



Cave Spring Middle School eNews

Upcoming Events:

Thursday, February 19th:

CSMS Drama Club Presents: *Seussical, Jr.* - CSMS Auditorium - 7:00 PM

Friday, February 20th:

CSMS Drama Club Presents: *Seussical, Jr.* - CSMS Auditorium - 7:00 PM

Saturday, February 21st:

CSMS Drama Club Presents: *Seussical, Jr.* - CSMS Auditorium - 2:00 PM

CSMS Drama Club Presents: *Seussical, Jr.* - CSMS Auditorium - 7:00 PM

School News:

YEARBOOK SALES

Have you purchased a yearbook yet?

Yearbooks are still \$35, but the name stamp option (at an additional cost) will only be available until February 26th.

Yearbook sales will continue through April 28th as long as yearbooks don't sell out, so don't delay and go to www.yearbookforever.com to purchase your yearbook.

Get your yearbook today to keep those memories FOREVER!



If you have any questions, please contact Mrs. Sarrell, CSMS Yearbook Advisor, @ ksarrell@rcps.us

Thank you!



Cave Spring Middle School eNews



CAVE SPRING MIDDLE SCHOOL
PRESENTS

Seussical

the Musical Jr.

TICKETS \$5
SOLD AT THE DOOR

SHOWTIMES OR Scan this Code

February 19-20 7pm
February 21 2pm & 7pm





Produced by Seussical Theater
© 2018 by Seussical Theater
Based on the works of
Dr. Seuss

Co-Produced by: production
Seussical Theater and The City
Based on the works of
Dr. Seuss
Produced by: Seussical Theater
www.Seussical.com

is presented through special
arrangements with and all parties for
commercial purposes. All rights reserved.
© 2018
Produced by Seussical Theater and
123 West 42nd Street, New York, NY
10018
Phone: 212-944-4886 Fax: 212-944-
1886
www.PTDirect.com



Cave Spring Middle School eNews

RCPS COUNSELING DEPARTMENT



Let's Talk

powered by Gaggle Therapy 

Roanoke County Public Schools is proud to announce the launch of "Let's Talk," a new telehealth service available for elementary, middle, and high school students and parents/guardians. Through this new service, students/parents/guardians can receive up to five (5) free counseling sessions for a variety of issues including:

- ▶ Relationships
- ▶ Stress
- ▶ Anxiety/Depression
- ▶ Coping with grief or loss
- ▶ Any other difficult life situation

Like so many communities across the country, the Roanoke Valley faces a challenge when it comes to local availability of licensed mental health counselors due to overwhelming demand. *Let's Talk* helps bridge that gap and connects students and parents/guardians to critical counseling services. The *Let's Talk* service, powered by Gaggle Therapy, is possible thanks to a grant from the Virginia Department of Behavioral Health and Developmental Services.

This program will support students and parents/guardians through direct counseling, prevention, and early intervention services, delivered by a contracted mental telehealth provider. The goal is to improve access to care by reducing barriers such as transportation and scheduling challenges, supporting early identification and intervention for mental health concerns, and fostering a more supportive and responsive school environment that promotes wellness and academic success.

To register for a counseling session, please click on the following link:

www.rcps.us/letstalk.



Cave Spring Middle School eNews

 **EXPLORE@RC**
The Lab School at Roanoke College



8th Grade DAY ACADEMIES

8th graders are invited to spend a day on Roanoke College's campus. Students will learn from Roanoke College professors across many disciplines, take a tour of campus, and eat lunch in our dining hall, all at no cost
Questions? Contact explore@roanoke.edu

March 26th & 27th

8:30 AM - 3:30 PM
Roanoke College

Scan to register!





Cave Spring Middle School eNews

*****SUMMER BIOTECHNOLOGY OPPORTUNITY FOR MIDDLE SCHOOL STUDENTS*****

Virginia Western Community College and Roanoke College faculty are offering a biotechnology summer experience for middle school students in July 2026.

Please access the Registration QR Code below to officially apply.

Program Details:

Dates: July 6–10, 2026

Time: 9:00 AM – 3:30 PM

Location: Virginia Western campus, 3094 Colonial Avenue, Roanoke, VA

Eligibility: Students entering grades 6–8 in fall 2026

Applications for the Summer Experience in Biotechnology for middle school students now being accepted!
July 6–10, 2026 at Virginia Western Community College

Offered by faculty at

**VIRGINIA
WESTERN**

and

**ROANOKE
COLLEGE®**





Cave Spring Middle School eNews



CSMS Athletic Announcements



Thank you for your support of CSMS Athletics!

Please visit the CSMS Canvas page or CSMS website for more information.

Stacey Galle - CSMS Athletic Director - sgalle@rcps.us

Upcoming Spring Sports

Parent Meetings:

Baseball - 2/13 @ 3:45;

CSMS Cafeteria

Softball - 2/16 @ 5:00;

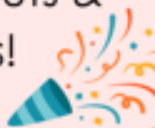
CSMS Cafeteria

Track & Field - 2/23 @

5:00; CSMS Cafeteria

Spring Sports are officially underway! Congratulations to all Squires who participated in try-outs & made the teams!

**Go
Cave!**



Mark your Calendars:

1. Track & Field practices begin on Monday, 2/23, at 3:30
2. Spring Sports Picture Day (during practices): February 27th and (TRACK ONLY) March 3rd
3. Cheer-Open gyms will begin in March



**Please welcome new
CSMS Head Coaches:**
Football - Jamie Simpkins
Girls Soccer - Tom Brown
**Track & Field - Hunter Allen
& Kelli Fridley**