



Vegan / Gluten Free MARCH



Monday	Tuesday	Wednesday	Thursday	Friday
2 - Vegan Fried Rice 🌿	3 - Vegan Bean Burrito Bowl 🌿	4 - Vegan Chickpea Tikka Masala 🌿	5 - Myo Vegan Tacos 🌿	6 - Vegan Pinto Pozole W/ Tortilla Chips 🌿
9 - Vegan Spanish Beans W/ Cilantro Lime Rice 🌿	10 - Vegan Red Beans & Rice	11 - Vegan 3 Bean Chili W/ Tortilla Chips 🌿	12 - Vegan Fried Rice 🌿	13 - Vegan Bean Burrito Bowl 🌿
16 - Vegan Chickpea Tikka Masala 🌿	17 - Myo Vegan Tacos 🌿	18 - Vegan Pinto Pozole W/ Tortilla Chips 🌿	19 - Vegan Spanish Beans W/ Cilantro Lime Rice 🌿	20 - Vegan Red Beans & Rice
23 - Vegan 3 Bean Chili W/ Tortilla Chips 🌿	24 - Vegan Fried Rice 🌿	25 - Vegan Bean Burrito Bowl 🌿	26 - Vegan Chickpea Tikka Masala 🌿	27 - Myo Vegan Tacos 🌿
30 - Vegan Pinto Pozole W/ Tortilla Chips 🌿	31 - Vegan Spanish Beans W/ Cilantro Lime Rice 🌿	1	2	3

Drinks

This institution is an equal opportunity provider and employer



ALL MEALS COME WITH A CHOICE OF FRESH FRUIT OR FRESH VEGETABLE AND A DRINK



PERFECT COMBINATION OF NUTRITIOUS AND DELICIOUS



VEGETARIAN



VEGAN

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LUNCH K-8 2025 - 2026

MARCH



Monday	Tuesday	Wednesday	Thursday	Friday
2 - Bbq Cheeseburger - Pasta W/ Olive Oil & Parmesan 🌿 - Veggie Chow Mein 🌿 - Chicken Bacon Ranch Wrap - Sbj Sammie 🌿 - Bagel Kit 🌿	3 - Sweet And Sour Chicken - Pesto Chicken Hoagie - Pasta W/ Marinara & Mozzarella Cheese 🌿 - Turkey And Cheese Hoagie - Athenian Chicken Salad W/ Rice Pilaf - Bagel Kit 🌿	4 - Bbq Chicken W/ Rice Pilaf - Chicken Chow Mein - Black Bean & Veggie Burrito 🌿 - Chicken Salad On A Hoagie - Yogurt Berry Parfait W/ Muffin 🌿 - Bagel Kit 🌿	5 - Buffalo Chicken Hoagie 🌶️ - Chicken & Rice Soup - Mac And Cheese 🌿 - Italian Deli Grinder - Asian Chicken Salad - Bagel Kit 🌿	6 - Pepperoni Pizza - Cheese Pizza 🌿 - Pesto Chicken Pizza - Bbq Chicken Wrap - Chicken Caesar Salad W/ Dinner Roll - Bagel Kit 🌿
9 - Hamburger - Greek Chicken W/ Rice Pilaf - Pasta Primavera 🌿 - Chicken Caesar Wrap - Turkey & Cheese Sandwich - Bagel Kit 🌿	10 - Beef Hot Dog - Buffalo Chicken W/ Rice Pilaf 🌶️ - Cheesy Rippers W/ Marinara Sauce 🌿 - Smoked Chicken Wrap - Sbj Sammie 🌿 - Bagel Kit 🌿	11 - Teriyaki Chicken W/ Rice & Veggies - Breakfast Burrito - Broccoli Cheddar Potato Bowl W/ Roll 🌿 - Turkey & Cheese On Dutch Crunch - Chicken Bacon Ranch Salad W/ Roll - Bagel Kit 🌿	12 - Chicken Nuggets W/ Rice Pilaf - Wet Chicken Burrito 🌶️ - Pasta X Plosion! 🌿 - Cobb Salad Wrap - Picnic Bistro Box - Bagel Kit 🌿	13 - Pepperoni Pizza - Cheese Pizza 🌿 - Veggie Supreme Pizza - Asian Chicken Wrap - Santa Fe Chicken Salad - Bagel Kit 🌿
16 - Cheeseburger - Chicken Fajita Bowl - Curry Fried Rice 🌿 - Chicken Pesto Wrap - Egg Salad Sandwich - Bagel Kit 🌿	17 - Bbq Chicken Pasta - Chicken Noodle Soup - Veggie Fried Rice - Italian Deli Grinder - Sbj Sammie 🌿 - Bagel Kit 🌿	18 - Chicken Calzone - General Tso's Chicken Bowl 🌶️ - Minestrone Soup & Roll 🌿 - Yogurt Berry Parfait W/ Muffin 🌿 - Pesto Caprece Salad 🌿 - Bagel Kit 🌿	19 - Sloppy Joe - Chicken Kapama W/ Olive Oil & Parmesan Pasta - Mac And Cheese 🌿 - Breaded Chicken Wrap - Tuna Sandwich - Bagel Kit 🌿	20 - Pepperoni Pizza - Cheese Pizza 🌿 - Hang 10 Hawaiian Pizza - Chicken Caesar Salad W/ Dinner Roll - Spicy Chicken Wrap - Bagel Kit 🌿



