

HEIGHTS CHRISTIAN SCHOOLS



Brea Preschool & Infant Center
La Habra Heights Preschool & Infant Center
Ramona Campus Preschool • **La Mirada Preschool**



MARCH NEWSLETTER | 2026

Exciting
Update!

PHASE 1 OF 3:
Scheduled to Break Ground
Summer 2026

7.5 M GOAL | \$4.7M PLEDGED

God is moving; please continue to pray!

The Jubilee
Legacy
Project

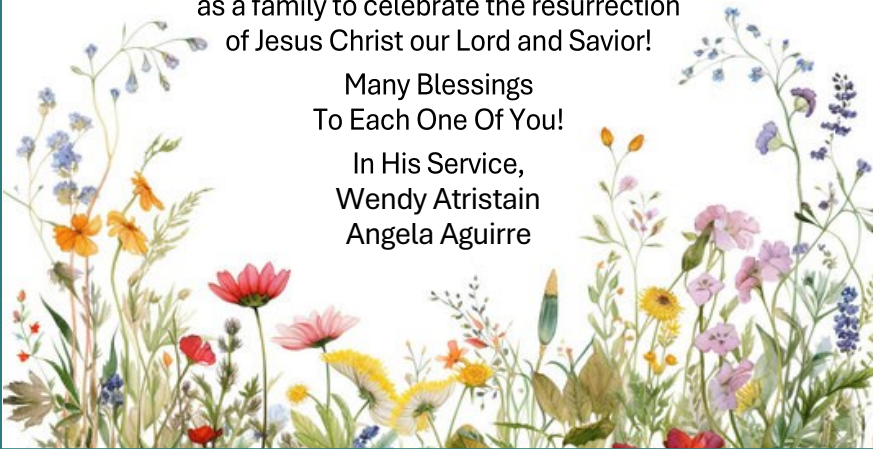
Happy Spring!

Spring is such an amazing season! New life is blooming everywhere you look. I love the verse, Isaiah 61:11 *“For as the soil makes the sprout come up and a garden causes seeds to grow so the Sovereign Lord will make righteousness and praise spring up before all nations.”*

As you see the signs of spring in these next months, let it be a reminder to you of Jesus’ love for you and your family. If you do not have a church for you and your family to worship, start looking for one now. With Easter coming up, what a perfect time to gather as a family to celebrate the resurrection of Jesus Christ our Lord and Savior!

Many Blessings
To Each One Of You!

In His Service,
Wendy Atristain
Angela Aguirre



MARCH

- 6 Book Parade
- 8 Daylight Savings “Spring Forward”
1 hour
- 24 Spring Pictures
- 27 Family Fellowship Night
- 3/30- Living Cross Celebration
- 4/2
- 31 Resurrection Celebration &
Easter Egg Hunt

APRIL

- 1-2 Living Cross Celebration
- 3 Good Friday (**Preschool Closed**)
- 20-24 Staff Appreciation Week



Tiny Humans, Big Emotions

When a preschooler is upset, their brain is basically throwing a tiny storm—logic takes a back seat, and big feelings take the wheel. That’s where cool-down time comes in. Giving your child space to calm their body helps their nervous system reset so their “thinking brain” can come back online.

Developmental research shows that young children can’t self-regulate on their own yet—they borrow calm from trusted adults. A short, predictable cool-down (think cozy corner, deep breaths, a hug, or squeezing a pillow) teaches them that feelings are safe and manageable, not something to fear or rush through.

Over time, these moments build lifelong skills like emotional regulation, problem-solving, and resilience—all while helping everyone get back to playing, learning, and connecting a whole lot faster.

Reminder!



Spring forward

Don't forget to set clocks ahead one hour at 2 a.m. Sunday.



MARCH 8

Mark Your Calendar!

HEIGHTS CHRISTIAN SCHOOLS

Our PRESCHOOL will be

CLOSED

Good Friday, April 3.

Preschool classes will resume Monday, April 6



HE IS RISEN

DEATH COULD NOT HOLD HIM.

Have a wonderful Easter!

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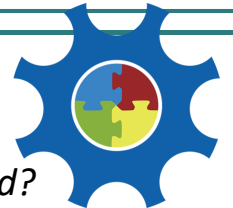


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IMPORTANT REMINDER

EMERGENCY RELEASE CONTACTS INSITE APP & FAMILY PORTAL

Have a friend or relative that helps pick-up and drop-off your child?



EMERGENCY RELEASE CONTACT REMINDERS

Any person dropping off or picking up your child is required to be listed as an Emergency Release Contact and have their own PIN.

Parents must manage and update their Emergency Release contacts through the Procure Family Portal.

Parent QR Codes are not to be shared with Emergency Release contacts.