

Preliminary Track Meet 2026

AGE GROUPS: Age by December 31st Determines age group, not actual birth date.

Elementary: Max of 3 events per athlete

Jr. High: Max of 4 events per athlete

ANY RELAY COUNTS
AS AN EVENT

Beginners	Middle	Youth	Intermediate
2016-2017	2014-2015	2012-2013	2010-2011

Important Dates:

Zoom Meeting for Track Coaches
Wednesday, Feb. 11th at 4:00 PM

Track Entries Due **March 4th**

Preliminary District Track Meet at
Thompson Jr. High - March 9-12th

P-BVUSD District Track Meet at Bakersfield
High School - Saturday, March 21st

Kern County Track Meet at Liberty High
School - Saturday, April 25th

Valley Meet at **Kingsburg** - Saturday, May
9th

EVENTS

Beginners		Middle		Youth & Intermediate	
100 Meters	High Jump	100 Meters	High Jump	100 Meters	High Jump
200 Meters	Long Jump	200 Meters	Long Jump	200 Meters	Long Jump
400 Meters	Shot put	400 Meters	Shot Put	400 Meters	Triple Jump
800 Meters		800 Meters	Discus	800 Meters	Shot Put
1500 Meters		1500 Meters		1500 Meters	Discus
4x100 Relay		3000 Meters		3000 Meters	
4x400 Relay		80m Hurdles		100m Hurdles	
High Jump		4x100 Relay		200m Hurdles	
Long Jump		4x400 Relay		4x100 Relay	
Shot put		4x800 Relay		4x400 Relay	
		High Jump		4x800 Relay	

Monday, March 9	Tuesday, March 10	Wednesday, March 11	Thursday, March 12
Events: 200m Beginners 4:00-4:20 PM Middle 4:20-4:40 PM Youth 4:40-5:00 PM Intermediate if needed Long Jump Youth Boys & Girls 4:00 PM Triple Jump Finals Youth & Intermediate boys & Girls 4:30 PM Shot Put Finals Beginners 4:00 PM Middle 4:30 PM	Events: 100m Beginners 4:00-4:20 PM Middle 4:20-4:40 PM Youth 4:40-5:00 PM Intermediate if necessary 400m Beginners 5:00-5:20 PM Middle 5:20-5:40 PM Youth 5:40 - 6:00 PM Intermediate if necessary Shot Put Finals Youth & Intermediate 4:00 PM	Events: 3000 Finals Middle, Youth, Intermediate 2:30 PM -- Timeline depends on # of entries 4x100m Relays Beginners & Middle 3:30 PM Youth & Intermediate if necessary 4:00 PM Discus Finals Middle 2:30 PM Youth & Int 3:30 PM Long Jump Middle Boys & Girls 2:30 PM High Jump Beginner Boys & Girls, Youth Girls 2:30 PM, Youth Boys, Middle Girls & Boys 3:15 PM Intermediate if necessary	Events: Hurdle Finals 80 Middle 4:00-4:20 PM 200m Youth and Intermediate 4:20-4:40 PM 100m Youth & Intermediate 4:40 PM Long Jump Beginner Boys & Girls 4:00 PM

Times are needed for the following events; 800, 1500, and 3000m Runners. Only the fastest 10 will be advanced district wide to the district finals. When entering times for a race, it will appear as 10:35 which reflects a 10 minute and 35 second time.

Measurements for discus and shot put will also be needed(Top 10-12) for District Finals. When entering a throw, 17

Top 8 in the long jump & sprint events advance to District Finals.

Spikes must be 3/16" pyramid style, no needle or christmas tree style are permitted.

Elementary & Jr. High athletes may wear spikes at District Prelims and District Meet.