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Monday	Tuesday	Wednesday	Thursday	Friday
23 - Maui Burger - Sesame Orange Chicken W/ Rice - Pasta X Plosion! 🌱 - Sbj Sammie 🌱 - Chicken Fajita Wrap - Bagel Kit 🌱	24 - Beef Hot Dog - Chicken Fried Rice - Melted Cheese Sandwich - Teriyaki Chicken Sushi Bowl - Cali Bistro Box - Bagel Kit 🌱	25 - Penne W/ Beef Meatsauce - Mr. Mike's Bbq Chicken Sandwich - Cheese Wrapadilla - Farmers Market Chicken Salad W/ Roll - Turkey & Cheese On Dutch Crunch - Bagel Kit 🌱	26 - Chicken Nuggets W/ Olive Oil & Parmesan Pasta - Beef Chili W/ Tortilla Chips 🌶️ - B&C Burrito 🌱 - Hummus Rainbow Wrap 🌱 - Southwest Veggie Taco Salad W/ Tortilla Chips - Bagel Kit 🌱	27 - Pepperoni Pizza - Cheese Pizza 🌱 - Bbq Chicken Pizza - Chicken Caesar Wrap - Breaded Chicken Salad - Bagel Kit 🌱
30 - Bbq Cheeseburger - Pasta W/ Olive Oil & Parmesan 🌱 - Veggie Chow Mein 🌱 - Sbj Sammie 🌱 - Chicken Bacon Ranch Wrap - Bagel Kit 🌱	31 - Sweet And Sour Chicken - Pesto Chicken Hoagie - Pasta W/ Marinara & Mozzarella Cheese 🌱 - Bbq Chicken Wrap - Athenian Chicken Salad W/ Rice Pilaf - Bagel Kit 🌱	1	2	3

Drinks

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PERFECT COMBINATION OF NUTRITIOUS AND DELICIOUS



VEGETARIAN



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BREAKFAST K-12 2025 - 2026 AC

MARCH



Monday	Tuesday	Wednesday	Thursday	Friday
2 - Double Chocolate Muffin Top - Breakfast Cereal	3 - Bagel W/ Cream Cheese - Breakfast Cereal	4 - String Cheese And Mini Muffin - Breakfast Cereal	5 - Pan De Elote - Breakfast Cereal	6 - Bagel W/ Cream Cheese - Breakfast Cereal
9 - Breakfast Muffins - Breakfast Cereal	10 - Concha - Breakfast Cereal	11 - Cinnamon Raisin Bagel W/ Cream Cheese - Breakfast Cereal	12 - Sunbutter & Jelly Sandwich 🌿 - Breakfast Cereal	13 - Glazed Donut Holes - Breakfast Cereal
16 - Bagel W/ Cream Cheese - Breakfast Cereal	17 - Chocolate Swirl - Breakfast Cereal	18 - String Cheese And Mini Muffin - Breakfast Cereal	19 - Pan De Elote - Breakfast Cereal	20 - Bagel W/ Cream Cheese - Breakfast Cereal
23 - Glazed Donut Holes - Breakfast Cereal	24 - Concha - Breakfast Cereal	25 - Breakfast Muffins - Breakfast Cereal	26 - Sunbutter & Jelly Sandwich 🌿 - Breakfast Cereal	27 - Cinnamon Raisin Bagel W/ Cream Cheese - Breakfast Cereal
30 - Double Chocolate Muffin Top - Breakfast Cereal	31 - Bagel W/ Cream Cheese - Breakfast Cereal	1	2	3

