website, which can be accessed at [this link](#), for more information. When utilizing the “find a group,” it will provide you with the address, times, and contact information for the selected group. The “find help” tab can also help you find online meetings.

Treatment Atlas:

Atlas is a resource to help people find addiction treatment that will meet their needs. You can reach their website by [utilizing this link!](#)

Rehab Centers.org:

This free website is a resource for addiction treatment! By going to [this link](#), you will find resources throughout Indiana for every stage of a recovery journey. These include treatment options, warning signs, guidance for families, treatment definitions, and a local treatment center directory. They also offer a 24/7 Confidential REhab Helpline at (866)972-0589!

Addictions.com:

Dial (800)697-7420 to reach their team. Their [website](#) provides free mental health and substance abuse resources for people at any stage of their recovery journey, including resources/treatment, warning signs, how to talk to a family member, definitions of different types of treatment, and a local treatment center directory!

Sexual Assault & Human Trafficking

Human Trafficking:

If you need help from law enforcement, please contact 911 when it is safe to do so! If you believe a child to be a victim of trafficking, contact the Indiana Department of Child Services 24-hour hotline (800)800-5556.

Fair Haven Rape Crisis Center:

Dial (219) 961-4357 to make an appointment. They also provide a 24-hour hotline that you can call or text at (219) 218-2552, as soon as it is safe to do so. Or, their toll-free hotline number is (877) 345-2552. Fair Haven's mission is to provide faith-focused services to those affected by sexual violence and trauma. They provide crisis advocacy services and support groups for survivors! You can reach their website [by using this link](#).

Sheltered91:

Dial (219) 730-2046 to reach their team. Their website can be accessed by [using this link](#). Sheltered91 states its mission is to create safe spaces of hope and healing for people who have been, or are at risk of, being sexually exploited through awareness, outreach, prevention, and restoration activities. Their [programs](#) offer online and in-person clinical therapy, case management, and group therapy.

Veteran Services

VOA Illinois:

Dial (312)564-2314 to reach their team, or at veteranSPACES@voail.org to reach them virtually via email. Although they are an Illinois-based program, all services are available in Lake and Porter County, IN. You can reach their website by using this [link!](#)

Services they provide are:

- Case Management
- Veteran Peer Support
- Support Groups
- Community Education
- Referrals to Counseling and Therapy
- Assistance in navigating the VA healthcare system
- Referrals and assistance accessing
 - Legal Resources
 - Housing Supports
 - Employment Training
 - Benefits Navigation
 - Income Supports
 - Transportation Assistance
 - Child Care Assistance
 - Social Support Groups
 - Substance Use Disorder Recovery Programming

Adam Benjamin Jr., Veterans' Administration Outpatient Clinic:

Dial (219) 662-5000 to reach their team. Dial (312)569-7225 for mental health care calls. They are located at 9301 Madison St, Crown Point, IN 46307. By using [this link](#) you can access further information on their agency.

Services they provide are:

- Addiction and substance use care
- Audiology and Speech
- COVID-19 vaccines
- Complementary and integrative health
- Laboratory and pathology
- Mental health care
- My HealtheVet coordinator
- Optometry
- PTSD care
- Pharmacy
- Physical medicine and rehabilitation
- Physical therapy, occupational therapy, and kinesiotherapy
- Podiatry

- Primary care
- Radiology
- Social work
- Suicide prevention
- Whole Health
- Women Veteran care

NWI Veterans Village:

Dial (219)951-0460 for hours of operation and to reach their team! They are located at 839 Massachusetts Street Gary, IN 46402. NWI Veterans Village is a permanent supportive housing program specifically for veterans battling homelessness.

WorkOne-Hammond:

They are located at 5265 Hohman Ave, Hammond, IN 46320. Veterans of the military receive priority service and priority matching to new job postings on indianacareerconnect.com. They have a disabled Veterans' outreach program specialists (DVOPS) that provides one-on-one assistance with employment needs, including disabilities and barriers to employment. WorkOne also has local veterans' employment representatives (LVERs) who conduct outreach to employers and engage in advocacy efforts with hiring executives to increase employment opportunities for veterans, encourage the hiring of disabled veterans, and generally assist veterans to gain and retain employment. Their listed hours are Monday, Tuesday, Wednesday, and Friday from 8:00 AM to 4:30 PM, and Thursday from 10:00 AM to 4:30 PM.

Children:

Abuse & Neglect

If a child is in imminent danger, contact 911 immediately. If you know of or believe a child is being abused or neglected, contact the Indiana Department of Child Services 24-hour hotline at 1(800)800-5556.

