EAST HIGH

MARCH 2026 REVISED 2/18/26

Monday	Tuesday	Wednesday	Thursday	Friday
2 BREAKFAST DRAGON'S YOGURT PARFAIT LUNCH 1-POPCORN CHICKEN 2-SLOPPY JOE SANDWICH 3-ORIENTAL BAR 4-PIZZA BAR CHIPS FRESH VEGGIES COOKIE	3 NATIONAL SCHOOL BREAKFAST WEEK THEME- THE QUEST FOR SCHOOL BREAKFAST BREAKFAST ROYAL ROOSTER (CHICKEN) BISCUIT LUNCH 1-BEEF DIPPERS 2-ORANGE CHICKEN 3-SUB BAR 4-PIZZA BAR CARROT COINS FRIED RICE STEAMED BROCCOLI	4 BREAKFAST ENCHANTED CINNAMON SPIRAL LUNCH 1-TACO NACHOS 2-BBQ NACHOS 3-ORIENTAL BAR 4-PIZZA BAR CORN FIESTA BEANS SALSA	5 BREAKFAST SQUIRE'S MORNING (SAUSAGE) BISCUIT LUNCH 1-CHICKEN SANDWICH 2-TURKEY, BACON & CHEESE WRAP 3-SUB BAR 4-PIZZA BAR GREEN BEANS FRIES	6 STAFF PD DAY NO SCHOOL FOR STUDENTS
9 BREAKFAST SAUSAGE BISCUIT LUNCH 1-CHICKEN TENDERS 2-BBQ SANDWICH 3-MEXICAN BAR 4-PIZZA BAR FRIES BAKED BEANS TEXAS TOAST	10 BREAKFAST CHICKEN BISCUIT LUNCH 1-SPAGHETTI 2-BAKED HAM 3-POTATO BAR 4-PIZZA BAR STEAMED BROCCOLI CARROT COINS ROLL	11 BREAKFAST BACON BISCUIT LUNCH 1-MAX CHEESE STICKS W/ MARINARA SAUCE 2-CHICKEN SANDWICH 3-MEXICAN BAR 4-PIZZA BAR FRIES CORN FRESH VEGGIES	12 BREAKFAST CHICKEN BISCUIT LUNCH 1-WINGS & RINGS 2-PB&J W/ CHEESESTICK 3-POTATO BAR 4-PIZZA BAR GREEN BEANS FRIES	13 BREAKFAST SAUSAGE BISCUIT LUNCH 1-BEEF DIPPERS 2-CHICKEN PATTY 3-MEXICAN BAR 4-PIZZA BAR MAC & CHEESE MASHED POTATOES ROLL
16 BREAKFAST SAUSAGE BISCUIT LUNCH 1-BACON CHEESEBURGER 2-ROASTED HOT DOG W/ CHILI 3-POTATO BAR 4-PIZZA BAR CHIPS BAKED BEANS	17 BREAKFAST PASTRY BREAKFAST FOR LUNCH 1-BREAKFAST CHICKEN 2-BACON 3-SUB BAR 4-PIZZA BAR SCRAMBLED EGGS TATER TOTS BISCUIT, GRAVY BAKED APPLES ST PATRICK'S DAY	18 BREAKFAST SAUSAGE BISCUIT LUNCH 1-CHICKEN DRUMSTICK 2-HAMBURGER & GRAVY 3-POTATO BAR 4-PIZZA BAR MASHED POTATOES PEAS ROLL	19 BREAKFAST CHICKEN BISCUIT LUNCH 1-BBQ MAC BOWL 2-CHICKEN SANDWICH 3-SUB BAR 4-PIZZA BAR GREEN BEANS CORN FRESH VEGGIES	20 BREAKFAST SAUSAGE BISCUIT LUNCH 1-CHICKEN TENDERS 2-BEEF DIPPERS 3-POTATO BAR 4-PIZZA BAR CARROT COINS STEAMED BROCCOLI ROLL NATIONAL MUFFIN DAY
23	24	25	26	27
30 BREAKFAST SAUSAGE BISCUIT LUNCH 1-ORANGE CHICKEN 2-BEEF DUNKERS 3-PIZZA BAR 4-SUB BAR FRIED RICE CARROT COINS STEAMED BROCCOLI	31 BREAKFAST CHICKEN BISCUIT LUNCH 1-TACO 2-QUESADILLA 3-PIZZA BAR 4-POTATO BAR CORN REFRIED BEANS SALSA			

SPRING BREAK NO SCHOOL

NEWS

BREAKFAST WILL HAVE CEREAL, POPTARTS, FRUIT, JUICE AND MILK AS OPTIONS.
CHOOSE ONE ENTRÉE FOR LUNCH. EACH TRAY MUST HAVE A FRUIT OR VEG AND AT LEAST TWO OTHER ITEMS TO BE CONSIDERED A MEAL.
FRESH FRUIT OFFERED DAILY
FRESH VEGGIES OFFERED DAILY CONSISTS OF CARROTS, BROCCOLI, TOMATOES, ROMAINE, CUCUMBERS
MEALS ARE SUBJECT TO CHANGE WITHOUT NOTICE.