Drinks

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ALL BREAKFAST ENTREES INCLUDE A FRUIT AND MILK



VEGETARIAN



PERFECT COMBINATION OF NUTRITIOUS AND DELICIOUS



VEGAN

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MPCSD
MARCH

Vegan / Gluten
Free



Date	Menu Item		Allergens
Monday 2	Vegan Fried Rice	V	Soy, Sesame
Tuesday 3	Vegan Bean Burrito Bowl	V	Tomato
Wednesday 4	Vegan Chickpea Tikka Masala	V	Tomato
Thursday 5	Myo Vegan Tacos	V	Tomato
Friday 6	Vegan Pinto Pozole W/ Tortilla Chips	V	Tomato
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Monday 9	Vegan Spanish Beans W/ Cilantro Lime Rice	V	Tomato
Tuesday 10	Vegan Red Beans & Rice		Tomato
Wednesday 11	Vegan 3 Bean Chili W/ Tortilla Chips	V	Tomato
Thursday 12	Vegan Fried Rice	V	Soy, Sesame
Friday 13	Vegan Bean Burrito Bowl	V	Tomato
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Monday 16	Vegan Chickpea Tikka Masala	V	Tomato
Tuesday 17	Myo Vegan Tacos	V	Tomato
Wednesday 18	Vegan Pinto Pozole W/ Tortilla Chips	V	Tomato
Thursday 19	Vegan Spanish Beans W/ Cilantro Lime Rice	V	Tomato
Friday 20	Vegan Red Beans & Rice		Tomato
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Monday 23	Vegan 3 Bean Chili W/ Tortilla Chips	V	Tomato
Tuesday 24	Vegan Fried Rice	V	Soy, Sesame
Wednesday 25	Vegan Bean Burrito Bowl	V	Tomato
Thursday 26	Vegan Chickpea Tikka Masala	V	Tomato

Friday 27 Myo Vegan Tacos V Tomato

Monday 30 Vegan Pinto Pozole W/ Tortilla Chips V Tomato

Vegan Spanish Beans W/ Cilantro Lime

Tuesday 31 Rice V Tomato



MPCSD
MARCH

LUNCH K-8 2025 -
2026



Date	Menu Item	Allergens
Monday 2	Bbq Cheeseburger	Wheat, Soy, Milk, Beef, Tomato, Sesame
	Pasta W/ Olive Oil & Parmesan	Veg Wheat, Egg, Milk
	Veggie Chow Mein	Veg Wheat, Soy, Egg, Sesame
	Chicken Bacon Ranch Wrap	Wheat, Milk, Pork, Chicken, Egg, Tomato
	Sbj Sammie	Veg Wheat, Soy, Sesame
	Bagel Kit	Veg Wheat, Soy, Milk, Sesame
	Tuesday 3	Sweet And Sour Chicken
Pesto Chicken Hoagie		Chicken, Milk, Wheat, Soy
Pasta W/ Marinara & Mozzarella Cheese		Veg Wheat, Egg, Milk, Tomato
Turkey And Cheese Hoagie		Wheat, Milk, Turkey, Sesame
Athenian Chicken Salad W/ Rice Pilaf		Wheat, Milk, Chicken, Tomato
Bagel Kit		Veg Wheat, Soy, Milk, Sesame
Wednesday 4	Bbq Chicken W/ Rice Pilaf	Soy, Milk, Chicken, Tomato
	Chicken Chow Mein	Wheat, Soy, Egg, Milk, Chicken, Sesame
	Black Bean & Veggie Burrito	Veg Milk, Wheat, Tomato
	Chicken Salad On A Hoagie	Wheat, Soy, Milk, Chicken, Sesame
	Yogurt Berry Parfait W/ Muffin	Veg Wheat, Egg, Milk, Soy
	Bagel Kit	Veg Wheat, Soy, Milk, Sesame
	Thursday 5	Buffalo Chicken Hoagie
Chicken & Rice Soup		Chicken
Mac And Cheese		Veg Wheat, Milk
Italian Deli Grinder		Wheat, Soy, Milk, Chicken, Tomato, Sesame
Asian Chicken Salad		Wheat, Soy, Milk, Chicken, Sesame
Bagel Kit		Veg Wheat, Soy, Milk, Sesame
Friday 6		Pepperoni Pizza
	Cheese Pizza	Veg Wheat, Soy, Milk, Tomato
	Pesto Chicken Pizza	Wheat, Soy, Milk, Chicken
	Bbq Chicken Wrap	Wheat, Soy, Egg, Milk, Chicken

