

**Gettysburg Area School District  
Vida Charter School**

**March 2026  
Lunch Carb Counts**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>3/2</b> 1.WG Cheese Pizza <b>37</b> 2. Chicken Tenders w/Goldfish <b>30</b> 3. Corn Dog Nuggets <b>35</b> <b>Sides:</b> Oven Baked Fries <b>10</b>, Broccoli <b>2</b> Chilled Fruit <b>15</b>, 100% Fruit Juice <b>15</b>, 1% Milk <b>12</b>, 1% <b>Choc</b> Milk <b>24</b></p>	<p><b>3/3</b> 1.Breaded Chicken Sandwich <b>27.5</b> 2. Cheesy Pull Apart Bread <b>33</b> 3. Chef Salad w/Dressing <b>8</b> <b>Sides:</b> BBQ Baked Beans <b>37</b>, Fresh Carrots <b>7</b>, Chilled Fruit <b>15</b>, 100% Fruit Juice <b>15</b>, 1% Milk <b>12</b>, 1% <b>Choc</b> Milk <b>24</b></p>	<p><b>3/4</b> 1. Tacos- Beef Soft Shell <b>24</b> 2.Ham and Cheese Pretzel Melt <b>33</b> 3.Yogurt w/Graham Crackers <b>29.3</b> <b>Sides:</b> Steamed Corn <b>16</b>, Fresh Cauliflower <b>2</b>, Chilled Fruit, <b>15</b> 100% Fruit juice, <b>15</b> 1% Milk <b>12</b>, 1% <b>Choc</b> Milk <b>24</b></p>	<p><b>3/5</b> 1.Cheese Calzone <b>35</b> w/Chicken Noodle Soup <b>10</b> 2. Italian Dunkers w/Sauce <b>44</b> 3.Popcorn Chicken Salad <b>36</b> <b>Sides:</b> Oven Baked Fries <b>10</b>, Fresh Pepper Strips <b>2</b>, Chilled Fruit <b>15</b>, Fresh Whole Fruit <b>24</b>, 1% Milk <b>12</b>, 1% <b>Choc</b> Milk <b>24</b></p>	<p><b>3/6</b> 1.General Tso's w/Steamed Rice <b>42</b> 2. Pizza Crunchers w/Sauce <b>37.5</b> 3. Beef Hot Dog <b>28</b> <b>Sides:</b> Steamed Broccoli <b>2</b>, Fresh Celery Sticks <b>3</b>, Chilled Fruit <b>15</b>, 100% Fruit Juice <b>15</b>, 1% Milk <b>12</b> 1% <b>Choc</b> Milk <b>24</b></p>
<p><b>3/9</b> 1. Mac and Cheese w/Dinner Roll <b>35</b> 2. Sweet and Sour Meatballs <b>23</b> w/Garlic Knot <b>27</b> 3. Turkey and Cheese Sub <b>39</b> <b>Sides:</b> Steamed Broccoli <b>2</b>, Side Salad <b>3</b>, Chilled Fruit <b>15</b>, Fresh Whole Fruit <b>24</b>, 1% Milk <b>12</b>, 1% <b>Choc</b> Milk <b>24</b></p>	<p><b>3/10</b> 1.Hamburger or Cheeseburger <b>29</b> 2. Donut and Berry Parfait <b>37.5</b> 3. Chef Salad w/Dressing <b>8</b> <b>Sides:</b> Smile Fries <b>25</b>, Fresh Cucumbers <b>2</b>, Chilled Fruit <b>15</b>, 100% Fruit Juice <b>15</b>, 1% Milk <b>12</b>, 1% <b>Choc</b> Milk <b>24</b></p>	<p><b>3/11</b> 1. WG Cheese Pizza <b>37</b> 2. Fish Sandwich <b>41</b> 3. Yogurt w/Graham Crackers <b>29.3</b> <b>Sides:</b> BBQ Baked Beans <b>37</b> Fresh Carrots <b>7</b> Chilled Fruit, <b>15</b> 100% Fruit juice, <b>15</b> 1% Milk <b>12</b>, 1% <b>Choc</b> Milk <b>24</b></p>	<p><b>3/12</b> 1.Waffles w/Bacon <b>54</b> 2.Ravoli Bites w/Sauce <b>33</b> 3.Crispy Chicken Salad <b>36</b> <b>Sides:</b> Oven Baked Hash Brown <b>14</b> Cauliflower <b>7</b>, Chilled Fruit <b>15</b>, Fresh Whole Fruit <b>24</b>, 1% Milk <b>12</b>, 1% <b>Choc</b> Milk <b>24</b></p>	<p><b>3/13</b> 1.Triple Play – Mozzarella Sticks <b>17</b>, Popcorn Chicken <b>7</b>, Tater Tots <b>4</b> 2.Cheesy Breadstick <b>42</b> 3.Ham and Cheese Sub <b>39</b> <b>Sides:</b> Oven Baked Fries <b>10</b>, Pepper Strips <b>2</b>, Chilled Fruit <b>15</b>,100% Fruit Juice <b>15</b>, 1% Milk <b>12</b> 1% <b>Choc</b> Milk <b>24</b></p>
