



Menus for MARCH 2026

Fulton County Schools

This institution is an equal opportunity provider. Menus are subject to change.

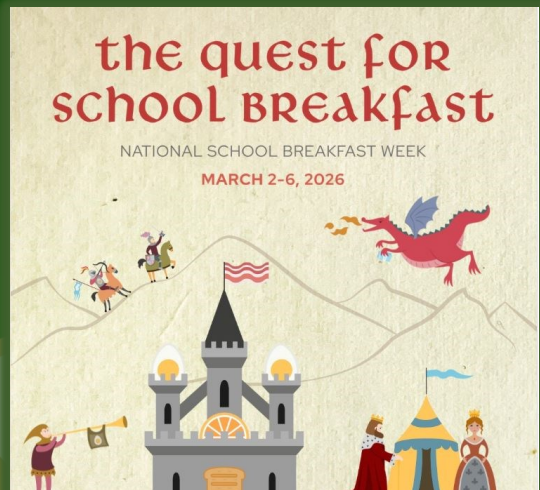


Happy St. Patrick's Day!

Spring Forward



Sunday, March 8



the quest for school breakfast

NATIONAL SCHOOL BREAKFAST WEEK
MARCH 2-6, 2026

Kids!

Join us March 2-6 for National School Breakfast Week 2026!

Available Daily

Breakfast
Yogurt Parfaits, Pop Tarts, Cereal, Muffins, Donuts with Fruit, Juice, & Milk

Option 2 Lunches
Monday- Pizza
Tuesday- Italian Cheese Bread
Wednesday- Cheeseburger & Chips
Thursday- Boneless Wings
Friday- Pizza

Option 3
Salads

Monday, March 2	Tuesday, March 3	Wednesday, March 4	Thursday, March 5	Friday, March 6
<p>Breakfast Stuffed Hashbrown w/ Bacon</p> <p>Lunch Fried Chicken Roll Mashed Potatoes Green Beans Assorted Fruit Juice & Milk</p>	<p>Breakfast Sausage Breakfast Croissant</p> <p>Lunch Chicken Fajitas w/ Tortillas Mexican Rice Corn Assorted Fruit Juice & Milk</p>	<p>Breakfast Cinnamon Roll</p> <p>Lunch Chili Cheese Dog OR Hotdog Mac & Cheese Baked Beans Assorted Chips Assorted Fruit Juice & Milk</p>	<p>Breakfast Cheese Omelet w/Sausage</p> <p>Lunch Orange Chicken Roll Fried Rice Broccoli & Cheese Shoe String Fries Assorted Fruit Juice & Milk</p>	<p>Breakfast Strawberry Shortcake Donut</p> <p>Lunch Chicken Rotel Roll Green Beans Roasted Potatoes Assorted Fruit Juice & Milk</p>
Monday, March 9	Tuesday, March 10	Wednesday, March 11	Thursday, March 12	Friday, March 13
<p>Breakfast EggStravganza Burrito</p> <p>Pastries w/Parents K-1, 6th Grade</p> <p>Lunch Chicken Strips Roll Mashed Potatoes Green Beans Assorted Fruit Juice & Milk</p>	<p>Breakfast Bacon Egg & Cheese Biscuit</p> <p>Pastries w/ Parents 2-3, 7th Grade</p> <p>Lunch Walking Taco Salsa Corn Refried Beans Assorted Fruit Juice & Milk</p>	<p>Breakfast Dutch Waffle</p> <p>Pastries w/Parents 4-5, 8-12 Grade</p> <p>Lunch Frito Chili Pie Mac & Cheese Baked Beans Assorted Chips Assorted Fruit Juice & Milk</p>	<p>Breakfast Cinnamon Biscuits</p> <p>Lunch Sweet & Sour Chicken Fried Rice Broccoli & Cheese Curly Fries Assorted Fruit Juice & Milk</p>	<p style="text-align: center;">No School Today</p>

the choices that you

PARALYMPIC WINTER GAMES



Milano Cortina, Italy March 6-15



What's on **YOUR** plate?

Boost your Burrito!

Burritos made at home or at a Mexican restaurant, should **ALWAYS INCLUDE BEANS!** These tasty little wonders are a nutritional powerhouse, brimming with fiber, protein, and nutrients. For good nutrition, skip on the cheese and load up on the beans!



Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html

Monday, March 16

Breakfast

Biscuits & Gravy
w/ Bacon

Lunch

Breaded Pork Chop
w/ Gravy
Roll
Mashed Potatoes
Green Beans
Assorted Fruit
Juice & Milk

Monday, March 17

Breakfast

Sausage Egg &
Cheese Biscuit

Lunch

Chicken & Cheese
w/ Tortillas
Corn
Mexican Rice
Assorted Fruit
Juice & Milk

Wednesday, March 18

Breakfast

French Toast w/ Bacon

Lunch

Scrambled Eggs
Bacon OR Sausage
Biscuits & Gravy
Hashbrown
Assorted Fruit
Juice & Milk

Thursday, March 19

Breakfast

Mini Cinnis

Lunch

General Tso Chicken
Fried Rice
Broccoli & Cheese
Crinkle Cut Fries
Assorted Fruit
Juice & Milk

Friday, March 20

Breakfast

Iced Donuts

Lunch

BBQ Rib Sandwich
Green Beans
Potato Wedges
Assorted Fruit
Juice & Milk

Monday, March 23

Breakfast

EggStravaganza Burrito

Lunch

Baked Rotini
Roll
Mashed Potatoes
Green Beans
Assorted Fruit
Juice & Milk

Tuesday, March 24

Breakfast

Bacon Egg &
Cheese Biscuit

Lunch

Beef & Bean Burrito
w/ Queso Cheese
Refried Beans
Corn
Assorted Fruit
Juice & Milk

Wednesday, March 25

Breakfast

Dutch Waffle

Lunch

Chicken Sandwich
Baked Beans
Tator Tots
Assorted Fruit
Juice & Milk

Thursday, March 26

Breakfast

Cinnamon Biscuits

Lunch

Chili Crisptos
Broccoli & Cheese
Seasoned Fries
Assorted Fruit
Juice & Milk

Friday, March 27

Breakfast

Chicken & Biscuit

Lunch

Philly Cheese Steak
Sandwich
Green Beans
Cheesy Bake Potatoes
Assorted Fruit
Juice & Milk

Monday, March 30

Breakfast

Biscuits & Gravy
w/ Bacon

Lunch

Fried Chicken
Roll
Mashed Potatoes
Green Beans
Assorted Fruit
Juice & Milk

Tuesday, March 31

Breakfast

Sausage Egg &
Cheese Biscuit

Lunch

Chicken Fajitas
w/ Tortillas
Mexican Rice
Corn
Assorted Fruit
Juice & Milk

Weird SCIENCE

Make a RUBBER EGG!

You'll Need:

- ✓ a raw egg
- ✓ white vinegar
- ✓ a plastic container

- 1 Place the raw egg in the container and cover it with vinegar.
- 2 After 24 hours, gently prod the egg with your finger. Does it feel soft and elastic like rubber? (If not, replace the vinegar with fresh vinegar and wait another 24 hours.)
- 3 Congratulations! You have used the vinegar to "decalcify" the egg. The egg shell contains a substance called "calcium carbonate." The acid in the vinegar dissolves the calcium carbonate in the egg shell, and what's left is soft and flexible rather than hard and rigid. You've created a rubber egg!
- 4 Poke the egg (gently) with a fork until you pierce the shell and the yolk and white come out. The shell should look like a popped balloon!