



Always Innovating

**South Texas ISD**

RIO GRANDE VALLEY | GRADES 6-12

# BREAKFAST

# MARCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 2	2 Uncrustable PB&J Cereal Fresh Fruit Juice Milk Choice	3 Kolache-Sausage & Cheese Banana Bread Slice Fresh fruit Juice Milk Choice	4 Pancake on a Stick Snack' n Waffle-Blueberry Fresh Fruit Juice Milk Choice	5 Mini Pancakes w/Sausage patty Muffins Fresh Fruit Juice Milk Choice	6 French Toast Sticks Cereal Fresh Fruit Juice Milk Choice	<b>BREAKFAST MEAL PRICES:</b> <b>STUDENTS FREE!!!!</b>  <b>A LA CARTE</b> <b>ENTREE \$2.50</b> <b>EXTRA MILK \$1.00</b> <b>EXTRA FRUIT \$.50</b>  <b>MILK CHOICES:</b> <b>1% Low Fat Milk</b> <b>Fat Free</b> <b>Chocolate Milk</b>  <b>Additional Items Offered</b> <b>Uncrustables</b>  <b>Menu subject to change without notice</b>  <b>STISD Child Nutrition Dept.</b> <b>(956)514-4230</b>
WEEK 1	9 Breakfast Bar W/Yogurt Cereal Fresh fruit Juice Milk choice	10 Breakfast Bar W/Muffin Honey Bun Fresh Fruit Juice Milk Choice	11 Breakfast Ham & Cheese Croissant Pop Tarts Fresh Fruit Juice Milk Choice	12 Tamales Muffins Fresh Fruit Juice Milk Choice	13 Pancake Sandwich Cereal Fresh Fruit Juice Milk Choice	
WEEK 2	16	17	18 	19	20	
WEEK 1	23 Breakfast Bar W/Yogurt Cereal Fresh fruit Juice Milk choice	24 Breakfast Bar W/Muffin Honey Bun Fresh Fruit Juice Milk Choice	25 Breakfast Ham & Cheese Croissant Pop Tarts Fresh Fruit Juice Milk Choice	26 Tamales Muffins Fresh Fruit Juice Milk Choice	27 Pancake Sandwich Cereal Fresh Fruit Juice Milk Choice	
WEEK 2	30 Uncrustable PB&J Cereal Fresh Fruit Juice Milk Choice	31 Kolache-Sausage & Cheese Banana Bread Slice Fresh fruit Juice Milk Choice				

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This institution is an equal opportunity provider.



## LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>WEEK 2</b>	2 Rotini Pasta W/ Sauce Garlic Stick Cooked Carrots Romaine Salad Fresh apple Peach Slices Milk Choice	3 Orange Chicken w/Fried Rice Broccoli Baby Carrots Fresh Fruit Fruit Cocktail Milk Choice	4 Street Tacos Pinto Beans Baby Carrots Rice Banana Mandarins Milk Choice	5 Beef & Cheese Lasagna Twisted Cheese Breadstick Green Beans Romaine Salad Fresh Fruit Apple Sauce Milk Choice	6 Chicken Strip Basket Green Beans Baby Carrots Fresh Fruit Pineapple Tidbits Milk Choice	<b>BREAKFAST MEAL</b>  <b>PRICES:</b> <b>STUDENTS</b> <b>FREE!!!!</b>  <b>A LA CARTE</b> <b>ENTREE \$2.50</b> <b>EXTRA MILK \$1.00</b> <b>EXTRA FRUIT \$.50</b>  <b>MILK CHOICES:</b> <b>1% Low Fat Milk</b> <b>Fat Free</b> <b>Chocolate Milk</b>  <b>STISD Child</b> <b>Nutrition Dept.</b> <b>(956)514-4230</b>  <b>Menu subject to</b> <b>change without</b> <b>notice</b>
<b>WEEK 3</b>	9 Breaded Chicken Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh fruit Peach Slices Milk Choice	10 Cheeseburger Broccoli Cheddar Soup W/Crackers Tator Tots Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail Milk Choice	11 Crunchy Tacos Pinto Beans Spanish Rice Romaine Salad Fresh Fruit Mandarins Milk Choice	12 Nachos corn Cucumbers Fresh Fruit Applesauce Milk Choice	13 Chili Cheese Dogs Green Beans Baby Carrots Fresh Fruit Milk Choice	
<b>WEEK 1</b>	16 ←	17	18  SPRING BREAK →	19	20	
<b>WEEK 2</b>	23 Rotini Pasta W/ Sauce Garlic Stick Cooked Carrots Romaine Salad Fresh apple Peach Slices Milk Choice	24 Orange Chicken w/Fried Rice Broccoli Baby Carrots Fresh Fruit Fruit Cocktail Milk Choice	25 Street Tacos Pinto Beans Baby Carrots Rice Banana Mandarins Milk Choice	26 Beef & Cheese Lasagna Twisted Cheese Breadstick Green Beans Romaine Salad Fresh Fruit Apple Sauce Milk Choice	27 Chicken Strip Basket Green Beans Baby Carrots Fresh Fruit Pineapple Tidbits Milk Choice	
<b>WEEK 3</b>	30 Breaded Chicken Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh fruit Peach Slices Milk Choice	31 Cheeseburger Broccoli Cheddar Soup W/Crackers Tator Tots Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail Milk Choice				

