



Spring 2026

SAT SCHOOL DAY

Student Guide



Important
information
about the SAT



Test-taking
advice and tips

Learn all about
the SAT inside.

Connect your
College Board
results and get
personalized
practice at
satpractice.org.



About College Board

College Board reaches more than 7 million students a year, helping them navigate the path from high school to college and career. Our not-for-profit membership organization was founded more than 120 years ago. We pioneered programs like the SAT[®] and AP[®] to expand opportunities for students and help them develop the skills they need. Our BigFuture[®] program helps students plan for college, pay for college, and explore careers. Learn more at [cb.org](https://collegeboard.org).

SAT Customer Service

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ONLINE: sat.org/inquiry

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Test-Taking Information

Using This Guide

Taking the SAT® is a great way to find out how prepared you are for college and career. The test also connects you to College Board programs and services that can propel you to opportunities you've earned. We've created this guide to help you:

- Become familiar with the test and the Bluebook™ testing application so you know what to expect on test day.
- Learn about the structure of the test, how to prepare for it, and how it is scored.
- Plan your review of the SAT School Day Testing Rules ahead of test day. **You will be required to review and agree to the Testing Rules in Bluebook before testing.**

IMPORTANT: You will be bound by the Testing Rules as they exist on test day. Prior to testing, you must review any updates to these Testing Rules, which are available at sat.org/school-day-rules.

How the SAT Is Organized

The SAT Suite uses multistage adaptive testing. Both the Reading and Writing section and the Math section are divided into two equal-length and separately timed parts, called modules. The first module contains a mix of easy, medium, and hard questions. Based on how you perform on the first module, the second module of questions will either be more difficult or less difficult overall, but will still contain a mix of easy, medium, and hard questions.

Having a personalized test that adapts to your performance level results in a more efficient assessment of your academic strengths. Additionally, you can navigate freely within each module by previewing upcoming questions or returning to earlier questions (as time permits).

This type of adaptive testing allows for a much shorter, but just as reliable, assessment that delivers accurate scores more efficiently.

The test breaks down like this:

| TEST ORGANIZATION | | |
|---------------------|----------------------|---------------------|
| Section | Time Allotted (min.) | Number of Questions |
| Reading and Writing | 64 | 54 |
| Math | 70 | 44 |

The SAT follows the same timing as all other tests in the SAT Suite.

You must complete all sections of the test based on your approved timing. If you have been approved for extended time (up to time and one-half, up to double time, or more), you have the option of moving to the next part of the test before your full extended time expires, once the standard testing time has passed. For more information, see *If You Need Testing Accommodations* on page 5. If you leave before dismissal, your test may be considered incomplete or may be subject to cancellation. Do not close your laptop lid or cover or turn off your tablet screen at any point until you are dismissed.

Bluebook Digital Testing

Bluebook is our custom-built application you'll use to take the SAT. Ask your school how to download and access Bluebook. They will provide you with a sign-in ticket. You may be able to familiarize yourself with key aspects of the app before the test if your school holds student readiness activities. For more information about readiness, please see Before You Test on page 3.

Bluebook Tools

Bluebook includes plenty of test tools. Here are some examples:

- **Mark for review:** You can flag and return to any question within a given test module that you want to come back to later.
- **Testing timer:** A clock counts down the time remaining in each module. You can hide the timer, and you get an alert when 5 minutes remain in the module. When there are only 5 minutes remaining, the clock can no longer be hidden.
- **Calculator:** A built-in Desmos calculator is available for the entire Math section. You can toggle between the scientific and graphing Desmos calculators at any point during the Math section. The calculator is provided in the Bluebook practice test to allow you to practice with it before the test. (You can also bring your own acceptable calculator; please see sat.org/calculator for complete information.)
- **Line reader:** Use this tool to focus as you read test content.
- **Reference sheet:** In the Math section, you have access to a list of common formulas.
- **Highlights & Notes:** On non-math questions, you can highlight any part of a passage and leave yourself a note. You can change the highlight color, add an underline, make a note, or delete the highlight. A Windows tablet must have an external keyboard in order for students to use the Highlights & Notes tool in Bluebook.
- **Option eliminator:** If you think an answer option is wrong, you can cross it out.
- **Question menu:** Students can see which questions they skipped or marked for review and navigate to any question in the module.

You can use keyboard shortcuts on laptops or pinch and zoom on tablets to get a closer look at any part of the question, and you can set up your device before testing to use color contrast.

Digital Testing Disruptions

An internet connection is required to start the test, but Bluebook will keep running even if your connection drops momentarily. At the end of the test, if you're still offline, work with your school to make sure your answers are submitted once internet access resumes. If your device battery runs down, you can simply plug in, restart your device, and pick up where you left off—all your work will be saved, and you won't lose testing time.

If the app crashes during your exam, just relaunch it and hit **Resume Testing**. Raise your hand so the proctor can approve your re-entry, and you'll return to the question you were on. The testing timer will be paused until you resume testing.

Before You Test

If you plan to take the SAT at the school you normally attend, the Colorado Department of Education (CDE) has registered you and your school will let you know if you need to bring your own device, a school-issued device, or if one will be provided for you on test day. School staff will also provide you with sign-in information that is unique to you.

Before you test, staff at your school may hold a student readiness check. In this session, you'll sign in to Bluebook with a sign-in ticket that's unique to you, run a quick device check, complete exam setup, and try out a test preview. During exam setup, which will happen either during the student readiness check or right before the test, you'll have the chance to confirm your personal information and you'll be required to review and agree to the SAT School Day Testing Rules. You should review them beforehand at sat.org/school-day-rules. It's important to confirm your personal information is correct after you sign in to the testing application with your sign-in ticket. If your information is incorrect or you received someone else's sign-in ticket, tell school staff immediately.