Chicken Caesar Salad W/ Dinner Roll		Wheat, Soy, Milk, Chicken, Sesame
Bagel Kit	Veg	Wheat, Soy, Milk, Sesame

Monday 9

Hamburger		Wheat, Soy, Beef, Sesame
Greek Chicken W/ Rice Pilaf		Soy, Milk, Chicken
Pasta Primavera	Veg	Wheat, Soy, Egg, Milk
Chicken Caesar Wrap		Wheat, Egg, Milk, Chicken
Turkey & Cheese Sandwich		Wheat, Soy, Milk, Turkey, Sesame
Bagel Kit	Veg	Wheat, Soy, Milk, Sesame

Tuesday 10

Beef Hot Dog		Wheat, Soy, Beef, Sesame
Buffalo Chicken W/ Rice Pilaf		Wheat, Soy, Milk, Chicken
Cheesy Rippers W/ Marinara Sauce	Veg	Wheat, Soy, Milk, Tomato
Smoked Chicken Wrap		Wheat, Soy, Egg, Milk, Chicken, Tomato
Sbj Sammie	Veg	Wheat, Soy, Sesame
Bagel Kit	Veg	Wheat, Soy, Milk, Sesame

Wednesday

11

Teriyaki Chicken W/ Rice & Veggies		Wheat, Soy, Milk, Chicken, Sesame
Breakfast Burrito		Wheat, Soy, Egg, Milk, Pork, Beef
Broccoli Cheddar Potato Bowl W/ Roll	Veg	Wheat, Soy, Egg, Milk, Sesame
Turkey & Cheese On Dutch Crunch		Wheat, Soy, Milk, Turkey
Chicken Bacon Ranch Salad W/ Roll		Wheat, Soy, Egg, Milk, Pork, Chicken, Tomato, Sesame
Bagel Kit	Veg	Wheat, Soy, Milk, Sesame

Thursday 12

Chicken Nuggets W/ Rice Pilaf		Wheat, Soy, Egg, Milk, Chicken, Sesame
Wet Chicken Burrito		Wheat, Soy, Milk, Chicken, Tomato, Sesame
Pasta X Plosion!	Veg	Wheat, Egg, Milk, Tomato
Cobb Salad Wrap		Wheat, Soy, Egg, Milk, Tomato, Turkey
Picnic Bistro Box		Wheat, Soy, Milk, Chicken
Bagel Kit	Veg	Wheat, Soy, Milk, Sesame

Friday 13

Pepperoni Pizza		Wheat, Soy, Milk, Pork, Beef, Tomato
Cheese Pizza	Veg	Wheat, Soy, Milk, Tomato
Veggie Supreme Pizza		Wheat, Tomato, Milk, Soy
Asian Chicken Wrap		Wheat, Soy, Milk, Chicken, Sesame
Santa Fe Chicken Salad		Chicken, Milk, Tomato, Soy, Egg
Bagel Kit	Veg	Wheat, Soy, Milk, Sesame

