



NEWSLETTER

MARCH 2026

Hello March!

March brings a season of momentum and renewal. Along with the first day of spring and the celebration of St. Patrick's Day, March is a time of longer days, fresh opportunities, and renewed focus on growth. It also marks Women's History Month, celebrates Read Across America Day, and is often a period when students and programs push forward toward end-of-year goals. As the weather begins to shift, March reminds us that progress both personal and academic is well underway.

Inside This Issue:

- Student Spotlight & Celebration 🎉
- Spring 2026 Registration - Still Open 📅
- 3 High School Diploma Options Offerings 📋
- Enrichment Courses Registration ✨
- Digital Literacy Course 💻
- Career Ready Now, course offering 🤝
- Career Skills Bootcamp 🚀
- American Job Center March Calendar 📅
- Course Locations 📍

EdAdvance Adult & Continuing Education

215 Hogan Drive
Torrington, CT 06790
(860) 567-0863

www.adulted.edadvance.org





Congratulations!



Mewish Zeshan:

Congratulation to Mewish Zeshan a current graduate of EdAdvance's Adult & Continuing Education and she is one of five Adult Learners Scholarship Award recipients from the Connecticut Assoc for Adult & Continuing Education

Mehwish Zeshan's journey is a powerful example of perseverance, resilience, and the life-changing impact of adult education. Originally from Pakistan, Mehwish came to the United States in 2012. While English is not her first language, she is fluent in Urdu, Punjabi, and Arabic. Through determination and hard work, she successfully passed the citizenship exam and proudly became a U.S. citizen in 2015, a milestone she worked tirelessly to achieve.

As a mother of three, Mehwish balanced family responsibilities with her dream of earning an American diploma. Although she held a secondary education certificate from her home country, it was not recognized in the U.S., which made finding employment extremely difficult. Rather than giving up, Mehwish chose to invest in herself and her future.

Mewish officially enrolled in adult education ESL classes in 2021. As Mewish improved reading and grammar skills, she progressed to Pre-GED classes and eventually enrolled in GED classes.

While she successfully passed the GED math exam, she narrowly missed passing the remaining subjects. Instead of seeing this as a setback, Mehwish saw it as a stepping stone and then applied to the National External Diploma Program (NEDP).

The NEDP program required independence, focus, and discipline. With guidance from her advisor and tremendous self-motivation, Mehwish completed each competency one by one and by September 2025, she crossed the finish line, earning her high school diploma.

Now, with her diploma in hand, Mehwish is ready for her next chapter. She plans to pursue a college education in Early Childhood Education and fulfill her dream of becoming a preschool teacher

🌟 **Congratulations, Mehwish!** Your hard work, courage, and determination inspires us all.

**Adult &
Continuing
Education**
at EdAdvance



Scan to register:



REGISTRATION

*Still taking registrations for
SPRING 2026!*

Offering FREE classes in:

**High School Completion GED® Preparation English as a Second
Language(ESL) Citizenship Adult Basic Education**



(860) 567-0863 x 1133



www.adulted.edadvance.org

THREE FREE WAYS TO EARN YOUR HIGH SCHOOL DIPLOMA!



GED

- NOMINIMUM REQUIREMENTS TO START
- AVAILABLE IN ENGLISH OR SPANISH
- PREPARE TO PASS THE FOUR ONLINE GED TESTS: REASONING THROUGH LANGUAGE ARTS, SCIENCE, SOCIAL STUDIES, AND MATHEMATICAL REASONING
- SMALL DAY AND EVENING CLASSES
- ONLINE TOOLS AND PROGRAMS
- INDIVIDUALIZED PREPARATION PLAN
- AWARDED A STATE OF CT DIPLOMA

