

**Gettysburg Area School District
Vida Charter School**

**March 2026
Breakfast Carb Counts**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3/2 1.WG French Toast Sticks 29.25 2.Egg Bites 3 w/Hash Brown 12</p> <p>Sides: Chilled Fruit 15, 100% Fruit Juice 15, 1% Milk 12, 1 % Choc Milk 24</p>	<p>3/3 1. Sausage, Egg and Cheese Pretzel Sandwich 33 2. Strawberry Pancakes 38</p> <p>Sides: Chilled Fruit 15, Fresh Whole Fruit 24, 1 % Milk 12, 1 % Choc Milk 24</p>	<p>3/4 1. Iced Cinnamon Bun 38 2. WG Bagel w/Cream Cheese 28</p> <p>Sides: Chilled Fruit 15, Fresh Whole Fruit 24, 1 % Milk 12, 1 % Choc</p>	<p>3/5 1. Bacon, Egg and Cheese on a Muffin 28 2.Caramel Mini Cini 35</p> <p>Sides: Chilled Fruit, 15 100% Fruit juice, 15 1 % Milk 12, 1 % Choc Milk 24</p>	<p>3/6 1. Bacon, Egg and Cheese Croissant 28 2. Breakfast Pizza 27</p> <p>Sides: Chilled Fruit 15, Fresh Whole Fruit 24, 1 % Milk 12, 1 % Choc Milk 24</p>
<p>3/9 1. WG Confetti Waffles 30 2. Strawberry Pancake Puffs 33</p> <p>Sides: Chilled Fruit, 15 100% Fruit juice, 15 1 % Milk 12, 1 % Choc Milk 24</p>	<p>3/10 1. Egg Omelette 1 w/Bacon 1 2. WG Blueberry Muffin 26</p> <p>Sides: Chilled Fruit 15, Fresh Whole Fruit 24, 1 % Milk 12, 1 % Choc Milk 24</p>	<p>3/11 1. Donut and Berry Parfait 37.5 2. Iced Cinnamon Bun 38</p> <p>Sides: Chilled Fruit, 15 100% Fruit juice, 15 1 % Milk 12, 1 % Choc Milk 24</p>	<p>3/12 1. Bacon, Egg and Cheese Pancake Sandwich 28 2. Apple Cinnamon Oatmeal Bar 39</p> <p>Sides: Chilled Fruit 15, Fresh Whole Fruit 24, 1 % Milk 12, 1 % Choc Milk 24</p>	<p>3/13 1. Sausage, Egg and Cheese Croissant 28 2. Mini Banana Bread Loaf 28</p> <p>Sides: Chilled Fruit 15, Fresh Whole Fruit 24, 1 % Milk 12, 1 % Choc Milk 24</p>
<p>3/16 1.WG French Toast Sticks 29.25 2.Egg Bites 3 w/Hash Brown 12</p> <p>Sides: Chilled Fruit 15, 100% Fruit Juice 15, 1% Milk 12, 1 % Choc Milk 24</p>	<p>3/17 1. Sausage, Egg and Cheese Pretzel Sandwich 33 2. Strawberry Pancakes 38</p> <p>Sides: Chilled Fruit 15, Fresh Whole Fruit 24, 1 % Milk 12, 1 % Choc Milk 24</p>	<p>3/18 1. Iced Cinnamon Bun 38 2. WG Bagel w/Cream Cheese 28</p> <p>Sides: Chilled Fruit 15, Fresh Whole Fruit 24, 1 % Milk 12, 1 % Choc</p>	<p>3/19 1. Bacon, Egg and Cheese on a Muffin 28 2.Caramel Mini Cini 35</p> <p>Sides: Chilled Fruit, 15 100% Fruit juice, 15 1 % Milk 12, 1 % Choc Milk 24</p>	<p>3/20 1. Bacon, Egg and Cheese Croissant 28 2. Breakfast Pizza 27</p> <p>Sides: Chilled Fruit 15, Fresh Whole Fruit 24, 1 % Milk 12, 1 % Choc Milk 24</p>
<p>3/23 1. WG Confetti Waffles 30 2. Strawberry Pancake Puffs 33</p> <p>Sides: Chilled Fruit, 15 100% Fruit juice, 15 1 % Milk 12, 1 % Choc Milk 24</p>	<p>3/24 1. Egg Omelette 1 w/Bacon 1 2. WG Blueberry Muffin 26</p> <p>Sides: Chilled Fruit 15, Fresh Whole Fruit 24, 1 % Milk 12, 1 % Choc Milk 24</p>	<p>3/25 1. Donut and Berry Parfait 37.5 2. Iced Cinnamon Bun 38</p> <p>Sides: Chilled Fruit, 15 100% Fruit juice, 15 1 % Milk 12, 1 % Choc Milk 24</p>	<p>3/26 1. Bacon, Egg and Cheese Pancake Sandwich 28 2. Apple Cinnamon Oatmeal Bar 39</p> <p>Sides: Chilled Fruit 15, Fresh Whole Fruit 24, 1 % Milk 12, 1 % Choc Milk 24</p>	<p>3/27 1. Sausage, Egg and Cheese Croissant 28 2. Mini Banana Bread Loaf 28</p> <p>Sides: Chilled Fruit 15, Fresh Whole Fruit 24, 1 % Milk 12, 1 % Choc Milk 24</p>
<p>3/30 1.WG French Toast Sticks 29.25 2.Egg Bites 3 w/Hash Brown 12</p> <p>Sides: Chilled Fruit 15, 100% Fruit Juice 15, 1% Milk 12, 1 % Choc Milk 24</p>	<p>3/31 1. Sausage, Egg and Cheese Pretzel Sandwich 33 2. Strawberry Pancakes 38</p> <p>Sides: Chilled Fruit 15, Fresh Whole Fruit 24, 1 % Milk 12, 1 % Choc Milk 24</p>			

Daily Alternate Breakfast Meals: Assorted Low Sugar Cereal **25 w/String Cheese **1**
SF Syrup For Breakfast Items - **8****