

# Middle School Menu March 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Beef Sliders Kings Hawaiian Bread Waffle Fries Cherry Tomato Cup Garden Salad Fresh Kiwi Slices 100% Fruit Juice Hormone Free Milk	3 Cheese Quesadilla Brown Rice, Black Beans Pico de Gallo Sour Cream/Guacamole Chicken Noodle Soup 8oz <b>(Included with meal)</b> Chicken Noodle 16oz <b>(\$4.00 not included)</b>  100% Fruit Juice Hormone Free Milk	4 Barilla Pasta with Rose Sauce, Marinara, or Butter Garden Salad Fresh Grapes Toasted Garlic Stick 100% Fruit Juice Hormone Free Milk  <b>No Sushi Available</b>	5 <b>Brunch for Lunch</b> French Toast Sticks Egg Patty Hash Brown Potato Fresh Banana 100% Fruit Juice Hormone Free Milk	6 <b>Sunrise Pizza</b> Buffalo Slice \$4.00 Grandma Slice \$4.00 Pepperoni Slice \$4.00 Cheese Slice \$2.75 100% Fruit Juice Hormone Free Milk
9 Sweet and Sour Chicken Brown Rice Steamed Broccoli Garden Salad Fresh Fruit Basket 100% Fruit Juice Hormone Free Milk	10 Cavatappi Shaped Pasta With Marinara, Meat Sauce or Butter Toasted Garlic Bread Sauteed Spinach 100% Fruit Juice Hormone Free Milk	11 <b>Beef Taco Bowl</b> Seasoned Taco Meat Steamed White Rice Pico de Gallo/Sour Cream Shredded Cheddar/Lettuce Orange Slices 100% Fruit Juice Hormone Free Milk <b>Sushi: California Roll Carrot Cucumber Roll Salmon Roll</b>	12 <b>Brunch for Lunch</b> Belgium Waffle or Blueberry Pancake Tater Tots Crispy Bacon Fresh Banana 100% Fruit Juice Hormone Free Milk	13 <b>Sunrise Pizza</b> Buffalo Slice \$4.00 Grandma Slice \$4.00 Pepperoni Slice \$4.00 Cheese Slice \$2.75 100% Fruit Juice Hormone Free Milk
16 <b>Mini McChicken</b> Chicken Patty On Brioche Roll Mac Sauce Lettuce/Tomato/Pickle Baked Curly Fries Golden Delicious Apple 100% Fruit Juice Hormone Free Milk	17 Grilled Cheese Chicken Noodle Soup 8oz <b>(Included with meal)</b> Chicken Noodle 16oz <b>(\$4.00 not included)</b> Carrot Sticks/ Ranch Dip Apple Sauce Cup 100% Fruit Juice Hormone Free Milk	18 <b>Ramen Noodle Bowl</b> Yakisoba Noodles GF Rice Noodle Available Grilled Chicken/Tofu Edamame/ Broccoli Fortune Cookie Orange Slices <b>Sushi: California Roll Carrot Cucumber Roll Salmon Roll</b>	19 <b>Sunrise Pizza</b> Buffalo Slice \$4.00 Grandma Slice \$4.00 Pepperoni Slice \$4.00 Cheese Slice \$2.75 100% Fruit Juice Hormone Free Milk	<p><b>Superintendent's Conference Day</b></p> <p><b>School Closed</b></p>
23 Oven Baked Chicken Tenders Sweet Corn Oven Baked Fries Fresh Grapes 100% Fruit Juice Hormone Free Milk	24 Baked Ziti or Buttered Barilla Pasta Zucchini/Yellow Squash Toasted Garlic Bread Fresh Kiwi Slices 100% Fruit Juice Hormone Free Milk	25 <b>BOWL</b> Chicken Teriyaki Bowl Steamed Broccoli and White Rice Fortune Cookie <b>Sushi: California Roll Carrot Cucumber Roll Salmon Roll</b>	26 <b>Brunch for Lunch</b> French Toast Sticks Sausage Link Breakfast Potatoes Fresh Banana 100% Fruit Juice Hormone Free Milk	

**Gluten Free  
Rolls, Cereal, Pizza/Pasta  
Chicken Nuggets  
Available upon request**



**Acai Bar Offered Daily \$6.00**

**MEAL OF THE DAY \$4.50  
INCLUDES**

*Vegetable, Fresh Whole Fruit,  
100% Fruit Juice (6oz)  
Hormone/Antibiotic Free Skim,  
Low Fat Choc, 1%, and Whole  
Milk  
Fresh Fruit Basket offered Daily*

**Pre-Made Sandwiches offered  
daily with Boar's Head Meats**  
(Turkey, Ham, Salami, Buffalo  
Chicken and Cheddar Cheese)  
Sun Butter and Jelly Sandwich

**Pre-Made Salads Available:**  
Chicken Caesar Salad/Caesar  
Salad  
Garden Salad/Greek  
Large: \$5.50-\$6.25 Small \$3.25-  
\$5.25

**À la Carte Prices**  
Mini 8oz Poland Spring Water  
\$1.25  
Poland Spring Water 16oz \$1.50  
Horizon Organic Milk \$2.50  
Silk Soy Milk \$2.50  
Baked Snack Varieties \$1.50-  
\$2.75  
Fresh Fruit Purchase \$1.00  
Fruit Cup 9oz \$2.50  
Baked Cookie \$1.25  
Ice Cream \$1.75-\$3.75

**Strawberry/Banana Smoothies  
made fresh at your school**

We try our best to serve our menus as posted; however, sometimes last-minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns. Rye accepts checks made payable to the Rye City Schools.