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# PIZZA & MORE

# MARCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>WEEK 2</b>	2 Chicken Tenders Pizza Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit Peach Slices Milk Choice	3 Cheeseburger Pizza Chef Salad Baby Carrots Tator Tots Fresh Fruit Fruit Cocktail Milk Choice	4 Pizza Burritos Chef Salad Pinto Beans Romaine Salad Fresh Fruit Mandarins Milk Choice	5 Spicy Chicken Sandwich Pizzq Chef Salad Green Beans Romaine Salad Fresh Fruit Applesauce Milk Choice	6 Pizza W/Bufalo Chicken Wings Cheese Sticks Green Beans Baby Carrots Fresh Fruit Pineapple Tidbits Milk Choice	<b>BREAKFAST MEAL</b>  <b>PRICES:</b> <b>STUDENTS</b> <b>FREE!!!!</b>  <b>A LA CARTE</b> <b>ENTREE \$2.50</b> <b>EXTRA MILK \$1.00</b> <b>EXTRA FRUIT \$.50</b>  <b>MILK CHOICES:</b> <b>1% Low Fat Milk</b> <b>Fat Free</b> <b>Chocolate Milk</b>
<b>WEEK 3</b>	9 <b>Mini Corn Dogs</b> Pizza Creamy Mashed Potatoes Cooked Carrots Fresh Fruit Peach Slices Milk Choice	10 Pizza Pizza Cheese Crunchers Chef Salad Romaine Salad Tator Tots Fresh Fruit Fruit Cocktail Milk Choice	11 Pizza Burritos Chef Salad Pinto Beans Romaine Salad Fresh Fruit Mandarins Milk Choice	12 Spicy Chicken Sandwich Pizza Chef Salad Corn Cucumber Slices Fresh Fruit Applesauce Milk Choice	13 Pizza Sub Sandwich Green Beans Baby Carrots Fresh Fruit Pineapple Tidbits Milk Choice	
<b>WEEK 1</b>	16 	17	18 	19 	20	
<b>WEEK 2</b>	23 Chicken Tenders Pizza Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit Peach Slices Milk Choice	34 Cheeseburger Pizza Chef Salad Baby Carrots Tator Tots Fresh Fruit Fruit Cocktail Milk Choice	25 Pizza Burritos Chef Salad Pinto Beans Romaine Salad Fresh Fruit Mandarins Milk Choice	26 Spicy Chicken Sandwich Pizzq Chef Salad Green Beans Romaine Salad Fresh Fruit Applesauce Milk Choice	27 Pizza W/Bufalo Chicken Wings Cheese Sticks Green Beans Baby Carrots Fresh Fruit Pineapple Tidbits Milk Choice	
<b>WEEK 3</b>	30 <b>Mini Corn Dogs</b> Pizza Creamy Mashed Potatoes Cooked Carrots Fresh Fruit Peach Slices Milk Choice	31 Pizza Pizza Cheese Crunchers Chef Salad Romaine Salad Tator Tots Fresh Fruit Fruit Cocktail Milk Choice				

**STISD Child Nutrition Dept.**  
**(956)514-4230**

**Menu subject to change without notice**

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