



November 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
At all sign up meetings, the team swimsuit will be available for anyone to try on for proper sizing						1
2	3 All Periods Day 3	4 Regular 3	5 Meeting 7	6 Regular 3	7 Meeting 7	8
9	10 All Periods Day 2	11 Regular 2	12 Meeting 6 7 am National Signing Day	13 Regular 2	14 Meeting 6	15
16	17 All Periods Day 1	18 Regular 1	19 Mass 5 2:15 pm Sign up Meeting (SMCHS Pool Deck)	20 Regular 1 2 pm Sign up Meeting (SMCHS Pool Deck)	21 Meeting 5 1:45 pm Sign up Meeting (SMCHS Pool Deck)	22
23	24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL Thanksgiving	28 NO SCHOOL	29
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December 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Regular 7 2 pm Sign up Meeting (SMCHS Pool Deck)	2 Meeting 4	3 All Periods Day 7 2:30 pm Sign up Meeting (SMCHS Pool Deck)	4 Regular 7 2 pm TYR Tech Suit Fitting (SMCHS Pool Deck) 2 pm Sign up Meeting (SMCHS Pool Deck)	5 Special 4	6
7	8 Mass 6	9 Regular 2	10 All Periods Day 6	11 Regular 6	12 Meeting 3	13
14	15 All Periods Day 5	16 Semester Exams (5, 6)	17 Semester Exams (7, 1)	18 Semester Exams (2, 3)	19 Semester Exam (4)	20
21	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL Christmas	26 NO SCHOOL	27
28	29 NO SCHOOL	30 NO SCHOOL	31 NO SCHOOL			At all sign up meetings, the team swimsuit will be available for anyone to try on for proper sizing



January 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
At all sign up meetings, the team swimsuit will be available for anyone to try on for proper sizing				1 NO SCHOOL New Year's Day	2 NO SCHOOL	3
4	5 All Periods Day 4	6 Regular 4 2 pm Sign Up Meeting (SMCHS Pool Deck)	7 Meeting 1 1:45 pm Sign Up Meeting (SMCHS Pool Deck) 7 pm Parent Info Night @ (Science Lecture Hall)	8 Regular 4	9 Meeting 1	10
11	12 All Periods Day 3	13 Regular 3	14 Meeting 7	15 Regular 3	16 Special Minimum 7	17
18	19 NO SCHOOL MLK Day 9:25-9:55 am Spring Sports Media Day	20 Regular 2	21 Mass 6	22 Regular 2	23 Meeting 6	24
25	26 All Periods Day 1	27 Regular 1	28 Regular 5	29 Mass 2	30 Special 5	31



February 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Items in bold are swimming or diving meets	February 2 is the 1 st mandatory practice for all newcomers (optional for returning swimmers)	February 9 is the 1 st mandatory practice for all swimmers				Days with (*) mean practice could be moved to a different time depending on the girls' water polo season
1	2 Regular 7 3-5 pm Practice (Newcomers)*	3 Meeting 4 3-5 pm Practice (Newcomers)*	4 NO SCHOOL Faculty/Staff Service Day 1-3 pm Practice (Newcomers)*	5 Regular 7 3-5 pm Practice (Newcomers)*	6 Special 4 3-5 pm Practice (Newcomers)*	7
8	9 Regular 6 3-5 pm Practice (All)*	10 Meeting 3 7:45-8:30 am Dryland 3-5 pm Practice (All)*	11 Regular 6 3-5 pm Practice (All)*	12 Minimum 3 6:45-7:30 am Dryland 1-3 pm Practice (All)*	13 NO SCHOOL 9-11 am Practice (All)*	14
15	16 NO SCHOOL President's Day 9-11 am Practice (All)*	17 Regular 5 6:45-7:30 am Dryland 3-5 pm Practice (All)*	18 Mass 2 3-5 pm Practice (All)*	19 Regular 5 6:45-7:30 am Dryland 3-5 pm Practice (All)*	20 Meeting 2 3-5 pm Practice (All)*	21 1 pm Pentathlon @ SMCHS Pool
22	23 All Periods Day 4 3-5 pm Practice (All)*	24 Regular 4 6:45-7:30 am Dryland 2:30-4 pm Team Photos (All) @ SMCHS 4:30 pm Admissions Drive Thru	25 Meeting 1 3-5 pm Practice (All)*	26 Regular 4 6:45-7:30 am Dryland 3-5 pm Practice (All)*	27 Meeting 1 3-5 pm Practice (All)*	28