Geminus Truancy Prevention Program:

Dial (219) 757-1806 to reach their team. Geminus Truancy Prevention program (Mediation before Escalation) has partnered with various school corporations throughout Lake County to assist families who are having truancy issues. This program lists the following services it can provide to families:

- Crisis Intervention
- Mentoring/Tutoring
- Parenting Education
- Parent Support Group
- Financial Assistance
- Review of Town Ordinance, School Attendance Policies & Indiana State Codes
- Linkage to long-term providers
- Progress reports from school that reflect attendance and academics

Community Partners:

Dial (866) 641-7181 to reach their team, or visit their website [by utilizing this link](#). The website states they can assist with homemaking, crisis intervention, mentoring, parenting education, budgeting, and limited financial assistance. If you are experiencing: child behavioral problems, educational issues/concerns, job loss or employment trouble, financial hardship, domestic violence, alcohol or drug addiction, locating housing, etc. Program requirements: child in home under the age of 18, resident of a county in regions 1 & 2, no involvement with the Department of Child and Family Services, no involvement with juvenile probation.

Elder Services

Adult Protective Services:

Reports must be made via:

Phone/Hotline: 1-800-992-6978

Online: APS

Reporting Portal: <https://inaps.in.gov>

Incident Reports: INAPSPProviderIncidentReports@pcgus.com

CoAction (Previously Northwest Indiana Community Action):

Dial (219) 794-1829 to reach their team. CoAction is located at 5240 Fountain Dr Crown Point, IN 46307. They can also be reached via email at info@coaction.care or toll-free at (800) 826-7871. You can reach their website by [using this link!](#) The services they provide/populations they work with include:

- [Resource Connections \(Food, rent, utility/water bills, etc.\)](#)
- [Financial Support & Services](#)
- [Older Adults & Persons with Disabilities](#)
- [Pregnant Women, Infants, & Children](#)
- [Housing Services](#)
- [Health & Wellness](#)
- [Caregiver Support](#)

Meals On Wheels Northwest IN:

Dial (219) 756-3663 to reach their team. They are located at 8446 Virginia St., Merrillville, IN. They can also be reached via email at info@mownwi.org, and their website can be viewed by [using this link](#). Their agency has a program to provide meals to people who qualify.

Mom's Meals:

You can reach their team by dialing (800) 972-9189. You can reach them online by [accessing this link](#). Mom's Meals serves clients who are covered under Medicare Advantage Plans, Medicaid plans, Long-Term Services and Supports (LTSS) programs, or the Older Americans Act, and by individuals or their caregivers who are looking for a self-pay program. They provide and deliver meals directly to your home/address.

AARP Foundation:

Dial (219) 980-2723 to reach their team. If you are 55 and older, unemployed, and looking for work, they can help.

Alzheimer's & Dementia Services of Northern Indiana:

Dial (888)303-0180 to reach their team, or you can visit their website [by utilizing this link](#). They state their mission is to provide northern Indiana families with support, information, education, and referral services in the communities where they live.

Homelessness **Prevention/Shelters**

Hammond City Rescue Mission:

You can reach their team by dialing (219)932-5085. They are located at 527 State St (#1533), Hammond, IN 46320. Temporary shelter for men that provides food, clothing, and shelter for the men staying there. This is a temporary setting where individuals can be cared for while getting back on their feet.

Brothers' Keeper:

Dial (219) 882-4459, or email brotherskeepergary@gmail.com to reach their team! They are located at 2120 Broadway, Gary, IN 46407. Brothers' Keeper is a shelter for homeless men that is focused on helping men regain their standing.

St. Jude House:

Dial (800) 254-1286 to reach their team on their 24-hour crisis line for support, information, and referral. St Jude can provide safe emergency, temporary shelter for victims of domestic violence and/or sexual assault and their dependent children assistance in pursuing a violence-free life. They also provide counseling and support groups, legal advocacy, community

education, and mobile advocacy. For more details, their website can be reached [by using this link](#).

Haven House:

Dial (219) 931-2090 to reach their team on their 24-hour crisis line. Haven House is a 24-hour emergency shelter in Hammond, Indiana for domestic violence victims and their dependents. They provide shelter and support services for domestic violence survivors and their children.

Grace Beyond Borders:

Dial (219)392-9932 to reach their team. Their listed hours of operation are Monday through Friday from 9:00 AM to 4:00 PM. They are located at 513 W Chicago Ave East Chicago, Indiana 46312. Grace Beyond Borders promotes providing food, long-term housing, and a safe space to help neighbors get back on their feet.