During exam setup, you'll also have the opportunity to answer questions about yourself, your educational experience, and your plans for after you graduate high school. These questions will appear for all students, but you may only answer them if you or your parents or guardians have returned a signed consent form to your school. All questions are optional. If any of your answers differ from answers you have given us on previous in-school tests, we'll use your latest information.

Here are the questions that you will be asked:

- Home/ mailing address
- Email address
- Race
- Ethnicity
- High school grade point average (GPA)
- Intended college major or areas of study of interest
- Level of education aspirations
- First language
- Best language
- Parents' highest level of education

College Board may use the information you provide:

- To verify your identity
- To administer the test, including with any necessary third parties
- To provide your score information
- To maintain the fairness and validity of our tests
- For test security purposes
- For test accommodations purposes
- On a de-identified basis, for psychometric and educational research purposes, to demonstrate the effectiveness of our programs and services, and to maintain, develop, support, improve, and diagnose our services and applications
- To disclose as required by law, when we believe in good faith that it's necessary to protect our rights, protect an individual's safety or the safety of others, investigate fraud, or respond to a government request

Your high school, school district, and state may receive your responses. We also send your scores and information to certain scholarship programs, unless you choose to opt out by contacting College Board's customer service. This includes your state scholarship organization, if any, and the U.S. Presidential Scholars Program if you took the SAT in the U.S., U.S. territories, or Puerto Rico, or are a U.S. citizen taking the test abroad. If you request that we send your SAT score(s) to colleges or other organizations, we send your scores, the mailing address you may choose to provide as part of this test, along with other information about you as further described in the Testing Rules. Institutions that receive your information are required to keep it confidential and to follow College Board guidelines for using this information.

If you choose to use the BigFuture® School mobile application, we'll use your information to verify your identity to access BigFuture School and to provide you with educational information and recommendations about college and career options. If you opt in to Connections™, we'll use your information to match you with nonprofit colleges and universities, nonprofit scholarship providers, and government agencies running educational programs that are looking for students like you. Note: Your school or district may choose to not provide access to Connections for its students.

More information about the BigFuture School mobile app and Connections can be found in BigFuture School and Connections on page 13.

See the SAT School Day Testing Rules at sat.org/school-day-rules for more information on use and disclosure of the information you may choose to provide.

SAT School Day Test Dates

The Colorado SAT testing window is April 13–24, 2026. While different students from your school may test on different days, each student can only obtain one valid score during the testing window. If an irregularity occurs that warrants a retest, you have up to two opportunities to retest to obtain a valid score.

Testing Devices

Most schools participating in the SAT will use school-managed devices for testing. In those cases, the school staff will have downloaded Bluebook and made sure that the testing device is charged and ready for testing. It is good practice for you to review your device's battery life and notify staff if it's not fully charged.

If your school allows you to test on a personal device, you must download the exam app onto your device before testing. (A personal device is one that you bring for your use in testing and that is not provided by your school. Personal Chromebooks cannot be used for testing.) Your device must also be able to connect to Wi-Fi and be charged enough to stay on for roughly three hours. We recommend you bring a power cord or portable charger, but we can't guarantee you'll have access to an outlet. You're permitted to bring an external mouse for your device and an external keyboard if your device is a tablet. A Windows tablet must have an external keyboard in order for students to use the Highlights & Notes tool in Bluebook. You can't use detachable device privacy screens. All other applications and programs must be closed during the test.

If you are bringing a personal device for testing, visit [Approved Testing Devices](#) for more information about device requirements.

Privacy Policies

College Board recognizes the importance of protecting your privacy. Please review our privacy policies at collegeboard.org/privacy-center ("Privacy Policies") and the SAT School Day Testing Rules at sat.org/school-day-rules to understand our collection, use, and disclosure of your personally identifiable information.

Telemarketing Scams

We sometimes get reports of phone scams when callers posing as employees of College Board try to sell test preparation products or request sensitive, personally identifying information, such as credit card and Social Security numbers. College Board does not make unsolicited phone calls or send emails to students or families requesting this type of information. This type of activity, known as telemarketing fraud, is a crime and should be reported to the Federal Communications Commission (FCC). Please visit [Important Information About Telemarketing and Internet Scams](#) for more information.

Test Question Inquiries

If you find what you consider to be an error or an ambiguity in a test question, tell the proctor immediately after the test. You also have the option to complete the [Test Questions Error or Ambiguity form](#) if you prefer or if testing is already over.

In your inquiry, provide your name and email address, the date you took the SAT, the name and address of the school where you took the test, the test section and module, the test question (as well as you can remember), and an explanation of your concern about the question.

College Board will send you a response after your inquiry has been reviewed thoroughly by subject-matter specialists. If you submit a report for what you consider to be an error or an ambiguity in a test question, you understand that College Board may need to hold your SAT score for review. As a result, your score may not be available by the published release date for your administration.

If You Need Testing Accommodations

If you require testing accommodations such as a screen reader, extra breaks, or permission to test blood sugar, be sure to have your school request College Board approval at least seven weeks before the test date you need the accommodations for. Requests for accommodations are handled by the College Board Services for Students with Disabilities (SSD) office. For more information about requesting accommodations and timing, visit our [Advice for Students and Families](#) webpage.