March 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Regular 3 3-4:30 pm Practice (All) 4:30-6 pm Team Retreat & Dinner (All)	3 Meeting 7 7:45-7:30 am Dryland 3 pm vs. Woodbridge HS (All) @ SMCHS Pool	4 All Periods Day 3 4 pm Capo Relays Prelims (Girls) @ Capo Valley HS 3-5 pm Practice (All those not in today's relays)	5 Meeting 3 7:45-8:30 am Dryland 4 pm Capo Relays Prelims (Boys) @ Capo Valley HS 3-5 pm Practice (All those not in today's relays)	6 Regular 6 4 pm Capo Relays Prelims (Finals) @ Capo Valley HS 3-5 pm Practice (All those not in today's relays)	7 9 am Villa Park Relays (Girls) @ Villa Park HS 1 pm Villa Park Relays (Boys) @ Villa Park HS
8	9 All Periods Day 2 EAGLE GOLF CLASSIC 3-5 pm Practice (All)	10 Special 2 7:15-8:00 am Dryland 3 pm vs. Crean Lutheran HS (All) @ SMCHS Pool	11 Regular 5 3-5 pm Practice (All)	12 Regular 2 6:45-7:30 am Dryland 3-5 pm Practice (All)	13 Meeting 6 9 am Mission Viejo Dive Invitational (Divers) @ MV Nadadores Pool 1:30 pm Mt. Sac Invite Prelims (Varsity) @ Mt. Sac Pool 3-5 pm Practice (JV & Open)	14 3 pm Mt. Sac Invite Finals (Varsity) @ Mt. Sac Pool
15	16 NO SCHOOL 9-11 am Practice (All)	17 Mass 1 6:45-7:30 am Dryland 3-5 pm Practice (All)	18 Regular 4 2:30-3 pm Faith Formation (SLH) 3:15-5 pm Practice (All)	19 Regular 1 6:45-7:30 am Dryland 3:15 pm vs. Servite/Rosary HS (All) @ Servite HS	20 Meeting 5 3 pm SM Lower Level Invite Prelims (Open) @ SMCHS Pool	21 10 am SM Lower Level Invite Finals (Open) @ SMCHS Pool 4 pm USC Invitational (Varsity & JV) @ USC
22	23 Regular 7 3-5 pm Practice (All)	24 Meeting 4 7:45-8:30 am Dryland 3-5 pm Practice (All)	25 All Periods Day 7 3-5 pm Practice (All)	26 Regular 7 6:45-7:30 am Dryland 3:15 pm vs. Mater Dei HS (All) @ Mater Dei HS	27 Minimum 4 1-3 pm Practice (All)	28 10 am SM Dive Invitational (Divers) @ SMCHS Pool
29	30 Regular 6 3-5 pm Practice (All)	31 Meeting 3 7:45-8:30 am Dryland 3-5 pm Practice (All)				Items in bold are swimming or diving meets



