Newport High School
Course Selection

2026-2027





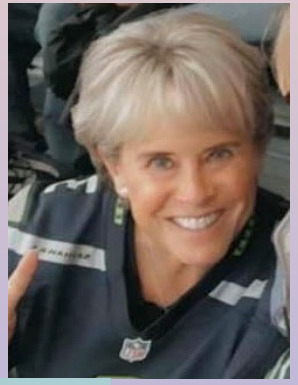
12th Grade
(Current 11th graders)

Newport Counseling Team















Chunneath Kravanh	Heather Erickson	Sierra Suh	Layne Barker	Tania Maxfield	Karen Schulz	Emilie Bosone
A-C	D-Hun	Hur-Liu	MHAT Counselor	Lo-P	Q-T	U-Z

Collaborative Student Support

Counseling & Wellness Center

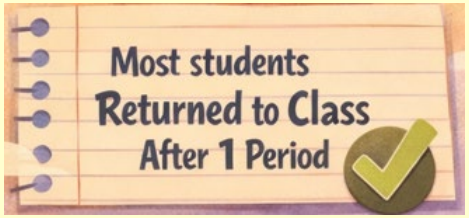
The TEAM:

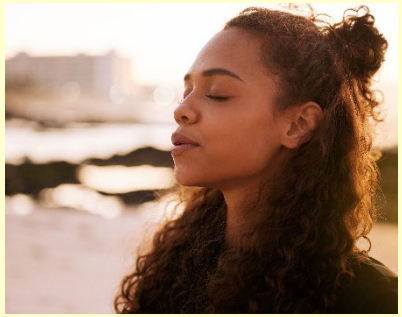
- School Counselors
- MHAT
- School Psychologists
- School Nurse
- YES



The PROGRAM

- Create a **safe space** for students to destress
- Students complete check in form and **rate stress level**
- Choose **mindful activity** to practice
- **Check out** ~ return to class or meet with counselor





A HUGE Thank you to the

NHS PTSA!!

Your Grant has made this possible!

Topics Covered

- Balance Time and Priorities
- Graduation Requirements
- Academic Courses
- College Considerations
- Online Course Selection
- Resources



The Packet



- NHS Cover Letter & Due Dates
- Balancing your day
- 12th grade Course Selection form
- Elective offerings at Newport
- BSD Course Catalog - online

Name _____ Anticipated Career Pathway _____

Balancing Your Day

Wellness is important - We need balance to be healthy - Use this tool to plan for a balanced course load next year

(Note: plan for your hardest semester/day of the week)

Activity	Amount of Time Required	Time Remaining
Hours in a day	----	24 hours
School, including Tutorial (8:00 – 3:30)	7.5 hours	16.5 hours
Sleep (American Pediatric Guideline is 9 hours a night for teenagers)		
Extracurriculars (sports, music, clubs, church, volunteering, work)		
College Planning for 11th & 12th gr (applications, SAT/ACT prep, etc.)		
Personal & Social time: (family, friends, recreation, computer use)		
Meals (not including at school)		
Other (Travel time, getting ready, etc.)		

How much time is left??

Homework Note: every student is different. (Guideline: 2 hours per day plus incremental 30 minutes per AP class)		

In choosing which classes to take, consider what subjects you enjoy the most and have a passion for studying. Keep in mind that the majority of college freshman take three college classes per quarter. This is equal to three AP classes here (in addition to the other classes you will take).

Subject Area	Course Name	Difficulty (easy, medium, hard)	Homework time (average daily amt)
English			
Math			
Social Studies			
World Language			
Science			
Electives			
Electives			
	Total Average	Daily Homework	

Minimum Graduation Requirements

Credit Requirements:

Subject	Credits	Semesters
English	4	8
Social Studies	3.5	7
Math	3	6
Science	3	6
Physical Education	1.5	3
Fine Arts	2	4
Career and Tech.	1	2
Health	.5	1
Electives	3.5	7
World Language	2	4
Total Credits/Sem	24	48

Additional Requirements:

Graduation Pathway

- 2 cr of CTE sequence in same path
- ASVAB (score = 31)
- ELA & Math – (may combine):
  - SBA ELA &/or Math – most use this option
  - Dual Credit ELA or Math classes (RS, CiHS, AP with C+)
  - SAT/ACT scores
  - AP test scores