Most students with accommodations test digitally, and many accommodations are provided right in Bluebook. For example, if you're approved for extended time, you'll receive a digital exam enabled with your approved amount of extended time per section. If you need large print, you can use zoom. If you need assistance with reading, you might be approved for Text-to-Speech (Embedded) or Screen Reader (Non-Embedded).

Check your accommodations prior to testing to ensure you know what accommodation you've been approved for. Some accommodations may be administered differently on the SAT than in the classroom. Speak to your SSD coordinator if your accommodation is not what you need. Visit the [Using Accommodations](#) webpage for more information about digital accommodations.

When considering accommodations, note the following:

- Work with your school's SSD coordinator or counselor for accommodations requests. Your SSD coordinator or other appropriate school staff can help determine what accommodations are best for you and submit a request online.
- Once approved for accommodations, with some exceptions, you remain approved and do not have to apply again when taking another College Board test.
- If you move to a new school after you've been approved for accommodations, inform your new school of your accommodations, and provide them with your SSD number, if you have it.
- If you're approved for extended time for math, you'll get it just for math; but if you're approved for extended time for reading, you'll get it for the whole test.

- Talk to your SSD coordinator to confirm what accommodations you're approved for and any additional information you need for testing.
- If you are approved for text-to-speech (embedded in Bluebook, with no configuration needed) or screen reader (non-embedded), be sure to practice with your accommodation ahead of test day to ensure you understand how it will work with the digital test.
- The **Accommodations & Supports Dashboard** is a student portal where you can see your decision letters and accommodations. Make sure that your school's SSD coordinator has your email address so that you'll be able to access the dashboard easily.

The SAT is accessible to students approved to use assistive technology, including a screen reader and text-to-speech. If you are approved for text-to-speech, you'll use the tool built into Bluebook. No setup is needed. If you are approved for a screen reader, you'll use your own assistive technology software or the software that is part of the operating system on your testing device. For screen readers or other assistive technology, you'll need to open and start the assistive technology device or software before you open Bluebook for practice and for testing. On test day, adjust any necessary settings before you start to check in for the digital test. Visit our **Accommodations and Assistive Technology** webpage for detailed information about using assistive technology with Bluebook. Additionally, the app has extensive content to answer your questions about setup, navigation, and tools to help you access test content.

If you have an accommodation for extended time, once the standard time has elapsed for a module, you can move on when you're ready rather than having to wait until your approved time is up. We encourage you to use your full allotted time and you should only move ahead if you have completed the module. As always, at the end of the test, wait until testing staff have confirmed that your test has been submitted before closing the lid to your laptop, turning off your tablet screen, closing Bluebook, or shutting down your device. Please visit **SSD Updates** for more information.

Additional Information for Students

A primary purpose of the SAT is to predict how prepared students are to succeed, both in college and in career training programs. College Board continues to conduct extensive research on the predictive validity of the SAT. Several recent validity studies examined digital SAT score relationships with other education measures such as high school GPA (HSGPA) and the relationship of SAT scores to university outcomes. These studies found that:

- SAT scores are strongly predictive of college performance, and this finding also holds for minority students, first-generation college students, and students whose best language was another language or English and another language.
- SAT scores meaningfully improve the prediction of college performance above HSGPA alone.
- Institutions using SAT scores can have confidence these scores will provide valuable insights for understanding students' readiness for college, course placement and major-field decisions, scholarship and honors program decisions, and identifying students who may need academic support.

SAT scores provide meaningful information about a student's likelihood of success in college and university, but the SAT should not be used as the sole source of information for high-stakes decisions. Find out more at sat.org.

Download a copy of the **Assessment Framework for the Digital SAT Suite** to learn more about the evidence-based design and development of the digital SAT Suite. A large-scale, national study evaluating the validity of digital SAT scores to predict college outcomes will be conducted once College Board has sufficient data from operational administrations of the test to support such analyses.



Additional Guidance

It is very helpful to practice taking a digital test with the technology you plan to use to test. Please see Prepare for the SAT on page 7 for more information about practice.

Procedures to Ensure Fairness and Access

College Board combats any bias in our tests with our review processes. Fairness reviewers help ensure that test materials are accessible to all students, have no offensive or insensitive content, and aren't made easier or harder by factors outside the subject being measured.

SAT Scores and Family Income

College Board does not collect information about family income from test takers.

Prepare for the SAT

You may have an opportunity to practice for the SAT before testing as part of your school's student readiness activities. provide sign-in credentials for Bluebook during these activities.

College Board offers many official ways to help you prepare for the SAT at sat.org/practice.

Here are some of them:

Test Preview

To prepare for the SAT, you'll have access to a test preview within Bluebook. This tool helps you:

- Get familiar with functions in the app.
- See the structure of the test in a shortened version.
- Try a small sample of reading and writing and math questions to familiarize yourself with the kinds of questions you'll encounter on test day and with how to properly enter your answers.
- Try all the testing tools and experience how the digital tests work with any assistive technology you're approved to use.

Full-Length Adaptive SAT Practice Tests

Taking a full-length practice test for the SAT will let you experience digital testing and familiarize yourself with test content, including the types of questions you'll answer and the exam tools you'll use to take the test. Your school may conduct a full-length practice session during the student readiness check. You may also choose to access additional practice tests in Bluebook during your own study time using the sign-in credentials provided by your school. If you'll be using a personal device for testing, you can also make sure your device supports the app and is ready to use on test day.

Both sections on the SAT, (1) Reading and Writing and (2) Math, have 2 modules.

Depending on how you answer the questions in the first module, you'll be routed to a second module, which has a different mix of difficulty levels. The mix of questions in the second module is, on average, either of higher difficulty or of lower difficulty than the mix in the first module. Once complete, your test will be scored. Taking a practice test in Bluebook helps you gain experience and comfort with the way you'll be assessed on test day.

