

This district will provide instruction in comprehensive health education to all students, grades kindergarten through twelve (K-12), consisting of planned, sequential learning experiences that assist students in acquiring knowledge, understanding, attitudes, and practices regarding personal, family, and community health issues. The curriculum will be aligned to the Idaho Health Content Standards and will focus on positive health habits. The district's health curriculum will include instruction in physical fitness as required by Idaho law.

Students in grades nine through twelve (9-12) are required to take at least one (1) credit of Health/Wellness. As part of the health/wellness course offered by the district, students will receive a minimum of one (1) class period on CPR training as outlined in the American Heart Association Guidelines for CPR, to include the proper utilization of an automatic external defibrillator (AED).

SEX EDUCATION

For the purposes of this policy, the following definitions apply:

“Abstinence” means the absence of any sexual activity prior to marriage; which activity includes physical contact between individuals involving intimate or private areas of the body that can potentially (i) result in pregnancy; (ii) transmit sexually transmitted diseases and infections; or (iii) present emotional risks.

“Human sexuality” means sexual conduct, sexual pleasure, sexual intimacy, sexual abuse, sexual violence, eroticism, pornography, deviant sexual behavior, sexual attraction, sexual orientation, or any form of sexual identity, gender identity, gender ideology or gender conversion.

“Sex education” means the study of anatomy and the physiology of human reproduction.

Information on family life and sex education, including information about parts of the body, reproduction, sexually transmitted diseases, and related topics will be included in the district's instructional program as appropriate to the grade level and course of study. Any program adopted by the district will be based on a philosophy of sexual abstinence and will provide students with a background of ideals, standards and attitudes that will be valuable to students. The district will involve parents and other community representatives in the planning, development, evaluation and revision of the district's sex education program.

The board believes that instruction on sexually transmitted diseases, including HIV/AIDS, is most effective when integrated into a comprehensive health education program. Instruction on these topics will be developmentally appropriate to the grade level of the students and will begin no sooner than seventh grade. Teachers who present this instruction will receive continuing in-service training that includes appropriate teaching strategies and techniques.

Parents may ask to review the materials to be used in the district's program. Parents may also request in writing that their child be excused from any planned instruction in sex education.

Students who are excused from such instruction will be provided with alternate educational instruction.

Opt-In Procedures for Human Sexuality Instruction

Prior to any student attending instruction that addresses human sexuality as defined herein, regardless of whether such instruction is offered by regular or guest teachers, the district will notify parents and legal guardians of students eligible to attend such instruction no less than two (2) weeks before the date the instruction will begin. The district will provide parents and legal guardians a brief description of the content of the instruction in human sexuality and the parent or legal guardian will have the opportunity to review any materials that will be used in the instruction. The district will not permit any student to attend such instruction unless the parent or legal guardian submits a signed and written permission form to the board of trustees or its designee within one (1) week of the commencement of the instruction granting the district permission to allow the student to attend the instruction. For any student whose parent or legal guardian does not provide written permission to attend instruction in human sexuality, the district will provide alternative instruction that furthers the completion of any grade level or graduation requirements and does not address human sexuality as defined herein.

A parent or legal guardian of a student who was provided instruction in human sexuality as defined herein without written permission shall provide written notice to the board of trustees or its designee that the instruction occurred. The notice shall provide for retroactive permission for the student to receive such instruction or ask the board for rectification.

Upon receipt of notice from a parent or legal guardian that instruction in human sexuality occurred without prior written consent, the board or its designee will take action to either (1) provide the retroactive permission to the appropriate school employee or (2) investigate the circumstances surrounding the instruction and make efforts to rectify the issue. Rectification may include removing the student from the class in which the instruction occurred and providing alternative instruction to the student as provided for herein. Any district employee who is found to have provided instruction in human sexuality to a student without the signed, written permission of the student’s parent or legal guardian may be subject to disciplinary action consistent with district policies and Idaho law. The board or its designee may take such further action upon completion of its investigation as is consistent with district policies and Idaho law.

The superintendent or designee is authorized to establish additional procedures for investigation of complaints submitted by parents or legal guardians.

Discussion of Abortion and Safe Haven Law

In accordance with Idaho law, the district will not allow any individual or organization that is a provider of abortion to furnish any materials or instruction relating to the district’s sex education curricula. The district’s sex education program will include instruction relating to available adoption resources and current adoption practices in the United States, as a means of providing for the well-being of a child. The district’s program will also include information pertaining to Idaho’s Safe Haven Act.

HUMAN GROWTH AND DEVELOPMENT INSTRUCTION

As part of the district’s comprehensive health education curriculum, the district provides instruction on human growth and development which includes, but is not limited to: (1) a high-definition ultrasound video, at least three (3) minutes in duration, showing the development of the brain, heart, sex organs, and other vital organs in early fetal development; and (2) a high-quality, computer-generated rendering or animation showing the process of fertilization and every stage of human development inside the uterus, noting significant markers in cell growth and organ development for every week of pregnancy until birth.

Human growth and development instruction will also be included in every class that discusses or provides instruction concerning (1) human biology; (2) contraception; or (3) sexually transmitted diseases or sexually transmitted infections.

SEXUAL ORIENTATION AND GENDER IDENTITY INSTRUCTION

The district will not provide instruction on sexual orientation or gender identity to any student from kindergarten through grade 12 unless such instruction is age or developmentally appropriate for students in accordance with state standards.



LEGAL REFERENCE:

Idaho Code Sections:

- 18-8707 – Abortion-Related Activities Prohibited in School-Based Health Clinics and Sex Education Curricula
- 33-506 – Organization and Government of Board of Trustees
- 33-512 – Governance of Schools
- 33-1605 – Health and Physical Fitness; Effects of Alcohol, Tobacco Stimulants and Narcotics
- 33-1608– Family Life and Sex Education – Legislative Policy
- 33-1609 – Definitions
- 33-1610 – Involvement of Parents and Community Groups
- 33-1611 - Excusing Children from Instruction in Sex Education
- 33-1611A – Requiring Permission for Instruction Addressing Human Sexuality
- 33-1612 – Thorough System of Public Schools
- 33-1637 – Human Growth and Development Instruction in Public Schools
- 33-6001 – Parental Rights
- 39-8201 *et seq.* – Safe Haven Act

IDAPA Sections:

- 08.02.03.104 – Other Required Instruction
- 08.02.03.105 – High School Graduation Requirements
- 08.02.03.160 – Safe Environment and Discipline

ADOPTED: January 11, 2023

AMENDED: August 14, 2023; July 8, 2024; August 11, 2025