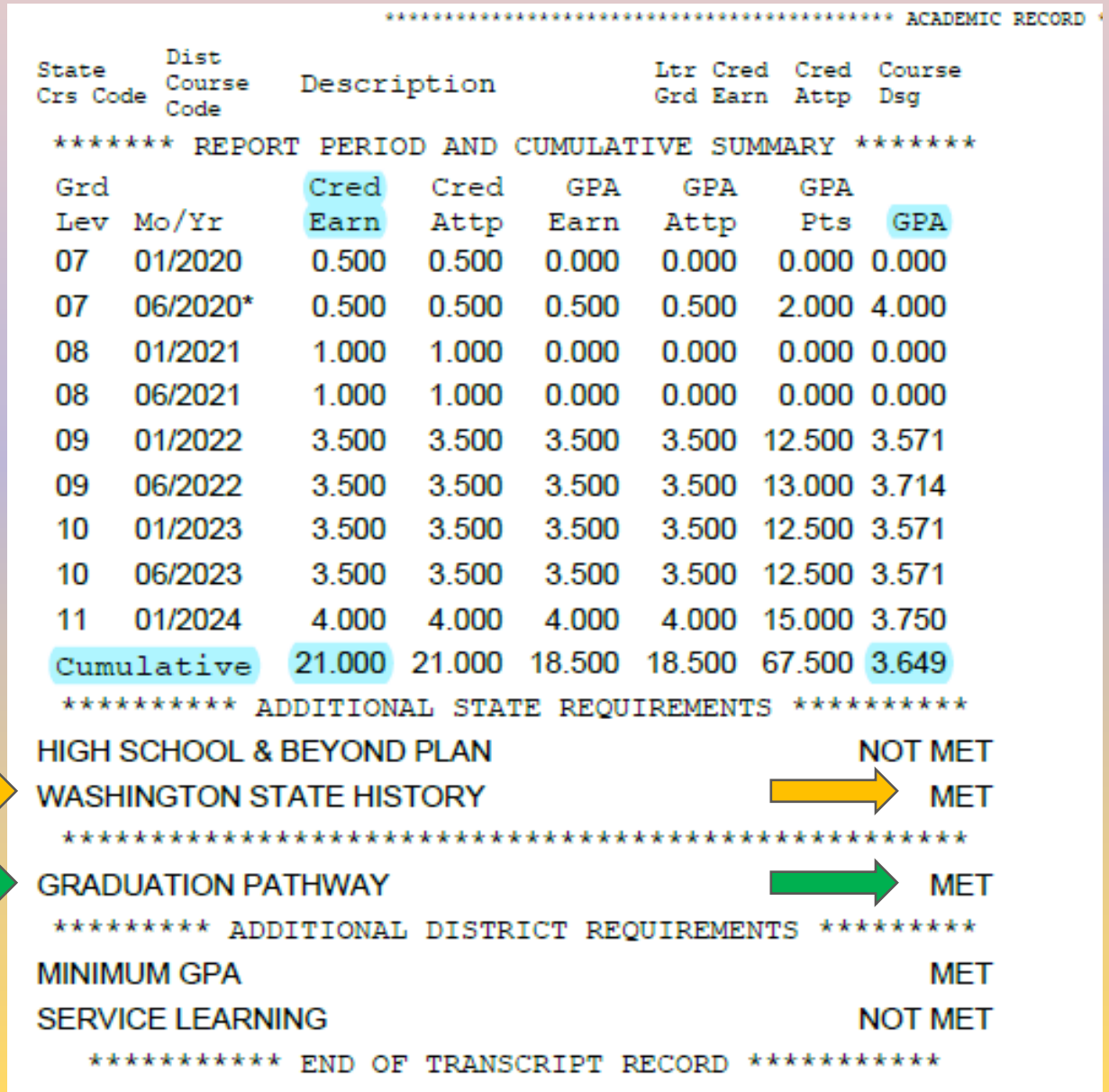
High school & Beyond Plan

- SchooLinks tasks due each year

Community Service - 40 hours

GPA - 2.0 GPA required

Transcript



********** ACADEMIC RECORD **********

State Crs Code	Dist Course Code	Description	Ltr Grd	Cred Earn	Cred Attp	Course Dsg

******* REPORT PERIOD AND CUMULATIVE SUMMARY *******

Grd Lev	Mo/Yr	Cred Earn	Cred Attp	GPA Earn	GPA Attp	GPA Pts	GPA
07	01/2020	0.500	0.500	0.000	0.000	0.000	0.000
07	06/2020*	0.500	0.500	0.500	0.500	2.000	4.000
08	01/2021	1.000	1.000	0.000	0.000	0.000	0.000
08	06/2021	1.000	1.000	0.000	0.000	0.000	0.000
09	01/2022	3.500	3.500	3.500	3.500	12.500	3.571
09	06/2022	3.500	3.500	3.500	3.500	13.000	3.714
10	01/2023	3.500	3.500	3.500	3.500	12.500	3.571
10	06/2023	3.500	3.500	3.500	3.500	12.500	3.571
11	01/2024	4.000	4.000	4.000	4.000	15.000	3.750
Cumulative		21.000	21.000	18.500	18.500	67.500	3.649