1. Download the Bluebook app at bluebook.collegeboard.org.
2. Go to **Practice and Prepare** on the Bluebook homepage and select **Full-Length Practice**. (You'll need the credentials found on the sign-in ticket provided by your school to access full-length practice.)
3. After you've finished the practice test in Bluebook, go to **My Practice** at mypractice.collegeboard.org and sign in with the same credentials provided by your school to view your score results and review your practice exam questions and their skill level, answers, and explanations.

Official SAT Prep on Khan Academy

The SAT course content on Khan Academy® includes videos, articles, and worked examples designed to help you understand and experience the SAT Suite.

Visit khanacademy.org/digital-sat.

Student Question Bank

You can use the Student Question Bank to design your own practice. The question bank has thousands of official practice questions and you can filter by assessment, section (Reading and Writing or Math), domain, skill, and difficulty level. You can go to **My Practice** at mypractice.collegeboard.org and sign in with the same credentials that appear on the sign-in ticket provided by your school to access the **Student Question Bank**.

Additional Practice

You can also try targeted practice questions in My Practice. If you click the **Practice Specific Questions** link, My Practice gathers a tailored set of questions from our Student Question Bank based on your performance on a practice test. These questions are specifically designed to help you build your skills at a level that's right for you.

Question of the Day

The Question of the Day web app is a fun and fast way to check your knowledge. Each day, you can choose to answer a Reading and Writing question or a Math question. The content comes from the makers of the SAT Suite of Assessments, so you can answer official questions in a casual setting, earn badges, and build your streak. For more information, visit qotd.collegeboard.org.

Paper-Based Practice Tests

College Board provides downloadable paper versions of practice tests for those students who need to test with paper-based accommodations on test day. Since the PDF versions of our practice tests are nonadaptive, they're recommended only for students who will test with paper-based accommodations on test day. Using these practice materials does not mean you've been approved to test with a particular accommodation. These paper versions of the tests are longer and require more questions to assess your knowledge and skills. To practice on paper, you'll need to ask your counselor to help you obtain the test or print these downloadable versions of the practice test at sat.org/digital-practice.

The Official SAT Study Guide

For additional tips on using practice tests effectively, check out the updated version of **The Official SAT Study Guide™** from the College Board bookstore or wherever you find test prep materials. While you can take practice tests for free in Bluebook, taking a printed practice test in the study guide is another strategy to help you build your endurance and strengthen your understanding of the questions on the test.

What the Reading and Writing Section Is Like

The Reading and Writing section of the SAT is designed to measure your success with building critical college and career readiness in literacy. In this section, you'll answer multiple-choice questions requiring you to read, comprehend, and use information and ideas in texts; analyze the craft and structure of texts; revise texts to improve the rhetorical expression of ideas; and edit texts to follow core conventions of Standard English.

Passages in this section, which serve as the basis for answering test questions, represent the subject areas of literature, history/social studies, the humanities, and science. There is a single question per passage.

Select questions in this section are accompanied by an informational graphic.

Reading and Writing Section Overview

Test length:

- 1st module: 25 operational questions and 2 pretest questions
- 2nd module: 25 operational questions and 2 pretest questions

Total: 54 questions

Time per module:

- 1st module: 32 minutes
- 2nd module: 32 minutes

Total: 64 minutes
(1.19 minutes per question)

Questions from all 4 content domains appear in each test module. To help you budget your time, questions that test similar skills and knowledge are grouped together in Bluebook and then arranged from easiest to hardest. Pretest questions don't count toward your score.

READING AND WRITING SECTION CONTENT DOMAINS AND QUESTION DISTRIBUTION

| Content Domain | Domain Description | Skill/Knowledge Testing Points | Question Distribution |
|------------------------------|---|--|-----------------------|
| Craft and Structure | Measures the comprehension, vocabulary, analysis, synthesis, and reasoning skills and knowledge needed to understand and use high-utility words and phrases in context, evaluate texts rhetorically, and make connections between topically related texts | Words in Context; Text Structure and Purpose; Cross-Text Connections | 13–15 questions |
| Information and Ideas | Measures comprehension, analysis, and reasoning skills and knowledge and the ability to locate, interpret, evaluate, and integrate information and ideas from texts and informational graphics (tables, bar graphs, and line graphs) | Central Ideas and Details; Command of Evidence (Textual, Quantitative); Inferences | 12–14 questions |
| Standard English Conventions | Measures the ability to edit texts to conform to core conventions of Standard English sentence structure, usage, and punctuation | Boundaries; Form, Structure, and Sense | 11–15 questions |
| Expression of Ideas | Measures the ability to revise texts to improve the effectiveness of written expression and to meet specific rhetorical goals | Rhetorical Synthesis; Transitions | 8–12 questions |

These specifications are for the adaptive version of the digital test, which most students will take. Students approved for certain testing accommodations—such as a human reader, raised line drawings, or paper test forms—will test using a nonadaptive version of the digital SAT. This nonadaptive version has a slightly higher number of test questions in each module to account for the fact that the test is not adaptive. Practice for this nonadaptive version of the test is also available in Bluebook. You can learn more about nonadaptive test specifications in Appendix E of the [Assessment Framework for the Digital SAT Suite](#).

What the Math Section Is Like

The Math section of the SAT is designed to measure your success with building critical college and career readiness knowledge and skills in math. It focuses on key elements of algebra, advanced math, problem-solving and data analysis, and geometry and trigonometry. Over the course of the Math section, you'll answer multiple-choice and student-produced response questions that measure your fluency with, understanding of, and ability to apply the math concepts, skills, and practices that are most essential.

