

Employee Clearance Reminder: Clearances Expiring? Renew on Time!

We kindly remind all employees to stay attentive to clearance renewal notices. Clearances must be renewed before their expiration date to remain eligible to work. Thank you for helping us maintain a safe and secure environment.

ESS Referral Program

Do you know someone who would make an excellent substitute teacher or paraprofessional?

Refer a friend at Refer.ESS.com and receive a \$100 gift card for every successful referral.

To learn more [click here](#)

Volunteer Clearances Reminder

All volunteers must have updated, approved clearances on file. For the safety of our students and staff, no one may volunteer without current clearances reviewed and approved by HR. Thank you for supporting a safe learning environment.

Don't forget!

- Level I teachers must complete 24 credits of post bachelors coursework as part of the requirements to convert your Level I certification to Level II.
- For information regarding the Level I to Level II conversion process, please reach out to Brenda Roth as broth@pennridge.org.
- For those of you who require a substitute in your absence don't forget to log your absence into Frontline/ESS and Timeclock Plus. Please reach out to Emma Weiss (eweiss@pennridge.org) for assistance.

Contact us:

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Delta Dental Resources

Delta Article: Healthy nutrition for healthy teeth

Broccoli Cheese Soup Recipe

This tasty broccoli soup is packed with tooth- and gum-supporting vitamins K and C.



IBX - Nutrition Resources

IBX Article: Let's Talk Nutrition: The Basics of Healthy Eating

Did you know that you're covered for up to (6) nutrition counseling visits a year at *no cost to you* when you use an in-network registered dietitian?

Check out the link below:

[IBX flyer: Nutrition Counseling](#)

Healthy You!

March is:

National Nutrition Month

Celebrated every March, National Nutrition Month promotes healthy eating habits.

[Access your EAP resources: Health Advocate Login Guide](#)

Health Advocate Digital Resources:

[Health Advocate Blog - Healthy eating for a productive workday](#)

[Health Advocate Blog - Simple food swaps for better nutrition](#)