********** ADDITIONAL STATE REQUIREMENTS **********

HIGH SCHOOL & BEYOND PLAN — NOT MET

WASHINGTON STATE HISTORY — MET

****

GRADUATION PATHWAY — MET

********* ADDITIONAL DISTRICT REQUIREMENTS *********

MINIMUM GPA — MET

SERVICE LEARNING — NOT MET

********** END OF TRANSCRIPT RECORD **********

Unofficial Transcript
in Document Section of Synergy

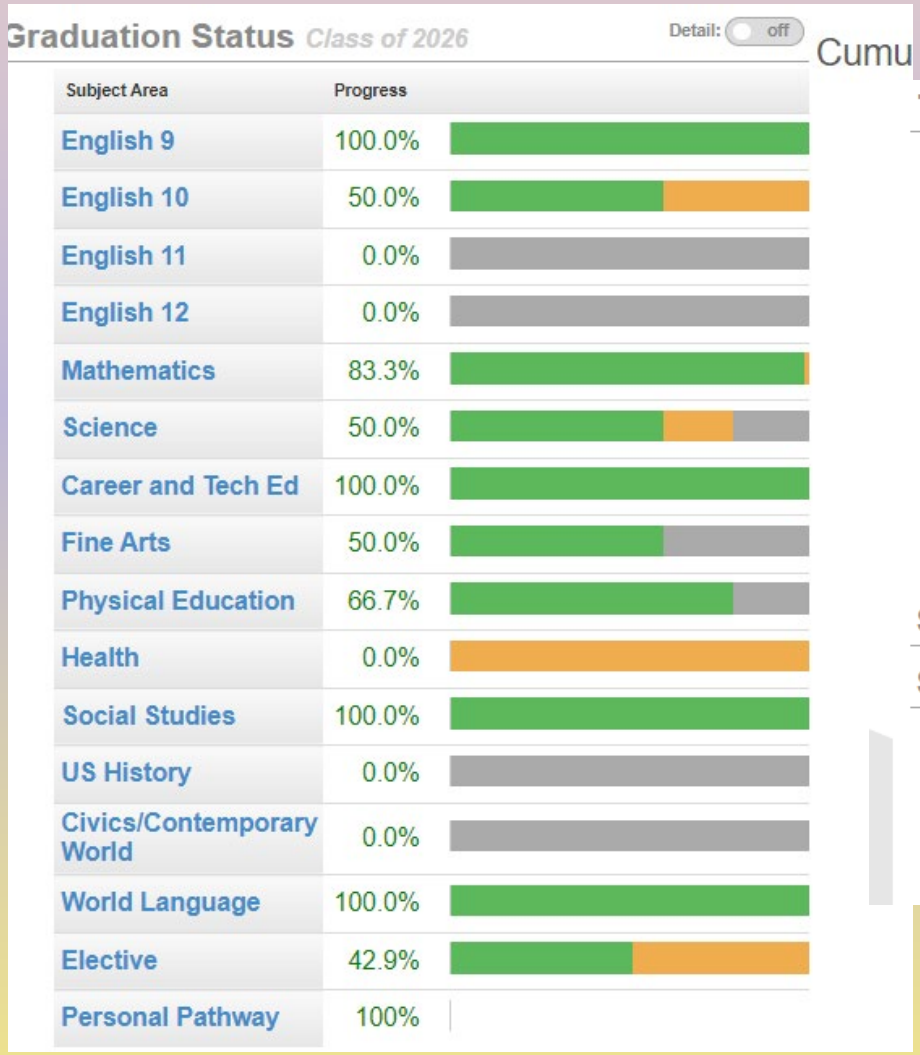
Graduation Requirements - Credit Summary				
Subject Area	Req'd	Comp	WIP	Need
English 9	1.00	1.00		
English 10	1.00	0.50	0.50	
English 11	1.00	0.00		1.00
English 12	1.00	0.00		1.00
Mathematics	3.00	2.50	0.50	
Science	3.00	1.50	0.50	1.00
Career and Tech Ed	1.00	1.00		
Fine Arts	2.00	1.00		1.00
Physical Education	1.50	1.00		0.50
Continued on next column...				

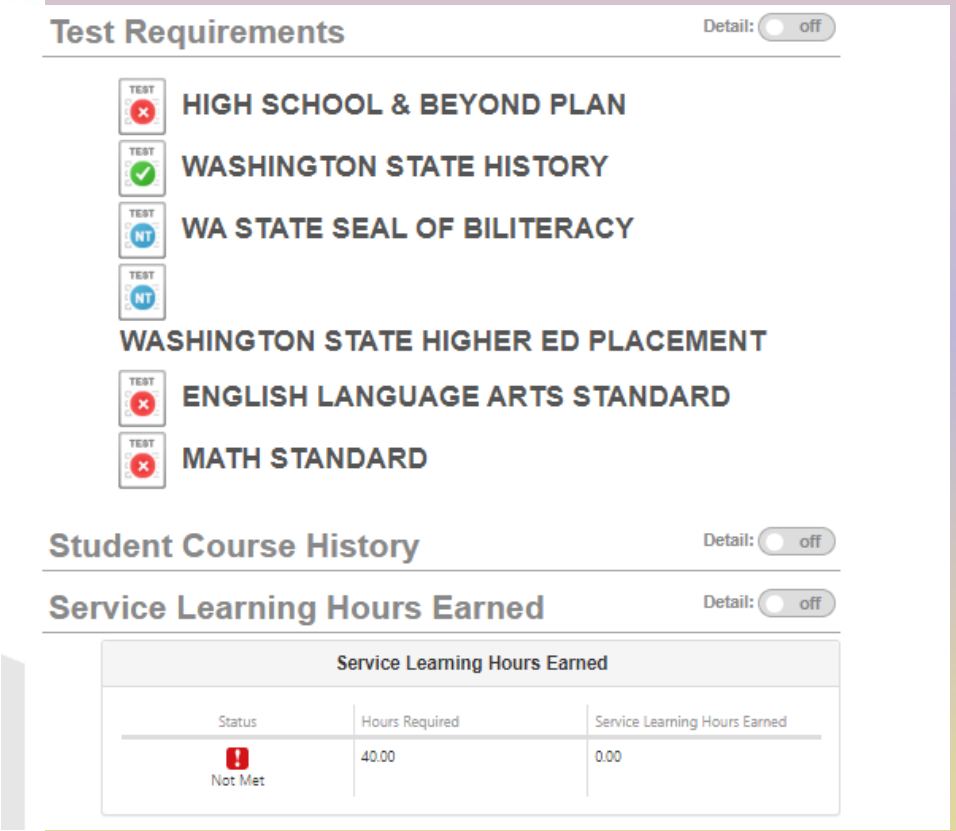
Can use Personal Pathway form for 1.0 Art Credit