Approximately 30% of math questions are set in context. These in-context “word” questions require you to consider a science, social studies, or real-world scenario and apply your math skills and knowledge, along with an understanding of the context, to determine the answer to each.

Select questions in this section are accompanied by an informational graphic.

Math Section Overview

Test length:

- 1st module: 20 operational questions and 2 pretest questions
- 2nd module: 20 operational questions and 2 pretest questions

Total: 44 questions

Time per module:

- 1st module: 35 minutes
 - 2nd module: 35 minutes
- Total: 70 minutes**
(1.59 minutes per question)

Questions from all 4 content domains appear in each test module. Across each module, questions are arranged from easiest to hardest, allowing you to have the best opportunity to demonstrate what you know and can do. Pretest questions don't count toward your score.

MATH SECTION CONTENT DOMAINS AND QUESTION DISTRIBUTION

| Content Domain | Domain Description | Skill/Knowledge Testing Points | Question Distribution |
|-----------------------------------|---|--|-----------------------|
| Algebra | Measures the ability to analyze, fluently solve, and create linear equations and inequalities as well as analyze and fluently solve equations and systems of equations using multiple techniques | Linear equations in 1 variable; Linear equations in 2 variables; Linear functions; Systems of 2 linear equations in 2 variables; Linear inequalities in 1 or 2 variables | 13–15 questions |
| Advanced Math | Measures skills and knowledge central for progression to more advanced math courses, including demonstrating an understanding of absolute value, quadratic, exponential, polynomial, rational, radical, and other nonlinear equations | Equivalent expressions; Nonlinear equations in 1 variable and systems of equations in 2 variables; Nonlinear functions | 13–15 questions |
| Problem-Solving and Data Analysis | Measures the ability to apply quantitative reasoning about ratios, rates, and proportional relationships; understand and apply unit rate; and analyze and interpret 1- and 2-variable data | Ratios, rates, proportional relationships, and units; Percentages; 1-variable data: distributions and measures of center and spread; 2-variable data: models and scatterplots; Probability and conditional probability; Inference from sample statistics and margin of error; Evaluating statistical claims: observational studies and experiments | 5–7 questions |
| Geometry and Trigonometry | Measures the ability to solve problems that focus on area and volume; lines, angles, triangles, and trigonometry; and circles | Area and volume; Lines, angles, and triangles, including right triangles and trigonometry; Circles | 5–7 questions |

These specifications are for the adaptive version of the digital test, which most students will take. Students approved for certain testing accommodations—such as a human reader, raised line drawings, or paper test forms—will test using a nonadaptive version of the digital SAT. This nonadaptive version has a slightly higher number of test questions in each module to account for the fact that the test is not adaptive. Practice for this nonadaptive version of the test is also available in Bluebook. You can learn more about nonadaptive test specifications in Appendix E of the [Assessment Framework for the Digital SAT Suite](#).

Information You'll Need on Test Day for Digital Testing

Be prepared for digital testing by making sure you bring only what you need for the test. You'll have your testing device, but won't be able to use or access any other personal electronic devices, such as a mobile phone or wearable technology, without an approved testing accommodation for such a device, during the test. Review the other important guidelines in this section to make sure you understand the policies that cover your SAT testing experience.

This section also includes information about test day technical support.

Test Day Items

See Section 1 of the SAT School Day Testing Rules at sat.org/school-day-rules for full requirements for taking the SAT.

The following items are required for taking the SAT:

- A fully charged, acceptable testing device with Bluebook already downloaded and exam setup complete.
- A pen or pencil for scratch work.

Though not required, consider bringing:

- A list of 4 colleges/scholarships you would like to send your scores to.
- Snacks and drinks (which must be under your desk during testing).
- An acceptable calculator for the Math section (if you prefer using a handheld calculator to using the embedded Desmos calculator in Bluebook). Please see [SAT School Day Calculator Policy](#) for more information.
- Extra batteries, a power cord, and backup calculator.

For more information about what to bring on test day, see the [What to Bring to SAT School Day](#) webpage.

Test Day Steps

This section summarizes important guidelines for digital testing. See Section 1 of the SAT School Day Testing Rules to make sure you cover all the steps to successfully prepare to take the SAT.

- All devices used for testing must be in good working order with enough battery power to last for about 3 hours. Your testing device must be able to connect to new Wi-Fi networks, and you may need to update your operating system to support the digital test. Testing staff might not have extra batteries or calculators.
- If you are allowed to bring your own device, you need to download the Bluebook app from bluebook.app.collegeboard.org.
- If you're testing with extended time, bring a power cord; your testing site should provide an outlet for recharging if needed.
- During exam setup, which will take place as either part of your school's student readiness check or right before the test, you'll be required to review and agree to the Testing Rules. As part of exam setup, you'll also have the option to provide additional information about yourself. You may also have the opportunity to provide a mobile number to access the BigFuture School mobile application to jump-start your college and career planning with easy access to your scores and career insights.
- On test day, you'll follow instructions to connect to Wi-Fi, complete exam check-in on your testing device, and type a brief statement saying that you agree to follow all rules for the exam.

