

March 2026

Eastchester HS / Middle School | Breakfast MENU

MON	TUES	WED	THURS	FRI
<p>2</p> <p>French Toast Sticks Orange 100% Juice</p>	<p>3</p> <p>Yogurt Parfait Blueberries and Granola Banana 100% Juice</p>	<p>4</p> <p>Egg and Cheese Taco Apple sauce 100% Juice</p>	<p>5</p> <p>WG Waffle Tots 100% Apple Juice</p>	<p>6</p> <p>Egg and Turkey Sausage Croissant Apple sauce 100% juice</p>
<p>9</p> <p>WG Pancake Red Apple 100% Juice</p>	<p>10</p> <p>WG Muffin Cheese Stick Apple Slice 100% juice</p>	<p>11</p> <p>Bacon Egg and Cheese on Roll Honeydew Melon 100% juice</p>	<p>12</p> <p>Cinnamon Sugar Donut Orange 100% Juice</p>	<p>13</p> <p>WG Waffle Strawberries 100% juice</p>
<p>16</p> <p>Egg Cheese WG English Muffin Apple Slice 100% juice</p>	<p>17</p> <p>French Toast Sticks Orange 100% Juice</p>	<p>18</p> <p>WG Chocolate Chip Breakfast round Pineapple 100% Juice</p>	<p>19</p> <p>Ham, Egg, and Cheese OR Melon wedge 100% juice</p>	<p>20</p> <p>Superintendent's Conference Day</p>
<p>23</p> <p>Egg and Cheese on a bagel Apple Slice</p>	<p>24</p> <p>Breakfast Taco Egg and Cheese Apple 100% Juice</p>	<p>25</p> <p>Blueberry WG Muffin Yogurt Pech 100% juice</p>	<p>26</p> <p>Sausage and Cheese WG English Muffin Banana 100% Juice</p>	<p>27</p> <p>Early Dismissal</p>
<p>30 31</p> <p><i>Spring Recess</i></p>				

Daily Options:

Bagel with butter or cream Cheese, Muffin or Cereal Served with Cheese Stick Or Yogurt Fresh fruit , 100% Fruit Juice

Choice of 1%, skim, or Fat Free Chocolate milk with all meals

Food Allergies or questions regarding this menu, Please contact Food Service Director

Gluten Free and Vegetarian Options Available

Local Farm Fruit and Vegetables Based on Availability

Non-High Fructose Corn Syrup

A La Carte items:

Yogurt Parfait w/ Fresh Fruit topping and Granola \$3
 Fresh Fruit cup 9oz \$2.50
 Variety of Healthy Snacks (Veggie sticks, Skinny pop, vegan choices, Annie's Organic bunnies, goldfish, pretzels, pirates' booty, sun chips)\$1.75 to \$2.75
 Gluten Free and Low Sugar Cereal Variety \$2 to \$3

Beverages:

Small Water \$1/ Large Water \$2
 Tropicana Juice \$2.75
 Horizon Organic milk / Soy milk \$2.50

Kid's Healthy Eating Plate



Menus are subject to change.



This institution is an equal opportunity provider.