Personal Pathway form will only show credit if used for Art or World Language.

Graduation Requirements - Credit Summary				
Subject Area	Req'd	Comp	WIP	Need
Health	0.50	0.00	0.50	
Social Studies	1.50	1.50		
US History	1.00	0.00		1.00
Civics/Contemporary World	1.00	0.00		1.00
World Language	2.00	2.00		
Elective	3.50	1.50	1.50	0.50
Personal Pathway	0.00	0.00		
TOTALS	24.00	13.50	3.50	7.00

Grad Requirements: Course History





REQUEST FOR REMOVAL OF CREDIT AND/OR GRADE

Students who completed high school courses in middle school - those grades & credits were automatically added to your NHS transcript. Go to document tab in Synergy to view transcript.

REQUEST FOR REMOVAL OF CREDIT and/or GRADE: the form (2410P link below) must be submitted by the end of a student's junior year.

Removing grades and/or credit is permanent. They will not be added back to the transcript if the student or parent changes their mind.

Procedure 2410P Exhibit J

English



Senior English

AP Literature & Composition

Advanced Studies in English

(pre-req: AP Lit or Senior English)

Social Studies



How to choose??

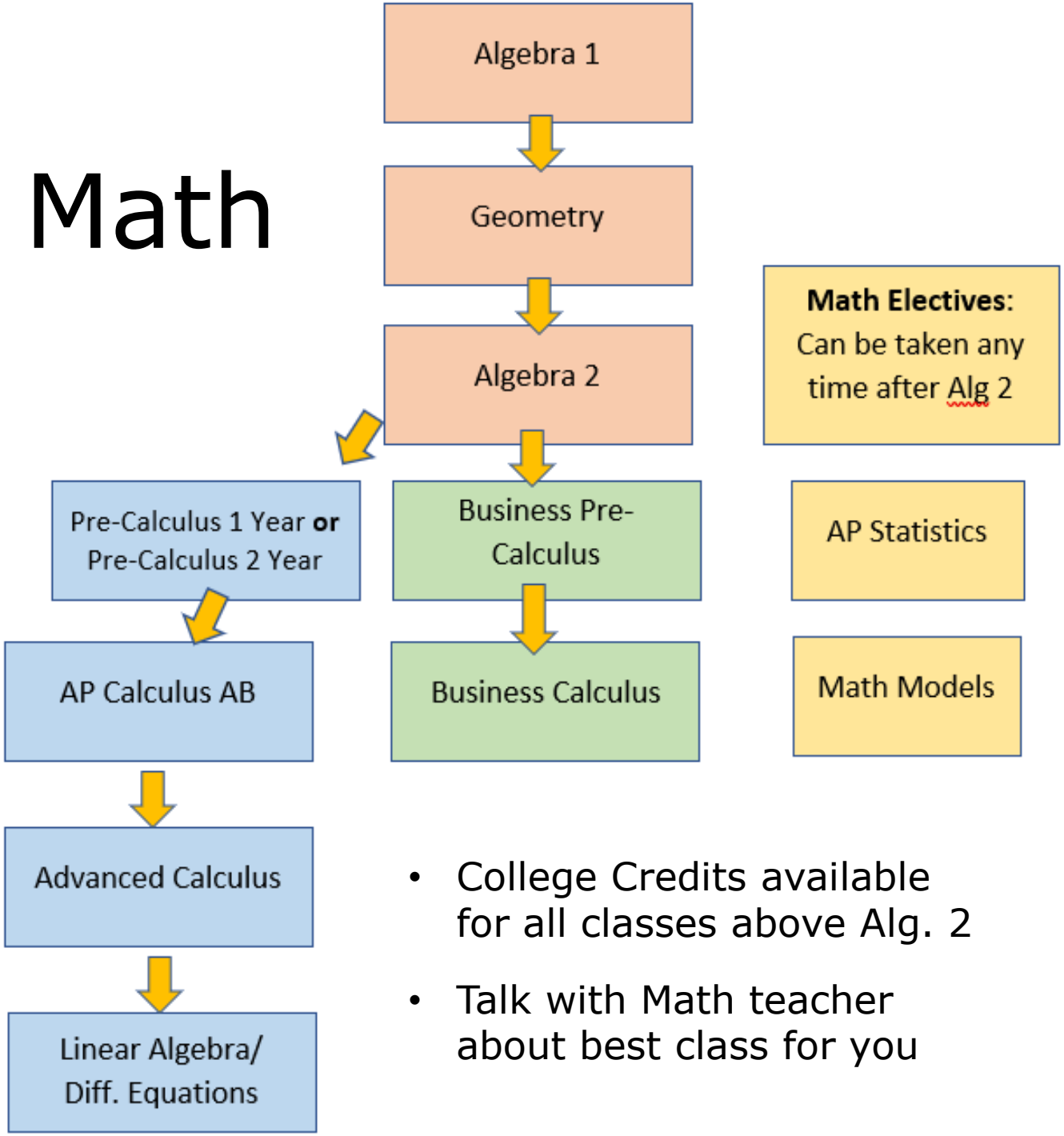
- **Interest** in subject
- **Balance** of overall course load
- **Strength** of reading & writing ability