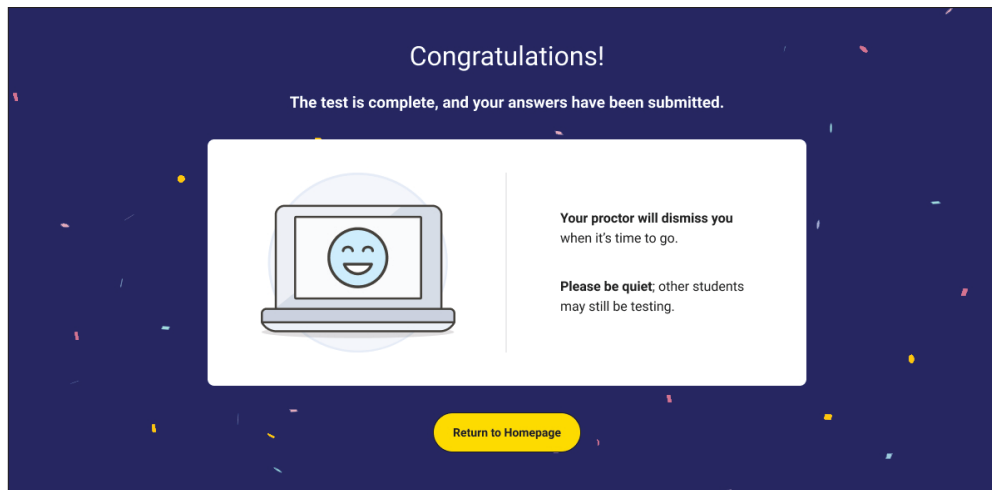
- During testing:
 - ◆ Head coverings worn for medical or religious reasons are permitted during testing as long as they don't obstruct testing staff's ability to view your eyes and ears. You're not permitted to wear other head coverings while testing; if you are wearing one, store it under your desk. If you're wearing a hooded shirt in the testing room, your hood must stay down during testing.
 - ◆ Store any snacks or drinks you bring under your desk. You may only eat snacks during breaks. The testing staff will tell you where you can go to have your snack.
 - ◆ You must remain in the testing site for the duration of the test. If you leave before you're dismissed, your scores are subject to cancellation.
 - ◆ Keep your laptop open or your tablet uncovered and on during the entire duration of testing. Closing your laptop lid or covering your device may result in a loss of your responses.

Submitting Your Answers

Do not close the lid to your laptop, turn off your tablet screen, close Bluebook, or shut down your device until testing staff have confirmed that your tests have been submitted and you are officially dismissed from testing.

In the event of an internet disruption at the end of the test, or another issue that keeps you from submitting your answers, you'll need to follow instructions provided by your school to complete submission. This may include waiting until the internet is back online to leave the testing room, or returning later with your testing device once the internet service resumes.

If answers aren't received by the end of the submission period, College Board may cancel your scores.



Do not close the lid of your laptop, turn off your tablet screen, close Bluebook, or shut down your device until testing staff confirm that your answers have been submitted.

After the Test

Once you've taken the SAT, the next step is to access your scores, understand what they mean, and track your progress. Use the information in this section to help you make the most of your scores. You can also start to explore additional College Board tools to help you plan for the future.

How the SAT Is Scored

The SAT Suite uses a multistage adaptive test design and item response theory (IRT) methodology to precisely measure students' knowledge and skills with fewer questions in less time. Every test includes a standardized set of question types and measures the same content domains, so all students have the same opportunity to demonstrate their strengths. Your scores depend on several factors, including whether you answer questions right or wrong, the difficulty level of the questions, and the probability that you might be guessing. For most students, it's better to guess than leave a question blank, especially if you can eliminate one or two wrong answers first. To learn more about how assessments in the SAT Suite adapt to your performance, watch our [What Is Digital SAT Adaptive Testing?](#) video.

Retesting

If you encounter an issue on test day that makes you want to consider canceling your score, you may be able to work with your school to retest later in the testing window. If you retest, you must take the entire test again. You cannot retest only one section or part of an assessment. (For more information on retesting, please see Section 6 of the SAT School Day Testing Rules at sat.org/school-day-rules.)

Contact your school's test coordinator immediately to report any issues you encountered on test day.

BigFuture School and Connections

The Power to Plan for Your Future the Moment You Get Your SAT Scores

BigFuture School allows students to take control of their college and career planning—starting with easy access to their scores and career insights. When you take the SAT, you may have an opportunity to access BigFuture School and:

- View your SAT scores and Career Insights Snapshot
- Explore customized messages about planning for career and college, and paying for college
- Use interactive career tools like Career Quiz and Career Explorer to combine your interests, skills, and strengths to discover what future pathways are most intriguing to you

All of this is available to you on the BigFuture School mobile application if you are 13 and older, test in the U.S., and decide to download and authenticate your personalized access to the app. If you share your mobile number with us when you take the test, we'll text you a link to download the app, send you a code you'll use to sign in, and let you know when your scores are ready after you complete the test. No passwords are required and we won't use your phone number for any other reason.

You may participate in BigFuture School and Connections if your parents or guardians have returned a signed consent form to your school.

Read more about the BigFuture School mobile application at privacy.collegeboard.org/program-specific-privacy-policies/bigfuture-school-app-privacy-policy.

Get Connected to Colleges, Scholarships, and More

As you think about college planning, you can opt in to Connections, where you can match with nonprofit colleges, scholarship providers, and government agencies running educational programs. You may connect with organizations that are interested in students like you, based on information about you and your preferences. With so many options to discover, Connections keeps your interests in mind so you can decide if and when to contact organizations directly.

Connections is optional. If you choose to download BigFuture School, and/or provide your email and/or address when you take the SAT, we'll send messages on behalf of organizations via the BigFuture School mobile app, email, and postal mail. If you use the BigFuture School mobile app, you will also see your matched organizations and which ones are interested in you through the Connections features in the app. You also have the choice to opt in or out later in the BigFuture School mobile app.

