



FAMILY & TEEN PROGRAMS

For teens & families who have had someone close to them die.

All Wild Grief programs are **FREE of charge** and we provide food, supplies, outdoor gear, and transportation. No experience necessary!

Read more at wildgrief.org/programs-overview

Text/call 360-358-3213 with questions.



FAMILY CAMPOUT

A weekend guided campout for grieving families. Families will have fun together, connect with other grieving families, and learn skills and ways to be with each other ongoing through the loss.

Families who have never been camping are welcome and supported!

TEEN BACKPACK

A meaningful and fun four-day adventure in the wild backcountry with peers who get it. Outdoors with your peers, you'll hike, cook, sleep beneath the stars, and learn new ways to navigate your grief.

Teens who have never been backpacking are welcome and encouraged to apply!



DAY HIKES

We spend the day exploring easy to moderate trails, eating together, and sharing stories, tears, and laughter.

We have day hikes for teens only as well as for the whole family.



WWW.WILDGRIEF.ORG | INFO@WILDGRIEF.ORG | 360.358.3213

Tumwater School District is not a sponsor of this event and assumes no responsibility for it.