US Civics/Contemporary World Problems

AP US Government & Politics

Note: Curriculum does NOT align, so students may not switch classes mid-year!

Math



- College Credits available for all classes above Alg. 2
- Talk with Math teacher about best class for you

Science

Required: Biology→ Chemistry

Additional Course Options (pre-reqs)

- **Physics** (Chemistry)
- **AP Biology** (Biology, Chemistry)
- **AP Chemistry** (Chemistry, concurrent Pre-Calc recommended)
- **AP Physics 1** (Chemistry, Algebra II)
- **AP Physics 2** (AP Phys 1)
- **AP Physics C Mech** (Concurrent AP Calc)
- **AP Physics C Electricity & Magnetism** (AP Phys C Mech)
- **AP Environmental Science** (Chemistry)
- **Marine Science** (Chemistry)
- **Anatomy and Physiology** (Chemistry)*
- **Biotechnology** (Biology, Chemistry)*
- **Brain & Addiction - 1 semester/1 Credit** (Biology, Chemistry)

*** CTE credit option -** Some CTE courses grant Science Credit

World Language



College Pathway:

- Two years of same world language required, 3-4 recommended
- Some colleges prefer three years *(check college websites)*

Personal Pathway option:

- Students can use a Personal Pathway for up to 2 WL credits

World Language Competency Test:

- Receive up to 4 World Language credits
- Register online and pay the school accountant
- More details on BSD website: World Language Comp Test Info

Program Courses

- **Spanish Immersion:** Honors Spanish Academy
- **Chinese Dual Language:** Public Speech & Debate
- **Online Classes**: Arabic, Korean



Physical Education

1.5 credits for graduation

Sport for PE Credit

Must finish by 1st Sem of 12th

- ✓ **Practice Log** for school or community sport
- ✓ **Written exam** – Offered monthly

Information and forms on BSD website

Fun PE Electives!

see course catalog

NCAA: Contact the Athletic and Activities Director, Mr. Brakke at brakkeb@bsd405.org for more information

Electives

Elective Fair: Friday 2/27

New!!

- AP Business with Personal Finance (prereq=Intro to Marketing)
- African American Studies (1 yr)
- Asian American Studies (1 sem)
- Mandarin Dual Language Classes

Course Catalog

Course Descriptions

Application Courses:

- Link Crew – see Mr. Nonis or Mr. Soetrisno
- Journalism – see Mr. Glowacki
- Yearbook – see Mr. Hamada
- ASPEN- see Ms. Feder (prerequisite = BSD Health)
- Leadership - **Required** class for ASB Officers

BSD WANIC Courses

Choose AM or PM course in StudentVue * No separate application required



Automotive Technology (Bellevue)



Building Industry Technologies – Core Plus Construction (Interlake)



Cisco Networking Academy (Newport)



Culinary Arts (Newport)



Health Science Careers – Nursing (Sammamish)



Maritime Welding – Core Plus (Interlake)

WANIC Courses: Outside BSD

- ✓ Separate application required
- ✓ Choose Out of District WANIC AM or PM in StudentVue
- ✓ Must have travel period

A few examples....

- Aerospace Manufacturing – Core Plus (Liberty)
- Automotive Technology (Bothell)
- Aviation Technology – STEM (LWTech)
- Baking & Pastry (Bothell)
- Building Industry Technologies – Core Plus Construction (Bothell)
- Dental Careers (LWTech)
- DigiPen Art and Animation
- DigiPen AI & Predictive Analytics
- DigiPen Art and Animation
- DigiPen Game Design
- DigiPen Music & Sound Design
- DigiPen Video Game Programming
- Fire & EMS (LWTech)
- Health Science Careers – Nursing (LWTech, Woodinville)
- Medical Careers (LWTech)
- Restoration Ecology & Sust. Forestry (Duvall)
- Sports Medicine (Issaquah)

RUNNING START

Earn College Credit in High School!

High School and College Credit (Dual Enrollment)

A few IMPORTANT details:

- **Newport Campus** – only when taking a class
- **Yearlong Commitment** – NHS classes may not be moved to accommodate RS class
- **Grad Required Classes** must be finished by Winter Quarter
- **College Issues** – contact college directly for questions, problems, fees, etc.