Monday 16

Cheeseburger		Wheat, Soy, Milk, Beef, Sesame
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	Chicken Fajita Bowl		Chicken, Tomato
	Curry Fried Rice	Veg	Wheat, Soy, Egg, Sesame
	Chicken Pesto Wrap		Chicken, Wheat, Milk, Soy
	Egg Salad Sandwich		Wheat, Soy, Egg, Sesame
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame
Tuesday 17	Bbq Chicken Pasta		Chicken, Wheat, Milk, Tomato
	Chicken Noodle Soup		Wheat, Chicken
	Veggie Fried Rice		Wheat, Soy, Egg, Sesame
	Italian Deli Grinder		Wheat, Soy, Milk, Chicken, Tomato, Sesame
	Sbj Sammie	Veg	Wheat, Soy, Sesame
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame
Wednesday 18	Chicken Calzone		Wheat, Soy, Egg, Milk, Pork, Chicken, Fish, Tomato
	General Tso's Chicken Bowl		Wheat, Soy, Egg, Milk, Chicken, Sesame
	Minestrone Soup & Roll	Veg	Wheat, Soy, Egg, Tomato, Sesame
	Yogurt Berry Parfait W/ Muffin	Veg	Wheat, Egg, Milk, Soy
	Pesto Caprece Salad	Veg	Wheat, Egg, Milk, Tomato
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame
Thursday 19	Sloppy Joe		Wheat, Soy, Beef, Tomato
	Chicken Kapama W/ Olive Oil & Parmesan Pasta		Chicken, Wheat, Milk, Tomato
	Mac And Cheese	Veg	Wheat, Milk
	Breaded Chicken Wrap		Wheat, Soy, Egg, Milk, Chicken
	Tuna Sandwich		Wheat, Soy, Fish, Sesame
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame
Friday 20	Pepperoni Pizza		Wheat, Soy, Milk, Pork, Beef, Tomato
	Cheese Pizza	Veg	Wheat, Soy, Milk, Tomato
	Hang 10 Hawaiian Pizza		Wheat, Soy, Milk, Pork, Tomato
	Chicken Caesar Salad W/ Dinner Roll		Wheat, Soy, Milk, Chicken, Sesame
	Spicy Chicken Wrap		Wheat, Soy, Egg, Milk, Chicken
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame
Monday 23	Maui Burger		Wheat, Soy, Milk, Beef, Sesame
	Sesame Orange Chicken W/ Rice		Wheat, Soy, Chicken, Sesame
	Pasta X Plosion!	Veg	Wheat, Egg, Milk, Tomato
	Sbj Sammie	Veg	Wheat, Soy, Sesame
	Chicken Fajita Wrap		Wheat, Soy, Egg, Milk, Chicken, Tomato

	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame	
Tuesday 24	Beef Hot Dog		Wheat, Soy, Beef, Sesame	
	Chicken Fried Rice		Wheat, Soy, Egg, Chicken, Sesame	
	Melted Cheese Sandwich		Wheat, Soy, Milk	
	Teriyaki Chicken Sushi Bowl		Wheat, Soy, Milk, Chicken, Sesame	
	Cali Bistro Box		Wheat, Soy, Egg, Milk	
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame	
Wednesday 25	Penne W/ Beef Meatsauce		Wheat, Egg, Beef, Milk, Tomato, Soy Wheat, Soy, Milk, Chicken, Tomato, Sesame	
	Mr. Mike's Bbq Chicken Sandwich		Sesame	
	Cheese Wrapadilla		Wheat, Milk	
	Farmers Market Chicken Salad W/ Roll		Wheat, Soy, Egg, Milk, Chicken, Sesame	
	Turkey & Cheese On Dutch Crunch		Wheat, Soy, Milk, Turkey	
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame	
	Chicken Nuggets W/ Olive Oil & Parmesan Pasta		Wheat, Soy, Egg, Milk, Chicken, Sesame	
	Beef Chili W/ Tortilla Chips		Soy, Milk, Beef, Tomato	
Thursday 26	B&C Burrito	Veg	Milk, Wheat, Soy	
	Hummus Rainbow Wrap	Veg	Wheat	
	Southwest Veggie Taco Salad W/ Tortilla Chips		Milk, Soy, Tomato, Egg	
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame	
	Friday 27	Pepperoni Pizza		Wheat, Soy, Milk, Pork, Beef, Tomato
		Cheese Pizza	Veg	Wheat, Soy, Milk, Tomato
Bbq Chicken Pizza			Wheat, Soy, Milk, Chicken, Tomato	
Chicken Caesar Wrap			Wheat, Egg, Milk, Chicken	
Breaded Chicken Salad			Wheat, Soy, Egg, Milk, Chicken, Tomato	
Bagel Kit		Veg	Wheat, Soy, Milk, Sesame	
Monday 30	Bbq Cheeseburger		Wheat, Soy, Milk, Beef, Tomato, Sesame	
	Pasta W/ Olive Oil & Parmesan	Veg	Wheat, Egg, Milk	
	Veggie Chow Mein	Veg	Wheat, Soy, Egg, Sesame	
	Sbj Sammie	Veg	Wheat, Soy, Sesame Wheat, Milk, Pork, Chicken, Egg, Tomato	
	Chicken Bacon Ranch Wrap		Tomato	
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame	

