

Wellness Committee Meeting

28 January 2026 / 3:45 PM / Administrative Conference Room

ATTENDEES

Kevin Humphrey - Superintendent, Dawn Voss - Chief of Staff, Mary Dhillon - GPPA Administrator, Adam Tenney - PE Teacher, Melissa Marley - Athletic Director / School Climate & Culture Oversight, Berenice Resendiz - Community Liaison, Julie Hoopes - HR Specialist

AGENDA

Review Wellness Policy

- Committee members have reviewed the current Wellness Policy and there are no questions.

Notes

- The Wellness Committee will strive to meet quarterly and integrate members from Child Nutrition Services department, PE and our Community Schools program.
- Mr. Tenney introduced the committee to “Easy Scan” which is a program used to monitor running. Using a QR code, students can keep track of how many laps they run. The offer was made to potentially integrate this system into the elementary grades.
- Mr. Humphrey introduced the idea of creating an organizational goal to encourage all employees to get involved with being active and staying healthy.

Next Steps

- Mr. Humphrey will create a Google Doc that will serve as a “living document” and the Wellness Committee will make suggestions as to what to keep and what to modify.
- Mr. Humphrey will propose an updated policy by the next meeting (next meeting date is TBD)