More information:

Bellevue College
Lake Washington Tech
Renton Tech

RUNNING START

Earn College Credit in High School!

Part Time or Full Time??

Example: (depends on state funding)

Newport classes	RS Classes
6 or 7	1
5	1+
4	2
3	2+
1 or 2	3

NOTE:

Counselors will help students determine the exact number of **college credits** covered.



New RS Student Steps to Follow

1. Attend Information Sessions (both BSD and BC)
   a. BSD Running Start presentation
   b. Bellevue College Info Session (on BC Website)

2. Apply to BC (or other college), and follow the steps before signing EVF

Questions??

Visit Running Start page for more information and forms

See Mr. Rios or come to our Tutorials

College Considerations

- Colleges want to see **Rigor, Balance, and Commitment**
- 4 Years Math and Science (ideal)
- World Language (2-3 years of same language)
- Try something new or pursue a passion
- Get involved and build leadership skills
- University of California:
  - 1.0 credit **Fine Art** class in same discipline
  - **No "D"** grades
- College & Career Counselor – Fabian Rios (Riosf@bsd405.org)
- Many courses offer optional college credit (dual credit)

Post High School Planning Events

January	Counselor Junior Lesson
Spring	BSD College Conference Sessions
May	Counselor Presentation on College Application Process
September	Senior Blitz and Parent Night
October	Super Wednesday: SAT & College App Workshop

Online Course Selections

Submit online in StudentVue (Course Request) by the time you meet w counselor

Meet with Counselor starting March 16th in History class

Complete **directions** on NHS website

Parents and students should discuss courses and consider balance and time

If you make a mistake **counselors will fix problems** ☺

Reminders!

Choose carefully! You are committing to take the courses you choose

Alternates are considered **requests** when your first selection is not available

Aim for balance & choose what is ***best for you*** – **resist social pressure**

Consult with current teachers about which courses to take (i.e. AP, Math, Science, etc.)

Turn in paper Course Registration forms to counselor, **week of March 16th**

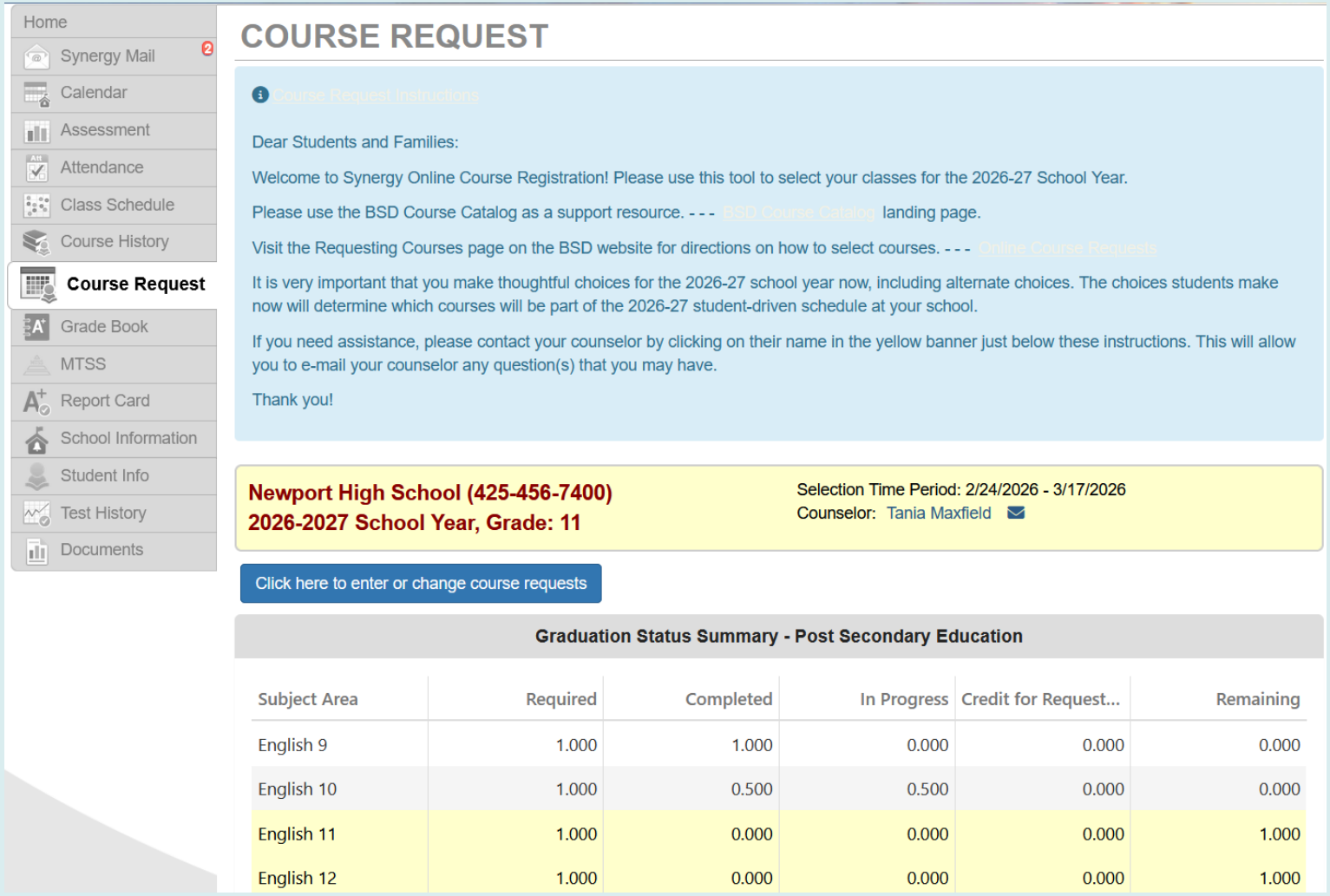
Need to retake a class?