The Salvation Army:

Dial (219) 838- 0380 to reach their team. You can also learn more online by [using this link](#). They can provide emergency assistance to help with mortgage/rent, utility bills, clothing, hotel vouchers for two days, back-to-school school supplies in August for grades K-5, and possibly other needs in order to help keep families in their homes.

The Caring Place:

Dial (219) 464-2128 to reach their team, 24 hours a day. You can reach their website [by using this link](#). The Caring Place is a shelter that helps adult victims of domestic violence. Adults can bring their dependent children into the shelter with them. The Caring Place serves female and male survivors of domestic violence and is ADA-accessible.

Missionaries of Charity:

Dial (219) 884-2140 to reach their team. Missionaries of Charity is an emergency shelter for women, with or without children (male children age 5 and under). They are located at 509 West Ridge Road, Gary, Indiana 46408. They receive intakes Monday-Wednesday 8:30 am - 10:00 pm and Friday-Sunday 8:30 am - 10:00 pm.

Rainbow-Ark Shelter:

Dial (219)886-1600 to reach their team 24/7 hotline. Rainbow-Ark provides emergency and transitional housing, as well as a domestic violence shelter, for persons and families in

need. This shelter is for women and children. Dial (219) 883-4155 to reach their team during business hours. Hours of operation are Monday through Friday, 8:30 AM to 4:30 PM.

Crisis Center, Inc:

Dial (219) 938-7070 to reach their team. The Crisis Center: Alternative House is an emergency shelter for boys and girls, ages 10 to 20, who are runaways, homeless, abused, or neglected and need help to resolve problems and successfully return home or to an alternative, safe living situation. The Crisis Center is located at 101 N Montgomery St, Gary, IN 46403.

Food Resources

Brothers' Keeper:

Dial (219)882-4459, or email at brotherskeepergary@gmail.com, to reach their team. This food pantry is located at 2120 Broadway, Gary, IN 46407. Their food pantry hours are:

- Monday: 11 AM - 3 PM
- Tuesday: 11 AM - 3 PM
- Thursday: 11 AM - 3 PM
- Friday: 11 AM - 3 PM

Foodbank of Northwest Indiana:

Dial (219) 980-1777, or email info@foodbanknwi.org, to reach their team. You can reach their website by [using this link](#). They will have a posted schedule each month for MobileMarket locations on their website. To sign up for reminders on where they will be you can text "Market" to 219-500-6464. There is also a list of their programs on their website, [which can be found on this link](#).

Operation Care:

Dial (219) 838-2295 to reach their team! Operation Care is a food and clothing pantry located at 1950 N Griffith Blvd, Griffith, IN 46319. The hours of operation are:

- Monday: 9:00 AM - 1:30 PM
- Wednesday: 9:00 AM - 1:30 PM
- Saturday: 8:00 AM - 11:00 AM

The Salvation Army:

Dial (219) 838-0380 to reach their team. The food pantry is located at 8225 Columbia Avenue, Munster, IN 46321. The hours of operation are:

- Wednesday: 9:00 AM - 12:00 PM
- Thursday: 1:00 PM - 4:00 PM
- Friday: 9:00 AM - 12:00 PM

National Hotline Services

- Suicide & Crisis Lifeline:
 - Call: 988
 - Text: 988
- SAMHSA (Substance Abuse and Mental Health Services Administration)
 - Call: 1-800-662-4357
- National Human Trafficking Hotline
 - Call: 1-888-373-7888
 - SMS: Text INFO to 233733
- National Domestic Violence Hotline
 - Call: 1-800-799-7233
 - Text: START to 88788
 - Online: <https://www.thehotline.org/>
- Indiana Department of Child Services
 - Call: 1-800-800-5556
- Adult Protective Services
 - Call: 1-800-992-6978
- Information and Referral Service
 - Call: 211

Additional Resources

- **Want to add something?** Contact Police Social Worker, Halie Gonlag, at hgonlag@highland.in.gov to see if your resource can be added to the list!
- **Funeral Homes in Lake County, Indiana**
 - Accessing [this link](#), you will find information, including contact information, for each funeral home in Lake County, Indiana.
- **Grief Resources**
 - Golden Hope Ministries, whose website can [be found at this link](#), is located at 909 E Greenwood Ave in Crown Point, Indiana. They can be reached via email at info@goldenhopemin.org and offer grief support groups.
- **Lake County Transportation**
 - Door-to-door transportation service areas include Cedar Creek, Center, Eagle Creek, Hanover, Hobart, Ross, St. John, West Creek, and Winfield Townships of Lake County and the Town of Griffith in Lake County.
www.lccs.care/transportation