

Gaston Middle/ HS School

March 2026

Lunch Menu

2 Teriyaki Chicken over Rice	3 Pancake w/ Cheesy Omelet	4 Fish & Chips	5 Chicken Alfredo w/ Penne Pasta	6 BBQ Chicken Sandwich
9 Chicken Burrito Rice Bowl	10 French Toast w/ Sausage	11 Creamy Mac & Cheese	12 Chicken Parmesan Pasta	13 Bean & Cheese Burrito
16 Saucy Meatball Sub	17 National Corn Dog Day	18 Oven Grilled Hot Dog	19 Chicken Nuggets w/ WG Rolls	20 Taco Joe Burger
23 NO SCHOOL Spring Break	24 NO SCHOOL Spring Break	25 NO SCHOOL Spring Break	26 NO SCHOOL Spring Break	27 NO SCHOOL Spring Break
30 Korean Meatball Sub	31 Chicken & Waffles			

Offered Tuesdays and Thursdays

Choice of Chicken, Refried Beans, Ground Taco Meat, and Jalapeño Cheese sauce on Whole Grain Corn Tortilla Chips or as a Burrito on a Whole Grain Tortilla!

EVERYDAY SELECTS



All meals include fresh fruits and veggies and choice of milk

Offered: Monday

Choice of Cheese / Pepperoni Pizza or
Cheesy Breadsticks

All meals include fresh fruits and veggies and choice of milk

FAST TAKES



Offered: Daily

Assorted Sandwiches or Salads

All meal include fresh fruits and veggies and choice of milk

EVERYDAY GRILL



Wednesday
Cheeseburger
Hamburger
Bacon Cheeseburger
Veggie Burger

Friday
Chicken
Spicy Chicken Sandwich

Served with Tater Tots

All meals include fresh fruits and veggies and choice of milk