In Connections, we use the information you and your state, district, or school provide as part of the SAT, any information you share in BigFuture School, your educational and career interests and preferences shared in BigFuture School, and score ranges on any of your past and future SAT, PSAT/NMSQT®, PSAT™ 10, and any AP® Exams.

NOTE: The content from these organizations is not written, edited, or approved by College Board.

What Kinds of Organizations Could I Connect With?

When you opt in to Connections, you will only get content from organizations that meet one of the following criteria:

- Nonprofit accredited colleges and universities (domestic and international) that offer 2-year associate and/or 4-year bachelor's degrees, as well as their licensure and certificate programs
- 501(c)(3) nonprofit scholarship providers
- Government agencies that are responsible for the oversight and administration of educational programs, which are for the purpose of offering no-cost scholarships and/or financial aid or providing information regarding nonprofit higher education

Again, College Board will provide you with content from these organizations, but you are in control regarding whether you want to interact with them directly or not.

What Kinds of Messages and Information Might I Receive?

You may learn about colleges, scholarship opportunities, and preliminary offers of admission, such as:

- Information about nonprofit college or university undergraduate institutions, including their academic degree programs (that lead to associate degrees, bachelor's degrees, certificate, or licensure), admissions processes and free events, no-cost scholarship and financial aid opportunities, or general college information
- Information about no-cost scholarship and financial aid opportunities that fund nonprofit secondary or postsecondary education and/or activities
- Information about accessing higher education, including information about particular types of nonprofit higher education institutions or their academic degree programs
- Preliminary offers of admission to nonprofit higher education institutions

If you receive a message with a preliminary offer of admission, you don't need to submit an application. For these offers:

- Your race and ethnicity will not be used.
- Though some colleges may be test optional, College Board SAT assessment test score ranges may be part of the decision making process for these offers.
- There is no guarantee of admissions, scholarships, or financial aid.
- Any preliminary offers of admission you receive and want to pursue may require you to complete additional steps as defined by the college.
- The college may also require confirmation of information it relied upon in making an offer of admission, such as submitting your final transcript to complete the admissions process.
- After you get the offer, you may share more information directly with the college to consider a comprehensive financial aid package as well as confirm your admission and enrollment.
- Each college is responsible for the decision on preliminary offers of admission.
- College Board is not involved in any of the selection or decision making by any of the colleges.
- If you don't receive an offer, you may still apply using the regular application process.

What Information About Me Will Connections Use?

We will never share your personal information with any organizations as part of Connections. To deliver content relevant to you as part of Connections, we use information your state, district, or school provides us with and information you choose to provide to us. We may provide reports about your use of Connections to these organizations, but none of your personal info will be included.

Information about you that your state, district, or school provides:

- Date of birth
- Where you go to school
- Grade level
- Gender
- Which College Board test you're taking
- When you will test

Information about you that you provide (optionally) as part of this test and/or in BigFuture School:

- Home/mailling address
- Email address
- Race
- Ethnicity
- First and best language
- GPA
- Intended college major
- Level of education aspirations
- Parents' level of education

Your educational and career interests and preferences shared by you (optionally) in BigFuture School.

BigFuture School and Connections Are Optional

Your participation in BigFuture School and Connections is completely voluntary, and you can opt out at any time.

To opt out of BigFuture School text messages:

- Text **STOP** to any text we send you about BigFuture School.
- Call customer service at 866-756-7346.
- For additional help, text **HELP** to any text we send you about BigFuture School or contact us at [cb.org/contact](https://collegeboard.org/contact).

You may stop using and delete the BigFuture School mobile application at any time.

To opt out of Connections:

- If you are already in Connections, you will be able to opt out in Bluebook during exam setup.
- There is an opt-out feature within the BigFuture School app.
- You can contact College Board’s customer service at 866-756-7346.

You can also control specific communication preferences as you use Connections, including through email/mail/app notification controls within the app, an unsubscribe option within Connections emails, opt-out instructions included in each mailing, and by contacting College Board customer service.

Please know that your school, district, or state may choose to not provide access to Connections for its students or students that test at their schools.

SAT scores will be available in the BigFuture School mobile app. Please visit sat.org/scores for score release dates.

Read more about BigFuture School and Connections at bigfutureschool.org.

Getting Your Scores

If you provided your mobile number during exam setup, you’ll receive a text message alerting you when your scores are available to view in the BigFuture School mobile app. In addition, an official student score report called “Your Score Report” is provided for every SAT test taker. Check with your counselor if you would like to obtain a paper copy of your score report.

For a full breakdown of your scores, including how to get them, what to do with them, and a case study that shows you a sample score report and walks you through each section, check out [SAT School Day: Understanding Scores for Students and Families](#).

As always, students age 13 and older may use or create a personal College Board student account (studentscores.collegeboard.org) to view additional insights online.

Explore Career Options

For students in the U.S., your score report will show Career Insights Snapshot—a list of growing careers in your state that connects you to your math and reading and writing skills based on your SAT Suite performance. Career Insights Snapshot provides career examples, not recommendations, that can stimulate your thinking, broaden your awareness of career options, and encourage deeper career exploration beyond the score report. You can view your Career Insights Snapshot in the BigFuture School mobile app to start your career exploration right on your phone. You can also visit bigfuture.org to discover more careers that interest you.

PRO TIP: After reviewing the career information on your score report, take the free BigFuture Career Quiz in less than 10 minutes to get a list of more potential careers that match your interests. Access the quiz in the BigFuture School mobile app or visit bigfuture.org/careerquiz.