April 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Items in bold are swimming or diving meets</p>			1 Regular 6 3:15 pm vs. St. John Bosco HS (Boys) @ SMCHS Pool	2 Minimum 3 6:45-7:30 am Dryland 1-3 pm Practice (All)	3 NO SCHOOL Good Friday NO PRACTICE	4
5 Easter	6 NO SCHOOL 9-11 am Practice (All)	7 NO SCHOOL 8-8:45 am Dryland 9-11 am Practice (All)	8 NO SCHOOL 9-11 am Practice (All)	9 NO SCHOOL 8-8:45 am Dryland 9-11 am Practice (All)	10 NO SCHOOL 9-11 am Practice (All)	11 8 am Mt. Sac Meet of Champions (JV & Open) @ Mt. Sac Pool 10 am California Catholic Swim Invite @ SMCHS Pool (Varsity)
12	13 All Periods Day 5 3-5 pm Practice (All)	14 Regular 5 6:45-7:30 am Dryland 3:15 pm vs. Orange Lutheran HS (All) @ SMCHS Pool (SENIOR DAY)	15 Regular 2 3-5 pm Practice (All)	16 Mass 6 6:45-7:30 am Dryland 3 pm Foothill Swim Games Prelims (Varsity & JV Boys) @ Foothill HS 3-5 pm Practice (All not in Today's Swim Meet)	17 Rally 2 10:25-11:15 am Spring Sports Rally (Gym) 3 pm Foothill Swim Games Prelims (Varsity & JV Girls) @ Foothill HS 3-5 pm Practice (All not in Today's Swim Meet)	18 9 am Foothill Swim Games Finals (Varsity & JV) @ Foothill HS
19	20 All Periods Day 4 3-5 pm Practice (All)	21 Special 4 7:15-8:00 am Dryland 3-5 pm Practice (All)	22 Special 7 3-5 pm Practice (All)	23 Regular 3 3:15 pm vs. JSerra HS (All) @ JSerra HS	24 Regular 7 3-5 pm Practice (All)	25
26	27 All Periods Day 3 10 am Trinity League Dive Finals (Divers) @ Crown Valley Pool 3-4:30 pm Practice (All) 4:30 pm Team Shave Down Dinner (All)	28 Regular 3 6:30-7:30 am Practice (Boys) 4 pm Trinity League Swim Prelims (Girls) @ SMCHS Pool	29 Special 7 6:30-7:30 am Practice (Girls) 4 pm Trinity League Swim Prelims (Boys) @ SMCHS Pool	30 Regular 3 8:30 am CIF Dive Finals (Divers) @ MV Nadadores Pool 3-4:30 pm Practice (All)		



May 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Items in bold are swimming or diving meets</p>					1 Meeting 7 2 pm Trinity League Swim Finals (All) @ SMCHS Pool	2
3	4 All Periods Day 2 3-4:30 pm Practice (CIF Team)	5 Regular 2 2:00 pm State Qualifying (Divers) @ Mt. Sac Pool 3-4:30 pm Practice (CIF Team)	6 Regular 6 3-4:30 pm Practice (CIF Team)	7 Mass 3 9 am CIF Swim Prelims (CIF Team) @ Mt. Sac Pool	8 Meeting 6 3-4:30 pm Practice (CIF Team)	9 10 am CIF Swim Finals (CIF Team) @ Mt. Sac Pool
10	11 All Periods Day 1 3-4:30 pm Practice (State Team)	12 Regular 1 3-4:30 pm Practice (State Team)	13 Meeting 5 7 am National Signing Day 3-4:30 pm Practice (State Team)	14 Regular 1 9:30 am (Girls Diving) @ Clovis West HS 2:00 pm State Champs (Boys Diving) @ Clovis West HS 2:30 pm Leave for State Champs (State Team)	15 Meeting 5 1 pm State Champs Swim Prelims (State Team) @ Clovis West HS	16 10:30 am State Champs Swim Finals (State Team) @ Clovis West HS
17	18 Regular 7 Senior Semester Exams (7, 1)	19 Meeting 4 Senior Semester Exams (5, 6)	20 Special Senior Semester Exams (2, 3) Semester Exams (2, 3)	21 Special Senior Semester Exam (4) Semester Exam (4) Prom	22 NO SCHOOL	23 10 am PAL Swim Championships @ SMCHS Pool
24 ----- 31	25 NO SCHOOL Memorial Day	26 Special Semester Exams (5, 6) 5 pm Banquet (TBA)	27 Special Semester Exams (7, 1)	28 NO SCHOOL Graduation	29 NO SCHOOL	30



June 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				



July 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6 1-3 pm Youth Swim Technique Camp 1-3 pm HS Swim Technique Camp	7 1-3 pm Youth Swim Technique Camp 1-3 pm HS Swim Technique Camp	8 1-3 pm Youth Swim Technique Camp 1-3 pm HS Swim Technique Camp	9 1-3 pm Youth Swim Technique Camp 1-3 pm HS Swim Technique Camp	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	