

Student with Diabetes - Checklist for Parents

Please deliver medication and medication orders the week prior to the start of school. A meeting with the school nurse is required before the first day in order for your student to start school.

☐ **Medication Orders from your Provider or Seattle Children's**

- ☐ Signed by parent
- ☐ Signed by Health Care Provider
- ☐ **New medication orders are required for each school year.**
- ☐ Medication delivered to school should be exactly the same as what the Health Care Provider has written on the order form.
- ☐ All diabetic supplies should be brought to school with medication and orders

☐ **Authorization for Medication**

- ☐ Bottom section of NSD Medication Authorization form needs to be signed by a parent
- ☐ **New medication orders are required for each school year.**

☐ **Medication**

- ☐ Medication must have a pharmacy label on it with instructions that match the Health Care Providers orders.
- ☐ Make note of the expiration date and plan to replace the medication prior to the expiration date.
- ☐ Deliver to the school nurse before the first day of attendance.
- ☐ Medication must be brought to school by an adult, please do not put medications in your student's backpack.

☐ **Seattle Children's Authorization to Release/Obtain/Exchange Patient Health Information**

☐ **Individualized Health Care Plan:**

Diabetes Individualized Health Plan - for Elementary Students (Pre-K to 5th grade)
Diabetes Individualized Health Plan - for Secondary Students (6th-12th grade)

☐ **Supplies**

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| ☐ Insulin | ☐ Glucagon |
| ☐ 3-day supply of Insulin for emergencies | ☐ Extra glucometer and testing supplies |
| ☐ Pump supplies | ☐ Snacks |
| ☐ Pump instructions | ☐ Ketone strips |

An appointment must be made to meet with the school nurse prior to start of school.

The best time to bring in all your forms and medication to the school nurse is **the week prior to the first day of school**. Please email your school nurse to find out available times. To find contact information for your student's school nurse, please go to:

<https://www.nsd.org/schools/get-started/health-services/school-nurses>