

Menu subject to change without notice.

Sacramento City Unified School District
SPRING High School Menu:
3/2/2026 - 3/6/2026 - REVISED

	Monday 3/2	Tuesday 3/3	Wednesday 3/4	Thursday 3/5	Friday 3/6
BREAKFAST	Fruit & Yogurt Parfait (V,D) -or- WG Fresh Baked Muffin (V) -or- Whole Grain Cereal SIDE: Dried Cherries SIDE: CK Grape Juice, 4oz SIDE: Milk	Biscuit & Sausage Gravy (P) -or- Maple Chip Pancakes & Eggs (D) -or- Whole Grain Cereal SIDE: Fresh Oranges SIDE: Apple Juice, 4oz SIDE: Milk	Pancake & Sausage Pup (P) -or- Cinnamon Loaf (D) -or- Whole Grain Cereal SIDE: Diced Peach Cup SIDE: Apple Juice, 4oz SIDE: Milk	Breakfast Burrito (D) -or- Fruit & Yogurt Parfait (V,D) -or- Whole Grain Cereal SIDE: Fresh Banana SIDE: Apple Juice, 4oz SIDE: Milk	Oatmeal Round & Yogurt (D) -or- WG Fresh Baked Muffin (V) -or- Whole Grain Cereal SIDE: Raisins SIDE: CK Grape Juice, 4oz SIDE: Milk
LUNCH	Buffalo Chicken Bowl (C,D) -or- Chicken Pot Pie Meal (C, D) -or- Chicken Caesar Salad SIDE: House Salad (V) SIDE: Fresh Whole Apples SIDE: Diced Peach Cup SIDE: Milk	Chicken Ramen (C) -or- Cheeseburger Meal (B) -or- Chicken Crispito Meal (C) SIDE: Fresh Banana SIDE: Fresh Bagged Carrots SIDE: Bagged Sliced Apples SIDE: Various Flavor Juice,6oz SIDE: Milk	Korean BBQ Chicken Bowl (C) -or- Pepperoni Pizza (P,B,D,) -or- Chicken Caesar Salad SIDE: Caesar Salad (V) SIDE: Fresh Oranges SIDE: Fresh Whole Apples SIDE: Milk	CK Soup & Cheese Toast Meal (D) -or- Mango Jal. Meatball Bowl (C) -or- Honey Chipotle Chicken Salad SIDE: Broccoli Salad (V) SIDE: Bagged Sliced Apples SIDE: Dried Cherries SIDE: Milk	Ground Beef Burrito (B,D) -or- Cowboy Beef Stew Meal (B) -or- Chef's Choice SIDE: House Salad (V) SIDE: Fresh Oranges SIDE: Diced Peach Cup SIDE: Milk
VEG ALTERNATIVE	-or- Hummus Wrap (V,D) -or- Buffalo Kickin Nuggets Bowl (V,D)	-or- Black Bean Burger Meal (V) -or- Tofu Ramen (V)	-or- Cheese Pizza Meal (V,D) -or- Korean BBQ Tofu Bowl (V)	-or- Sunbutter & Cracker Meal (V) -or- Sweet & Sour Kickin Bowl (V)	-or- Hummus Wrap (V,D) -or- Cheese Pizza Meal (V,D)
SALAD BAR					
SNACK					

Menu Key
P = Contains pork
B = Contains beef
C = Contains chicken or turkey
N = Contains nuts

D = Contains dairy
V = Vegetarian food item
S = Fish or seafood

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**Sacramento City Unified School District
 SPRING High School Menu:
 3/9/2026 - 3/13/2026**

	Monday 3/9	Tuesday 3/10	Wednesday 3/11	Thursday 3/12	Friday 3/13
BREAKFAST	Chef's Choice -or- Fruit & Yogurt Parfait (V,D) -or- Whole Grain Cereal SIDE: Dried Cherries SIDE: CK Grape Juice, 4oz SIDE: Milk	Chicken Crispito w/ Salsa (C) -or- WG Fresh Baked Muffin (V) -or- Whole Grain Cereal SIDE: Fresh Oranges SIDE: Apple Juice, 4oz SIDE: Milk	Chef's Choice -or- Fruit & Yogurt Parfait (V,D) -or- Whole Grain Cereal SIDE: Diced Peach Cup SIDE: Apple Juice, 4oz SIDE: Milk	Blueberry Bagel & Cream Cheese -or- WG Fresh Baked Muffin (V) -or- Whole Grain Cereal SIDE: Fresh Banana SIDE: Apple Juice, 4oz SIDE: Milk	Pancake & Sausage Pup (P) -or- Fruit & Yogurt Parfait (V,D) -or- Whole Grain Cereal SIDE: Raisins SIDE: CK Grape Juice, 4oz SIDE: Milk
LUNCH	Orange Chicken Bowl (C) -or- Buffalo Pizza Pocket(C,D) -or- Chicken Caesar Salad SIDE: House Salad (V) SIDE: Fresh Whole Apples SIDE: Diced Peach Cup SIDE: Milk	Mango Jalapeno Meatball Bowl (C) -or- Pepperoni Pizza (P,B,D,) -or- Chef's Choice SIDE: Fresh Banana SIDE: Fresh Bagged Carrots SIDE: Bagged Sliced Apples SIDE: Various Flavor, Juice, 6oz SIDE: Milk	Chicken Pasta Alfredo (C, D) -or- Beef Cheeseburger Meal (B, D) -or- Chicken Caesar Salad SIDE: Caesar Salad (V) SIDE: Fresh Oranges SIDE: Fresh Whole Apples SIDE: Milk	Turkey & Gravy Meal (C) -or- Birria & Cheese Pupusa Meal (B) -or- Chef's Choice SIDE: Broccoli Salad (V) SIDE: Bagged Sliced Apples SIDE: Dried Cherries SIDE: Milk	Spicy Chicken Sandwich Meal (V) -or- Beef Taco Crisp Ups Meal (B) -or- Chicken Caesar Salad SIDE: House Salad (V) SIDE: Fresh Oranges SIDE: Diced Peach Cup SIDE: Milk
VEG ALTERNATIVE	-or- Sweet & Sour Kickin Bowl (V) -or- Bean & Cheese Burrito (V,D)	-or- Cheese Pizza Meal (V,D) -or- Sunbutter & Cracker Meal (V)	-or- Vegetarian Pasta Alfredo (V,D) -or- Kickin Patty Sandwich Meal (V)	-or- Sunbutter & Cracker Meal (V) -or- Kickin Nugget Mash Bowl (V)	-or- Quesadilla w/ Red Sauce Meal (V,D) -or- Kickin Patty Sandwich Meal (V)
SALAD BAR					
SNACK					

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