Sending Scores

You'll also have the opportunity when you take the SAT to choose up to four colleges, universities, or scholarship programs to receive your scores for free. We share with your school and district the names of the organizations you select for your four free score sends.

You may make your free selections during testing or within three days after testing. To make or change your selections within those three days, use your sign-in ticket from the test to sign in to Bluebook. Then, go to **My Tests > Past** where this test will be listed and click **SAT Score Sends**.

After this three-day window, you can send scores to additional colleges and scholarship programs online, for a fee. You can send multiple scores to the same institution for one fee, but you'll have to pay for each institution you send additional scores to (unless you're eligible for a fee waiver). Your scores will be sent to your designated colleges and scholarship programs 5–10 business days after the request is received. Once you place an order to send scores, the order cannot be canceled. Visit sendsatscores.collegeboard.org/login for more information.

The scores you receive and the score reports received by colleges and your high school contain total and section scores. Section scores are converted to a 200- to 800-point scale, and these are added together to create a total score between 400 and 1600. (See How the SAT Is Scored on page 13 for more information.) Additional score sends include all your available scores unless you choose otherwise, as explained later in this section.

When you request that we send your scores to colleges or other organizations as directed by you during school day testing, we send your scores along with demographic information sufficient for identity matching to those colleges and organizations, who may then use it to support your applications to those organizations.

College Board doesn't use your raw score or your reported scaled score by itself or in combination with any other information to predict your individual future academic performance at specific postsecondary institutions. However, College Board does help individual colleges and universities use and interpret SAT scores.

In certain college and university systems, once you submit your score to one school, other schools within that system will also have access to your score. Please note, however, that if you are applying to more than one school within a college or university system, it is still important for you to send your SAT scores to each individual school. If you are not sure whether the specific school you are applying to is part of such a system, contact the school's admissions office.

Score Reporting

Your score and other information about you will be sent to your high school, district, state department of education, to certain federal and state scholarship programs, state direct admissions programs, and to the organizations you choose as described under Sending Scores above.

- Each time you take the SAT, the scores are added to your College Board record. All of your scores are reported to your high school.
- If your score is canceled, no score reports for that test date will be sent.
- If you take a retest, the score report(s) will include the score from the retest.
- If "Score Sends Held" appears at the top right of your score report, your score sends were not shared with the colleges or scholarship programs you selected. You'll need to call College Board customer service to release the score sends.

For additional information regarding the College Board score cancellation policy, see Section 4 in the SAT School Day Testing Rules. For more information about voluntarily canceling your scores, see Section 6.



Tip

Review the codes for the colleges, universities, or scholarship programs you want to share your score with ahead of testing at bigfuture.collegeboard.org/colleges. Bring the codes on test day to take advantage of your four free score sends.

Score Choice

If you take the SAT more than once, you can have the option of Score Choice™, if you choose to send scores online for a fee. With Score Choice, you can choose which scores you send to colleges. Choose by test date for the SAT—but keep in mind that some colleges and scholarship programs require you to send all your scores.

This online service is optional and only applies to scores already received. It is not applicable to any of your 4 free score sends you may select; those scores are automatically included in those score reports. If you don't use Score Choice, we'll send all your SAT scores from your most recent 6 administrations. However, if you want only your highest scores to be seen from already released scores, select Score Choice. Each school or program has its own deadlines and policies for how scores are used. Information is listed on the score-sending site for each participating organization, but check with the individual school or scholarship program to make sure you're following its guidelines. We're not responsible for the accuracy of the information or the consequences of your decisions.

Keeping Scores on File

Your test scores and related personal information that you provide to College Board become part of your student record and are retained in accordance with our [Privacy Statement](#). For requests to have a permanent College Board student record removed, individuals must call College Board customer service, write to College Board, (Attention: Customer Service), or email DataProtectionInquiry@collegeboard.org. See the inside front cover of this guide for contact information.

For additional information regarding the College Board score cancellation policy, see Section 4 of the SAT School Day Testing Rules. For more information about voluntarily canceling your scores, see Section 6.

Fee Waiver Benefits for Income-Eligible Students

College Board offers a number of fee waiver benefits to income-eligible students who take the SAT.

For each qualifying student, one fee waiver unlocks a suite of benefits, which includes two free registrations for the SAT administrations and unlimited score sends to colleges, universities, and scholarship programs. Also, seniors with fee waiver benefits will automatically receive waived application fees at participating colleges and universities. SAT fee waivers also give first-time U.S. college and university applicants fee waivers for applying for nonfederal financial aid using CSS Profile®. Learn more about this at profileonline.collegeboard.org.

You can learn about how to get fee waiver benefits, eligibility, and the other benefits offered to help you in the college application process at sat.org/feewaivers.

You can also request a fee waiver directly from College Board [through your College Board account](#). If you request a fee waiver from College Board, please confirm your eligibility and then aim to submit your request as early as possible and at least 1–2 weeks before the registration deadline. Your fee waiver status may be shared with your school and district.

IMPORTANT: Don't forget the Free Application for Federal Student Aid (FAFSA®)—the form you'll need to qualify for most financial aid opportunities—can be filed beginning July 1. You should complete your FAFSA as early as possible.



Reminder

After you submit a request to cancel scores, the score cannot be reinstated or reported to you or any institutions.

SAT School Day Testing Rules

IMPORTANT NOTE REGARDING TESTING RULES

You must review and agree to the SAT School Day Testing Rules in Bluebook before or on test day. Please read these rules carefully in advance at sat.org/school-day-rules.