Tuesday 31

Sweet And Sour Chicken		Wheat, Soy, Egg, Milk, Chicken, Sesame
Pesto Chicken Hoagie		Chicken, Milk, Wheat, Soy
Pasta W/ Marinara & Mozzarella Cheese	Veg	Wheat, Egg, Milk, Tomato
Bbq Chicken Wrap		Wheat, Soy, Egg, Milk, Chicken
Athenian Chicken Salad W/ Rice Pilaf		Wheat, Milk, Chicken, Tomato
Bagel Kit	Veg	Wheat, Soy, Milk, Sesame



MPCSD
MARCH

BREAKFAST K-12
2025 - 2026 AC



Date	Menu Item	Allergens
Monday 2	Double Chocolate Muffin Top	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Pork
Tuesday 3	Bagel W/ Cream Cheese	Wheat, Soy, Milk, Sesame
	Breakfast Cereal	Wheat, Soy, Pork
Wednesday		
4	String Cheese And Mini Muffin	Milk, Wheat, Soy, Egg
	Breakfast Cereal	Wheat, Soy, Pork
Thursday 5	Pan De Elote	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Pork
Friday 6	Bagel W/ Cream Cheese	Wheat, Soy, Milk, Sesame
	Breakfast Cereal	Wheat, Soy, Pork
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Monday 9	Breakfast Muffins	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Pork
Tuesday 10	Concha	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Pork
Wednesday		
11	Cinnamon Raisin Bagel W/ Cream Cheese	Wheat, Soy, Milk, Sesame
	Breakfast Cereal	Wheat, Soy, Pork
Thursday 12	Sunbutter & Jelly Sandwich	Veg Wheat, Soy, Sesame
	Breakfast Cereal	Wheat, Soy, Pork
Friday 13	Glazed Donut Holes	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Pork
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Monday 16	Bagel W/ Cream Cheese	Wheat, Soy, Milk, Sesame
	Breakfast Cereal	Wheat, Soy, Pork
Tuesday 17	Chocolate Swirl	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Pork
Wednesday		
18	String Cheese And Mini Muffin	Milk, Wheat, Soy, Egg

	Breakfast Cereal		Wheat, Soy, Pork
Thursday 19	Pan De Elote		Wheat, Soy, Egg, Milk
	Breakfast Cereal		Wheat, Soy, Pork
Friday 20	Bagel W/ Cream Cheese		Wheat, Soy, Milk, Sesame
	Breakfast Cereal		Wheat, Soy, Pork
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Monday 23	Glazed Donut Holes		Wheat, Soy, Egg, Milk
	Breakfast Cereal		Wheat, Soy, Pork
Tuesday 24	Concha		Wheat, Soy, Egg, Milk
	Breakfast Cereal		Wheat, Soy, Pork
Wednesday			
25	Breakfast Muffins		Wheat, Soy, Egg, Milk
	Breakfast Cereal		Wheat, Soy, Pork
Thursday 26	Sunbutter & Jelly Sandwich	Veg	Wheat, Soy, Sesame
	Breakfast Cereal		Wheat, Soy, Pork
Friday 27	Cinnamon Raisin Bagel W/ Cream Cheese		Wheat, Soy, Milk, Sesame
	Breakfast Cereal		Wheat, Soy, Pork
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Monday 30	Double Chocolate Muffin Top		Wheat, Soy, Egg, Milk
	Breakfast Cereal		Wheat, Soy, Pork
Tuesday 31	Bagel W/ Cream Cheese		Wheat, Soy, Milk, Sesame
	Breakfast Cereal		Wheat, Soy, Pork