<p><b>3/16</b> 1.Cheesesteak Sub <b>49</b> 2.Chicken Tenders w/Goldfish <b>30</b> 3. Fish Nuggets w/Dinner Roll <b>46</b> <b>Sides:</b> Steamed Carrots <b>7</b>, Celery <b>3</b>, Chilled Fruit <b>15</b>, Fresh Whole Fruit <b>24</b>, 1% Milk <b>12</b>, 1% <b>Choc</b> Milk <b>24</b></p>	<p><b>3/17</b> 1.Green Parfait <b>37.5</b> 2. Popcorn Chicken w/Soft Pretzel <b>28</b> 3. Chef Salad w/Dressing <b>8</b> <b>Sides:</b> Smile Fries <b>25</b>, Fresh Cucumbers <b>2</b>, Chilled Fruit <b>15</b>, 100% Fruit Juice <b>15</b>, 1% Milk <b>12</b>, 1% <b>Choc</b> Milk <b>24</b></p>	<p><b>3/18</b> 1. Walking Tacos <b>24</b> 2.Italian Dunkers w/Sauce <b>49</b> 3. Mini Corn Dog Nuggets <b>35</b> <b>Sides:</b> Steamed Corn <b>16</b>, Fresh Cauliflower <b>2</b>, Chilled Fruit, <b>15</b> 100% Fruit juice, <b>15</b> 1% Milk <b>12</b>, 1% <b>Choc</b> Milk <b>24</b></p>	<p><b>3/19</b> 1. Pancakes w/SF Syrup and Bacon <b>38</b> 2. Cheesy Pull Apart Bread <b>33</b> 3. Popcorn Chicken Salad w/Dressing <b>36</b> <b>Sides:</b> Oven Baked Hash Brown <b>14</b>, Fresh Broccoli Florets <b>2</b>, Chilled Fruit <b>15</b>, Fresh Whole Fruit <b>24</b>, 1% Milk <b>12</b>, 1% <b>Choc</b> Milk <b>24</b></p>	<p><b>3/20</b> 1.WG Cheese Pizza <b>37</b> 2. Ham and Cheese Pretzel Melt <b>33</b> 3. Meat Lovers Stromboli <b>32</b> <b>Sides:</b> BBQ Baked Beans <b>37</b>, Cucumbers <b>2</b>, Chilled Fruit <b>15</b>, 100% Fruit Juice <b>15</b>, 1% Milk <b>12</b>, 1% <b>Choc</b> Milk <b>24</b></p>
<p><b>3/23</b> 1. Chicken and Mashed Potato Bowl <b>45</b> 2. Cheesy Breadstick <b>42</b> 3. Beef Hot Dog <b>28</b> <b>Sides:</b> Steamed Peas <b>12</b>, Mashed Potatoes <b>16</b> Chilled Fruit, <b>15</b> 100% Fruit juice, <b>15</b>, 1% Milk <b>12</b>, 1% <b>Choc</b> Milk <b>24</b></p>	<p><b>3/24</b> 1.Toasted Cheese Sandwich <b>34</b> 2. Chicken Nuggets w/Dinner Roll <b>50</b> 3.Chef Salad w/Dressing <b>8</b> <b>Sides:</b> Tomato Soup <b>16</b>, Side Salad <b>3</b>, Chilled Fruit <b>15</b>, Fresh Whole Fruit <b>24</b>, 1% Milk <b>12</b>, 1% <b>Choc</b> Milk <b>24</b></p>	<p><b>3/25</b> 1. Tacos- Beef Soft Shell <b>24</b> 2. Pizza Crunchers w/Sauce <b>51</b> 3. Turkey and Cheese Sub <b>39</b> <b>Sides:</b> Steamed Corn <b>16</b>, Broccoli <b>2</b>, Chilled Fruit, <b>15</b> 100% Fruit juice, <b>15</b> 1% Milk <b>12</b>, 1% <b>Choc</b> Milk <b>24</b></p>	<p><b>3/26</b> 1.French Toast w/Sausage <b>65.6</b> 2. Meatball Sub <b>39</b> 3. Crispy Chicken Salad w/Dressing <b>36</b> <b>Sides:</b> Oven Baked Tater Tots <b>14</b> BBQ Baked Beans <b>37</b> Chilled Fruit <b>15</b>, 100% Fruit Juice <b>15</b>, 1% Milk <b>12</b>, 1% <b>Choc</b> Milk <b>24</b></p>	<p><b>3/27</b> 1.Lasagna w/Breadstick <b>33</b> 2.Hamburger or Cheeseburger <b>29</b> 3. Fish Nuggets w/Dinner Roll <b>46</b> <b>Sides:</b> Green Beans <b>3</b>, Fresh Carrots <b>7</b>, Chilled Fruit <b>15</b>, 100% Fruit Juice <b>15</b>, 1% Milk <b>12</b>, 1% <b>Choc</b> Milk <b>24</b></p>
<p><b>3/30</b> 1.WG Cheese Pizza <b>37</b> 2. Chicken Tenders w/Goldfish <b>30</b> 3. Corn Dog Nuggets <b>35</b> <b>Sides:</b> Oven Baked Fries <b>10</b>, Broccoli <b>2</b> Chilled Fruit <b>15</b>, 100% Fruit Juice <b>15</b>, 1% Milk <b>12</b>, 1% <b>Choc</b> Milk <b>24</b></p>	<p><b>3/31</b> 1.Breaded Chicken Sandwich <b>27.5</b> 2. Cheesy Pull Apart Bread <b>33</b> 3. Chef Salad w/Dressing <b>8</b> <b>Sides:</b> BBQ Baked Beans <b>37</b>, Fresh Carrots <b>7</b>, Chilled Fruit <b>15</b>, 100% Fruit Juice <b>15</b>, 1% Milk <b>12</b>, 1% <b>Choc</b> Milk <b>24</b></p>			

**\*All Pork and Ham Products are made w/Low-Sodium Turkey**