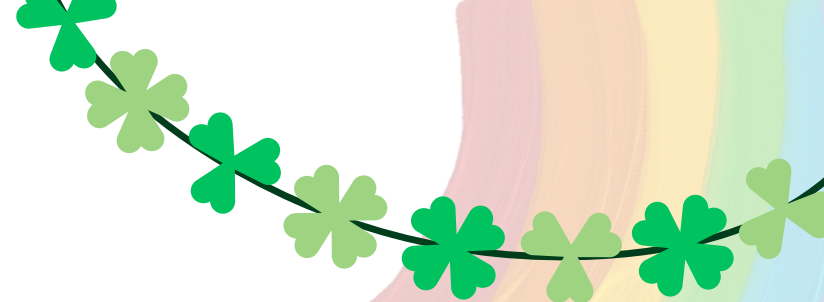




MARCH

Elementary Lunch



Daily Choices

- Peanut Butter and Jelly
- Salad Bar
- Milk

Rotating Alternate Sandwiches

- Turkey + Cheese
- Ham + Cheese
- Tuna Salad
- Egg Salad

Notes:

RSU 5 is an equal opportunity provider.

RSU 5 reserves the right to substitute menus due to supply shortages, but we will put every effort to provide a similar alternative whenever possible.

March Harvest of the Month:
Maine Protein



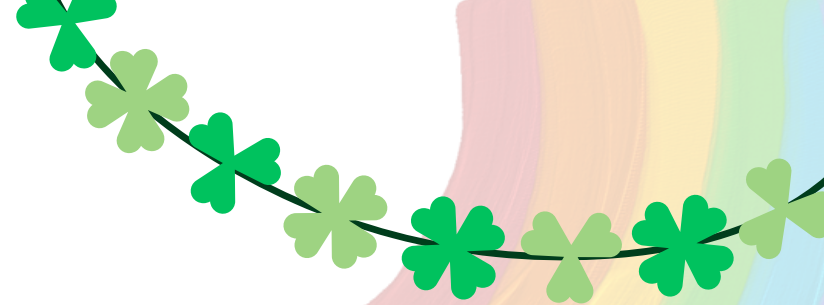
Monday	Tuesday	Wednesday	Thursday	Friday
02 Crispy Chicken Sandwich & Potato Wedges or Alternate Sandwich	03 Chicken Pasta Alfredo with Broccoli & Garlic Bread or Alternate Sandwich	04 Beef Tacos, Assorted Toppings, Beans & Brown Rice	05 Orange Chicken, Rice + Broccoli or Alternate Sandwich	06 Cheese or Pepperoni Pizza Chef's Choice Alternate
09 Hot Dogs with Chips & Buttered Corn or Alternate Sandwich	10 Shepherd's Pie & a Dinner Roll or Alternate Sandwich	11 Macaroni and Cheese with Green Beans or Alternate Sandwich	12 Chicken & Cheese Quesadillas with Assorted Toppings, Beans & Brown Rice	13 Early Release
16 Beef or Cheese Nachos Rice, Salsa, & Black Beans or Alternate Sandwich	17 <u>Shamrock Bowls</u> Popcorn Chicken, Mashed Potato, Peas & a Gravy Drizzle <i>*Lucky Treats*</i>	18 Chicken Bacon Ranch Flatbread or Alternate Sandwich	19 Fish Sticks with Seasoned Potato Wedges or Alternate Sandwich	20 Soft Pretzel with Cheese Sauce or Chef's Choice Alternate
23 Hamburger or Cheeseburger with Sweet Potato Fries	24 American Chop Suey + Green Beans with a Dinner Roll	25 <u>Breakfast for Lunch</u> French Toast, Sausage + Hashbrowns or Breakfast Sandwich	26 <u>Maine Beef Chili</u> served over a <u>Maine Baked Potato</u> & Assorted Toppings or Alternate Sandwich	27 Cheese or Bacon Pizza Chef's Choice Alternate
30 Pasta & Meat Sauce Garlic Bread Steamed Broccoli	31 Grilled Cheese, Tomato Soup and Goldfish Crackers	April 01 Walking Beef Taco Assorted Toppings	02 Chicken Gyros w/ French Fries topped with Tomatoes, Cucumbers & Tzatziki	03 Bosco Sticks with Marinara Sauce or Chef's Choice Alternate





MARCH

MLS, DCS, MSS Breakfast



Daily Choices

- Cereal
- Milk
- Fruit

Notes:

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RSU 5 reserves the right to substitute menus due to supply shortages, but we will put every effort to provide a similar alternative whenever possible.

All grain-based items are whole grain-rich and lower-sugar school nutrition formulations.

At DCS, on days when a hot egg- or meat-based entree is featured, a fortified, whole-grain breakfast option will be substituted for breakfasts consumed in the classroom.



Monday	Tuesday	Wednesday	Thursday	Friday
02 Bagel + Cream Cheese	03 Sausage Egg and Cheese Sandwich	04 French Toast Tornado	05 Yogurt and Granola Parfait	06 Chef's Choice
09 Muffin	10 Scrambled Eggs & Biscuits	11 Maine Grains Breakfast Bites (Sweet)	12 Breakfast Bread	13 Chef's Choice
16 Bagel + Cream Cheese	17 Sausage Egg and Cheese Sandwich	18 French Toast Tornado	19 Yogurt and Granola Parfait	20 Chef's Choice
23 Muffin	24 Scrambled Eggs & Biscuits	25 Maine Grains Breakfast Bites (Savory)	26 Breakfast Bread	27 Chef's Choice
30 Bagel + Cream Cheese	31 Sausage Egg and Cheese Sandwich	April 01 French Toast Tornado	02 Yogurt and Granola Parfait	03 Chef's Choice

