



Saraland Middle School

March 2026

Mon	Tue	Wed	Thu	Fri
2 Chicken Bites, Oven Roasted Potatoes, Roll, Fresh Vegetables	3 Chicken Vegetable Soup, Grilled Cheese, Fresh Vegetables	4 Hamburger, Oven Potatoes, Baked Beans, Fresh Vegetables	5 Cheesy Chicken & Broccoli Casserole, Corn Nuggets, Pudding, Fresh Vegetables	6 Ham & Cheese Sub, Tater Tots, Carrots, Fresh Vegetables
9 Italian Cheese Bread, Green Beans, Fresh Vegetables	10 Chicken Fajita, Corn, Black Bean Dip, Fresh Vegetables	11 Hot Dog w/Chili Cheese, Oven Potatoes, Cole Slaw, Fresh Vegetables	12 Homemade Chili, Grilled Cheese, Fresh Vegetables	13 Hot Cereal, Breakfast Pizza, Half Day
16 Hot Pocket, Green Beans, Fresh Vegetables	17 Chili Crispito w/Cheese, Corn, Black Bean Dip, Fresh Vegetables	18 Country Fried Steak w/Gravy, Potatoes, Peas, Cornbread Muffin	19 Taco Soup w/Chips & Cheese, Fresh Vegetables	20 Pizza Crunchers, Broccoli, Fresh Vegetables
23 Chicken Tetrizzini, Mixed Vegetables, Garlic Knots, Fresh Vegetables	24 Cheeseburger Pasta, Green Beans, Fresh Vegetables	25 Pizza, Broccoli, Fresh Vegetables	26 Beef Tips w/Gravy, Potatoes, Greens, Hushpuppy, Fresh Vegetables	27 Gumbo w/Rice or Corndog, Corn, Potato Salad, Fresh Vegetables, Pudding
30 Chicken Bites, Green Bean w/Potatoes, Garlic Knot, Fresh Vegetables	31 Corndog, Oven Potatoes, Baked Beans, Pudding, Fresh Vegetables	1 Teriyaki Chicken Strips over Rice, Stir Fry Vegetables, Fresh Vegetables	2 Spaghetti, Oven Roasted Vegetables, Garlic Knot, Fresh Vegetables	3 Chicken Sandwich, Oven Potatoes, Fresh Vegetables

Breakfast

- 2 Chicken & Waffle Sticks
- 3 Ham & Egg Croissant
- 4 Hot Cereal & Pancake on a Stick
- 5 Sausage Biscuit
- 6 Hot Cereal, Stuffed Hashbrown
- 9 French Toast Sticks & Chicken
- 10 Ham & Egg Croissant
- 11 Hot Cereal Breakfast Pizza
- 12 Sausage Biscuit
- 16 Yogurt & Muffin
- 17 Ham & Egg Croissant
- 18 Hot Cereal, Egg, Cheese Toast
- 19 Sausage Biscuit
- 20 Hot Cereal & Pancake on a Stick
- 23 Pancakes & Sausage
- 24 Ham & Egg Croissant
- 25 Hot Cereal & Pancake on a Stick
- 26 Sausage Biscuit
- 27 Hot Cereal, Egg, Cheese Toast
- 30 Waffle Sticks & Chicken
- 31 Ham & Egg Croissant
- 1 Hot Cereal, Stuffed Hashbrown
- 2 Sausage Biscuit
- 3 Hot Cereal, Frittata, Cheese Toast

Student Meal Prices

- Breakfast Reduced - \$0.30
- Breakfast Paid - \$1.50
- Lunch Reduced - \$0.40
- Lunch Paid - \$3.00
- Ala Carte - Prices vary

Offered Daily with Meals

- Cereal & Toast with Breakfast
- Lunch & Breakfast: Unflavored 1% Low Fat, Unflavored Skim, Fat Free Flavored Milk.
- Fruit & Juice served daily.
- Alternate Lunch Meal: Chef Salad, Uncrustable, or Lunchable
- Menu subject to change due to deliveries.

Expect More. Achieve More.