CDP

- SMALL EVENING CLASSES
- ONLINE & INDEPENDENT COURSEWORK OPTIONS
- EARN HIGH SCHOOL CREDITS

NEDP

- SELF-PACED AND NO TESTS
- INDIVIDUAL MEETINGS WITH AN ADVISOR
- FLEXIBLE TIMES AND LOCATIONS

FREE DAY & EVENING CLASSES



Dr. Jeffrey Kitching Regional Learning Center
215 Hogan Drive, Torrington, CT 06790
(860) 567-0863 ext. 1186
www.adulted.edadvance.org

EdAdvance Adult & Continuing Education is a consortium of towns and school districts across western Connecticut, working together to provide lifelong learning opportunities for adults in our communities. We offer various educational options, including free mandated academic programs and fee-based enrichment courses, all delivered in a cost-effective, high-quality environment at convenient locations

SCAN HERE



Adult & Continuing Education at EdAdvance



Scan to register:



Enrichment Courses

Explore a variety of courses designed to build skills, support career readiness, and encourage lifelong learning.



STAY CONNECTED TO ADULT & CONTINUING EDUCATION at EDADVANCE!

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UPCOMING ENRICHMENT *Classes*

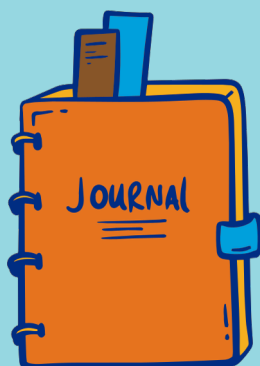


**Chell's
Charcuterie Class**
In-Person
Torrington

**MAR
16
2026**

**MAR
23
2026**

**Amazing
Alcohol Inks**
In-Person
Torrington



**Travel
Journaling**
Online

**MAR
23
2026**

Register Today!

www.adulted.edadvance.org

FREE DIGITAL LITERACY CLASSES FOR ADULT EDUCATION STUDENTS

Begins Monday 3/2/26
12:30 – 2:30 PM Regional
Learning Center

215 Hogan Drive
Torrington, CT 06790

What the Course will Cover

- Create and save documents
- Fill out online forms
- Navigate the internet safely and responsibly
- Explore job search and career resources online
- ✓ Earn a certificate that highlights your achievement and helps your résumé shine!

For more information, contact:



Call Us

(860) 567-0863 x1186



Email

byron@edadadvance.org

 **NORTHSTAR**
DIGITAL LITERACY ASSESSMENT



The Northstar Basic Computer Skills
Certificates can help you move ahead

CAREER READY NOW!

Build Skills. Get Hired. Succeed at Work

This class is **FREE** for our ESL Adult Education Students

Designed for English learners who want to work successfully in the United States

What You'll Learn:

- Career & Job Readiness
- Resume & Cover Letter Writing
- Job Search Skills
- Interview & Communication Skills
- Workplace Success & Soft Skills
- Understanding Work in the U.S.
- This is a six week course



Tuesday Nights

March 3, 2026 - April 7, 2026



Time

6.00 PM - 8.00 PM



Kitching's Regional Learning Center
215 Hogan Drive
Torrington, CT 06790

For more information,
contact us at:



(860) 567-0863 x1186



byron@edadvance.org



LAUNCH YOUR CAREER WITH OUR SKILLS BOOTCAMP

Join us for an engaging and interactive boot camp designed to equip you with the essential skills you need to launch your career!

Practice Interviews

Job Search Skills

Communication Skills

Working Together

Professional Development

Time Management



MARCH 18, 2026



10AM to 11:30AM



215 Hogan Drive, Torrington

AT THE AMERICAN JOB CENTER NORTHWEST

Space is limited! Contact Peyton Stephens to register

✉ stephens@careerresources.org ☎ (203) 574-6971 ext. 433



NRWIB

americanjobcenter
NORTHWEST



**CAREER
RESOURCES**

Preparing Workers for Life



Northwest Region American Job Center Affiliate **2026 Events Calendar**

Torrington Career Center | 215 Hogan Drive, Torrington | (475) 233-4001

The Department of Labor is an equal opportunity employer with equal opportunity programs and auxiliary aids and services available upon request to individuals with disabilities.

