





# March

Logos School

FOOD IN FOCUS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Macho Nachos Spanish Rice Veggies 2	Turkey or Ham On a Hoagie Roll Chips Veggies 3	Toasted Ravioli Au Gratin Potatoes Veggies 4	Cheeseburger Or Hamburger 5	Chicken Rings Or Shrimp w/Fries 6
Chicken Bites Ramen Noodles Veggies 9	Chicken Fettucine Breadstick Veggies 10	Beef Ravioli Chicken Strips Onion Rings Bosco Stick 11	Meatballs Rice Veggies 12	Fish Sandwich French Fries Hush Puppies 13
 16	<h1>Spring Break</h1>			 20
Salisbury Steak Mashed Potatoes Buttered Corn 23	Orange Chicken Fried Rice Veggies 24	Breakfast for Lunch! Sausage Patty Eggs Biscuits & Gravy Hash Browns 25	Riblets Spaghetti Green Beans 26	Turkey Legs Rosemary Potatoes Veggies 27
Lasagna Veggies Breadstick 30	Roast Beef Mashed Potatoes Veggies 31	<div style="display: flex; align-items: center;">  <div> <h2>Did you know?</h2> <p>National Registered Dietitian Day is March 12<sup>th</sup>. Dietitians plan meals to help people obtain proper nutrition and stay strong and healthy as possible. Thank you to our RD, Lisa Baragiola!</p> </div>  </div>		

## SECOND ENTRÉE OPTION:

**MON: HOT DOG ON A BUN**

**TUE: SPICY CHICKEN SANDWICH**

**WED: FISH SANDWICH**

**THU: WRAPS**

**FRI: BOSCO STICKS**

**Gluten-Free, Vegetarian and Vegan Options are Available**

**Peanut Butter/Jelly and/or Deli Sandwiches are Available**

**Soup and/or Salad, and Fountain Drink Comes with Lunch**

**MENU IS SUBJECT TO CHANGE**

Contact our dietitian at [lisa@foodserv.org](mailto:lisa@foodserv.org) for special dietary and allergy concerns.

For more information about FSC or employment opportunities, please go to [www.foodserviceconsultants.org](http://www.foodserviceconsultants.org)