



**Michigan City Area Schools
MIDDLE SCHOOLS
2025-26 Spring Menu**

All meals include entrée, vegetable, low fat milk and fruit.

Follow us on Facebook at Michigan City Area Schools Office of Food Services.

Office of Food Services • 1100 S. Woodland Ave. • Michigan City, IN 46360 • (219) 873-2131
www.mcas.k12.in.us/food • Chef Britney Rodriguez, Director • Visit us on Face book



Michigan City Area Schools
Opportunity • Excellence • Pride

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Giant Pretzel/Cheese Dip Hamburger/Cheeseburger Green Beans	<i>Breakfast for Lunch</i> Pancake Bites w/Sausage Patties BBQ Quesadilla Breakfast Potatoes	Jalapeno Grilled Cheese Chicken Nuggets Baked Fries	Flavored Wings w/Biscuit Macaroni and Cheese w/Chez-Its Steamed Broccoli	French Bread Pizza Spicy/Regular Chicken Sandwich Roasted Cinnamon Maple Carrots
Week 2	Orange Chicken w/ Veggie Fried Rice Bosco Sticks Mixed Vegetables	Baked Chicken Leg w/Dinner Roll Philly Steak Grinder Mashed Potatoes	Fiestada Pizza Bacon Cheddar Burger Roasted Cinnamon Maple Carrots	Chicken and Waffle Sloppy Joe Tater Tots Hot Cinnamon Peaches	<i>Deep Dish Pizza</i> Pepperoni or Cheese Italian Chicken Bake Steamed Broccoli
Week 3	Rotini w/Garlic Bread Hot Turkey & Cheese Sandwich Steamed Broccoli	Fajita Chicken Bowl Chili w/Cornbread Loaf Steamed Corn	Beef Hot Dog Sriracha Wings Onion Rings Sweet & Spicy Baked Beans	Nacho Supreme Refried Beans/Salsa Mozzarella Sticks w/Marinara	Stuffed Crust Pizza Cheese or Pepperoni Cheeseburger Sliders Sidewinders

HARVEST BAR - Choose up to 4 sides with your entrée

	Monday	Tuesday	Wednesday	Thursday	Friday
	Salad Greens, Tomatoes, Green Pepper Slices, Garbanzo Beans, Pears, Strawberries	Salad Greens, Celery Sticks, Broccoli Buds, Diced Tomatoes, Oranges, Mixed Fruit	Salad Greens, Tomatoes, Sliced Cucumbers, Applesauce, Mixed Blueberries and Strawberries	Salad Greens, Baby Carrots, Celery Sticks, Green Pepper Slices, Apple Slices	Salad Greens, Mixed Fresh Veggies, Fruit Cup

BREAKFAST - Includes 100% juice and milk

Monday	Tuesday	Wednesday	Thursday	Friday
Biscuit Sandwich, Banana Bread or Cereal	Breakfast Pizza, Benefit Bar or Cereal	Strawberry Bagel, Banana Bread or Cereal	Breakfast Pizza Bagel, Benefit Bar or Cereal	Ham & Cheese on Croissant, Mini Cinni, or Cereal

Don't see an entrée you like?
Try one of our delicious
Deli Sandwiches or Salad Entrees.

Deli Sandwich Options:

- M Chipotle Turkey Sub
- T Asian Chicken Wrap
- W Classic Italian Sub
- Th Buffalo Chicken Wrap
- F Ham & Cheese Deli

Deli Salad Options:

- Chef Salad
- Veggie Salad

Alternate Lunch Choices:

- Protein Box
- PBJ Uncrustable Combo
- Yogurt Parfait

What Makes a Meal?

Choose at least 3 colors to make a full meal!



One item must be a fruit or vegetable!

March

M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

April

M	T	W	T	F
	1	2	3	
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	

May

M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

May 28th is the last day of school. Please visit our site for information on summer feeding.

Each day students are entitled to one free breakfast and lunch meal due to the USDA's Community Eligibility Provision Act.

A la cart items are available for purchase in some buildings. Funds can be added to student accounts at <https://linqconnect.com/main>.

