

Menu subject to change without notice.

**Sacramento City Unified School District**  
**SPRING Small High School Menu:**  
**3/2/2026 - 3/6/2026 - REVISED**

	<b>Monday 3/2</b>	<b>Tuesday 3/3</b>	<b>Wednesday 3/4</b>	<b>Thursday 3/5</b>	<b>Friday 3/6</b>
<b>BREAKFAST</b>	<b>Fruit &amp; Yogurt Parfait (V,D)</b> -or- Whole Grain Cereal SIDE: Dried Cherries SIDE: CK Grape Juice, 4oz SIDE: Milk	<b>Biscuits &amp; Gravy (P)</b> -or- Whole Grain Cereal SIDE: Fresh Oranges SIDE: Apple Juice, 4oz SIDE: Milk	Cinnamon Loaf (D) -or- Whole Grain Cereal SIDE: Diced Peach Cup SIDE: Apple Juice, 4oz SIDE: Milk	Breakfast Burrito (D) -or- Whole Grain Cereal SIDE: Fresh Banana SIDE: Apple Juice, 4oz SIDE: Milk	Oatmeal Round & Yogurt (D) -or- Whole Grain Cereal SIDE: Raisins SIDE: CK Grape Juice, 4oz SIDE: Milk
<b>LUNCH</b>	Buffalo Chicken Bowl (C,D) -or- Chicken Pot Pie Meal (C, D) SIDE: House Salad (V) SIDE: Fresh Whole Apples SIDE: Diced Peach Cup SIDE: Milk	<b>Chicken Ramen (C)</b> <b>-or- Cheeseburger Meal (B)</b> SIDE: Fresh Banana SIDE: Fresh Bagged Carrots SIDE: Bagged Sliced Apples SIDE: Various Flavor Juice,6oz SIDE: Milk	Korean BBQ Chicken Bowl (C) -or- Pepperoni Pizza (P,B,D,) SIDE: Caesar Salad (V) SIDE: Fresh Oranges SIDE: Fresh Whole Apples SIDE: Milk	CK Soup & Cheese Toast Meal -or- Mango Jalapeno Meatball Bowl (C) SIDE: Broccoli Salad (V) SIDE: Bagged Sliced Apples SIDE: Dried Cherries SIDE: Milk	Ground Beef Burrito (B,D) -or- Cowboy Beef Stew Meal (B,D) SIDE: House Salad (V) SIDE: Fresh Oranges SIDE: Diced Peach Cup SIDE: Milk
<b>VEG ALTERNATIVE</b>	-or- Buffalo Kickin Nuggets Bowl (V,D)	<b>-or- Black Bean Burger Meal (V)</b>	-or- Cheese Pizza Meal (V,D)	-or- Sweet & Sour Kickin Bowl (V)	-or- Hummus Wrap (V,D)
<b>SALAD BAR</b>					
<b>SNACK</b>					

**Menu Key**

P = Contains pork  
 B = Contains beef  
 C = Contains chicken or turkey  
 N = Contains nuts

D = Contains dairy  
 V = Vegetarian food item  
 S = Fish or seafood

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**Sacramento City Unified School District  
 SPRING Small High School Menu:  
 3/9/2026 - 3/13/2026**

	<b>Monday 3/9</b>	<b>Tuesday 3/10</b>	<b>Wednesday 3/11</b>	<b>Thursday 3/12</b>	<b>Friday 3/13</b>
<b>BREAKFAST</b>	Chef's Choice -or- Whole Grain Cereal SIDE: Dried Cherries SIDE: CK Grape Juice, 4oz SIDE: Milk	WG Fresh Baked Muffin (V) -or- Whole Grain Cereal SIDE: Fresh Oranges SIDE: Apple Juice, 4oz SIDE: Milk	Fruit & Yogurt Parfait (V,D) -or- Whole Grain Cereal SIDE: Diced Peach Cup SIDE: Apple Juice, 4oz SIDE: Milk	Blueberry Bagel & Cream Cheese -or- Whole Grain Cereal SIDE: Fresh Banana SIDE: Apple Juice, 4oz SIDE: Milk	Pancake & Sausage Pup (P) -or- Whole Grain Cereal SIDE: Raisins SIDE: CK Grape Juice, 4oz SIDE: Milk
<b>LUNCH</b>	Orange Chicken Bowl (C) -or- Buffalo Pizza Pocket(C,D) SIDE: House Salad (V) SIDE: Fresh Whole Apples SIDE: Diced Peach Cup SIDE: Milk	Mango Jalapeno Meatball Bowl (C) -or- Pepperoni Pizza (P,B,D,) SIDE: Fresh Banana SIDE: Fresh Bagged Carrots SIDE: Bagged Sliced Apples SIDE: Various Flavor Juice, 6oz SIDE: Milk	Chicken Pasta Alfredo (C, D) -or- Beef Cheeseburger Meal (B, D) SIDE: Caesar Salad (V) SIDE: Fresh Oranges SIDE: Fresh Whole Apples SIDE: Milk	Turkey & Gravy Meal (C) -or- Birria & Cheese Pupusa Meal (B) SIDE: Broccoli Salad (V) SIDE: Bagged Sliced Apples SIDE: Dried Cherries SIDE: Milk	Spicy Chicken Sandwich Meal (C) -or- Beef Taco Crisp Ups Meal (B) SIDE: House Salad (V) SIDE: Fresh Oranges SIDE: Diced Peach Cup SIDE: Milk
<b>VEG ALTERNATIVE</b>	-or- Bean & Cheese Burrito (V,D)	-or- Cheese Pizza Meal (V,D)	-or- Vegetarian Pasta Alfredo (V,D)	-or- Kickin Nugget Mash Bowl (V,D)	-or- Quesadilla w/ Red Sauce Meal (V,D)
<b>SALAD BAR</b>					
<b>SNACK</b>					

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