

Join the

LEHIGH VALLEY LIGHTNING MOUNTAIN BIKE TEAM

FALL
SPORT

Read on for more information!

- Our team is open to all Lehigh Valley students entering grades 6-12 in the Fall.
- **Registration open in April**
- Practices begin July 1st. Events and races are various weekend dates between August and October. The season ends November 15th.
- Everyone is welcome! Everyone rides!
- No mountain biking experience is needed!
- Trained coaches meet the needs of riders of all ability levels.
- Evening and weekend practice options.
- Flexible with other Fall sports.
- Racing is optional. Additional team activities include Adventure events, trail stewardship initiatives, and other community building opportunities.
- Parents are welcome to ride as registered coaches.
- Scholarships are available.
- Questions? Email: lehighvalleycompositemt看@gmail.com



LVL Lightning



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