To register for a DOL workshop >

<https://ctdol.jotform.com/CT1/requestemploymentservices> or call 203-437-3380!

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5 NW Construction Careers 10-10:30 Call (203) 574-6971 ext. 446 to register	6 Career Advancement Info Session 9:00-10:00 - Email info@arwib.org to register
9 Interviewing Strategies & Techniques DOL 9-11:30am	10 Fundamentals of Resume Writing DOL 9-11:30am	11 Successful Job Search Strategies DOL 9-11:30pm	12 NW Construction Careers 10-10:30 Call (203) 574-6971 ext. 446 to register	13 Career Advancement Info Session (WIOA) Virtual 9:00-10:00 - Email info@arwib.org to register
16 Interviewing Strategies & Techniques DOL 9-11:30am	17 Fundamentals of Resume Writing DOL 9-11:30am BRS – 8:30-11:00 To Schedule an Appointment Call (203) 577-5319 or email: audrey.stone@ct.gov	18 Successful Job Search Strategies DOL 9-11:30pm Do What You Are – (CRI) Contact Lacorya Jones 203-574-6971 x463	19 NW Construction Careers 10-10:30 Call (203) 574-6971 ext. 446 to register JOB FAIR In Person 1:00-3:00 Waterbury AJC 249 Thomaston Ave., Wbry.	20 LinkedIn DOL 9-11:30 Career Advancement Info Session (WIOA) Virtual 9:00-10:00 - Email info@arwib.org to register
23 Interviewing Strategies & Techniques DOL 9-11:30am	24 Fundamentals of Resume Writing DOL 9-11:30am	25 Successful Job Search Strategies DOL 9-11:30pm	26 NW Construction Careers 10-10:30 Call (203) 574-6971 ext. 446 to register	27 Career Advancement Info Session (WIOA) Virtual 9:00-10:00 - Email info@arwib.org to register

NW AJC March 2026 Calendar

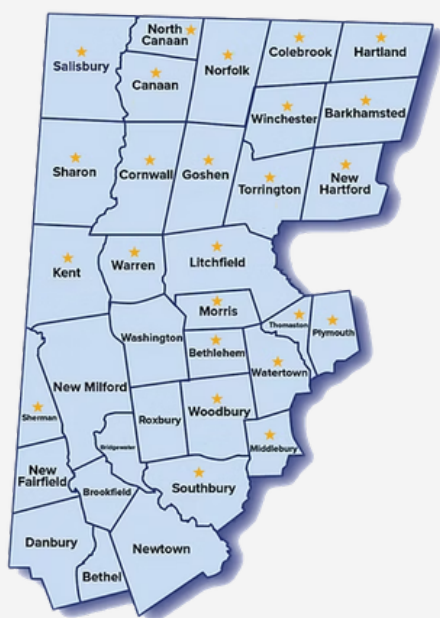
Workshop Calendar Descriptions





EdAdvance Adult & Continuing Education

EdAdvance Adult & Continuing Education is a state- and locally-funded program serving the following towns:



Region #1: Canaan, Cornwall, Kent, North Canaan, Salisbury, Sharon

Region #7: Barkhamsted, Colebrook, New Hartford, Norfolk, Winsted

Region #14: Bethlehem, Woodbury

Region #15: Middlebury, Southbury

Region #20: Goshen, Litchfield, Morris, Warren

Hartland

Plymouth/Terryville

Sherman

Thomaston

Torrington

Watertown

Winchester/Winsted

Academic & Enrichment Course Locations

Location	ABE	ESL	Citizenship	GED® Prep	CDP	Enrichment
EdAdvance Kitching Regional Learning Center (Torrington)		X	X	X	X	X
Housatonic Valley Regional High School (Falls Village)		X				X
CT State Northwestern Community College (Winsted)		X		X		
United Church of Christ (Southbury)		X				
Vogel-Wetmore School (Torrington)		X				
Watertown High School		X		X	X	X
Online	X	X	X	X		X