Consult with your Counselor for options
Summer School - BSD website
Outside district online options
– Requests approved quarterly

Questions?

Counselors will meet with you individually to answer questions starting March 16th
Tutorials: 2/26, 3/3, 5, 10

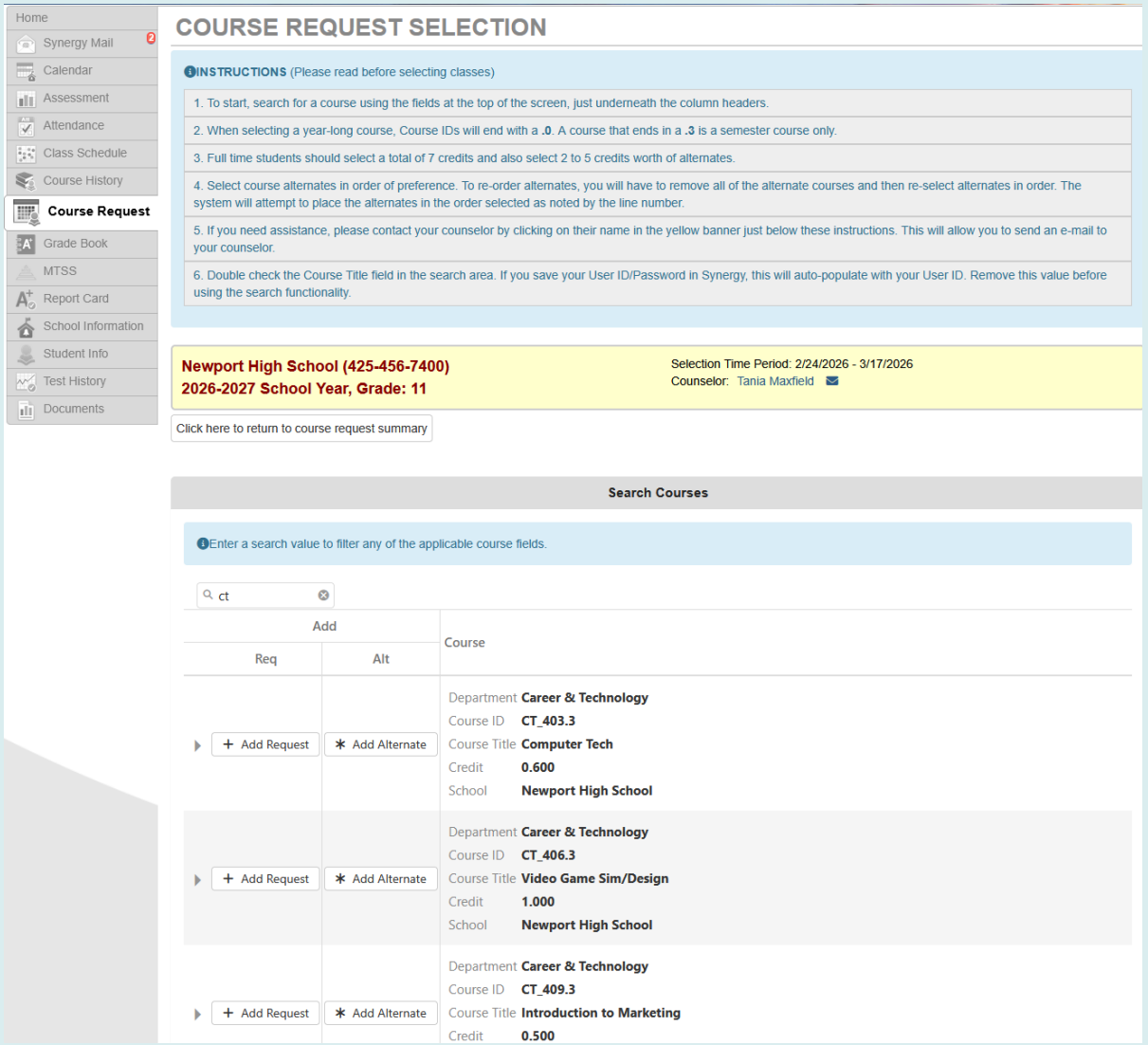
Online Course Selection



Choosing Your Classes

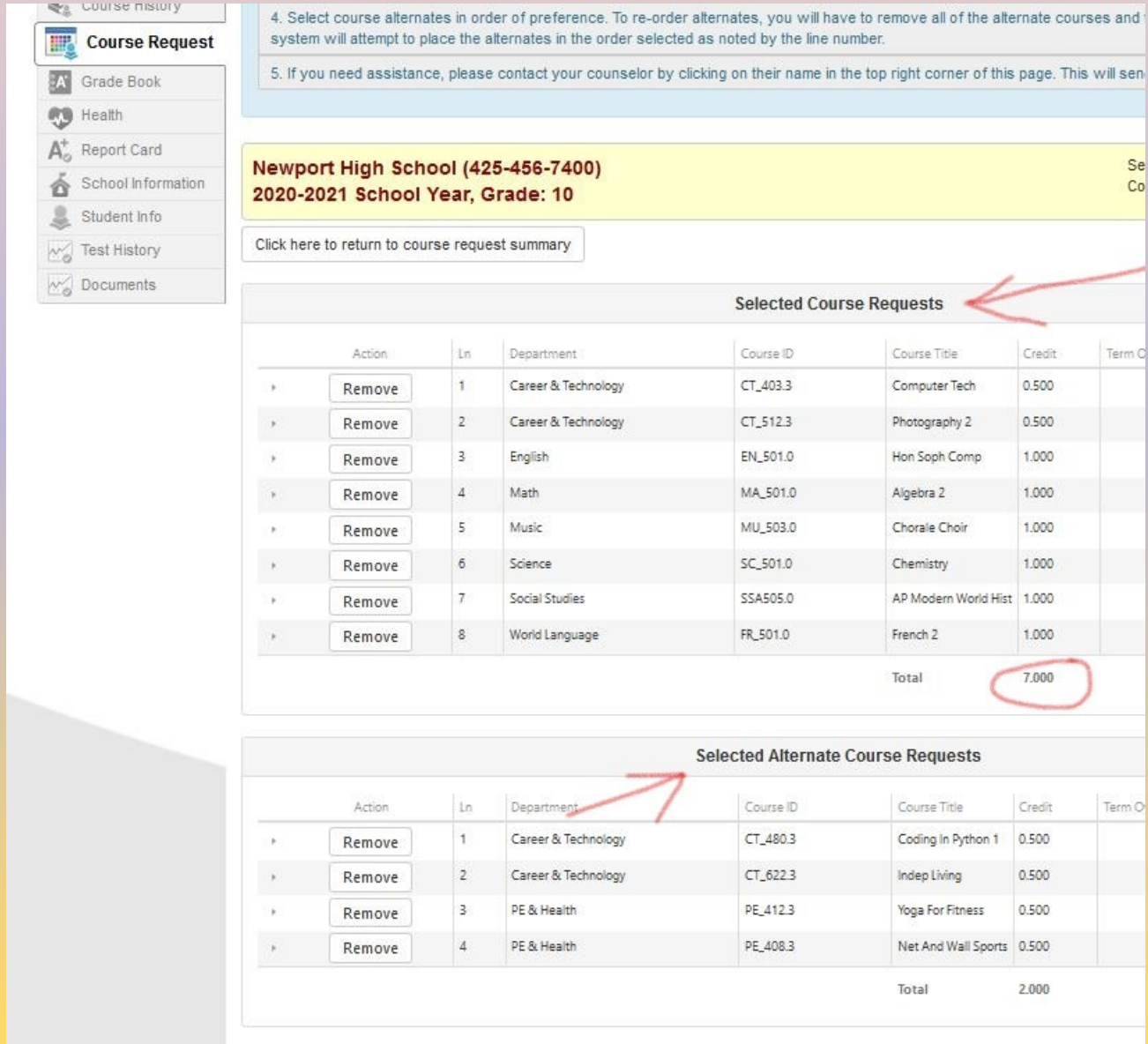
1. Search for courses by department
2. Choose request or alternate
3. Check comments in red for pre-requisite information and messages

(.5 = semester-only class)



Review your selections:

- Make sure you have enough credits
- 7.0 credits Regular
- 2.0 credits Alternate (minimum)
- Alternate requests are prioritized



Resources

Where to go to register:

- Registration website: On-line course selection detailed instructions
- YouTube step by step directions for registration

Additional course info:

- Elective Fair Feb 27th
- BSD Course Catalog

Registration Tutorial Q&A

- Tues - March 3 & 10
- Thurs - Feb 26 & March 5

Additional Online Resources

Additional Course information

BSD Course Catalog

How to select courses in Synergy:

Registration website: On-line course selection detailed instructions

Sports for PE Credit

https://bsd405.org/departments/athletics-activities/earn-pe-credit/

Advanced Placement

https://bsd405.org/departments/curriculum/advanced-level-courses/

Running Start

https://www.bellevuecollege.edu/runningstart/

https://www.lwtech.edu/academics/high-school/running-start/running-start-information-sessions/

https://newporthigh.bsd405.org/academics/running-start

World Language Competency Program

https://www.bsd405.org/academics/language-programs/world-language/world-language-competency-credits

Summer WANIC

https://wanic.lwsd.org/academics/summer-courses

