

MIDDLE SCHOOL BREAKFAST

MARCH

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|-------------------|---|---------------------------|
| Breakfast Sandwich w/ Egg or Sausage | Whole Wheat Waffle w/ Strawberry Sauce | Breakfast Burrito | Yogurt Parfait w/ Whole Grain Muffin | French Toast Casserole |

Selection of whole grain cereal, fruit smoothies, fresh fruit, and milk offered daily.

School meals are free for all students!

Second Breakfast \$3.50 Second Entree \$2.00 Milk \$0.50



You can now view
online menus with
ingredients and nutrition
information here!



Our menu is subject to change. Keep this in mind when reviewing our printed and online menus.
This institution is an equal opportunity provider.

MIDDLE SCHOOL LUNCH

MARCH

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|---|
| 2 Chicken Drumstick w/ Whole Wheat Roll & Mashed Potatoes | 3 Pork Carnitas Tacos w/ Mexican Rice & Beans | 4 Cheese, Pepperoni, or Hawaiian Pizza | 5 Hamburger or Cheeseburger & Potato Wedges | 6 NO SCHOOL |
| 9 Chicken Hot Dog & Tater Tots | 10 Nachos & Black Beans | 11 Cheese, Pepperoni, or Hawaiian Pizza | 12 Brunch Lunch Waffles w/ Sausage & Hash Brown | 13 Chicken Burger & Roasted Broccoli |
| 16 Chicken Caesar Salad w/ Whole Wheat Roll | 17 Chicken Enchilada & Refried Beans | 18 Cheese, Pepperoni, or Hawaiian Pizza | 19 Chicken Hot Dog & Tater Tots | 20 Baked Rotini Pasta & Garbanzo Bean Salad |
| 23 NO SCHOOL | 24 NO SCHOOL | 25 NO SCHOOL | 26 NO SCHOOL | 27 NO SCHOOL |
| 30 Hamburger or Cheeseburger & Potato Wedges | 31 Chicken or Cheese Tamales Rice & Beans | 1 Cheese, Pepperoni, or Hawaiian Pizza | 2 BBQ Pork Sandwich | 3 Chicken Strips w/ Whole Wheat Dinner Roll & Corn |

Mondays - Bean & Cheese Burrito | Tuesdays - Mandarin Orange Chicken Rice Bowl | Thursdays - Teriyaki Chicken w/ Umi Organics Yakisoba | Fridays - Cheese Quesadilla

Daily offerings: fresh fruit, salad bar, deli sandwiches, peanut butter & Oregon Growers jam sandwiches, and milk

School meals are now free for all students!

Second Lunch \$5.00

Second Entree \$3.50

Milk \$0.50



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