



March 2026

Eastchester Middle School | LUNCH MENU



MEAL OF THE DAY INCLUDES:

Fruit/Vegetable: Fresh fruits, vegetables offered daily
Juice: 100% Fruit Juice- Apple, Orange or Fruit Punch

Milk: Hormone/Antibiotic Free Skim, 1%, Whole, and Low-Fat Chocolate,

Sandwich Meals:

Boars Head cold cuts: Ham, Turkey, Salami, American cheese, SunButter and Jelly Sandwich, Cheese Sandwich

Bagel Meal:

Cream Cheese or Butter, Yogurt, Cheese Stick

Salad Meal:

Chicken Ceasar, Garden Salad

Salad Bar: [Made to Order](#)

Pizza Bar:

Cheese or Pepperoni

Gluten Free and Vegetarian

Options upon request (Contact FSD)

Local Farm Fruit and Vegetables Based on Availability

Non- High Fructose Corn Syrup

MON	TUES	WED	THURS	FRI
Boneless Chicken Wings ² Dinner Roll Mashed Potatoes Corn/Green Bean Pear	Nacho Day ³ Beef/ Cheese, Corn and Black Bea Salad Salsa, Guacamole, Sour Cream Orange Slice	Cheese Pizza Sticks ⁴ Marinara dipping Sauce Caesar Salad Red Pepper strips Apple Slice	WG Pancakes ⁵ Egg Scrambled Hash Brown Celery/Carrot Stick Strawberry Cup	Bowtie Pasta ⁶ Grilled Chicken Broccoli Rabe Dinner Roll Cucumber Slice Tangerine
Grilled Chicken ⁹ Bacon, Ranch Sandwich Caesar Salad Baby Carrot Apple Slice	Cheese Quesadilla ¹⁰ Pinto Beans, Fiesta Corn Salad Guacamole, Salsa, Sour Cream Applesauce	Beef Gyro ¹¹ WG Pita Tzatziki Sauce Tomato Cucumber Salad Red Pepper and Dip Green Apple	WG French Toast ¹² Boiled Egg Sweet Potatoes Cucumber Slice Grapes	Grilled Cheese ¹³ Tater Tots Celery Sticks/Ranch Honey Due
Chicken Tenders ¹⁶ Garden Salad Carrot/Celery Pretzel Stick Pineapple Chunks	Penne ¹⁷ Chicken Rose` Texas Toast Roasted Kale Orange Peppers Strips Melon Wedge	Mini Chicken Corn ¹⁸ Dog Baked Sweet Potato Pickles Orange Slice	WG Waffles ¹⁹ Turkey Sausage Tater Tots Cucumber Slice Mix Berry cup	²⁰ Superintendent's Conference Day
BBQ Pop Corn ²³ Chicken Mac and cheese WG Garlic Stick Broccoli Cherry Tomatoes Apple Slice	Spaghetti and ²⁴ Meatball Donner Roll Roasted Zucchini Celery Stock Banana	Chicken Teriyaki ²⁵ Brown Rice Bok Choy Edamame Orange Slices	Cheese Pizza Sticks ²⁶ Marinara Dipping Sauce Spinach Baby Carrot Applesauce	²⁷ Early Dismissal
³⁰ Spring Recess	³¹ Spring Recess			

A La Carte items:

- Yogurt Parfait w/ Fresh Fruit topping and Granola \$3
- Fresh Fruit cup 9oz \$2.50
- Variety of Healthy Snacks (Veggie sticks, Baked Lays Skinny pop, Vegan choices, Annie's Organic bunnies, Goldfish, Pretzels, Pirates' booty, Sun chips, Cheez-its) \$1.75-\$2.75
- Variety of Gluten Free and Low Sugar Cereal \$2-\$3

Beverages:

- Small Water \$1/ Large Water \$2
- Tropicana Juice \$2.75
- Horizon Organic milk / Soy milk \$2.50



Menus are subject to change.



This institution is an equal opportunity provider.